SATURDAY, NOVEMBER 21, 2026 · TOKA STICKS GOLF CLUB · MESA, ARIZONA

NIKE CROSS REGIONALS SOUTHWEST

CO · UT · NM · AZ · NV

RESULTS

Race 18 - Girls Championship Race - 5K

11/21/2026 - 11:30am

Team Results

Place	Team	Score		Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	**Lone Peak**	95	Q	1:28:05	17:37	5:41	0:50	9-20-23-43-54-62-72	7-13-15-28-32-37-42
2	**Niwot XC**	103	Q	1:28:23	17:41	5:42	0:25	17-29-35-37-40-41-63	12-19-22-24-26-27-38
3	**ABQ Golden Eagles**	149		1:29:36	17:56	5:47	1:12	14-26-30-81-94-122-197	9-16-20-47-57-78-149
4	**Pikes Peak**	179		1:29:56	18:00	5:48	1:49	3-49-71-82-95-106-139	2-30-41-48-58-66-93
5	**Boulder**	217		1:30:23	18:05	5:50	2:05	4-15-102-103-117-147-156	3-10-64-65-75-101-110
6	**Academy XC**	259		1:32:06	18:26	5:56	1:25	34-57-90-99-134-145-146	21-34-53-61-90-99-100
7	**TRXC**	277		1:32:09	18:26	5:56	1:58	16-61-79-125-150-196-208	11-36-45-81-104-148-160
8	**Liberty Bell Distance Club**	285		1:31:29	18:18	5:54	2:44	2-21-112-140-151-176-188	1-14-71-94-105-128-140
9	**SUMMIT**	307		1:32:22	18:29	5:57	2:31	6-59-120-128-153-160-217	5-35-76-84-107-114-169
10	**Arap XC**	309		1:32:39	18:32	5:58	2:03	11-83-107-127-148-175-227	8-49-67-83-102-127-178
11	**American Fork XC Club**	312		1:33:09	18:38	6:00	0:43	73-80-111-114-124-142-149	43-46-70-73-80-96-103
12	**The View**	330		1:33:25	18:41	6:01	1:02	66-84-108-126-135-179	39-50-68-82-91-131
13	**LAS VEGAS EXTREME**	377		1:34:22	18:53	6:05	2:48	28-87-93-141-204-211-236	18-52-56-95-156-163-187
14	**Herriman**	383		1:34:18	18:52	6:05	1:43	46-98-100-158-168-178-184	29-60-62-112-120-130-136
15	**Davis Running Club**	406		1:34:39	18:56	6:06	2:20	39-55-96-192-193-213-220	25-33-59-144-145-165-172
16	**Mountain View XC UT**	420		1:34:58	19:00	6:07	2:25	36-51-121-191-194-216-229	23-31-77-143-146-168-180
17	**MV-Toro XC Club**	443		1:35:53	19:11	6:11	3:13	27-77-91-206-218-230-231	17-44-54-158-170-181-182
18	**Great Strides**	448		1:35:42	19:09	6:10	1:12	92-101-138-163-170-209-210	55-63-92-116-122-161-162
19	**Highland Hawks**	503		1:36:32	19:19	6:13	1:06	110-123-157-162-177-181	69-79-111-115-129-133
20	**CO United**	512		1:36:00	19:12	6:11	3:34	5-165-166-169-200-202-214	4-117-118-121-152-154-166
21	**Los Alamos XC NM**	517		1:36:47	19:22	6:14	1:37	85-130-152-183-187-189-226	51-86-106-135-139-141-177

Race 18 - Girls Championship Race - 5K

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Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
22	**Timpanogos**	518	1:36:53	19:23	6:15	2:02	70-115-171-182-195-198-235	40-74-123-134-147-150-186
23	**Huskies RC**	530	1:37:01	19:25	6:15	1:12	113-143-144-173-186-221-223	72-97-98-125-138-173-175
24	**Rio Rancho**	549	1:37:11	19:27	6:16	3:11	8-159-174-199-201-212-224	6-113-126-151-153-164-176
25	**Orem XC**	555	1:37:32	19:31	6:17	1:02	129-131-155-180-190-203-207	85-87-109-132-142-155-159
26	**Valhalla**	662	1:40:35	20:07	6:29	2:31	133-154-167-215-228-233-234	89-108-119-167-179-184-185
27	**Ridge Runners**	677	1:40:20	20:04	6:28	1:55	132-172-185-205-219-222-232	88-124-137-157-171-174-183
DNF	**UNA-UT**		1:27:26	17:30	5:38	0:48	7-12-31-32-33-44-45	Non-Scoring
DNF	**UNA-CO**		1:25:45	17:09	5:32	1:09	1-10-13-18-19-22-25	Non-Scoring
DNF	**UNA-AZ**		1:32:50	18:34	5:59	0:42	69-88-97-105-118-136-137	Non-Scoring
DNF	**UNA-NV**		1:30:15	18:03	5:49	1:08	24-42-47-75-104-116	Non-Scoring
DNP	**UNA-NM**		1:00:31	20:11	6:30		161-164-225	Non-Scoring

Race 18 - Girls Championship Race - 5K

11/21/2026 - 11:30am

Individual Results

Place	Name	Grade	Team	Time	Points	
1	Delaney Reuter	12	UNA-CO	16:19.0		I
2	Ella McGowan	9	Liberty Bell Distance Club	16:39.1	1	I
3	Vivian Jack	12	Pikes Peak	16:46.9	2	I
4	Sophie Roza	10	Boulder	16:47.8	3	I
5	Raegan McRae	12	CO United	16:48.0	4	I
6	Kayla Broecker	10	SUMMIT	16:55.3	5	
7	Avery Barton	12	UNA-UT	16:57.6		
8	Mariah Galbraith	11	Rio Rancho	17:11.2	6	
9	Hailey Atwater	12	Lone Peak	17:12.4	7	T
10	Dylan Shaklee	10	UNA-CO	17:13.3		
11	Maeve Vancik	11	Arap XC	17:15.0	8	
12	Ellie Dorius	11	UNA-UT	17:15.7		
13	Madison Lange	10	UNA-CO	17:18.0		
14	Isla Rahmer	9	ABQ Golden Eagles	17:21.2	9	
15	Calia Vaughn	11	Boulder	17:22.7	10	
16	Jetta Betts	12	TRXC	17:22.9	11	
17	Scarlett Parks	12	Niwot XC	17:23.2	12	T
18	Avery Breitigam	12	UNA-CO	17:27.1		
19	Mckenna Groen	10	UNA-CO	17:27.3		
20	Mae Glassford	10	Lone Peak	17:29.2	13	T
21	Mckenna Alackness	11	Liberty Bell Distance Club	17:29.3	14	
22	Eden DeMino	11	UNA-CO	17:31.4		
23	Maya Bybee	12	Lone Peak	17:31.5	15	T
24	Avery Aldrich	9	UNA-NV	17:32.5		
25	Mila Cimbura	12	UNA-CO	17:36.0		
26	Gianna Rahmer	11	ABQ Golden Eagles	17:37.2	16	
27	Cassidy Long	10	MV-Toro XC Club	17:39.6	17	
28	Aislin McMahon	12	LAS VEGAS EXTREME	17:40.3	18	
29	Breckin Lee	10	Niwot XC	17:40.4	19	T
30	Helene Gessner	9	ABQ Golden Eagles	17:42.0	20	
31	Gentry Christiansen	12	UNA-UT	17:43.2		
32	Bridget Smit	11	UNA-UT	17:44.4		
33	Elsie Thacker	10	UNA-UT	17:45.0		
34	Chamorra Cooper	12	Academy XC	17:45.2	21	
35	Elise Hagen	12	Niwot XC	17:45.5	22	T
36	Susan Hedengren	9	Mountain View XC UT	17:45.9	23	
37	Siona Kelly	10	Niwot XC	17:46.0	24	T
38	Sloane Davis	10	UNA-CO	17:47.1		
39	Isabella Cram	12	Davis Running Club	17:47.2	25	
40	Elsza Bergen	12	Niwot XC	17:47.4	26	T
41	Lila Robbie	10	Niwot XC	17:48.6	27	T
42	Autumn Burks	10	UNA-NV	17:48.6		
43	Tatum Brewer	11	Lone Peak	17:50.4	28	T
44	Evelyn Cook	11	UNA-UT	17:51.9		
45	Oaklie Rohatinsky	9	UNA-UT	17:53.5		
46	Ava Clawson	11	Herriman	17:55.1	29	
47	Taizley Felsted	12	UNA-NV	17:55.8		
48	Taya Wren	12	UNA-CO	17:57.6		
49	Ellie Askew	11	Pikes Peak	17:57.8	30	
50	Madelyn (Maddie) Reeder	12	UNA-UT	18:00.0		
51	Ella Smith	12	Mountain View XC UT	18:00.5	31	
52	Eliza Thornley	11	UNA-UT	18:00.7		
53	Maya Digiallonardo	12	UNA-CO	18:01.4		
54	Paityn Rohatinsky	12	Lone Peak	18:01.5	32	T
55	Erin Christensen	11	Davis Running Club	18:01.9	33	
56	Griffin Stoughton	11	UNA-CO	18:03.1		
57	Madeline Pool	12	Academy XC	18:03.5	34	
58	Annie Newman	12	UNA-UT	18:03.8		
59	Lily Benbow	12	SUMMIT	18:04.7	35	
60	Savannah Fernandez	10	UNA-CO	18:05.0		
61	Raleigh Davis	11	TRXC	18:05.3	36	
62	Camille Shields	11	Lone Peak	18:05.7	37	T
63	Josephine Lenart	10	Niwot XC	18:06.5	38	T
64	Zia Fadil	10	UNA-CO	18:07.2		
65	Jenna Winn	12	UNA-CO	18:07.8		
66	Annika King	12	The View	18:08.3	39	
67	Adria Favero	12	UNA-UT	18:10.1		
68	Evelyn Lapp	10	UNA-CO	18:10.2		
69	Kylyn Taylor	11	UNA-AZ	18:10.9		
70	Anna Bliss	12	Timpanogos	18:11.0	40	
71	Brynlee Nygren	11	Pikes Peak	18:12.7	41	
72	Teagan Harris	11	Lone Peak	18:13.4	42	T
73	Skye Jensen	12	American Fork XC Club	18:16.6	43	

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Place	Name	Grade	Team	Time	Points
74	Eliza Johnson	11	UNA-UT	18:16.7	
75	Lucia Avril	10	UNA-NV	18:16.9	
76	Brooke Greenberg	11	UNA-UT	18:17.2	
77	Skylin Adair	11	MV-Toro XC Club	18:18.0	44
78	Haley Livingston	12	UNA-UT	18:18.1	
79	Mary Seifert	12	TRXC	18:20.0	45
80	Cali Dooley	10	American Fork XC Club	18:20.3	46
81	Ava Denton	9	ABQ Golden Eagles	18:22.7	47
82	Jana Yuschalk	12	Pikes Peak	18:23.1	48
83	Emma Madsen	10	Arap XC	18:23.6	49
84	Winslow Petrovic-Jones	9	The View	18:24.1	50
85	Elisabeth McNiff	10	Los Alamos XC NM	18:24.5	51
86	Lily Knowles	12	UNA-UT	18:25.6	
87	Rayna Lewis	9	LAS VEGAS EXTREME	18:25.9	52
88	Isabella Cropper	12	UNA-AZ	18:28.4	
89	Olivia White	12	UNA-CO	18:29.0	
90	Mariah Hook	12	Academy XC	18:30.1	53
91	Annie Melzer	12	MV-Toro XC Club	18:32.1	54
92	Adelaide Kail	11	Great Strides	18:32.4	55
93	Sophia Gallegos	10	LAS VEGAS EXTREME	18:32.8	56
94	Olivia Rule	10	ABQ Golden Eagles	18:32.9	57
95	Aly Yeadon	10	Pikes Peak	18:35.2	58
96	Addison Loveland	11	Davis Running Club	18:35.9	59
97	Sydney McCracken	12	UNA-AZ	18:36.3	
98	Lily Clawson	12	Herriman	18:37.0	60
99	Ellie Schoenfeld	10	Academy XC	18:37.1	61
100	Lauren Osuna	9	Herriman	18:38.8	62
101	Josie Blackburn	11	Great Strides	18:39.3	63
102	Berkeley Harrison	9	Boulder	18:40.0	64
103	Emery Agnew	10	Boulder	18:40.2	65
104	Emme Ream	10	UNA-NV	18:40.5	
105	Gwendolyn LeVander	11	UNA-AZ	18:41.6	
106	Lena Larsen	11	Pikes Peak	18:41.7	66
107	Cora Cogswell	10	Arap XC	18:41.8	67
108	Addison Roy	11	The View	18:41.9	68
109	Jessica Keele	12	UNA-UT	18:42.1	
110	Laneah Kapeliela	12	Highland Hawks	18:43.1	69
111	Quincy Skousen	9	American Fork XC Club	18:43.3	70
112	Harper Jessen	11	Liberty Bell Distance Club	18:44.7	71
113	Avery Johnson	12	Huskies RC	18:47.0	72
114	Shay Smith	12	American Fork XC Club	18:49.4	73
115	Sophie Paulson	11	Timpanogos	18:49.5	74
116	Scarlett Cotrone	12	UNA-NV	18:51.9	
117	Emma Pickels	9	Boulder	18:52.0	75
118	Chantel Newman	12	UNA-AZ	18:52.1	
119	Arya Armstrong	11	UNA-UT	18:53.1	
120	Sophie Dinse	11	SUMMIT	18:53.2	76
121	Hannah Francis	12	Mountain View XC UT	18:55.3	77
122	Fiona Berhman	9	ABQ Golden Eagles	18:56.4	78
123	Natalia Morris	11	Highland Hawks	18:57.5	79
124	Rebekah Jacob	11	American Fork XC Club	18:58.7	80
125	Amelia Brock	10	TRXC	18:59.6	81
126	Elise Wobus	12	The View	19:00.2	82
127	Elise Cooley	9	Arap XC	19:01.2	83
128	Leah Noble	10	SUMMIT	19:02.7	84
129	Callie Latham	12	Orem XC	19:02.7	85
130	Ensley Jorgenson	12	Los Alamos XC NM	19:03.3	86
131	Kate Adams	11	Orem XC	19:04.7	87
132	Jessica Richardson	12	Ridge Runners	19:07.0	88
133	Lydia Johnson	10	Valhalla	19:08.4	89
134	Reagan Duncan	10	Academy XC	19:09.7	90
135	Cora Watts	10	The View	19:10.3	91
136	Emerson Butler	11	UNA-AZ	19:10.7	
137	Mia Torrez	12	UNA-AZ	19:11.0	
138	Sophia Chapton	12	Great Strides	19:12.0	92
139	Joy Ahnfeldt	12	Pikes Peak	19:12.3	93
140	Lainey Krause	11	Liberty Bell Distance Club	19:13.6	94
141	Aubrei Lay	11	LAS VEGAS EXTREME	19:14.2	95
142	Mara Jensen	12	American Fork XC Club	19:14.3	96

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Individual Results

Place	Name	Grade	Team	Time	Points
143	Sophie Cliffe	12	Huskies RC	19:14.5	97
144	Jersey McQuirk	10	Huskies RC	19:14.7	98
145	Lucy Harris	11	Academy XC	19:16.9	99
146	Shaylee Burrell	10	Academy XC	19:17.1	100
147	Lucy Friend	11	Boulder	19:17.3	101
148	Grace Gotto	9	Arap XC	19:17.4	102
149	Scarlett Simkins	10	American Fork XC Club	19:17.9	103
150	Ainsley Surovik	11	TRXC	19:20.8	104
151	Lauryn Miller	10	Liberty Bell Distance Club	19:22.2	105
152	Emmeline Keller-Moore	11	Los Alamos XC NM	19:22.7	106
153	Mila Phaf	12	SUMMIT	19:25.4	107
154	Langley Baschuk	9	Valhalla	19:27.3	108
155	Liv Trimble	12	Orem XC	19:28.4	109
156	Ava Vincent	11	Boulder	19:28.5	110
157	Ruth Jackson	12	Highland Hawks	19:28.8	111
158	Sydnee Neff	9	Herriman	19:29.0	112
159	Valentina Martinez	12	Rio Rancho	19:30.0	113
160	Lucia Templeton	10	SUMMIT	19:30.2	114
161	Payton Webb	8	UNA-NM	19:32.1	
162	Ella Bonnette	11	Highland Hawks	19:33.6	115
163	Larsen DeCamp	10	Great Strides	19:33.6	116
164	Ashley Galaz	10	UNA-NM	19:34.6	
165	Bela Curtis	11	CO United	19:34.8	117
166	Alaina Schile	11	CO United	19:34.9	118
167	Alyssa Clayton	12	Valhalla	19:35.2	119
168	Sydney Steadman	12	Herriman	19:37.7	120
169	Lily Dorpinghaus	12	CO United	19:40.8	121
170	Mya Oliva	12	Great Strides	19:44.2	122
171	Kimberly (Kimmie) Wright	12	Timpanogos	19:45.8	123
172	Kelsey Konishi	11	Ridge Runners	19:46.2	124
173	Jaeley-Grace Ferguson	10	Huskies RC	19:46.4	125
174	Lilly Bethoney	12	Rio Rancho	19:46.7	126
175	Maya Fellows	10	Arap XC	19:48.1	127
176	Jane Curran	12	Liberty Bell Distance Club	19:48.1	128
177	Lily Oplinger	11	Highland Hawks	19:48.5	129
178	Autumn Wardle	9	Herriman	19:50.0	130
179	Charlotte Carlson	11	The View	19:50.8	131
180	Brittany Jensen	12	Orem XC	19:51.7	132
181	Ariana Hurtado	10	Highland Hawks	19:53.4	133
182	Elsa Keith	11	Timpanogos	19:53.8	134
183	Alexandra Solomon	9	Los Alamos XC NM	19:55.6	135
184	Halle Van Tress	11	Herriman	19:56.3	136
185	Catelyn Parise	10	Ridge Runners	19:56.8	137
186	Esmae Colbert	11	Huskies RC	19:58.4	138
187	Amelia Hill	12	Los Alamos XC NM	20:00.9	139
188	Nina Kaye	9	Liberty Bell Distance Club	20:02.3	140
189	Elizabeth Buck	12	Los Alamos XC NM	20:04.1	141
190	Lucy Lowry	11	Orem XC	20:04.1	142
191	Claire Sullivan	12	Mountain View XC UT	20:05.8	143
192	Eliza Knechtel	12	Davis Running Club	20:06.3	144
193	Kate Maughan	11	Davis Running Club	20:06.9	145
194	Mckinley Salmon	11	Mountain View XC UT	20:10.1	146
195	Quincy Durrans	10	Timpanogos	20:12.3	147
196	Nora Sumpter	11	TRXC	20:13.4	148
197	Ella Moss	12	ABQ Golden Eagles	20:14.5	149
198	Chelsea Pence	11	Timpanogos	20:16.9	150
199	Haizley Call	9	Rio Rancho	20:20.8	151
200	Charlotte Peeters	12	CO United	20:21.3	152
201	Tatum Call	10	Rio Rancho	20:21.5	153
202	Lily Lehman	11	CO United	20:23.5	154
203	Skylar Durrant	11	Orem XC	20:26.1	155
204	Jaza Rahman	10	LAS VEGAS EXTREME	20:28.2	156
205	Sophia Simmons	11	Ridge Runners	20:28.5	157
206	Leta Melzer	12	MV-Toro XC Club	20:30.9	158
207	Ellie Schwen	11	Orem XC	20:33.0	159
208	Penelope Fears	11	TRXC	20:36.0	160
209	Keira McCord	11	Great Strides	20:36.2	161
210	Mila Gomochak	11	Great Strides	20:37.1	162
211	Olivia Wheeler	12	LAS VEGAS EXTREME	20:37.2	163
212	Alex Vause	11	Rio Rancho	20:37.5	164

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Individual Results

Place	Name	Grade	Team	Time	Points
213	Elise Nielson	12	Davis Running Club	20:37.7	165
214	Taylor Pittman	12	CO United	20:40.6	166
215	Mckelle Arbuckle	10	Valhalla	20:44.5	167
216	Sienna Bucy	12	Mountain View XC UT	20:49.6	168
217	Maeve Niemkiewicz	10	SUMMIT	20:50.5	169
218	Kalei Shum	12	MV-Toro XC Club	20:51.8	170
219	Sophia Cappozzo	11	Ridge Runners	21:01.4	171
220	Courtney Burbidge	12	Davis Running Club	21:01.5	172
221	Jade McQuirk	9	Huskies RC	21:04.1	173
222	Olivia Sawyer	12	Ridge Runners	21:04.7	174
223	Kaci Rikalo	12	Huskies RC	21:08.7	175
224	Nizhoni Tsosie	12	Rio Rancho	21:19.4	176
225	Chloe Grieco	11	UNA-NM	21:23.6	
226	Caterina Mereghetti	10	Los Alamos XC NM	21:28.1	177
227	Olivia Simpson	10	Arap XC	21:36.6	178
228	Bridget Leake	10	Valhalla	21:39.0	179
229	Kate Grimley	11	Mountain View XC UT	21:39.6	180
230	Paisley Skankey	9	MV-Toro XC Club	21:41.6	181
231	Olivia Smith	11	MV-Toro XC Club	21:42.8	182
232	Ash Gladieux	12	Ridge Runners	21:47.1	183
233	Holland Bruschke	12	Valhalla	21:48.3	184
234	Breanne McCormack	11	Valhalla	22:02.8	185
235	Camilla Partridge	12	Timpanogos	22:10.5	186
236	Mackenzie McClain	12	LAS VEGAS EXTREME	22:17.1	187