

Palomar League Cluster 1

Mt. Carmel (SD)

Race 1 - Boys Frosh - 3 Mile

9/12/2026 - 7:45am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Del Norte	44	1:31:31	18:19	6:07	2:02	1-8-12-13-14-23-24	1-7-11-12-13-22-23
2	 Poway	59	1:33:15	18:39	6:13	1:25	4-6-17-18-19-25-26	3-5-16-17-18-24-25
3	 Rancho Bernardo	59	1:32:48	18:34	6:12	2:26	2-7-11-21-22-33-34	2-6-10-20-21-28-29
4	 Mt Carmel	76	1:35:25	19:05	6:22	1:37	9-10-15-20-27-31-36	8-9-14-19-26-27-30
5	 Mission Hills	115	1:45:23	21:05	7:02	5:50	5-16-40-49-51	4-15-31-32-33
DNP	 Westview		1:22:11	20:33	6:51		3-29-35-52	4 Runners

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Individual Results

Place	Name	Grade	Team	Time	Points
1	Neremiah Castano	9	Del Norte	16:48.6	1
2	Gavin Ellingsworth	9	Rancho Bernardo	17:04.5	2
3	Abhinav Gururajan	9	Westview	17:27.0	
4	Ethan Chemij	9	Poway	17:49.8	3
5	Joshua Namboothiri	9	Mission Hills	17:55.5	4
6	Carter Jones	9	Poway	17:56.7	5
7	Shai Dato	9	Rancho Bernardo	18:16.1	6
8	Sebastian Escobedo	9	Del Norte	18:21.1	7
9	Jovan Solomakos	9	Mt Carmel	18:31.2	8
10	Lucas Westergard	9	Mt Carmel	18:31.2	9
11	Eric Clogston	9	Rancho Bernardo	18:32.2	10
12	Samuel Hightower	9	Del Norte	18:45.0	11
13	Santiago Espinosa Madero	9	Del Norte	18:45.4	12
14	James Thompson	9	Del Norte	18:50.6	13
15	Riley Cavanaugh	9	Mt Carmel	18:51.0	14
16	Wyatt Abali	9	Mission Hills	18:57.9	15
17	Atticus Bellisario	9	Poway	19:03.7	16
18	Nikolas Lee	9	Poway	19:10.1	17
19	Lucas del Rosario	9	Poway	19:13.9	18
20	Dylan Tran	9	Mt Carmel	19:23.6	19
21	Lucas Honsinger	9	Rancho Bernardo	19:25.0	20
22	Evan Aykroyd	9	Rancho Bernardo	19:29.9	21
23	James McCarthy	9	Del Norte	19:40.1	22
24	Brandon Wu	9	Del Norte	19:46.4	23
25	Jeremy Bertsch	9	Poway	19:50.0	24
26	Liam Treasurer	9	Poway	19:53.9	25
27	Benjamin Hall	9	Mt Carmel	20:07.8	26
28	Matthew Woodward	9	Poway	20:13.5	
29	Gideon Tolerba	9	Westview	20:16.6	
30	Anirudh Lagiseti	9	Del Norte	20:19.5	
31	Dylan Ray	9	Mt Carmel	20:20.6	27
32	Bentley Nooris	9	Poway	20:22.0	
33	Logan Toye	9	Rancho Bernardo	20:25.2	28
34	Steven Zaky	9	Rancho Bernardo	20:25.5	29
35	Grant Gilbert	9	Westview	20:26.0	
36	Tristan Bachmann	9	Mt Carmel	20:26.6	30
37	Sebastian Rivard	9	Mt Carmel	20:30.6	
38	Ethan Chang	9	Mt Carmel	20:42.9	

Place	Name	Grade	Team	Time	Points
39	Hong Han Huang	9	Mt Carmel	20:51.3	
40	Logan Uzelac	9	Mission Hills	21:08.1	31
41	Yash Nair	9	Rancho Bernardo	21:20.3	
42	Adhvik Pusala	9	Del Norte	21:24.0	
43	Ryan Ford	9	Rancho Bernardo	22:18.0	
44	Logan Jelensky	9	Del Norte	22:31.6	
45	Oliver Yang	9	Del Norte	22:33.5	
46	Lucas Wang	9	Del Norte	22:41.8	
47	Aadi Dharmapurikar	9	Mt Carmel	23:14.5	
48	Grant Nelson	9	Rancho Bernardo	23:27.1	
49	Jaxon Crabb	9	Mission Hills	23:36.1	32
50	Hayden Gutierrez	9	Del Norte	23:36.2	
51	Nathan Ochoa	9	Mission Hills	23:45.3	33
52	Alex Yang	9	Westview	24:01.4	