



Great Park 6,000m Course

Course Description

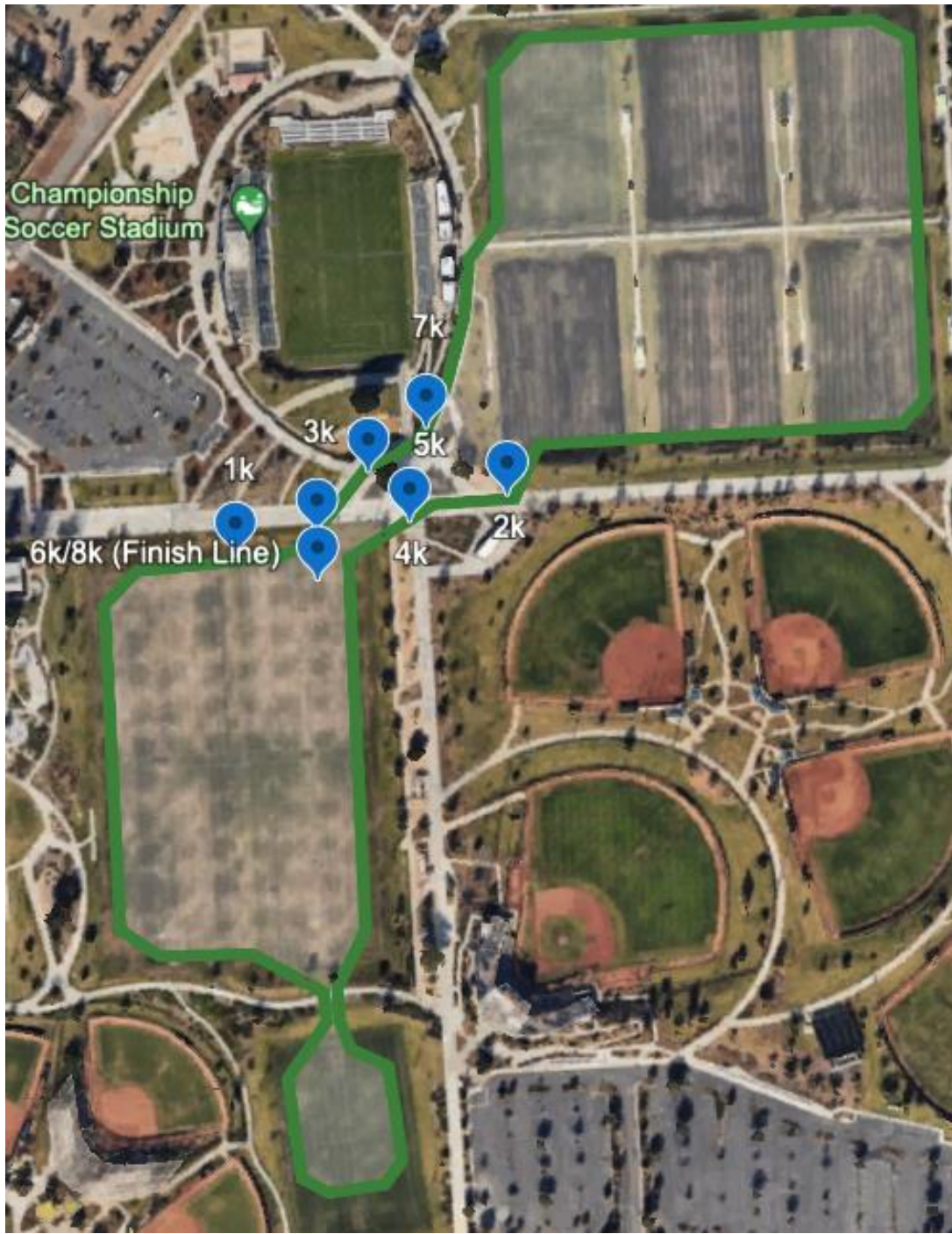
The 6K Course will run ~3 loops of the “figure-8” course at the Great Park. The course begins on field number 22 and wraps around the outer edge of the soccer fields (Fields 19-24). This section of the course is grass with minor concrete crossings between fields. There are four left hand turns. After navigating the perimeter, the athletes will cross-over to the second set of grass fields. This section will provide ample viewing opportunities for spectators and fans. It will also have a split-mat. As the athletes make the cross-over they will stay to the right running on the edge of fields 14 and 16 on their way to field 18. Once on field 18 the athletes will make their way back across fields 17 and 15. This is where the second cross-over will happen as the athletes head back towards the start line and begin their second loop. The finish will happen on field 15 at the end of their third loop.

Course Markers

- Start line will be on field 22 and be ~200m straight line start before the first corner
- 1K: Crossing the end line as you enter onto field 15,
- 2k: Just before the beginning of the second loop,
- 3k: Occurs right as you enter field 15,
- 4k: during the second cross over heading north,
- 5k: Near the south end of the soccer stadium gates on the concrete.
- 6k: Near the end of field 15



Great Park 6,000m Course Map





Great Park 8,000m Course

Course Description

The 8km Course will run ~4 loops of the “figure-8” course at the Great Park. The course begins on field number 22 and wraps around the outer edge of the soccer fields (Fields 19-24). This section of the course is grass with minor concrete crossings between fields. Between fields there are minor elevation changes. There are four left hand turns. After navigating the perimeter, the athletes will cross-over to the second set of grass fields. This crossover will be slightly downhill and on concrete. This section will provide ample viewing opportunities for spectators and fans. It will also have a split-mat. As the athletes make the cross-over they will stay to the right running on the edge of fields 14 and 16 on their way to field 18. Once on field 18 the athletes will make their way back across fields 17 and 15. This is where the second cross-over will happen as the athletes head back towards the start line and begin their second loop. The finish will happen on field 15 at the end of their fourth loop.

Course Markers

Start line will be on field 22 and be ~200m straight line start before the first corner

1K: Crossing the end line as you enter onto field 15,

2k: Just before the beginning of the second loop,

3k: Occurs right as you enter field 15,

4k: during the second cross over heading north,

5k: Near the south end of the soccer stadium gates on the concrete.

6k: Near the end of field 15,

7k: at the end of the downhill concrete section prior to the right hand turn,

8k: At the end of field 15



Great Park 8,000m Course

