

**33<sup>RD</sup> ANNUAL VANGUARD INVITATIONAL**  
**FRIDAY, SEPTEMBER 5, 2025**  
**MASON REGIONAL PARK, IRVINE CA**

**TIMES:** 8:45AM: **MEN'S 8K**  
9:30AM: **WOMEN'S 5K**

**ENTRIES:** \$200.00 PER TEAM (\$400.00 FOR BOTH MEN'S & WOMEN'S TEAMS)  
\$40.00 PER INDIVIDUAL (IF UNATTACHED)  
**ENTRIES THROUGH: [DIRECTATHLETICS.COM](http://DIRECTATHLETICS.COM)**  
**ENTRIES DUE BY 5PM MONDAY, SEPTEMBER 1<sup>ST</sup>**  
NO RACE DAY ENTRIES ALLOWED

**PAYMENT:** TEAMS: ONLINE (OR CASH OR CHECK)  
UNATTACHED INDIVIDUALS: ONLINE ONLY  
CHECKS PAYABLE TO: VANGUARD CROSS COUNTRY

**5K & 8K AWARDS:** TOP 15 INDIVIDUALS IN EACH RACE RECEIVE A T-SHIRT  
TOP INDIVIDUAL IN EACH RACE RECEIVES A PLAQUE  
TOP TEAM IN EACH RACE RECEIVES A PLAQUE

**COURSE:** WOMEN'S 5K: 2 LOOP COURSE (85% PAVEMENT, 15% GRASS)  
MEN'S 8K: 3 LOOP COURSE (85% PAVEMENT, 15% GRASS)

**MASON REGIONAL PARK ADDRESS:**  
18712 UNIVERSITY DRIVE, IRVINE CA 92612

**PARKING FEE:**  
\$3.00 (PER VEHICLE) FEE AT THE ENTRANCE TO THE PARK. BUSSES ARE \$30.00.

**BUSSES:**  
THERE IS A DESIGNATED AREA FOR BUS PARKING. PLEASE LET ME KNOW IF YOU PLAN TO BRING A BUS AS I MUST INFORM THE PARK OF THE TOTAL # OF BUSSES IN ADVANCE.

**START/FINISH AREA:**  
AFTER YOU PAY YOUR FEE AT THE ENTRANCE, MAKE YOUR 1<sup>ST</sup> LEFT AND PROCEED TO PARKING LOTS C, D, E OR F. START & FINISH AREAS ARE NEAR SHELTER #6.

**RESTROOMS:** RESTROOMS AVAILABLE NEAR START/FINISH AREA