



**(Hosted by Chaffey College and San Bernardino Valley College)**

**Friday, November 8<sup>th</sup>, 2024**

- Where: Chaffey College, Grigsby Field  
5885 Haven Avenue, Rancho Cucamonga, CA 91737
- Race Times: 10:00am – Women’s 5K, 11:00am – Men’s 4 miles
- Entries: Entries must be entered through [directathletics.com](https://directathletics.com)  
\*It is important that qualifying teams with 5-7 runners participate and finish the race. All entries are due by Tuesday 11/05/2024 at 12:00pm.  
*All entries received after this entry deadline will be considered late. LATE FEE of \$300.00 will be assessed for any late fee received up to 48 hours before the first event's scheduled start time.*
- Entry Fee: \$200.00 per team. Men and Women teams are separate (\$400.00 both teams). There is no reduced fee for individuals or incomplete teams. **All payments** due at Hometown Ticketing prior to the event. No exceptions.  
[Click to pay](#)
- Parking Fee: \$10.00 for all vehicles including teams and/or spectators.  
**All payments** due at Hometown Ticketing prior to the event (see above link).
- Course: The course is well marked. Course Maps will be included in the team packet and available on the 3C2A Website. It is the Athletes’ responsibility to know the course.
- Awards: Awards for the Top 14 Individuals and the Top 3 Teams.
- Athletic Trainers: Will be located near the finish line. Please provide your own pre-wrap/tape.

- Race #'s: Each athlete will have a race BIB w/chip to be worn on the front of the jersey. Safety pins will be provided.
- Finish Chute: Make sure your athletes are aware that they must stay in the finish chute and exit at the end of the chute. Early exit may result in disqualification.
- Results: Team scores and individual results will be posted as soon as possible. One Printed copy of the results will be available for each Head Coach. Timing by Finished Results.
- Questions: Rob Lander (626) 372-4871 [robert.lander@chaffey.edu](mailto:robert.lander@chaffey.edu)  
Jim Ratigan (909) 241-1967 [threerats97@gmail.com](mailto:threerats97@gmail.com)

## Technical Information

- Protests: Protests relating to matters that develop during the conduct of the meet shall be made at once and no later than 30 minutes after the final results have been officially posted. Such protests shall be directed in writing to the meet referee. Protest forms included in the team packet.
- Qualifying: From the Northern California and Southern California Regional Championship meets, a combined total of twenty-four (24) men's teams and twenty-four (24) women's teams will be permitted to advance into the CCCAA State Championship.

**16 Teams** from the South and **8 teams** from the North will make up the 24 teams.

From the Northern California and Southern California Regional Championship meets, thirty (30) men's individual qualifiers and thirty (30) women's individual qualifiers will advance to the CCCAA State Championship. Individual qualifiers are not members of a State Championship qualifying team and will advance based on their finishing place at their respective Regional Championship meets. Individual qualifiers may only advance into the State Championship so long as they finish within the top 50-percent of all finishers within their Regional Championship.