

NXR Southwest

Toka Sticks Golf Club

Race 16 - Girls Championship - 5K

11/22/2025 - 11:25am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	Lone Peak	68	Q 1:29:04	17:49	5:44	0:20	24-25-27-28-44-69-71	9-10-12-13-24-38-39
2	Liberty Bell Distance Club	114	Q 1:29:25	17:53	5:46	1:24	5-33-46-59-64-65-98	3-16-26-33-36-37-63
3	REAL Training Colorado	115	1:29:28	17:54	5:46	1:25	3-36-54-57-63-108-122	1-18-30-31-35-71-83
4	American Fork XC Club	143	1:30:26	18:06	5:50	1:08	21-23-40-77-99-132-135	7-8-21-43-64-92-95
5	Vista Nation XC	213	1:31:22	18:17	5:53	1:23	14-38-91-92-113-137-199	5-19-56-57-76-97-151
6	Boulder	218	1:31:44	18:21	5:55	1:02	26-45-82-94-112-157-181	11-25-48-59-75-113-135
7	Pikes Peak	218	1:31:36	18:20	5:54	1:15	20-39-81-101-117-142-201	6-20-47-66-79-100-153
8	Academy XC	280	1:32:36	18:32	5:58	1:03	34-76-96-109-128-183-202	17-42-61-72-88-136-154
9	TRXC	327	1:33:15	18:39	6:01	0:55	58-73-83-138-150-218-223	32-40-49-98-108-170-175
10	Highland XC	362	1:33:37	18:44	6:02	0:39	60-114-115-126-127-170-213	34-77-78-86-87-126-165
11	Trials of Miles TC	374	1:33:09	18:38	6:00	3:28	6-43-88-151-233-249	4-23-53-109-185-201
12	Fossil XC	419	1:34:01	18:49	6:04	1:33	29-110-130-153-178-192-216	14-73-90-110-132-144-168
13	Chap City Distance	426	1:34:23	18:53	6:05	0:26	95-118-129-133-146-162-196	60-80-89-93-104-118-148
14	The View	426	1:34:27	18:54	6:05	0:48	80-93-125-156-169-215-237	46-58-85-112-125-167-189
15	Riverton XC	427	1:34:18	18:52	6:05	1:11	53-106-134-149-173-205-214	29-69-94-107-128-157-166
16	Thunder Distance	460	1:35:02	19:01	6:08	1:18	79-86-143-154-200-219-250	45-51-101-111-152-171-202
17	Herriman	483	1:35:10	19:02	6:08	1:20	74-97-148-168-198-236-255	41-62-106-124-150-188-206
18	Los Alamos XC Club	494	1:35:24	19:05	6:09	1:05	90-111-120-185-194	55-74-81-138-146
19	Great Strides	505	1:35:34	19:07	6:10	1:27	78-87-166-171-208-217-235	44-52-122-127-160-169-187
20	Springville Running Club	507	1:35:33	19:07	6:10	2:08	47-50-163-207-222-254	27-28-119-159-174-205
21	Davis	584	1:36:56	19:24	6:15	2:30	32-85-206-228-229-242-247	15-50-158-180-181-194-199

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Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
22	Box Elder County Club	587	1:36:48	19:22	6:14	1:44	100-121-159-189-232-256-259	65-82-115-141-184-207-210
23	MVHS	600	1:36:40	19:20	6:14	1:32	124-144-145-174-230-243-244	84-102-103-129-182-195-196
24	Angels on Colfax	613	1:36:36	19:20	6:14	0:41	136-147-176-184-193-210	96-105-130-137-145-162
25	Timnath TC	613	1:36:48	19:22	6:14	1:05	105-160-180-188-203-241-265	68-116-134-140-155-193-216
26	Desert Hills Running Club	655	1:37:14	19:27	6:16	1:00	131-167-179-195-209-240-252	91-123-133-147-161-192-204
27	ABQ Golden Eagles	664	1:37:10	19:26	6:16	3:32	4-164-225-227-234-263-264	2-120-177-179-186-214-215
28	Cedar- UT	665	1:38:33	19:43	6:21	2:47	107-140-190-191-260	70-99-142-143-211
29	Timpanogos	673	1:37:49	19:34	6:18	1:22	103-158-204-211-221-248-251	67-114-156-163-173-200-203
30	Valhalla	678	1:37:51	19:35	6:18	1:30	89-186-197-212-220-239-257	54-139-149-164-172-191-208
31	Las Vegas Extreme	718	1:38:54	19:47	6:22	2:42	42-177-226-238-245-246-262	22-131-178-190-197-198-213
32	Patriot XC	806	1:40:32	20:07	6:29	2:09	161-165-224-231-258-261-266	117-121-176-183-209-212-217
DNF	UNA-CO		1:26:17	17:16	5:34	0:45	2-7-11-17-18-30-31	Non-Scoring
DNF	UNA-UT		1:26:08	17:14	5:33	0:52	1-9-12-13-15-19-22	Non-Scoring
DNF	UNA-NM		1:31:30	18:18	5:54	1:33	16-48-70-84-141-152-172	Non-Scoring
DNF	UNA-AZ		1:32:16	18:28	5:57	1:40	10-67-104-119-139-187	Non-Scoring
DNP	UNA-NV		1:15:27	18:52	6:05		8-72-123-253	Non-Scoring
DNP	UNA-CA		18:11	18:11	5:52		55	Non-Scoring

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Individual Results

Place	Name	Grade	Team	Time	Points
1	Lily Alder	12	UNA-UT	16:36.02	I
2	Delaney Reuter	11	UNA-CO	16:46.54	I
3	Addison (Addy) Ritzenhein	12	REAL Training Colorado	16:53.40	1 I
4	Gianna Rahmer	10	ABQ Golden Eagles	16:54.87	2 I
5	Emry Schwalm	12	Liberty Bell Distance Club	16:56.02	3 T
6	Emily Cohen	12	Trials of Miles TC	16:58.51	4 I
7	Madison Lange	9	UNA-CO	17:07.56	
8	Gioia Coudriet	10	UNA-NV	17:10.54	
9	Gentry Christiansen	11	UNA-UT	17:16.94	
10	Taylor Drewry	12	UNA-AZ	17:21.46	
11	Payton Meineke	12	UNA-CO	17:21.58	
12	Rozlyn Stowe	12	UNA-UT	17:23.22	
13	Avery Barton	11	UNA-UT	17:23.65	
14	Claire Guiberson	12	Vista Nation XC	17:23.86	5
15	Bridget Smit	10	UNA-UT	17:27.77	
16	Carmen Dorsey-Spitz	11	UNA-NM	17:28.94	
17	Kayla Broecker	9	UNA-CO	17:29.91	
18	Mckenna Groen	9	UNA-CO	17:31.17	
19	Tatum Flach	10	UNA-UT	17:32.12	
20	Vivian Jack	11	Pikes Peak	17:34.29	6
21	Skye Jensen	11	American Fork XC Club	17:34.39	7
22	Madelyn Reeder	11	UNA-UT	17:38.96	
23	Mae Glassford	9	American Fork XC Club	17:41.69	8
24	Brielle Nilsson	12	Lone Peak	17:42.06	9 T
25	Zoey Nilsson	12	Lone Peak	17:43.83	10 T
26	Calia Vaughn	10	Boulder	17:45.20	11
27	Tatum Brewer	10	Lone Peak	17:46.88	12 T
28	Maya Bybee	11	Lone Peak	17:48.34	13 T
29	Avery Breitigam	11	Fossil XC	17:48.86	14
30	Dylan Shaklee	9	UNA-CO	17:48.87	
31	Raegan McRae	11	UNA-CO	17:49.72	
32	Isabella Cram	11	Davis	17:50.76	15
33	Caroline Fender	12	Liberty Bell Distance Club	17:50.79	16 T
34	Chamorra Cooper	11	Academy XC	17:51.74	17
35	Savannah Fernandez	9	UNA-CO	17:52.99	

Place	Name	Grade	Team	Time	Points
36	Tereza Koudelka	9	REAL Training Colorado	17:55.02	18
37	Eliza Thornley	10	UNA-UT	17:57.20	
38	Addison Baker	10	Vista Nation XC	17:57.42	19
39	Ellie Askew	10	Pikes Peak	17:58.16	20
40	Cali Dooley	9	American Fork XC Club	17:58.93	21
41	Delaney Johns	12	UNA-CO	17:59.71	
42	Aislin McMahon	11	Las Vegas Extreme	18:01.74	22
43	Kylee Hu	11	Trials of Miles TC	18:01.88	23
44	Hailey Atwater	11	Lone Peak	18:01.95	24 T
45	Sophia Africa	11	Boulder	18:02.64	25
46	Scout Destefano	10	Liberty Bell Distance Club	18:03.43	26 T
47	Maya Boyer	12	Springville Running Club	18:03.55	27
48	Anna Hastings	12	UNA-NM	18:05.46	
49	Ashlynn Lainhart	12	UNA-UT	18:06.66	
50	Anna Kent	12	Springville Running Club	18:07.41	28
51	Effie Fletcher	11	UNA-CO	18:08.31	
52	Brianna McCarthy	10	UNA-CO	18:08.46	
53	Grace Swanson	12	Riverton XC	18:08.62	29
54	Elise Hagen	11	REAL Training Colorado	18:09.24	30
55	Autumn Burks	9	UNA-CA	18:10.78	
56	Sofia Ledermann	12	UNA-CO	18:11.18	
57	Scarlett Parks	11	REAL Training Colorado	18:11.88	31
58	Jetta Betts	11	TRXC	18:12.37	32
59	Lilly Brooks	12	Liberty Bell Distance Club	18:14.47	33 T
60	Audra Huempfer	12	Highland XC	18:14.88	34
61	Nora Ebel	11	UNA-CO	18:14.90	
62	Zia Fadil	9	UNA-CO	18:17.40	
63	Avalon Beltran	12	REAL Training Colorado	18:18.31	35
64	Harper Jessen	10	Liberty Bell Distance Club	18:19.63	36 T
65	McKenna Alackness	10	Liberty Bell Distance Club	18:19.69	37 T
66	Kate Adams	10	UNA-UT	18:19.82	

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Individual Results

Place	Name	Grade	Team	Time	Points
67	Isabel Villarreal	12	UNA-AZ	18:20.04	
68	Maeve Vancik	10	UNA-CO	18:20.86	
69	Anna Bybee	12	Lone Peak	18:21.12	38 T
70	Addison Julian	12	UNA-NM	18:21.24	
71	Paityn Rohatinsky	11	Lone Peak	18:21.91	39 T
72	Brooke-Lynn Miller	12	UNA-NV	18:22.27	
73	Quinn Stranahan	12	TRXC	18:22.44	40
74	Lily Clawson	11	Herriman	18:23.65	41
75	Leah Larsen	12	UNA-UT	18:24.00	
76	Jordan Banta	12	Academy XC	18:24.49	42
77	Sarah Watson	10	American Fork XC Club	18:28.73	43
78	Larsen DeCamp	9	Great Strides	18:29.04	44
79	Maya Parker	12	Thunder Distance	18:29.42	45
80	Martina Riley	11	The View	18:29.87	46
81	Joy Ahnfeldt	11	Pikes Peak	18:31.14	47
82	Anika Leovy	12	Boulder	18:31.23	48
83	Raleigh Davis	10	TRXC	18:31.33	49
84	Mariah Galbraith	10	UNA-NM	18:31.54	
85	Erin Christensen	10	Davis	18:32.72	50
86	Talia Anderson	12	Thunder Distance	18:34.20	51
87	Adelaide Kail	10	Great Strides	18:35.07	52
88	Mattie Sheehan	12	Trials of Miles TC	18:35.20	53
89	Alyssa Clayton	11	Valhalla	18:35.34	54
90	Elisabeth McNiff	9	Los Alamos XC Club	18:35.69	55
91	Sarah Maple	12	Vista Nation XC	18:36.43	56
92	Brenna Jorde	12	Vista Nation XC	18:36.94	57
93	Annika King	11	The View	18:37.18	58
94	Emery Agnew	9	Boulder	18:37.70	59
95	Swede Sabey	12	Chap City Distance	18:38.23	60
96	Lauren Myers	12	Academy XC	18:38.54	61
97	Ava Clawson	10	Herriman	18:39.90	62
98	Lauryn Miller	9	Liberty Bell Distance Club	18:40.30	63 T
99	Sophie Bahr	11	American Fork XC Club	18:41.56	64
100	Maya Lee	12	Box Elder County Club	18:41.78	65
101	Lena Larsen	10	Pikes Peak	18:43.25	66
102	Adria Favero	11	UNA-UT	18:43.41	

Place	Name	Grade	Team	Time	Points
103	Anna Bliss	11	Timpanogos	18:43.61	67
104	Audrey O'Connor	12	UNA-AZ	18:44.08	
105	Izzy Schimmelpfennig	11	Timnath TC	18:44.74	68
106	Leah Larson	12	Riverton XC	18:45.19	69
107	Macie Mitchell	10	Cedar- UT	18:45.23	70
108	Anna Prok	12	REAL Training Colorado	18:45.49	71
109	Mariah Hook	11	Academy XC	18:46.18	72
110	Maya Digiallonardo	11	Fossil XC	18:46.48	73
111	Ensley Jorgenson	11	Los Alamos XC Club	18:46.54	74
112	Rachel Tilton	12	Boulder	18:46.70	75
113	Kaylie Kast	11	Vista Nation XC	18:46.85	76
114	Katelyn Anderson	10	Highland XC	18:47.25	77
115	Ella Bonnette	10	Highland XC	18:47.60	78
116	Addyson Guymon	12	UNA-UT	18:48.21	
117	Brynlee Nygren	10	Pikes Peak	18:48.91	79
118	Kaylee Perrin	12	Chap City Distance	18:49.12	80
119	Malia Salcido	12	UNA-AZ	18:49.31	
120	Grace Montoya	11	Los Alamos XC Club	18:50.10	81
121	Macie Lee	12	Box Elder County Club	18:50.10	82
122	Kelly Wilson	11	REAL Training Colorado	18:50.96	83
123	Elynn Okuda	12	UNA-NV	18:51.30	
124	Lily Waite	12	MVHS	18:51.51	84
125	Addison Roy	10	The View	18:52.53	85
126	Natalia Morris	10	Highland XC	18:52.91	86
127	Camryn Delancey	12	Highland XC	18:53.84	87
128	Lucy Harris	10	Academy XC	18:54.26	88
129	Sky St Louis	10	Chap City Distance	18:54.30	89
130	Ellie Jensen	9	Fossil XC	18:54.57	90
131	Kylee McKinlay	12	Desert Hills Running Club	18:56.43	91
132	Rebekah Jacob	10	American Fork XC Club	18:57.42	92
133	Maylee Mojica	9	Chap City Distance	18:57.61	93
134	Ella Hodges	11	Riverton XC	18:58.02	94
135	Shay Smith	11	American Fork XC Club	18:58.48	95
136	Scout Chomas	12	Angels on Colfax	18:59.26	96
137	Carly Christians	12	Vista Nation XC	19:00.64	97

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Individual Results

Place	Name	Grade	Team	Time	Points
138	Mary Seifert	11	TRXC	19:01.07	98
139	Taylor Biggambler	12	UNA-AZ	19:01.08	
140	Eliza Johnson	10	Cedar- UT	19:01.50	99
141	Sophie Bair	12	UNA-NM	19:01.84	
142	Jana Yuschalk	11	Pikes Peak	19:01.88	100
143	Aubrey Meyers	11	Thunder Distance	19:02.05	101
144	Sophie Waite	12	MVHS	19:02.46	102
145	Ella Smith	11	MVHS	19:02.71	103
146	Abbie Parry	10	Chap City Distance	19:03.49	104
147	Julieta Ochoa	12	Angels on Colfax	19:05.22	105
148	Lindsey Gerhart	12	Herriman	19:05.51	106
149	Lyla Swain	10	Riverton XC	19:06.66	107
150	Nora Sumpter	10	TRXC	19:06.95	108
151	Emma Medlock	11	Trials of Miles TC	19:07.14	109
152	Pippa Barrett	12	UNA-NM	19:08.38	
153	Oakley Pringle	11	Fossil XC	19:08.50	110
154	Mia Taylor	12	Thunder Distance	19:08.84	111
155	Lacy Ruggiero	11	UNA-CO	19:09.07	
156	Elise Wobus	11	The View	19:09.41	112
157	Kajsa Wik	9	Boulder	19:10.17	113
158	Adelyn Hart	12	Timpanogos	19:11.88	114
159	Elizabeth Rupper	12	Box Elder County Club	19:12.71	115
160	Addison Geraets	12	Timnath TC	19:12.98	116
161	Tally Call	11	Patriot XC	19:13.51	117
162	Kapri Parry	12	Chap City Distance	19:15.11	118
163	Chloe Boyer	9	Springville Running Club	19:15.29	119
164	Sylvie Hadley	12	ABQ Golden Eagles	19:15.33	120
165	Jada O'Leary	11	Patriot XC	19:16.06	121
166	Amelia Stratton	12	Great Strides	19:16.08	122
167	Kendra Raiger	12	Desert Hills Running Club	19:16.79	123
168	Breelyssa Leeper	12	Herriman	19:17.22	124
169	Laurel Brain	12	The View	19:17.32	125
170	Lily Oplinger	10	Highland XC	19:17.42	126
171	Mya Oliva	11	Great Strides	19:18.13	127
172	Ashley Galaz	9	UNA-NM	19:18.60	
173	Amelia Poulson	9	Riverton XC	19:19.38	128
174	Hannah Francis	11	MVHS	19:20.19	129

Place	Name	Grade	Team	Time	Points
175	Austin Cook	12	UNA-CO	19:20.65	
176	Mary Clare nussbaum	12	Angels on Colfax	19:21.00	130
177	Lacy Tippetts	11	Las Vegas Extreme	19:21.12	131
178	Anya Gorely	12	Fossil XC	19:21.72	132
179	Kenzey McKinlay	10	Desert Hills Running Club	19:23.72	133
180	Louisa Stribley	11	Timnath TC	19:23.97	134
181	Lucy Friend	10	Boulder	19:25.51	135
182	Iris Barnett	11	UNA-CO	19:27.87	
183	Madeline Pool	11	Academy XC	19:28.88	136
184	Lola Carhart	11	Angels on Colfax	19:29.48	137
185	Emmeline Keller-Moore	10	Los Alamos XC Club	19:30.23	138
186	Lydia Stringfellow	11	Valhalla	19:31.48	139
187	Gwendolyn LeVander	10	UNA-AZ	19:31.72	
188	Paige Barlow	12	Timnath TC	19:36.66	140
189	Leilanne Castillo-Rivera	12	Box Elder County Club	19:37.02	141
190	Samantha Heaton	12	Cedar- UT	19:37.14	142
191	Kendee Corry	11	Cedar- UT	19:37.47	143
192	Lisette Malzahn	10	Fossil XC	19:39.23	144
193	Fiona Jeong	10	Angels on Colfax	19:40.19	145
194	Abigail Swigert	12	Los Alamos XC Club	19:40.61	146
195	Abigail (Abby) Dyer	10	Desert Hills Running Club	19:40.99	147
196	Hayden Parry	12	Chap City Distance	19:41.34	148
197	Quincy Marshall	10	Valhalla	19:42.13	149
198	McKenna Preston	11	Herriman	19:43.18	150
199	Addi Twete	12	Vista Nation XC	19:45.60	151
200	Marci Havens	12	Thunder Distance	19:47.25	152
201	Gabriella Harding	11	Pikes Peak	19:49.01	153
202	Ellie Schoenfeld	9	Academy XC	19:49.33	154
203	Annie Fowler	10	Timnath TC	19:49.55	155
204	Sophie Paulson	10	Timpanogos	19:51.76	156
205	Annika Ludwig	12	Riverton XC	19:52.81	157
206	Addison Loveland	10	Davis	19:53.97	158
207	Marianna Taylor	9	Springville Running Club	19:54.99	159
208	Josie Blackburn	10	Great Strides	19:55.17	160
209	Kate Spriggs	10	Desert Hills Running Club	19:55.59	161

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Individual Results

Place	Name	Grade	Team	Time	Points
210	Lila Brown	10	Angels on Colfax	19:56.04	162
211	Chelsea Pence	10	Timpanogos	19:56.07	163
212	Lydia Johnson	9	Valhalla	19:56.76	164
213	Laneah Kapeliela	11	Highland XC	19:57.11	165
214	Andrea Sharp	9	Riverton XC	19:58.38	166
215	Cora Watts	9	The View	19:58.54	167
216	Lillian White	9	Fossil XC	19:59.25	168
217	Mila Gomochak	10	Great Strides	20:01.02	169
218	Sophie Vigil	11	TRXC	20:02.39	170
219	Brecklyn Keogh	9	Thunder Distance	20:03.74	171
220	Cecelia Walton	12	Valhalla	20:04.43	172
221	Elsa Keith	10	Timpanogos	20:05.54	173
222	Siena Francom	12	Springville Running Club	20:11.24	174
223	Ainsley Surovik	10	TRXC	20:12.20	175
224	Brynlee Johnson	10	Patriot XC	20:15.67	176
225	Emily Rosaen	12	ABQ Golden Eagles	20:15.91	177
226	Katherine Hodges	11	Las Vegas Extreme	20:16.35	178
227	Ella Moss	11	ABQ Golden Eagles	20:16.54	179
228	Eliza Knechtel	11	Davis	20:17.48	180
229	Rachel Crummett	12	Davis	20:20.60	181
230	Jennifer Williams	11	MVHS	20:22.89	182
231	Brooklyn Haymore	9	Patriot XC	20:24.74	183
232	Brynlee Cragun	10	Box Elder County Club	20:25.78	184
233	Mia Lawhon	11	Trials of Miles TC	20:26.23	185
234	Olivia Rule	9	ABQ Golden Eagles	20:26.57	186
235	Delaney Whitney	12	Great Strides	20:27.67	187
236	Sadie Henderson	12	Herriman	20:28.05	188
237	Mackenzie Sargent	11	The View	20:28.80	189
238	Olivia Wheeler	11	Las Vegas Extreme	20:31.29	190
239	Brooklyn Brady	12	Valhalla	20:31.31	191
240	Eliana Klomp	11	Desert Hills Running Club	20:33.56	192
241	Emily Bakke	12	Timnath TC	20:35.25	193
242	Courtney Burbidge	11	Davis	20:38.71	194
243	Sienna Bucy	11	MVHS	20:40.20	195
244	Pearl Cazier	10	MVHS	20:40.90	196
245	Jaza Rahman	9	Las Vegas Extreme	20:42.90	197
246	Sophia Castaneda	10	Las Vegas Extreme	20:44.63	198

Place	Name	Grade	Team	Time	Points
247	Ella Draxler	12	Davis	20:49.01	199
248	Kimberly Wright	11	Timpanogos	20:53.71	200
249	Hannah Goldberg-Butler	10	Trials of Miles TC	20:53.91	201
250	Mia Cook	12	Thunder Distance	20:54.69	202
251	Megan Searle	10	Timpanogos	20:55.04	203
252	Cassidy Olsen	12	Desert Hills Running Club	20:59.55	204
253	Sophia Weisz	11	UNA-NV	21:02.44	
254	Angelina Love	12	Springville Running Club	21:05.19	205
255	Sydney Steadman	11	Herriman	21:05.52	206
256	Kelsey Braegger	10	Box Elder County Club	21:09.08	207
257	Eliza Hales	11	Valhalla	21:18.97	208
258	Trinley Workman	12	Patriot XC	21:21.65	209
259	Katie Agren	12	Box Elder County Club	21:23.97	210
260	Abigail Thompson	12	Cedar- UT	21:31.35	211
261	Addison Johnson	10	Patriot XC	21:34.99	212
262	Mackenzie McClain	11	Las Vegas Extreme	21:38.48	213
263	Camar Dhaouadi	12	ABQ Golden Eagles	21:41.28	214
264	Olivia Hush	9	ABQ Golden Eagles	21:53.75	215
265	Rachel Dietrich	11	Timnath TC	22:22.02	216
266	Ivy Brewer	11	Patriot XC	23:23.35	217
DNF	Alexis Daynes	10	Cedar- UT		