

MOUNTIE XPRESS

SATURDAY, AUGUST 22, 2026

You're invited to the Mountie Xpress Invitational on Saturday, August 22, 2026. Our **two-mile** course features the valley loop, the saddle, grass valley, reservoir hill, and finishes inside the stadium—see the attached course map and meet details.

Preliminary Race Schedule

Time	Race
7:30 AM	Small School - Freshman Girls
7:40 AM	Small School - Freshman Boys
7:50 AM	Large School - Freshman Girls
8:00 AM	Large School - Freshman Boys
8:10 AM	Small School - Soph Girls
8:20 AM	Small School - Soph Boys
8:30 AM	Large School - Soph Girls
8:40 AM	Large School - Soph Boys
8:50 AM	Small School - Junior Girls
9:00 AM	Small School - Junior Boys
9:10 AM	Large School - Junior Girls
9:20 AM	Large School - Junior Boys
9:30 AM	Small School - Senior Girls
9:40 AM	Small School - Senior Boys
9:50 AM	Large School – Senior Girls
10:00 AM	Large School – Senior Boys

Entry Fee

- **\$30** individual.
- **\$70** per grade level/gender (4+ runners).
- Max **\$500** if all 8 teams entered.
- Payment required at packet pick-up (meet day).
- Make check out to: Mt. SAC Cross Country/Track and Field Team.

Parking

Buses and spectators park in Lot F (designated student stalls). Parking is free. See attached map.

Stadium Entrance

From Lot F, use the tunnel to enter through the stadium front. Admission is free.

Timing

- Timing by Finished Results.
- All athletes must wear their bib.

Awards

- **First 30 finishers** in each race will receive a medal.

Registration

- Register on www.athletic.net
- Registration opens on June 1, 2026 and closes August 15, 2026.

Meet Director

Giovanni Lanaro

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Mountie Xpress Course Map

