

NXR Southwest

Toka Sticks Golf Club

Race 4 - Girls Medium 2 - 5K

11/22/2025 - 8:09am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	Ponderosa	79	1:39:19	19:52	6:24	1:16	7-17-34-38-47-50-74	3-9-18-22-27-29-42
2	Pine View XC Club	87	1:39:15	19:51	6:24	1:42	3-23-26-46-52-127-148	1-14-15-26-31-74-82
3	Ridge Runners	90	1:39:42	19:57	6:26	1:07	9-35-36-37-44-64-89	5-19-20-21-25-38-52
4	Orem HS	90	1:39:44	19:57	6:26	1:32	8-14-28-49-58-61-63	4-8-16-28-34-36-37
5	Summit	99	1:40:20	20:04	6:28	2:13	10-12-20-42-88-98	6-7-11-24-51-56
6	Poudre XC	117	1:41:00	20:12	6:31	0:50	21-31-41-54-56-76-128	12-17-23-32-33-44-75
7	Western Slope Elite	172	1:43:50	20:46	6:42	2:33	5-51-79-82-86-99-118	2-30-45-46-49-57-68
8	Spanish Fork	232	1:47:00	21:24	6:54	1:25	65-68-75-85-104-110-115	39-40-43-48-62-64-67
9	O-Town Tigers	239	1:48:35	21:43	7:00	3:39	18-71-91-114-119-135-137	10-41-53-66-69-77-79
10	Park City XC	268	1:50:36	22:08	7:08	3:48	22-87-102-124-125-141-149	13-50-60-72-73-81-83
11	Rampart	306	1:55:30	23:06	7:27	6:08	60-84-103-134-160-164-171	35-47-61-76-87-89-90
12	Timpanogos	311	1:52:14	22:27	7:14	1:40	92-101-107-111-120-122-136	54-59-63-65-70-71-78
13	Springville Running Club	362	2:00:59	24:12	7:48	4:53	95-100-138-154-158-159-161	55-58-80-84-85-86-88
DNF	Unattached		1:38:32	19:43	6:21	1:12	6-16-25-27-39-40-62	Non-Scoring
DNF	Wings of America		1:40:51	20:11	6:30	1:16	13-33-43-45-59-67-72	Non-Scoring
DNP	Roosevelt		1:25:05	21:17	6:51		1-29-93-142	4 Runners
DNP	Stansbury XC		1:25:18	21:20	6:52		30-69-96-109	4 Runners
DNP	Pikes Peak		1:28:27	22:07	7:07		32-48-55-162	4 Runners
DNP	Thompson Valley		1:00:27	20:09	6:30		11-53-57	3 Runners
DNP	Running Hot Chile Peppers		1:03:04	21:02	6:46		24-78-97	3 Runners
DNP	Run Electric		18:43	18:43	6:02		2	1 Runner

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DNP	Sky View (Utah)		18:54	18:54	6:05		4	1 Runner
DNP	Palmer Runnists		19:36	19:36	6:19		15	1 Runner
DNP	Rich River AC		19:41	19:41	6:21		19	1 Runner
DNP	Valhalla		21:26	21:26	6:54		81	1 Runner
DNP	Security XC		22:47	22:47	7:20		113	1 Runner
DNP	Patriot XC		26:19	26:19	8:28		157	1 Runner

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Individual Results

Place	Name	Grade	Team	Time	Points
1	Elizabeth Roberts	12	Roosevelt	18:27.96	
2	Addison Hollmann	12	Run Electric	18:42.22	
3	Emmalee Williams	12	Pine View XC Club	18:48.22	1
4	Jessica Keele	11	Sky View (Utah)	18:53.64	
5	Sage Siegrist	12	Western Slope Elite	18:59.78	2
6	Sydney Brantley	12	Unattached	18:59.94	
7	Zoey Foco	12	Ponderosa	19:07.38	3
8	Liv Trimble	11	Orem HS	19:09.42	4
9	Sorella Natale	12	Ridge Runners	19:10.32	5
10	Sophie Dinse	10	Summit	19:21.32	6
11	Alice Lehnher	12	Thompson Valley	19:21.98	
12	Lily Benbow	11	Summit	19:24.92	7
13	Jazelle Thompson	11	Wings of America	19:29.29	
14	Gabriella (Gabbi) Garside	12	Orem HS	19:30.46	8
15	Aspen Roberson	9	Palmer Runnists	19:35.87	
16	Maggie Crosby	12	Unattached	19:36.49	
17	Marisa Lopez	11	Ponderosa	19:38.74	9
18	Clara Geddes	11	O-Town Tigers	19:38.84	10
19	Isabella Bravo	12	Rich River AC	19:40.75	
20	Leah Noble	9	Summit	19:44.31	11
21	Riley Wood	9	Poudre XC	19:44.36	12
22	Sonja Preston	12	Park City XC	19:45.19	13
23	Sariah Jones	12	Pine View XC Club	19:46.40	14
24	Sophie Grijalva	12	Running Hot Chile Peppers	19:46.76	
25	Aliya Fulbright	12	Unattached	19:48.07	
26	Elin Holt	10	Pine View XC Club	19:49.90	15
27	Kayla Braman	10	Unattached	19:54.79	
28	Lucy Lowry	10	Orem HS	19:56.83	16
29	Maelynn Johnson	12	Roosevelt	19:57.80	
30	Addison Cheney	10	Stansbury XC	19:58.07	
31	Isadora Stone	9	Poudre XC	19:58.52	17
32	Cassie Stern	9	Pikes Peak	20:01.98	
33	Damira Allen	12	Wings of America	20:03.14	
34	Maylie Houser	12	Ponderosa	20:03.84	18
35	Jessica Richardson	11	Ridge Runners	20:04.24	19
36	Kelsey Konishi	10	Ridge Runners	20:04.63	20
37	Olivia Sawyer	11	Ridge Runners	20:05.14	21
38	Ava Barrett	12	Ponderosa	20:06.31	22

Place	Name	Grade	Team	Time	Points
39	Addisyn Ogg	9	Unattached	20:11.74	
40	Scarlett Dunlop	12	Unattached	20:11.88	
41	Colette Morgan	9	Poudre XC	20:12.24	23
42	Lucia Templeton	9	Summit	20:14.96	24
43	Kylie Montano	12	Wings of America	20:15.66	
44	Sophia Simmons	10	Ridge Runners	20:16.70	25
45	Kaylee Mitchell	11	Wings of America	20:16.84	
46	Andi Baker	10	Pine View XC Club	20:20.27	26
47	Norah Ablicki	9	Ponderosa	20:22.57	27
48	Stella Briggeman	9	Pikes Peak	20:25.41	
49	Brittany Jensen	11	Orem HS	20:26.46	28
50	Rylie Parker	9	Ponderosa	20:27.60	29
51	Elle Diedrich	12	Western Slope Elite	20:28.47	30
52	Avery Smith	12	Pine View XC Club	20:29.26	31
53	Izzy Javernick	12	Thompson Valley	20:29.75	
54	Maya Leisz	10	Poudre XC	20:30.06	32
55	Leah Condreay	10	Pikes Peak	20:31.16	
56	Anna Oltersdorf	9	Poudre XC	20:34.33	33
57	Hadassah Shiver	12	Thompson Valley	20:34.64	
58	Skylar Durrant	10	Orem HS	20:40.83	34
59	Marvah Toddy	12	Wings of America	20:45.20	
60	Lily Wederquist	11	Rampart	20:46.57	35
61	Maggie Glahn	10	Orem HS	20:47.45	36
62	Lydia Parks	12	Unattached	20:49.43	
63	Ellie Schwen	10	Orem HS	20:50.26	37
64	Catelyn Parise	9	Ridge Runners	20:52.27	38
65	Claire Ludlow	10	Spanish Fork	20:52.48	39
66	Ellen O'Hara	10	Unattached	20:52.97	
67	Shelby McCray	12	Wings of America	20:58.86	
68	Ella Biggs	10	Spanish Fork	21:00.69	40
69	Addie Dangerfield	10	Stansbury XC	21:02.01	
70	Kendal Bach	12	Unattached	21:03.84	
71	Georgia Smith	11	O-Town Tigers	21:08.66	41
72	Rylee Edaakie	11	Wings of America	21:16.21	
73	Mica Altringer	11	Unattached	21:17.12	
74	Averi Henley	9	Ponderosa	21:17.29	42
75	Lyndi O'Neal	11	Spanish Fork	21:17.64	43
76	Masen Odell	11	Poudre XC	21:20.38	44
77	Savannah Garside	9	Orem HS	21:21.40	

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Place	Name	Grade	Team	Time	Points
78	Kasey Chapman	10	Running Hot Chile Peppers	21:21.94	
79	Lilah Wirth	10	Western Slope Elite	21:23.25	45
80	Catherine Denetclaw	11	Wings of America	21:24.94	
81	Camry Randall	10	Valhalla	21:25.09	
82	Sonya Johnson	11	Western Slope Elite	21:25.69	46
83	Sarahi Correa	11	Unattached	21:28.36	
84	Alexis Fry	10	Rampart	21:29.16	47
85	Kalia McKinnon	11	Spanish Fork	21:31.60	48
86	Cordella (Della) Myers	10	Western Slope Elite	21:32.47	49
87	Ella Stoughton	11	Park City XC	21:33.36	50
88	Lila Ellison	12	Summit	21:33.92	51
89	Sophia Cappozzo	10	Ridge Runners	21:35.63	52
90	Ash Gladieux	11	Ridge Runners	21:37.71	
91	Ally Stark	10	O-Town Tigers	21:40.16	53
92	Quincy Durrans	9	Timpanogos	21:41.16	54
93	Emma JEX	12	Roosevelt	21:43.50	
94	Manhattan Pack	10	Orem HS	21:44.25	
95	Caroline Felix	11	Springville Running Club	21:46.01	55
96	Alison Lovell	12	Stansbury XC	21:48.86	
97	Elisabeth Valdez	10	Running Hot Chile Peppers	21:55.13	
98	Maeve Niemkiewicz	9	Summit	22:00.18	56
99	Lexee Martin	12	Western Slope Elite	22:04.19	57
100	Clarissa Jensen	12	Springville Running Club	22:05.46	58
101	Deborah Griffin	11	Timpanogos	22:08.25	59
102	Jaqueline Blanco Barrios	11	Park City XC	22:13.44	60
103	Addison Pauly	9	Rampart	22:14.10	61
104	Paige Spencer	10	Spanish Fork	22:16.70	62
105	Ronelle Mike	10	Unattached	22:21.83	
106	Reece Staninger	11	Ponderosa	22:22.79	
107	Camilla Partridge	11	Timpanogos	22:26.67	63
108	Allison Pope	11	Orem HS	22:27.16	
109	Olivia Cheney	11	Stansbury XC	22:28.49	
110	Emily Hatch	9	Spanish Fork	22:29.86	64
111	Darby Roberts	12	Timpanogos	22:36.13	65
112	Brooke Kottenstette	11	Unattached	22:42.05	

Place	Name	Grade	Team	Time	Points
113	Colie Wallace	9	Security XC	22:46.34	
114	Olivia Geddes	10	O-Town Tigers	22:48.87	66
115	Megan Brogdon	10	Spanish Fork	22:51.34	67
116	CeeAnna Lucero	8	Unattached	23:00.37	
117	Ashlynn Rollins	10	Orem HS	23:01.12	
118	Maiya Walz	12	Western Slope Elite	23:11.16	68
119	Eliza Bohne	12	O-Town Tigers	23:17.62	69
120	Katelyn Fox	10	Timpanogos	23:21.08	70
121	Daphne Green	11	Spanish Fork	23:22.13	
122	Gretchen Kondel	12	Timpanogos	23:26.54	71
123	Liege Ferrier	9	Unattached	23:30.19	
124	Sydney Sato	11	Park City XC	23:30.93	72
125	Piper Petrole	11	Park City XC	23:32.89	73
126	Kate Brogdon	10	Spanish Fork	23:41.57	
127	Emberlynn (Ember) Wilson	9	Pine View XC Club	23:46.86	74
128	Logan Schafer	10	Poudre XC	23:49.89	75
129	Katelyn Carl	12	Wings of America	23:53.18	
130	Felicity Snyder	11	Spanish Fork	23:54.74	
131	Pepper Christensen	10	Spanish Fork	23:56.83	
132	Neeve Ryskamp	12	Spanish Fork	24:02.51	
133	Makayla Johnson	12	Unattached	24:03.09	
134	Misha Mewada	10	Rampart	24:04.63	76
135	Ayelen Vandenack	12	O-Town Tigers	24:07.24	77
136	Avery McEvoy	9	Timpanogos	24:12.24	78
137	Miley Torres	11	O-Town Tigers	24:16.66	79
138	Zoe Haws	11	Springville Running Club	24:30.92	80
139	Rivirlin Hunt	10	Unattached	24:38.92	
140	Kyleigh Hosteen	11	Wings of America	24:39.93	
141	Lydia Ingersoll	10	Park City XC	24:47.80	81
142	Opal Knowlton	11	Roosevelt	24:55.48	
143	Audrey Hawks	9	Timpanogos	24:56.79	
144	Priya Shurtleff	12	Timpanogos	25:14.45	
145	Johanna (JJ) Wilkinson	10	Timpanogos	25:16.30	
146	Annie Hunter	11	O-Town Tigers	25:19.70	
147	Lyla Hart	10	Timpanogos	25:26.05	
148	Elsa Liddle	9	Pine View XC Club	25:37.83	82
149	Kennedy Cuttitta	9	Park City XC	25:42.02	83

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Individual Results

Place	Name	Grade	Team	Time	Points
150	Teddy Garcia	9	Western Slope Elite	25:42.61	
151	Jazmine Whitehorse	12	Unattached	25:51.40	
152	Juniper Lensink	9	Poudre XC	25:54.20	
153	Ada Terry	9	Pine View XC Club	25:55.96	
154	Olivia Mohlman	11	Springville Running Club	25:56.83	84
155	Lanie Gough	10	Timpanogos	26:10.19	
156	Amelie Davidson	10	Timpanogos	26:11.99	
157	Maybree Larson	11	Patriot XC	26:18.24	
158	Emilee Young	11	Springville Running Club	26:38.87	85
159	Abigail Olson	10	Springville Running Club	26:47.32	86
160	Addison Gasmire	12	Rampart	26:54.57	87
161	Kylie McConnell	12	Springville Running Club	26:55.57	88
162	Megan Paisley	11	Pikes Peak	27:27.77	
163	Rachel Hubbard	11	Springville Running Club	27:40.32	
164	Hannah Haddenham	11	Rampart	27:46.98	89
165	Addilyn Allen	9	Pine View XC Club	28:24.20	
166	Gillian Paxton	11	Springville Running Club	28:37.99	
167	Mckenzie Farr	11	Timpanogos	28:38.04	
168	Sofia Fregulia	9	Park City XC	28:40.56	
169	Rory Wilson	11	Unattached	31:04.49	
170	Kaylin James	11	Unattached	31:04.82	
171	Angelica Beck	9	Rampart	31:23.46	90
172	Hayley Graziano	11	Unattached	31:41.52	
173	Maria Caruso	11	Unattached	31:42.05	
174	Aryelle Graziano	9	Unattached	31:50.24	
175	Sierra Hoel	12	Unattached	31:51.04	
176	Alayna Godfrey	10	Timpanogos	44:27.28	
177	Katherine (Kate) Gunderson	12	Timpanogos	44:27.30	