

Palomar League Cluster

Mt. Carmel (SD)

Race 1 - Girls JV - 3 Mile

9/13/2025 - 8:00am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Poway	39	1:43:14	20:39	6:53	1:36	1-2-10-11-15-19-47	1-2-10-11-15-19-42
2	 Del Norte	48	1:44:43	20:57	6:59	0:56	6-8-9-12-13-17-21	6-8-9-12-13-17-21
3	 Mt Carmel	71	1:46:27	21:18	7:06	2:09	3-7-16-18-27-40-42	3-7-16-18-27-38-39
4	 Rancho Bernardo	102	1:48:32	21:43	7:15	2:31	4-5-26-34-35-45-46	4-5-26-33-34-40-41
5	 Mission Hills	106	1:49:44	21:57	7:19	0:55	14-20-23-24-25-29-37	14-20-23-24-25-29-36
6	 Westview	143	1:52:01	22:25	7:29	0:43	22-28-30-31-32-36-39	22-28-30-31-32-35-37

Race 1 - Girls JV - 3 Mile

9/13/2025 - 8:00am

Individual Results

Place	Name	Grade	Team	Time	Points
1	Abigail Ko	9	Poway	19:47.0	1
2	Charlie Heiss	9	Poway	19:57.6	2
3	Quinn Cox	9	Mt Carmel	20:15.7	3
4	Amelia Krolkowski	9	Rancho Bernardo	20:15.7	4
5	Rebecca Davis	11	Rancho Bernardo	20:21.8	5
6	Katherine Law	10	Del Norte	20:25.3	6
7	Mariam Zekry	11	Mt Carmel	20:38.4	7
8	Graziela Connelly	11	Del Norte	20:49.8	8
9	Riley Chau	10	Del Norte	20:53.1	9
10	McKayla Bertsch	10	Poway	20:58.6	10
11	Amanda Zgliniec	9	Poway	21:07.9	11
12	Zoey Kim	9	Del Norte	21:12.8	12
13	Jade Schneider	10	Del Norte	21:21.1	13
14	Abiel Hailey	9	Mission Hills	21:22.0	14
15	Carys Nash	9	Poway	21:22.7	15
16	Natalie Vilimonovic	9	Mt Carmel	21:28.5	16
17	Adelina Lapastora	9	Del Norte	21:36.4	17
18	Marina Maude	10	Mt Carmel	21:38.8	18
19	Olga Trufanova	10	Poway	21:44.1	19
20	Keira Klima	12	Mission Hills	21:46.1	20
21	Sophia Kim	9	Del Norte	21:51.0	21
22	Samantha Farrell	11	Westview	21:52.6	22
23	Luna Olandes	10	Mission Hills	22:07.7	23
24	Piper Kruse	9	Mission Hills	22:10.7	24
25	Jacqueline Mejia	11	Mission Hills	22:17.0	25
26	Angelina Barron	11	Rancho Bernardo	22:23.7	26
27	Jomela Binolo	10	Mt Carmel	22:24.7	27
28	Abigail McFarland	11	Westview	22:25.2	28
29	Sofia Ramos	9	Mission Hills	22:31.9	29
30	Zoe Williams	12	Westview	22:33.0	30
31	Angelina Phu	9	Westview	22:34.2	31
32	Marianne Wang	10	Westview	22:35.6	32
33	Olivia Thomas	10	Del Norte	22:38.2	
34	Eri Lopes-Shimizu	9	Rancho Bernardo	22:44.4	33
35	Rhea Desai	9	Rancho Bernardo	22:45.8	34
36	Charlotte Long	12	Westview	22:46.2	35
37	Lauren Tedrow	10	Mission Hills	23:03.1	36
38	Allison Lai	9	Del Norte	23:04.1	
39	Brooke Schrader	9	Westview	23:07.0	37

Place	Name	Grade	Team	Time	Points
40	Ashlee Barrus	11	Mt Carmel	23:21.5	38
41	Helen Smythe	9	Del Norte	23:25.5	
42	Zara Nwosu	9	Mt Carmel	23:52.0	39
43	Sophia Park	10	Del Norte	23:53.2	
44	Liliana Beighley	11	Mission Hills	24:00.6	
45	Sarah Reidy	10	Rancho Bernardo	24:06.1	40
46	Serina Chow	11	Rancho Bernardo	24:07.0	41
47	Lucia Falucho	9	Poway	24:47.6	42
48	Lisabella Castro	9	Poway	25:07.1	
49	Mika Rey	9	Rancho Bernardo	25:08.7	
50	Anabel Matthews	9	Rancho Bernardo	25:23.6	
51	Emma Anderson	11	Rancho Bernardo	25:29.5	
52	Scarlette Ruelas	9	Del Norte	25:32.0	
53	Flora Segale	9	Del Norte	25:41.5	
54	Loralie Brady	9	Poway	25:46.2	
55	Kenna Simpson	9	Rancho Bernardo	25:58.3	
56	Brianna Taylor	9	Rancho Bernardo	26:04.5	
57	Zarai Serrano	9	Rancho Bernardo	26:36.7	
58	Madielyn Fuentes	10	Rancho Bernardo	26:50.9	
59	Eva Peng	11	Mt Carmel	27:25.9	
60	Meredith Wirtz	9	Del Norte	27:42.7	
61	Karina Santrosyan	11	Westview	29:21.6	
62	Sophia Nichols	9	Poway	30:34.1	
63	Abigail Damiano	9	Rancho Bernardo	31:11.7	