

Great Cow Run

John Glenn

Race 7 - Girls Junior Varsity - 3 Mile

8/30/2025 - 10:15am

Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Crescenta Valley	40	1:51:40	22:20	7:27	2:07	2-3-9-14-19-21-28	1-2-8-12-17-19-25
2	 Warren	59	1:54:28	22:54	7:38	1:20	5-10-11-17-23-25-36	4-9-10-15-21-23-32
3	 Los Alamitos	79	1:56:21	23:17	7:46	1:54	8-12-18-20-30-33-34	7-11-16-18-27-29-30
4	 West Torrance	82	1:58:00	23:36	7:52	3:17	4-7-22-24-35-54-77	3-6-20-22-31-40-46
5	 Katella	117	2:02:56	24:36	8:12	4:15	6-16-29-46-49	5-14-26-35-37
6	 Pacifica (Garden Grove)	140	2:06:02	25:13	8:25	3:31	15-27-41-44-48-52-65	13-24-33-34-36-38-42
7	 Whitney	195	2:19:21	27:53	9:18	5:16	31-53-62-69-71-74-80	28-39-41-43-44-45-47
DNP	 South Hills		1:43:40	25:55	8:39		26-32-38-67	4 Runners
DNP	 Paramount		1:48:33	27:09	9:03		43-45-55-63	4 Runners
DNP	 Bellflower		2:07:12	31:48	10:36		60-64-78-81	4 Runners
DNP	 Mayfair		1:20:36	26:52	8:58		40-51-56	3 Runners
DNP	 Cerritos		1:29:47	29:56	9:59		39-76-79	3 Runners
DNP	 Peninsula		43:23	21:42	7:14		1-13	2 Runners
DNP	 Bell Gardens		54:24	27:12	9:04		50-59	2 Runners
DNP	 Aquinas		27:35	27:35	9:12		58	1 Runner
DNP	 Tustin		38:27	38:27	12:49		82	1 Runner

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8/30/2025 - 10:15am

Individual Results - Overall

Place	Name	Grade	Team	Time	Points
1	Ella Morris	10	Peninsula	20:31.7	
2	Ashley Smith	11	Crescenta Valley	21:20.1	1
3	Celine Yang	11	Crescenta Valley	21:21.7	2
4	Emma Kawada	10	West Torrance	22:17.2	3
5	Victoria Hernandez	11	Warren	22:27.8	4
6	Alysson Ambriz	11	Katella	22:28.2	5
7	Larissa Fernandez	10	West Torrance	22:28.4	6
8	Remy Hoang	10	Los Alamitos	22:29.0	7
9	Kelly DeGeorge	11	Crescenta Valley	22:30.4	8
10	Elizabeth Gonzalez	11	Warren	22:31.6	9
11	Jayleen Bravo	11	Warren	22:32.1	10
12	Phoebe Grimshaw	12	Los Alamitos	22:43.8	11
13	Isabella Brand	10	Peninsula	22:50.8	
14	Catherine Chiu	11	Crescenta Valley	23:00.5	12
15	Scarlett Clausen	11	Pacifica (Garden Grove)	23:00.9	13
16	Jennifer Jimenez	12	Katella	23:07.3	14
17	Abygail Rodriguez	12	Warren	23:08.6	15
18	Campbell Stevens	11	Los Alamitos	23:12.4	16
19	Keya Patel	11	Crescenta Valley	23:27.0	17
20	Riley Kuhlendahl	11	Los Alamitos	23:33.4	18
21	Marlise Fenton	11	Crescenta Valley	23:47.5	19
22	Mia Morales	11	West Torrance	23:47.5	20
23	Isabella Leon	12	Warren	23:47.8	21
24	Raylene Ibarra	12	West Torrance	23:52.5	22
25	Sophia Nunez	11	Warren	23:53.7	23
26	Finley Solari	12	South Hills	24:04.6	
27	Eliana Yonas	11	Pacifica (Garden Grove)	24:05.6	24
28	Sathvi Reddy	11	Crescenta Valley	24:10.7	25
29	Paloma Urieta	10	Katella	24:12.6	26
30	Bella Castellon	11	Los Alamitos	24:22.1	27
31	Ella Nelson	11	Whitney	24:27.9	28
32	Halle Cudiamat	12	South Hills	24:28.4	
33	Chloe Trujillo	11	Los Alamitos	24:31.0	29
34	Sam Maier	12	Los Alamitos	24:38.6	30
35	Katarina Paplauskaya	11	West Torrance	25:34.1	31
36	Delaney Arrazola	12	Warren	25:38.9	32
37	Natalia Gutierrez-Garcia	11	Warren	25:42.1	

Place	Name	Grade	Team	Time	Points
38	Alexa Rivera	12	South Hills	26:02.9	
39	Adaleida Colin	9	Cerritos	26:03.8	
40	Aline Dominguez	11	Mayfair	26:06.8	
41	Lilly Haytack	11	Pacifica (Garden Grove)	26:06.9	33
42	Elena Castillo Flores	11	Warren	26:10.6	
43	Samantha Hernandez	11	Paramount	26:16.3	
44	Carolyn Kang	11	Pacifica (Garden Grove)	26:16.6	34
45	Ana Bartol	12	Paramount	26:24.1	
46	Fernanda Castaneda-Pena	11	Katella	26:24.3	35
47	Ariel Madrigal	12	Warren	26:31.0	
48	Baylee Pulka	12	Pacifica (Garden Grove)	26:31.1	36
49	Linette Delgado	9	Katella	26:42.8	37
50	Valeria Martinez	10	Bell Gardens	26:44.0	
51	Dahlia Gonzalez	12	Mayfair	27:03.1	
52	Alexis Moncur	10	Pacifica (Garden Grove)	27:09.7	38
53	Trisha Lapidario	11	Whitney	27:09.8	39
54	Lexie Shimmura	11	West Torrance	27:18.5	40
55	Natalie Angulo	11	Paramount	27:22.0	
56	Jisselle Preciado	12	Mayfair	27:26.0	
57	Sarah-Rose Valencia	11	Crescenta Valley	27:32.8	
58	Natalia Maldonado	9	Aquinas	27:35.0	
59	Alyssa Arteaga	12	Bell Gardens	27:39.7	
60	Janet Martinez	12	Bellflower	27:53.0	
61	Atianna Guardado	11	Warren	28:16.5	
62	Mohana Sai	11	Whitney	28:25.6	41
63	Zoey Morales	11	Paramount	28:29.8	
64	Marisol Garcia	12	Bellflower	28:33.2	
65	Samantha Spencer	10	Pacifica (Garden Grove)	28:36.1	42
66	Isabella Martinez	11	Warren	28:37.1	
67	Nathalia Aguirre	12	South Hills	29:03.5	
68	Kendall Cox	10	Pacifica (Garden Grove)	29:15.8	
69	Chandni Chhabra	11	Whitney	29:33.8	43
70	Sophia Ramirez	10	Pacifica (Garden Grove)	29:41.6	

Race 7 - Girls Junior Varsity - 3 Mile

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Individual Results - Overall

Place	Name	Grade	Team	Time	Points
71	Kurumi Takahashi	11	Whitney	29:43.9	44
72	Victoria Canto	11	Warren	29:57.8	
73	Cate Guardino	11	Pacifica (Garden Grove)	29:59.8	
74	Shivani Patel	11	Whitney	30:46.7	45
75	Alissa Morales	12	Warren	30:54.0	
76	Niya Licudine-Manaig	12	Cerritos	30:57.4	
77	Maya Baddour	12	West Torrance	32:26.3	46
78	Sarahi Cristal	10	Bellflower	32:27.5	
79	Christina Zawaideh	11	Cerritos	32:45.3	
80	Charlotte Kim	11	Whitney	33:28.3	47
81	Darlyne Melquiades	12	Bellflower	38:17.7	
82	Annaleea Kalmanson	11	Tustin	38:26.7	

Race 7 - Girls Junior Varsity - 3 Mile

8/30/2025 - 10:15am

Team Results - Large - JV

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Crescenta Valley	30	1:51:40	22:20	7:27	2:07	2-3-6-11-15-17-20	1-2-5-9-13-15-18
2	 Warren	43	1:54:28	22:54	7:38	1:20	4-7-8-13-18-19-25	3-6-7-11-16-17-23
3	 Los Alamitos	75	1:58:23	23:41	7:54	1:48	9-14-16-22-23-24	8-12-14-20-21-22
4	 Katella	82	2:02:56	24:36	8:12	4:15	5-12-21-30-32	4-10-19-24-25
DNP	 Paramount		1:48:33	27:09	9:03		28-29-34-38	4 Runners
DNP	 Peninsula		43:23	21:42	7:14		1-10	2 Runners
DNP	 Bell Gardens		54:24	27:12	9:04		33-36	2 Runners

Race 7 - Girls Junior Varsity - 3 Mile

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Individual Results - Large - JV

Place	Name	Grade	Team	Time	Points
1 (1)	Ella Morris	10	Peninsula	20:31.7	
2 (2)	Ashley Smith	11	Crescenta Valley	21:20.1	1
3 (3)	Celine Yang	11	Crescenta Valley	21:21.7	2
4 (5)	Victoria Hernandez	11	Warren	22:27.8	3
5 (6)	Alysson Ambriz	11	Katella	22:28.2	4
6 (9)	Kelly DeGeorge	11	Crescenta Valley	22:30.4	5
7 (10)	Elizabeth Gonzalez	11	Warren	22:31.6	6
8 (11)	Jayleen Bravo	11	Warren	22:32.1	7
9 (12)	Phoebe Grimshaw	12	Los Alamitos	22:43.8	8
10 (13)	Isabella Brand	10	Peninsula	22:50.8	
11 (14)	Catherine Chiu	11	Crescenta Valley	23:00.5	9
12 (16)	Jennifer Jimenez	12	Katella	23:07.3	10
13 (17)	Abygail Rodriguez	12	Warren	23:08.6	11
14 (18)	Campbell Stevens	11	Los Alamitos	23:12.4	12
15 (19)	Keya Patel	11	Crescenta Valley	23:27.0	13
16 (20)	Riley Kuhlendahl	11	Los Alamitos	23:33.4	14
17 (21)	Marlise Fenton	11	Crescenta Valley	23:47.5	15
18 (23)	Isabella Leon	12	Warren	23:47.8	16
19 (25)	Sophia Nunez	11	Warren	23:53.7	17
20 (28)	Sathvi Reddy	11	Crescenta Valley	24:10.7	18
21 (29)	Paloma Urieta	10	Katella	24:12.6	19
22 (30)	Bella Castellon	11	Los Alamitos	24:22.1	20

Place	Name	Grade	Team	Time	Points
23 (33)	Chloe Trujillo	11	Los Alamitos	24:31.0	21
24 (34)	Sam Maier	12	Los Alamitos	24:38.6	22
25 (36)	Delaney Arrazola	12	Warren	25:38.9	23
26 (37)	Natalia Gutierrez-Garcia	11	Warren	25:42.1	
27 (42)	Elena Castillo Flores	11	Warren	26:10.6	
28 (43)	Samantha Hernandez	11	Paramount	26:16.3	
29 (45)	Ana Bartol	12	Paramount	26:24.1	
30 (46)	Fernanda Castaneda-Pena	11	Katella	26:24.3	24
31 (47)	Ariel Madrigal	12	Warren	26:31.0	
32 (49)	Linette Delgado	9	Katella	26:42.8	25
33 (50)	Valeria Martinez	10	Bell Gardens	26:44.0	
34 (55)	Natalie Angulo	11	Paramount	27:22.0	
35 (57)	Sarah-Rose Valencia	11	Crescenta Valley	27:32.8	
36 (59)	Alyssa Arteaga	12	Bell Gardens	27:39.7	
37 (61)	Atianna Guardado	11	Warren	28:16.5	
38 (63)	Zoey Morales	11	Paramount	28:29.8	
39 (66)	Isabella Martinez	11	Warren	28:37.1	
40 (72)	Victoria Canto	11	Warren	29:57.8	
41 (75)	Alissa Morales	12	Warren	30:54.0	

Race 7 - Girls Junior Varsity - 3 Mile

8/30/2025 - 10:15am

Team Results - Large - Sophomore

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
DNP	 Los Alamitos		22:29	22:29	7:30		1	1 Runner

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Individual Results - Large - Sophomore

Place	Name	Grade	Team	Time	Points
1 (8)	Remy Hoang	10	Los Alamitos	22:29.0	

Race 7 - Girls Junior Varsity - 3 Mile

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Team Results - Small - Freshman

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
DNP	 Cerritos		26:04	26:04	8:42		1	1 Runner

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Individual Results - Small - Freshman

Place	Name	Grade	Team	Time	Points
1 (39)	Adaleida Colin	9	Cerritos	26:03.8	

Race 7 - Girls Junior Varsity - 3 Mile

8/30/2025 - 10:15am

Team Results - Small - JV

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 West Torrance	20	1:58:00	23:36	7:52	3:17	1-2-4-5-10-18-30	1-2-4-5-8-13-19
2	 Pacifica (Garden Grove)	39	2:06:02	25:13	8:25	3:31	3-7-13-14-15-27	3-6-9-10-11-17
3	 Whitney	64	2:19:21	27:53	9:18	5:16	8-17-22-25-26-28-33	7-12-14-15-16-18-20
DNP	 South Hills		1:43:40	25:55	8:39		6-9-11-24	4 Runners
DNP	 Bellflower		2:07:12	31:48	10:36		21-23-31-34	4 Runners
DNP	 Mayfair		1:20:36	26:52	8:58		12-16-19	3 Runners
DNP	 Cerritos		1:03:43	31:52	10:38		29-32	2 Runners
DNP	 Aquinas		27:35	27:35	9:12		20	1 Runner
DNP	 Tustin		38:27	38:27	12:49		35	1 Runner

Race 7 - Girls Junior Varsity - 3 Mile

8/30/2025 - 10:15am

Individual Results - Small - JV

Place	Name	Grade	Team	Time	Points
1 (4)	Emma Kawada	10	West Torrance	22:17.2	1
2 (7)	Larissa Fernandez	10	West Torrance	22:28.4	2
3 (15)	Scarlett Clausen	11	Pacifica (Garden Grove)	23:00.9	3
4 (22)	Mia Morales	11	West Torrance	23:47.5	4
5 (24)	Raylene Ibarra	12	West Torrance	23:52.5	5
6 (26)	Finley Solari	12	South Hills	24:04.6	
7 (27)	Eliana Yonas	11	Pacifica (Garden Grove)	24:05.6	6
8 (31)	Ella Nelson	11	Whitney	24:27.9	7
9 (32)	Halle Cudiamat	12	South Hills	24:28.4	
10 (35)	Katarina Paplauskaya	11	West Torrance	25:34.1	8
11 (38)	Alexa Rivera	12	South Hills	26:02.9	
12 (40)	Aline Dominguez	11	Mayfair	26:06.8	
13 (41)	Lilly Haytack	11	Pacifica (Garden Grove)	26:06.9	9
14 (44)	Carolyn Kang	11	Pacifica (Garden Grove)	26:16.6	10
15 (48)	Baylee Pulka	12	Pacifica (Garden Grove)	26:31.1	11
16 (51)	Dahlia Gonzalez	12	Mayfair	27:03.1	
17 (53)	Trisha Lapidario	11	Whitney	27:09.8	12
18 (54)	Lexie Shimmura	11	West Torrance	27:18.5	13
19 (56)	Jisselle Preciado	12	Mayfair	27:26.0	
20 (58)	Natalia Maldonado	9	Aquinas	27:35.0	
21 (60)	Janet Martinez	12	Bellflower	27:53.0	
22 (62)	Mohana Sai	11	Whitney	28:25.6	14

Place	Name	Grade	Team	Time	Points
23 (64)	Marisol Garcia	12	Bellflower	28:33.2	
24 (67)	Nathalia Aguirre	12	South Hills	29:03.5	
25 (69)	Chandni Chhabra	11	Whitney	29:33.8	15
26 (71)	Kurumi Takahashi	11	Whitney	29:43.9	16
27 (73)	Cate Guardino	11	Pacifica (Garden Grove)	29:59.8	17
28 (74)	Shivani Patel	11	Whitney	30:46.7	18
29 (76)	Niya Licudine-Manaig	12	Cerritos	30:57.4	
30 (77)	Maya Baddour	12	West Torrance	32:26.3	19
31 (78)	Sarahi Cristal	10	Bellflower	32:27.5	
32 (79)	Christina Zawaideh	11	Cerritos	32:45.3	
33 (80)	Charlotte Kim	11	Whitney	33:28.3	20
34 (81)	Darlyne Melquiades	12	Bellflower	38:17.7	
35 (82)	Annaleea Kalmanson	11	Tustin	38:26.7	

Race 7 - Girls Junior Varsity - 3 Mile

8/30/2025 - 10:15am

Team Results - Small - Sophomore

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
DNP	 Pacifica (Garden Grove)		1:54:44	28:41	9:34		1-2-3-4	4 Runners

Race 7 - Girls Junior Varsity - 3 Mile

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Individual Results - Small - Sophomore

Place	Name	Grade	Team	Time	Points
1 (52)	Alexis Moncur	10	Pacifica (Garden Grove)	27:09.7	
2 (65)	Samantha Spencer	10	Pacifica (Garden Grove)	28:36.1	
3 (68)	Kendall Cox	10	Pacifica (Garden Grove)	29:15.8	
4 (70)	Sophia Ramirez	10	Pacifica (Garden Grove)	29:41.6	