

NXR Southwest

Toka Sticks Golf Club

Race 3 - Girls Medium 1 - 5K

11/22/2025 - 7:57am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	Bears Track Club	44	1:34:32	18:55	6:06	1:39	1-3-7-15-29-32-47	1-2-6-12-23-26-40
2	Dark Horse TC	66	1:36:11	19:15	6:12	1:00	4-8-13-27-30-52-56	3-7-11-21-24-44-48
3	Coronado Cougars	109	1:37:37	19:32	6:18	1:21	6-11-26-40-49-61-76	5-9-20-33-42-53-64
4	B-Town Eagles	118	1:38:06	19:38	6:19	1:30	5-25-28-34-54-88	4-19-22-27-46-73
5	Lafayette Running Club	174	1:39:49	19:58	6:26	1:02	18-37-39-55-59-63-72	14-30-32-47-51-54-60
6	Coyotes XC	195	1:40:13	20:03	6:28	1:31	12-42-44-64-67-70-75	10-35-37-55-58-59-63
7	Huskies Country	197	1:40:43	20:09	6:29	1:33	24-31-35-65-84-87-95	18-25-28-56-70-72-78
8	Disco Distance (CO)	241	1:44:29	20:54	6:44	6:33	9-22-48-58-174	8-17-41-50-125
9	Lions XC	254	1:42:10	20:26	6:35	1:03	38-51-60-74-78-85-89	31-43-52-62-66-71-74
10	Academy XC	276	1:43:08	20:38	6:39	1:52	21-45-83-91-93-108	16-38-69-76-77-86
11	Desert Lightning	359	1:45:42	21:09	6:49	1:23	66-73-90-96-109-112	57-61-75-79-87-89
12	MMXC	380	1:53:08	22:38	7:17	7:43	43-53-57-166-177-178	36-45-49-122-128-129
13	MCXC	391	1:48:51	21:47	7:01	3:56	17-101-121-122-139-150-167	13-82-94-95-107-113-123
14	Los Alamos XC Club	393	1:48:14	21:39	6:59	2:40	41-77-120-128-129-131-134	34-65-93-100-101-102-104
15	Hogback XC	400	1:49:39	21:56	7:04	3:52	20-100-118-135-141-148	15-81-91-105-108-111
16	Littleton Distance	415	1:49:49	21:58	7:05	3:25	46-105-107-125-145-149-157	39-84-85-98-109-112-118
17	Chinle	420	1:50:44	22:09	7:08	4:21	36-102-111-133-156-161-173	29-83-88-103-117-120-124
18	Desert Hills Running Club	474	1:51:34	22:19	7:11	0:21	117-119-123-124-126-159-176	90-92-96-97-99-119-127
19	Demon Run Club	490	1:54:10	22:50	7:21	3:26	80-98-138-155-164	67-80-106-116-121
20	Cruisers	533	1:58:32	23:43	7:38	5:13	81-147-151-152-175	68-110-114-115-126
DNP	Mead Mavericks		37:46	18:53	6:05		2-19	2 Runners

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DNP	G-Town Runners		38:29	19:15	6:12		14-16	2 Runners
DNP	Grand County Red Devils		42:05	21:03	6:47		50-104	2 Runners
DNP	D1 Elite		19:01	19:01	6:08		10	1 Runner
DNP	Kings Running Club		19:30	19:30	6:17		23	1 Runner
DNP	Fremont High School		19:50	19:50	6:23		33	1 Runner
DNP	Columbine Rebels		20:37	20:37	6:39		69	1 Runner
DNP	MVHS		22:11	22:11	7:09		116	1 Runner
DNP	Lady Eagles		23:23	23:23	7:32		143	1 Runner
DNP	Cosmic Cobras		24:58	24:58	8:02		171	1 Runner

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Individual Results

Place	Name	Grade	Team	Time	Points
1	Addison Michalak	9	Bears Track Club	18:03.26	1
2	Ava Mierau	12	Mead Mavericks	18:22.53	
3	Naomi Hedstrand	11	Bears Track Club	18:37.35	2
4	Chloe Bresnahan	10	Dark Horse TC	18:44.37	3
5	Olivia Olson	12	B-Town Eagles	18:46.80	4
6	Olivia White	11	Coronado Cougars	18:49.53	5
7	Esther Paulson	12	Bears Track Club	18:50.79	6
8	Elisa Karr	11	Dark Horse TC	18:53.93	7
9	Shayla Miller	12	Disco Distance (CO)	18:58.86	8
10	Olivia Gurrini	11	D1 Elite	19:00.25	
11	Reagan Duncan	9	Coronado Cougars	19:02.37	9
12	Blythe Johnson	12	Coyotes XC	19:03.76	10
13	Keyaira Moore	12	Dark Horse TC	19:07.52	11
14	Teagan Peters	10	G-Town Runners	19:09.62	
15	Isabella Haas	11	Bears Track Club	19:18.43	12
16	Elsa Vessely	12	G-Town Runners	19:18.96	
17	Lily Knowles	11	MCXC	19:19.67	13
18	Eliot Fischer	11	Lafayette Running Club	19:20.33	14
19	Marni Martin	12	Mead Mavericks	19:22.51	
20	Sydney Jussel	11	Hogback XC	19:26.29	15
21	Tristine Puno	9	Academy XC	19:26.48	16
22	Griffin Stoughton	10	Disco Distance (CO)	19:27.95	17
23	Sabrina Anaya	12	Kings Running Club	19:29.02	
24	Catherine Gramling	9	Huskies Country	19:29.73	18
25	Kacey Crispin	12	B-Town Eagles	19:30.24	19
26	Evelyn Hackett	10	Coronado Cougars	19:38.74	20
27	Acacia Gilmore	10	Dark Horse TC	19:40.49	21
28	Leanna Dunlaevy	12	B-Town Eagles	19:40.94	22
29	Reese Gaw	10	Bears Track Club	19:42.01	23
30	Lilia Bryant	9	Dark Horse TC	19:44.36	24
31	Laura Franks	12	Huskies Country	19:46.89	25
32	Savannah Mitchell	10	Bears Track Club	19:49.58	26
33	Kennedy Hansen	12	Fremont High School	19:49.86	
34	Elvira Stafford	9	B-Town Eagles	19:51.05	27
35	Gracie Gibbs	11	Huskies Country	19:51.93	28
36	Isabell Martin	9	Chinle	19:52.04	29
37	Skylar Clark	10	Lafayette Running Club	19:52.44	30
38	Addison Gauthreaux	11	Lions XC	19:53.23	31

Place	Name	Grade	Team	Time	Points
39	Sarah Berger	12	Lafayette Running Club	19:54.29	32
40	Libby Gutowski	12	Coronado Cougars	19:55.77	33
41	Elizabeth Buck	11	Los Alamos XC Club	19:56.44	34
42	Chelsea Dietz	12	Coyotes XC	19:58.84	35
43	Isabelle Lefforge	9	MMXC	20:02.14	36
44	Caroline Stevens	10	Coyotes XC	20:05.14	37
45	Adeline Mascarenes	10	Academy XC	20:05.35	38
46	Sophia Bailey	10	Littleton Distance	20:07.19	39
47	Mia Claypool	11	Bears Track Club	20:07.46	40
48	Brinly Barnes	10	Disco Distance (CO)	20:08.36	41
49	Sydney Simpich	11	Coronado Cougars	20:10.39	42
50	Elliet Johnson-Trim	12	Grand County Red Devils	20:12.38	
51	Aeva Decker	12	Lions XC	20:13.22	43
52	Izzy Smith	9	Dark Horse TC	20:14.83	44
53	Alana Alva	12	MMXC	20:15.97	45
54	Bryanna Reyes	11	B-Town Eagles	20:16.60	46
55	Brynn Jackson	11	Lafayette Running Club	20:18.84	47
56	Natalie Traenkle	12	Dark Horse TC	20:20.56	48
57	Hailey Burke	11	MMXC	20:20.64	49
58	Sophia Rodriguez	10	Disco Distance (CO)	20:22.09	50
59	Lily Miller	12	Lafayette Running Club	20:22.19	51
60	Violet Whitney	12	Lions XC	20:22.77	52
61	Addysen Platt	11	Coronado Cougars	20:23.43	53
62	Helen Ostrowski	9	Bears Track Club	20:24.79	
63	Molly Cunningham	10	Lafayette Running Club	20:26.14	54
64	Emory Richardson	11	Coyotes XC	20:30.06	55
65	Ella Gramke	9	Huskies Country	20:31.51	56
66	Sophie Al Nassif	11	Desert Lightning	20:31.77	57
67	Gretta Stevens	12	Coyotes XC	20:34.60	58
68	Katie Doyle	10	Bears Track Club	20:34.75	
69	Adalyn Walker	10	Columbine Rebels	20:36.97	
70	Kate Eichinger	11	Coyotes XC	20:38.14	59
71	Grace Denison	12	Bears Track Club	20:39.79	
72	MJ Albenberg	10	Lafayette Running Club	20:42.20	60
73	Ariela Zuluaga	9	Desert Lightning	20:44.96	61

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Place	Name	Grade	Team	Time	Points
74	Tess Morris	12	Lions XC	20:45.12	62
75	Amy Roemer	10	Coyotes XC	20:49.91	63
76	Juliet Simpich	9	Coronado Cougars	20:53.00	64
77	Cara Gauss	12	Los Alamos XC Club	20:54.23	65
78	Abigail Schmeets	11	Lions XC	20:55.59	66
79	Zuri Troyer	12	Bears Track Club	20:56.99	
80	Kelsey Turley	10	Demon Run Club	20:58.73	67
81	Alyssa Engelhardt	11	Cruisers	21:01.55	68
82	Adelai Grosser	12	Lafayette Running Club	21:02.08	
83	Leah Grossi	12	Academy XC	21:02.13	69
84	Audrey Phillips	12	Huskies Country	21:02.66	70
85	Madelyn Bujarski	11	Lions XC	21:04.38	71
86	Margaret Switzer	11	Bears Track Club	21:04.65	
87	Julia Bender	9	Huskies Country	21:06.53	72
88	Elizabeth Gerber	12	B-Town Eagles	21:09.20	73
89	Elin Ekberg	10	Lions XC	21:10.29	74
90	Isabella Armenta	10	Desert Lightning	21:12.46	75
91	Lucy Pool	9	Academy XC	21:15.81	76
92	Karsynne Murphy-Skillen	10	Dark Horse TC	21:16.14	
93	Anna Hobart	9	Academy XC	21:17.94	77
94	Brianna Heron	11	Coyotes XC	21:18.22	
95	Rhiannon Turner	11	Huskies Country	21:18.40	78
96	Finley Snyder	9	Desert Lightning	21:18.57	79
97	Brianna Sanchez	12	Huskies Country	21:22.50	
98	Lillie Dyer	12	Demon Run Club	21:22.54	80
99	Ava Hibbitts	10	Coronado Cougars	21:36.50	
100	Lily Palmer	11	Hogback XC	21:38.20	81
101	Celeste Hicken	10	MCXC	21:40.91	82
102	Delilah John	10	Chinle	21:48.11	83
103	Hayden Nutall	9	Coyotes XC	21:49.68	
104	Gemma Phillips	11	Grand County Red Devils	21:51.76	
105	Lucia Bovo	9	Littleton Distance	21:52.12	84
106	Madelynn Stockel	11	Coyotes XC	21:52.23	
107	Regina (Alex) Herrera	12	Littleton Distance	21:52.53	85
108	Hadley Fox	10	Academy XC	21:53.10	86
109	Sophie Breault	10	Desert Lightning	21:54.10	87
110	Macie Shearer	11	Bears Track Club	21:54.60	

Place	Name	Grade	Team	Time	Points
111	Kaitlyn Bia	12	Chinle	21:55.99	88
112	Novalee Canez	10	Desert Lightning	21:57.14	89
113	Audrey Parsons	11	Bears Track Club	21:59.82	
114	Ruth Clement	11	Lafayette Running Club	22:08.00	
115	Layna Wiesner	11	Huskies Country	22:08.05	
116	Mckinley Salmon	10	MVHS	22:10.59	
117	Zoe Petersen	10	Desert Hills Running Club	22:10.95	90
118	Rachel Henderson	12	Hogback XC	22:12.19	91
119	Anna Olsen	9	Desert Hills Running Club	22:13.32	92
120	Gianna Rolfe	9	Los Alamos XC Club	22:14.80	93
121	Josie Whitaker	11	MCXC	22:16.46	94
122	Emily Farnsworth	11	MCXC	22:17.86	95
123	Venice Tarinelli	9	Desert Hills Running Club	22:19.26	96
124	Elliana O'Brien	9	Desert Hills Running Club	22:19.39	97
125	Ainsley Baker	11	Littleton Distance	22:24.55	98
126	Lorrena Raiger	10	Desert Hills Running Club	22:31.03	99
127	Adi Coleman	12	Coyotes XC	22:32.52	
128	Ana Saenz	10	Los Alamos XC Club	22:32.89	100
129	Rebekah Scott	9	Los Alamos XC Club	22:35.60	101
130	Siena Taliaferro	11	Coyotes XC	22:41.82	
131	Adrien Heidlage	11	Los Alamos XC Club	22:43.65	102
132	Rowan Stupplebeen-Russell	12	Coyotes XC	22:52.97	
133	Makasia Etsitty	9	Chinle	22:55.38	103
134	Grace Evans	11	Los Alamos XC Club	22:57.85	104
135	Jozilyn Beckmann	10	Hogback XC	23:04.79	105
136	Lydia Greves	12	Coyotes XC	23:05.53	
137	Mazie Hay	11	Huskies Country	23:10.26	
138	Valeria Garnica	12	Demon Run Club	23:14.65	106
139	Zoe Zook	11	MCXC	23:15.39	107
140	Ari Tilzer	12	Coyotes XC	23:17.03	
141	Quynn Cotner	11	Hogback XC	23:17.31	108
142	Roslyn Massey	9	Bears Track Club	23:17.41	
143	Areli Palacios	12	Lady Eagles	23:22.10	
144	Nora Bigger	10	Los Alamos XC Club	23:30.62	

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Place	Name	Grade	Team	Time	Points
145	Klara Fortna	12	Littleton Distance	23:31.86	109
146	Ellen Lowe	12	Dark Horse TC	23:33.72	
147	Madalynn Lloyd-norstog	12	Cruisers	23:36.34	110
148	Maya Trujillo	9	Hogback XC	23:38.59	111
149	Sarah Nazarenes	11	Littleton Distance	23:45.21	112
150	McKenzie Martin	12	MCXC	23:45.92	113
151	Isabella Sanchez	10	Cruisers	23:46.19	114
152	Marlayna Freitas	12	Cruisers	23:53.56	115
153	Julia Abair	12	Coyotes XC	23:58.32	
154	Maia Warren	10	Los Alamos XC Club	24:04.01	
155	Aubry Campbell Perez	11	Demon Run Club	24:09.13	116
156	Nisa Begay	10	Chinle	24:12.18	117
157	Ella Chase	11	Littleton Distance	24:12.90	118
158	Lanie Shearer	9	Bears Track Club	24:15.68	
159	Genevieve (Gen) Woolley	10	Desert Hills Running Club	24:18.80	119
160	Mindzie Madsen	12	Lions XC	24:19.96	
161	Janaria Segay	9	Chinle	24:20.91	120
162	Cora Dangremond	10	Bears Track Club	24:22.06	
163	Elise Maupin	9	Los Alamos XC Club	24:23.37	
164	Korina Rivera	11	Demon Run Club	24:24.70	121
165	Emma Roskelly	12	Littleton Distance	24:32.55	
166	Nicole Devine	11	MMXC	24:43.29	122
167	Morgan Stott	9	MCXC	24:44.99	123
168	Penelope Barry-Hoffman	12	Los Alamos XC Club	24:48.82	
169	Elliott McLellan	11	Bears Track Club	24:52.57	
170	Mo Pannier	12	Littleton Distance	24:56.99	
171	Sophia Orozco	11	Cosmic Cobras	24:57.17	
172	Celia Pesiri	12	Los Alamos XC Club	25:12.04	
173	Eshyla Begay	10	Chinle	25:20.61	124
174	Lily Whittaker	9	Disco Distance (CO)	25:31.69	125
175	Celeste Sanchez	9	Cruisers	26:14.22	126
176	Halle Morgan	9	Desert Hills Running Club	26:29.45	127
177	Jordyn Martin	12	MMXC	27:45.00	128
178	Rylie Robinson	9	MMXC	28:45.00	129
179	Jillian Putnam	10	MCXC	30:03.10	

Place	Name	Grade	Team	Time	Points
DNF	Aleia Badonie	9	Chinle		