SATURDAY, NOVEMBER 21, 2026 · TOKA STICKS GOLF CLUB · MESA, ARIZONA

NIKE CROSS REGIONALS SOUTHWEST

CO · UT · NM · AZ · NV

RESULTS

Race 7 - Girls Large School Open Race II - 5K

11/21/2026 - 8:40am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	**Niwot XC**	17	1:31:21	18:17	5:53	0:31	1-2-3-5-6-7-8	1-2-3-5-6-7-8
2	**Pioneer Nation**	64	1:35:02	19:01	6:08	1:00	4-10-18-19-24-86-96	4-9-15-16-20-63-71
3	**Hawk Nation**	93	1:36:32	19:19	6:13	0:43	13-17-23-29-31-53-57	10-14-19-24-26-41-44
4	**Lone Peak**	138	1:38:07	19:38	6:19	0:32	26-27-30-40-48-73-74	21-22-25-32-38-55-56
5	**Olympus Titans**	228	1:40:57	20:12	6:30	2:49	15-22-32-103-135	12-18-27-75-96
6	**Golden Eagle XC**	241	1:41:50	20:22	6:34	1:15	35-45-69-82-87-98-120	28-35-52-62-64-72-85
7	**Hilltop TC**	269	1:42:34	20:31	6:37	1:33	37-47-67-102-108-125-161	30-37-50-74-78-89-115
8	**Red Mountain**	289	1:43:22	20:41	6:40	2:15	21-79-80-92-122-154-166	17-59-60-67-86-109-119
9	**RCXC**	291	1:42:57	20:36	6:38	1:37	38-49-81-107-113-117-150	31-39-61-77-83-84-106
10	**Guardians Distance Project**	301	1:43:56	20:48	6:42	3:44	14-55-75-110-155-179-190	11-43-57-80-110-126-132
11	**Layton XC**	309	1:44:11	20:51	6:43	2:47	36-54-63-112-153-160-184	29-42-48-82-108-114-128
12	**Huskies**	318	1:44:13	20:51	6:43	2:05	41-68-89-106-131-140-141	33-51-65-76-93-99-100
13	**Herriman**	327	1:44:26	20:54	6:44	1:42	50-72-95-99-127-134-146	40-54-70-73-90-95-103
14	**H**	392	1:47:01	21:25	6:54	2:20	46-59-145-147-149-165-181	36-45-102-104-105-118-127
15	**Lions Running Club**	397	1:47:17	21:28	6:55	2:12	65-78-123-128-157-164-171	49-58-87-91-112-117-122
16	**Project Panda**	420	1:48:18	21:40	6:59	2:31	62-70-109-167-168-185-200	47-53-79-120-121-129-135
17	**MV-Toro XC Club**	426	1:47:45	21:33	6:57	1:18	93-94-111-143-151	68-69-81-101-107
18	**Mountain Ridge**	435	1:51:41	22:21	7:12	5:58	43-60-130-178-204	34-46-92-125-138
19	**Laveen Rapators**	463	1:51:11	22:15	7:10	4:55	28-124-136-176-189-196-202	23-88-97-124-131-134-137
20	**Pleasant Grove**	464	1:51:22	22:17	7:11	5:49	16-132-156-159-195-201-212	13-94-111-113-133-136-140
21	**NRXC**	533	1:53:28	22:42	7:19	3:27	91-137-162-173-187-206	66-98-116-123-130-139

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Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
DNP	Highland Hawks		1:23:32	20:53	6:44		64-83-85-114	4 Runners
DNP	Rio Rancho		1:26:17	21:35	6:57		88-101-104-170	4 Runners
DNP	Queen Creek XC		1:27:23	21:51	7:02		34-116-119-193	4 Runners
DNP	Liberty(NV)		1:35:16	23:49	7:40		20-139-199-215	4 Runners
DNP	JAGS Cross Country		1:36:50	24:13	7:48		33-97-208-217	4 Runners
DNP	Grand Junction High School		1:01:11	20:24	6:34		42-76-77	3 Runners
DNP	Mountain View XC UT		1:03:10	21:04	6:47		51-52-163	3 Runners
DNP	Great Strides		1:05:16	21:46	7:01		115-129-144	3 Runners
DNP	JAGS XC		1:06:26	22:09	7:08		11-158-194	3 Runners
DNP	Narlions XC		1:17:24	25:48	8:19		177-186-216	3 Runners
DNP	Raven Runners		1:24:32	28:11	9:05		188-213-219	3 Runners
DNP	OCTC		40:48	20:24	6:34		39-100	2 Runners
DNP	Mullen Mustangs		18:38	18:38	6:00		9	1 Runner
DNP	Raptor XC Colorado		20:29	20:29	6:36		61	1 Runner
DNP	Mountain View Stacks		20:34	20:34	6:37		66	1 Runner
DNP	Henderson Running Club		25:34	25:34	8:14		203	1 Runner

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Individual Results

Place	Name	Grade	Team	Time	Points
1	Tereza Koudelka	10	Niwot XC	18:00.2	1
2	Sloane Groendyk	9	Niwot XC	18:08.9	2
3	Tegan Jacobson	10	Niwot XC	18:11.7	3
4	Remy McAdams	12	Pioneer Nation	18:24.7	4
5	Evie Mai O'Gorman	9	Niwot XC	18:29.1	5
6	Ephie Hagen	10	Niwot XC	18:31.0	6
7	Jesse Verhoogen	9	Niwot XC	18:35.5	7
8	Emily Bolda	10	Niwot XC	18:35.9	8
9	Madeleine Dimelow	10	Mullen Mustangs	18:37.7	
10	Laney Martin	11	Pioneer Nation	18:43.1	9
11	Taelyn Janssen	11	JAGS XC	18:48.2	
12	Charlotte Repsher	10	Niwot XC	18:51.0	
13	Harper Mower	10	Hawk Nation	18:52.0	10
14	Ella Mack	11	Guardians Distance Project	18:58.2	11
15	Anika Crawford	11	Olympus Titans	19:01.7	12
16	Charlotte Kowallis	10	Pleasant Grove	19:09.0	13
17	Sofia Ornelas	11	Hawk Nation	19:09.8	14
18	Kaitlyn Liston	11	Pioneer Nation	19:14.1	15
19	Maggie Peterson	11	Pioneer Nation	19:15.4	16
20	Autumn McQuirter	11	Liberty(NV)	19:17.6	
21	Tayton Riggs	12	Red Mountain	19:21.0	17
22	Anna Pugh	11	Olympus Titans	19:21.5	18
23	Brooklyn Mitchell	12	Hawk Nation	19:22.3	19
24	Avie McAdams	12	Pioneer Nation	19:24.0	20
25	Paige Edwards	10	Niwot XC	19:25.6	
26	McKinley Clifford	10	Lone Peak	19:25.7	21
27	Grace Campbell	10	Lone Peak	19:26.6	22
28	Suami Aguilar Estrada	12	Laveen Rapators	19:31.8	23
29	Bella Lundeen	9	Hawk Nation	19:32.7	24
30	Anna Packer	10	Lone Peak	19:33.6	25
31	Shay Marsden	10	Hawk Nation	19:34.7	26
32	Emmy Favero	9	Olympus Titans	19:35.6	27
33	Payton LeTourneau	10	JAGS Cross Country	19:36.0	
34	Layla Cox	10	Queen Creek XC	19:38.3	
35	Amri Bernard	10	Golden Eagle XC	19:39.4	28
36	Alice Wilhelm	10	Layton XC	19:39.9	29
37	Maya Bryant	9	Hilltop TC	19:42.2	30
38	Kelsey McGuire	11	RCXC	19:42.5	31
39	Averie Majcherek	11	OCTC	19:43.0	
40	Rachel Hudson	11	Lone Peak	19:43.3	32
41	Mara Mellberg	12	Huskies	19:44.7	33
42	Gwen Roper	9	Grand Junction High School	19:46.1	
43	Katy Durell	11	Mountain Ridge	19:51.8	34
44	Anvi Hebbar	9	Niwot XC	19:53.1	
45	Ashley Thiriot	9	Golden Eagle XC	19:53.6	35
46	Eva Miner	10	H	19:54.9	36
47	Lillian Davis	9	Hilltop TC	19:55.6	37
48	Gretchen Skidmore	12	Lone Peak	19:57.7	38
49	Lyric Thompson	11	RCXC	19:58.5	39
50	Payton Powers	9	Herriman	19:59.6	40
51	Pearl Cazier	11	Mountain View XC UT	20:10.8	
52	Jennifer Williams	12	Mountain View XC UT	20:10.9	
53	Marcelina Oehlert	12	Hawk Nation	20:14.0	41
54	Halia Schenk	10	Layton XC	20:14.9	42
55	Emmaline Hurst	12	Guardians Distance Project	20:18.1	43
56	Olivia Korpela	11	Niwot XC	20:23.1	
57	Carolina O'Shea	10	Hawk Nation	20:24.8	44
58	Mel Oehlert	9	Hawk Nation	20:25.0	
59	Isabelle Bills	12	H	20:25.7	45
60	Makayla Pothast	10	Mountain Ridge	20:28.1	46
61	Kennedy Capron	10	Raptor XC Colorado	20:28.3	
62	Genevieve Navarez	12	Project Panda	20:28.7	47
63	Molly Memmott	11	Layton XC	20:29.9	48
64	Jane Hill	10	Highland Hawks	20:30.2	
65	Presley Shuman	9	Lions Running Club	20:31.2	49
66	Rori Divijak	12	Mountain View Stacks	20:33.2	
67	Emrie Brannan	12	Hilltop TC	20:35.3	50
68	Taylie Haskie	11	Huskies	20:35.5	51
69	Hallie Williams	11	Golden Eagle XC	20:35.6	52
70	Lauren Schroeder	10	Project Panda	20:36.1	53
71	Honey Holliday	11	Niwot XC	20:36.4	
72	Ella Reese	9	Herriman	20:39.4	54
73	Libby Topham	12	Lone Peak	20:39.7	55

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Place	Name	Grade	Team	Time	Points
74	Hadley McDonald	11	Lone Peak	20:39.9	56
75	Lacie Gardella	9	Guardians Distance Project	20:41.3	57
76	Adriana Crowley	10	Grand Junction High School	20:41.7	
77	Bailey Pommarane	12	Grand Junction High School	20:43.1	
78	Alyssa Gonzalez	12	Lions Running Club	20:43.4	58
79	Elena Hall	11	Red Mountain	20:43.8	59
80	Britta Larson	12	Red Mountain	20:43.9	60
81	Lola Stimson	10	RCXC	20:45.3	61
82	Emree Heward	11	Golden Eagle XC	20:46.7	62
83	Brooklyn Joost	12	Highland Hawks	20:49.6	
84	London Viekant	12	Lone Peak	20:51.6	
85	Kalia Kapeliela	10	Highland Hawks	20:52.3	
86	Kaylee Hill	12	Pioneer Nation	20:53.2	63
87	Rebekah Dastrup	11	Golden Eagle XC	20:54.3	64
88	Chloe Schaff	11	Rio Rancho	20:55.0	
89	Brooke Fulton	10	Huskies	20:55.1	65
90	Rebeca Ribeiro	12	Lone Peak	20:55.9	
91	Lyla Wiser	12	NRXC	20:57.1	66
92	Catherine Baldwin	9	Red Mountain	20:57.2	67
93	Abigail Lish	10	MV-Toro XC Club	20:59.5	68
94	Quinn Campbell	11	MV-Toro XC Club	21:00.8	69
95	Anna Dunne	11	Herriman	21:01.0	70
96	Emma Sweeney	11	Pioneer Nation	21:01.8	71
97	Jayden Harmon	11	JAGS Cross Country	21:03.1	
98	Eliza Schmutz	12	Golden Eagle XC	21:03.8	72
99	McCall Clawson	9	Herriman	21:04.8	73
100	Lydia Mosley	12	OCTC	21:05.0	
101	Aurelia Rivera	11	Rio Rancho	21:05.2	
102	Kate Jay	12	Hilltop TC	21:06.2	74
103	Meg Adams	10	Olympus Titans	21:07.0	75
104	Jazalyn Apodaca	11	Rio Rancho	21:07.1	
105	Jordyn Martin	11	Hawk Nation	21:07.8	
106	Annie Sheridan	10	Huskies	21:08.1	76
107	Tillie Lorenz	11	RCXC	21:10.9	77
108	Iris Baalbergen	11	Hilltop TC	21:14.3	78
109	Jocelyn Jordan	10	Project Panda	21:15.7	79
110	Brystal Ashton	10	Guardians Distance Project	21:17.0	80
111	Ruth Frost	12	MV-Toro XC Club	21:17.1	81
112	Tabetha Anderson	12	Layton XC	21:18.6	82
113	Dakota Burmeister	9	RCXC	21:19.3	83
114	Emmylia Moreno	10	Highland Hawks	21:19.5	
115	Lila Rowley	11	Great Strides	21:19.6	
116	Sophia Altamirano	10	Queen Creek XC	21:21.0	
117	Megan Levine	11	RCXC	21:23.8	84
118	Malin Nelson	12	Niwot XC	21:28.7	
119	Alexandria Zerbinos	10	Queen Creek XC	21:31.4	
120	Clara Colgrove	12	Golden Eagle XC	21:31.7	85
121	Frankie Riley	9	Niwot XC	21:32.1	
122	Hailey Miller	10	Red Mountain	21:35.2	86
123	Abrielle Belliveau	10	Lions Running Club	21:35.4	87
124	Ana Ramirez Guerrero	9	Laveen Rapators	21:35.6	88
125	Susana Felix	12	Hilltop TC	21:36.5	89
126	Juliet Sanders	11	Golden Eagle XC	21:41.1	
127	Alicia DeHaan	12	Herriman	21:41.2	90
128	Macy Brawley	11	Lions Running Club	21:44.1	91
129	Annie Turner	11	Great Strides	21:44.7	
130	Fiori Mahrai	10	Mountain Ridge	21:45.3	92
131	Heidi Zornik	11	Huskies	21:49.0	93
132	Katie Turnbow	12	Pleasant Grove	21:49.0	94
133	Hazel Rowland	12	Golden Eagle XC	21:49.2	
134	Grace McEwen	12	Herriman	21:50.1	95
135	Claire Low	12	Olympus Titans	21:50.4	96
136	Sofia Grant	12	Laveen Rapators	21:58.9	97
137	Claire Wilde	10	NRXC	22:02.5	98
138	Sophia Norton	11	Hawk Nation	22:03.8	
139	Sofie Sternberg	12	Liberty(NV)	22:06.6	
140	Eliza Gibby	11	Huskies	22:08.7	99
141	Kennedy Muller	12	Huskies	22:09.3	100
142	Lily Mettenbrink	11	Huskies	22:09.4	
143	Rosi Morin	12	MV-Toro XC Club	22:10.4	101
144	Demi Dolechek	12	Great Strides	22:11.0	
145	Alissandra Mally	12	H	22:12.2	102
146	Natalie Wardle	11	Herriman	22:12.6	103
147	Lyla Rushing	10	H	22:13.5	104

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Place	Name	Grade	Team	Time	Points
148	Michaela Skeggs	9	Huskies	22:13.7	
149	Ellie Bradshaw	10	H	22:14.2	105
150	Theertha Nair	11	RCXC	22:14.9	106
151	Presley Keppel	11	MV-Toro XC Club	22:16.6	107
152	Pearl Komiya	11	Golden Eagle XC	22:17.1	
153	Grace Ormsby	11	Layton XC	22:26.9	108
154	Jaymie Macias	10	Red Mountain	22:28.2	109
155	Kendal Cartrette	10	Guardians Distance Project	22:41.3	110
156	Addie Hillhouse	12	Pleasant Grove	22:41.7	111
157	Mari Ipson	10	Lions Running Club	22:42.4	112
158	Kennedy Poe	9	JAGS XC	22:42.8	
159	Ella Bennion	11	Pleasant Grove	22:44.4	113
160	Bethany Lambert	9	Layton XC	22:44.6	114
161	Madeline Brett	9	Hilltop TC	22:45.8	115
162	Lucy Johnson	10	NRXC	22:47.6	116
163	Andalyn Smith	10	Mountain View XC UT	22:48.2	
164	Payton Brummer	9	Lions Running Club	22:49.5	117
165	Adalyne Randall	10	H	22:56.6	118
166	Kyla Egosque	10	Red Mountain	22:57.8	119
167	Patrisha Bethancourt	12	Project Panda	22:57.9	120
168	Karah Gallagher	11	Project Panda	22:59.1	121
169	Grace Mitchell	12	RCXC	23:08.9	
170	Hailey Lucero	9	Rio Rancho	23:09.1	
171	Dahlia Fragoso	11	Lions Running Club	23:11.3	122
172	Marisa Barragan	10	Red Mountain	23:13.1	
173	Amri Hazard	11	NRXC	23:16.7	123
174	Karoline Nielson	11	Herriman	23:18.7	
175	Evelyn Crane	10	Golden Eagle XC	23:22.5	
176	Skylie Flores	12	Laveen Rapators	23:38.3	124
177	KailaQuinn Huynh	9	Narlions XC	23:44.9	
178	Krosby Kerger	10	Mountain Ridge	23:46.6	125
179	Josilynn Buttars	9	Guardians Distance Project	23:50.1	126
180	Jenny Gutierrez	10	Lions Running Club	23:52.5	
181	Maddie White	10	H	23:54.8	127
182	Grace Carlile	10	Golden Eagle XC	24:12.0	
183	Maddie Spruell	12	H	24:14.0	
184	Hallemae Bateman	10	Layton XC	24:16.5	128
185	Brynna Wafel	10	Project Panda	24:17.7	129
186	Irelyn Mennear	9	Narlions XC	24:19.4	
187	Olivia Hyde	12	NRXC	24:23.2	130
188	Calae Morrell	11	Raven Runners	24:24.9	
189	Charlee Villalpando	9	Laveen Rapators	24:26.2	131
190	Renoa Mathews	9	Guardians Distance Project	24:33.1	132
191	Rebecca Fletcher	10	Red Mountain	24:34.4	
192	Stacy Robinson	12	Hilltop TC	24:36.1	
193	Isabella Zerbinos	11	Queen Creek XC	24:52.3	
194	Elizabeth Hernandez	10	JAGS XC	24:54.2	
195	Meg Thomas	12	Pleasant Grove	24:57.6	133
196	Ava Taylor-Duran	9	Laveen Rapators	24:58.2	134
197	Vanessa Castro	10	Huskies	25:01.9	
198	Teegan Beach	9	H	25:05.3	
199	Katalina Osorio	10	Liberty(NV)	25:06.2	
200	Grace Kemling	10	Project Panda	25:16.7	135
201	McKenna Gurr	12	Pleasant Grove	25:29.7	136
202	Sudan Dawod	9	Laveen Rapators	25:33.3	137
203	Sierra Larson	12	Henderson Running Club	25:33.4	
204	Dulce Vazquez	12	Mountain Ridge	25:49.2	138
205	Thaily Chaga Zavala	10	Laveen Rapators	25:58.7	
206	Bryn Waite	12	NRXC	26:15.4	139
207	Alana Johnson	12	Laveen Rapators	26:24.4	
208	Alyvia Wiesinger	11	JAGS Cross Country	26:39.3	
209	Kaia Chiarella	9	H	27:06.0	
210	Emma Rivera	11	Laveen Rapators	27:25.0	
211	Claire Zhuang	9	Huskies	27:38.9	
212	Ela Nielsen	12	Pleasant Grove	27:47.7	140
213	Viviann Evans	9	Raven Runners	28:26.6	
214	Sophia Montano	10	Project Panda	28:41.7	
215	Katelyn Watson	11	Liberty(NV)	28:45.3	
216	Riley Austin	9	Narlions XC	29:19.0	
217	Bella Yates	12	JAGS Cross Country	29:31.0	
218	Aleina Castillo	10	Laveen Rapators	29:52.0	
219	Gwendolyn Horst	11	Raven Runners	31:40.0	
220	Aolanis Nuñez	10	Laveen Rapators	33:07.0	
221	Kylie Haidos	11	Huskies	36:11.0	