

Great Cow Run

John Glenn

Race 7 - Girls Sophomores - 3 Mile

8/31/2024 - 10:30am

Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Los Alamitos (SS)	53	1:53:10	22:38	7:33	0:31	6-10-12-13-15-19-22	6-10-11-12-14-15-17
2	 Burroughs Burbank (SS)	55	1:50:42	22:09	7:23	4:54	1-2-5-27-45-46-94	1-2-5-19-28-29-55
3	 Fullerton Union (SS)	90	1:59:00	23:48	7:56	4:56	7-8-21-31-66-99	7-8-16-22-37-57
4	 Marymount (SS)	122	2:02:20	24:28	8:10	2:57	14-37-39-40-52-70-86	13-25-26-27-31-41-51
5	 Torrance (SS)	148	2:07:42	25:33	8:31	8:16	4-34-36-78-83-101	4-23-24-47-50-58
6	 Glendora (SS)	153	2:11:06	26:14	8:45	9:06	9-25-53-67-95	9-18-32-38-56
7	 Whitney (Gretchen) (SS)	165	2:10:44	26:09	8:43	7:21	3-63-68-73-75-88	3-36-39-43-44-53
8	 Palm Desert (SS)	186	2:15:06	27:02	9:01	7:07	28-50-69-71-93	20-30-40-42-54
9	 West Torrance (SS)	197	2:20:49	28:10	9:24	10:32	29-57-62-81-103	21-33-35-49-59
10	 Notre Dame Academy (SS)	225	2:23:14	28:39	9:33	3:19	59-76-77-80-87	34-45-46-48-52
DNP	 Culver City (SS)		1:36:52	24:13	8:05		18-20-47-49	4 Runners
DNP	 Santa Fe (SS)		1:39:03	24:46	8:16		16-30-48-61	4 Runners
DNP	 Norte Vista (SS)		1:51:58	28:00	9:20		43-44-90-98	4 Runners
DNP	 Cerritos (SS)		2:00:35	30:09	10:03		72-91-92-97	4 Runners
DNP	 Bellflower (SS)		1:12:34	24:12	8:04		17-32-51	3 Runners
DNP	 Norwalk (SS)		1:15:23	25:08	8:23		33-38-58	3 Runners
DNP	 Sacred Heart of Jesus (SS)		1:21:22	27:08	9:03		42-74-79	3 Runners
DNP	 Fountain Valley (SS)		1:24:25	28:09	9:23		26-64-102	3 Runners

Race 7 - Girls Sophomores - 3 Mile

8/31/2024 - 10:30am

Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
DNP	 Holy Innocents Academy HS		1:26:19	28:47	9:36		56-82-89	3 Runners
DNP	 Paramount (SS)		52:09	26:05	8:42		11-85	2 Runners
DNP	 Downey (SS)		52:54	26:27	8:49		23-84	2 Runners
DNP	 Rosary Academy (SS)		58:04	29:02	9:41		54-96	2 Runners

Race 7 - Girls Sophomores - 3 Mile

8/31/2024 - 10:30am

Individual Results - Overall

Place	Name	Grade	Team	Time	Points
1	Nightingale Kirwan	10	Burroughs Burbank (SS)	20:13.2	1
2	Sutton Tappon-Mahoney	10	Burroughs Burbank (SS)	20:13.4	2
3	Katherine Low	10	Whitney (Gretchen) (SS)	20:35.1	3
4	Layla Burnett	10	Torrance (SS)	21:00.9	4
5	Emmanuelle Laurente	10	Burroughs Burbank (SS)	21:31.3	5
6	Bella Castellon	10	Los Alamitos (SS)	22:20.1	6
7	Hazel Kirby	10	Fullerton Union (SS)	22:20.5	7
8	Jana Saade	10	Fullerton Union (SS)	22:20.8	8
9	Avery Houston	10	Glendora (SS)	22:22.5	9
10	Remy Hoang`	10	Los Alamitos (SS)	22:28.0	10
11	Camyille AlvarezRodriguez	10	Paramount (SS)	22:28.5	
12	Riley Kuhlendahl	10	Los Alamitos (SS)	22:43.6	11
13	Emma Jimenez	10	Los Alamitos (SS)	22:47.9	12
14	Sofia Chausovsky	10	Marymount (SS)	22:48.3	13
15	Lauren Criscione	10	Los Alamitos (SS)	22:50.4	14
16	Hennesy Limas	10	Santa Fe (SS)	22:53.6	
17	Sareya Semaan	10	Bellflower (SS)	22:54.8	
18	Nina Faeh	10	Culver City (SS)	22:55.2	
19	Teagan Burnside	10	Los Alamitos (SS)	22:56.3	15
20	Ella Judson	10	Culver City (SS)	23:00.8	
21	Lilyanna Hoffman	10	Fullerton Union (SS)	23:08.7	16
22	Campbell Stevens	10	Los Alamitos (SS)	23:13.7	17
23	Adela Rodriguez	10	Downey (SS)	23:17.8	
24	Audrey Delgadillo	10	Los Alamitos (SS)	23:22.9	
25	Avery Theil	10	Glendora (SS)	23:28.3	18
26	Frances Do	10	Fountain Valley (SS)	23:35.2	
27	Gemma Olivo	10	Burroughs Burbank (SS)	23:37.3	19
28	Jolie Moreno	10	Palm Desert (SS)	23:39.6	20
29	Avery Stewart	10	West Torrance (SS)	23:42.8	21
30	Bella Flores	10	Santa Fe (SS)	23:43.9	
31	Sophia Gallardo	10	Fullerton Union (SS)	23:53.8	22
32	Adela Morales	10	Bellflower (SS)	23:56.7	
33	Stephanie Garcia	10	Norwalk (SS)	23:57.7	
34	Katarina Roa	10	Torrance (SS)	24:03.6	23
35	Hailey Mellott	10	Los Alamitos (SS)	24:14.3	

Place	Name	Grade	Team	Time	Points
36	Riley Dinco	10	Torrance (SS)	24:26.6	24
37	Natalie Redd	10	Marymount (SS)	24:31.2	25
38	Valentina Anaya	10	Norwalk (SS)	24:34.2	
39	Leila Jacobs	10	Marymount (SS)	24:37.1	26
40	Sophie Gulde	10	Marymount (SS)	24:38.3	27
41	Chloe Trujillo	10	Los Alamitos (SS)	24:40.4	
42	Zoe Olmos	10	Sacred Heart of Jesus (SS)	24:41.3	
43	Natalene Ocampo	10	Norte Vista (SS)	24:42.7	
44	Eileen Davila	10	Norte Vista (SS)	24:49.9	
45	Sadie Gallagher	10	Burroughs Burbank (SS)	25:06.4	28
46	Ciara Vasquez Amado	10	Burroughs Burbank (SS)	25:07.1	29
47	Alexis Culver	10	Culver City (SS)	25:25.0	
48	Ashley Calderon Rodriguez	10	Santa Fe (SS)	25:28.1	
49	Carmen Piro	10	Culver City (SS)	25:30.6	
50	Vania Otiura	10	Palm Desert (SS)	25:34.6	30
51	Ruby Gonzalez	10	Bellflower (SS)	25:41.8	
52	Allison Knapp	10	Marymount (SS)	25:44.4	31
53	Emma Madvig	10	Glendora (SS)	26:23.9	32
54	Julissa Gallegos	10	Rosary Academy (SS)	26:29.1	
55	Zahira Harding	10	Los Alamitos (SS)	26:29.1	
56	Tessie Marasigan	10	Holy Innocents Academy HS	26:34.3	
57	Katarina Paplauskaya	10	West Torrance (SS)	26:37.7	33
58	Hazel Lizarraga	10	Norwalk (SS)	26:50.2	
59	Kate Fuerte	10	Notre Dame Academy (SS)	26:54.8	34
60	Natalie Han	10	Los Alamitos (SS)	26:57.1	
61	Angelina De La Cruz	10	Santa Fe (SS)	26:57.2	
62	Lexie Shimmura	10	West Torrance (SS)	27:00.6	35
63	Ella Nelson	10	Whitney (Gretchen) (SS)	27:06.7	36
64	Erin Do	10	Fountain Valley (SS)	27:11.4	
65	Keely Cardenas	10	Los Alamitos (SS)	27:11.4	
66	Samantha Scopis	10	Fullerton Union (SS)	27:15.7	37
67	Anya Dellinger	10	Glendora (SS)	27:23.1	38

Race 7 - Girls Sophomores - 3 Mile

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Individual Results - Overall

Place	Name	Grade	Team	Time	Points
68	Kurumi Takahashi	10	Whitney (Gretchen) (SS)	27:26.0	39
69	Alexis Vorster	10	Palm Desert (SS)	27:29.7	40
70	Sunny Farnham	10	Marymount (SS)	27:35.3	41
71	Emory James	10	Palm Desert (SS)	27:35.6	42
72	Maye Zarate	10	Cerritos (SS)	27:38.2	
73	Shivani Patel	10	Whitney (Gretchen) (SS)	27:39.6	43
74	Gaby Soto	10	Sacred Heart of Jesus (SS)	27:41.4	
75	Charlotte Kim	10	Whitney (Gretchen) (SS)	27:56.1	44
76	Blaise Ferraro	11	Notre Dame Academy (SS)	28:09.3	45
77	Nicolette Vasquez	10	Notre Dame Academy (SS)	28:47.4	46
78	Hayden Giamberdino	10	Torrance (SS)	28:54.3	47
79	Princess Flores	10	Sacred Heart of Jesus (SS)	28:59.1	
80	Alexis Perez	10	Notre Dame Academy (SS)	29:08.0	48
81	Isabella De Araujo	10	West Torrance (SS)	29:13.4	49
82	Chau Vanderlaske	10	Holy Innocents Academy HS	29:13.8	
83	Riley Lampshire	10	Torrance (SS)	29:16.3	50
84	Paola Puga	10	Downey (SS)	29:35.5	
85	Samantha Hernandez	10	Paramount (SS)	29:40.4	
86	Keira Siefert	10	Marymount (SS)	30:10.2	51
87	Sofia Salgado	10	Notre Dame Academy (SS)	30:13.7	52
88	Chandni Chhabra	10	Whitney (Gretchen) (SS)	30:25.7	53
89	Catherine Cruz	10	Holy Innocents Academy HS	30:30.6	
90	Paiton Felix	10	Norte Vista (SS)	30:38.3	
91	Helen Samaan	10	Cerritos (SS)	30:40.3	
92	Anushka Zumale	10	Cerritos (SS)	30:41.2	
93	Kaile Moreno	10	Palm Desert (SS)	30:45.9	54
94	Gracie Castro	11	Burroughs Burbank (SS)	30:52.6	55
95	Jan Custodio	10	Glendora (SS)	31:27.6	56
96	Sophia Segura	10	Rosary Academy (SS)	31:34.4	

Place	Name	Grade	Team	Time	Points
97	Christina Zawajdeh	10	Cerritos (SS)	31:34.7	
98	Maya Norman	10	Norte Vista (SS)	31:46.4	
99	Riley Ridge-Clark	10	Fullerton Union (SS)	31:51.2	57
100	Brooklyn Sheilds	10	Marymount (SS)	31:55.2	
101	Mira Kobayashi	10	Torrance (SS)	32:12.4	58
102	Pham Tran	10	Fountain Valley (SS)	33:38.4	
103	Ariel Reyes	10	West Torrance (SS)	34:14.3	59

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8/31/2024 - 10:30am

Team Results - Large

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Los Alamitos (SS)	34	1:53:10	22:38	7:33	0:31	4-6-8-9-10-12-14	4-6-7-8-9-10-11
2	 Burroughs Burbank (SS)	34	1:50:42	22:09	7:23	4:54	1-2-3-19-25-26-45	1-2-3-13-15-16-23
3	 Glendora (SS)	78	2:11:06	26:14	8:45	9:06	5-17-30-36-46	5-12-18-19-24
4	 Palm Desert (SS)	94	2:15:06	27:02	9:01	7:07	20-29-37-38-44	14-17-20-21-22
DNP	 Culver City (SS)		1:36:52	24:13	8:05		11-13-27-28	4 Runners
DNP	 Cerritos (SS)		2:00:35	30:09	10:03		39-42-43-47	4 Runners
DNP	 Norwalk (SS)		1:15:23	25:08	8:23		21-23-32	3 Runners
DNP	 Fountain Valley (SS)		1:24:25	28:09	9:23		18-34-48	3 Runners
DNP	 Paramount (SS)		52:09	26:05	8:42		7-41	2 Runners
DNP	 Downey (SS)		52:54	26:27	8:49		15-40	2 Runners

Race 7 - Girls Sophomores - 3 Mile

8/31/2024 - 10:30am

Individual Results - Large

Place	Name	Grade	Team	Time	Points
1 (1)	Nightingale Kirwan	10	Burroughs Burbank (SS)	20:13.2	1
2 (2)	Sutton Tappon-Mahoney	10	Burroughs Burbank (SS)	20:13.4	2
3 (5)	Emmanuelle Laurent	10	Burroughs Burbank (SS)	21:31.3	3
4 (6)	Bella Castellon	10	Los Alamitos (SS)	22:20.1	4
5 (9)	Avery Houston	10	Glendora (SS)	22:22.5	5
6 (10)	Remy Hoang`	10	Los Alamitos (SS)	22:28.0	6
7 (11)	Camyille AlvarezRodriguez	10	Paramount (SS)	22:28.5	
8 (12)	Riley Kuhlendahl	10	Los Alamitos (SS)	22:43.6	7
9 (13)	Emma Jimenez	10	Los Alamitos (SS)	22:47.9	8
10 (15)	Lauren Criscione	10	Los Alamitos (SS)	22:50.4	9
11 (18)	Nina Faeh	10	Culver City (SS)	22:55.2	
12 (19)	Teagan Burnside	10	Los Alamitos (SS)	22:56.3	10
13 (20)	Ella Judson	10	Culver City (SS)	23:00.8	
14 (22)	Campbell Stevens	10	Los Alamitos (SS)	23:13.7	11
15 (23)	Adela Rodriguez	10	Downey (SS)	23:17.8	
16 (24)	Audrey Delgadillo	10	Los Alamitos (SS)	23:22.9	
17 (25)	Avery Theil	10	Glendora (SS)	23:28.3	12
18 (26)	Frances Do	10	Fountain Valley (SS)	23:35.2	
19 (27)	Gemma Olivo	10	Burroughs Burbank (SS)	23:37.3	13
20 (28)	Jolie Moreno	10	Palm Desert (SS)	23:39.6	14
21 (33)	Stephanie Garcia	10	Norwalk (SS)	23:57.7	
22 (35)	Hailey Mellott	10	Los Alamitos (SS)	24:14.3	

Place	Name	Grade	Team	Time	Points
23 (38)	Valentina Anaya	10	Norwalk (SS)	24:34.2	
24 (41)	Chloe Trujillo	10	Los Alamitos (SS)	24:40.4	
25 (45)	Sadie Gallagher	10	Burroughs Burbank (SS)	25:06.4	15
26 (46)	Ciara Vasquez Amado	10	Burroughs Burbank (SS)	25:07.1	16
27 (47)	Alexis Culver	10	Culver City (SS)	25:25.0	
28 (49)	Carmen Piro	10	Culver City (SS)	25:30.6	
29 (50)	Vania Otiura	10	Palm Desert (SS)	25:34.6	17
30 (53)	Emma Madvig	10	Glendora (SS)	26:23.9	18
31 (55)	Zahira Harding	10	Los Alamitos (SS)	26:29.1	
32 (58)	Hazel Lizarraga	10	Norwalk (SS)	26:50.2	
33 (60)	Natalie Han	10	Los Alamitos (SS)	26:57.1	
34 (64)	Erin Do	10	Fountain Valley (SS)	27:11.4	
35 (65)	Keely Cardenas	10	Los Alamitos (SS)	27:11.4	
36 (67)	Anya Dellinger	10	Glendora (SS)	27:23.1	19
37 (69)	Alexis Vorster	10	Palm Desert (SS)	27:29.7	20
38 (71)	Emory James	10	Palm Desert (SS)	27:35.6	21
39 (72)	Maye Zarate	10	Cerritos (SS)	27:38.2	
40 (84)	Paola Puga	10	Downey (SS)	29:35.5	
41 (85)	Samantha Hernandez	10	Paramount (SS)	29:40.4	
42 (91)	Helen Samaan	10	Cerritos (SS)	30:40.3	
43 (92)	Anushka Zumale	10	Cerritos (SS)	30:41.2	
44 (93)	Kaile Moreno	10	Palm Desert (SS)	30:45.9	22

Race 7 - Girls Sophomores - 3 Mile

8/31/2024 - 10:30am

Individual Results - Large

Place	Name	Grade	Team	Time	Points
45 (94)	Gracie Castro	11	Burroughs Burbank (SS)	30:52.6	23
46 (95)	Jan Custodio	10	Glendora (SS)	31:27.6	24
47 (97)	Christina Zawajdeh	10	Cerritos (SS)	31:34.7	
48 (102)	Pham Tran	10	Fountain Valley (SS)	33:38.4	

Race 7 - Girls Sophomores - 3 Mile

8/31/2024 - 10:30am

Team Results - Small

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Fullerton Union (SS)	40	1:59:00	23:48	7:56	4:56	3-4-8-11-31-52	3-4-6-8-19-33
2	 Marymount (SS)	55	2:02:20	24:28	8:10	2:57	5-15-16-17-23-33-45	5-11-12-13-14-21-30
3	 Torrance (SS)	76	2:07:42	25:33	8:31	8:16	2-13-14-39-44-54	2-9-10-26-29-34
4	 Whitney (Gretchen) (SS)	84	2:10:44	26:09	8:43	7:21	1-30-32-34-36-47	1-18-20-22-23-32
5	 West Torrance (SS)	102	2:20:49	28:10	9:24	10:32	9-26-29-42-55	7-15-17-28-35
6	 Notre Dame Academy (SS)	123	2:23:14	28:39	9:33	3:19	27-37-38-41-46	16-24-25-27-31
DNP	 Santa Fe (SS)		1:39:03	24:46	8:16		6-10-21-28	4 Runners
DNP	 Norte Vista (SS)		1:51:58	28:00	9:20		19-20-49-51	4 Runners
DNP	 Bellflower (SS)		1:12:34	24:12	8:04		7-12-22	3 Runners
DNP	 Sacred Heart of Jesus (SS)		1:21:22	27:08	9:03		18-35-40	3 Runners
DNP	Holy Innocents Academy HS		1:26:19	28:47	9:36		25-43-48	3 Runners
DNP	 Rosary Academy (SS)		58:04	29:02	9:41		24-50	2 Runners

Race 7 - Girls Sophomores - 3 Mile

8/31/2024 - 10:30am

Individual Results - Small

Place	Name	Grade	Team	Time	Points
1 (3)	Katherine Low	10	Whitney (Gretchen) (SS)	20:35.1	1
2 (4)	Layla Burnett	10	Torrance (SS)	21:00.9	2
3 (7)	Hazel Kirby	10	Fullerton Union (SS)	22:20.5	3
4 (8)	Jana Saade	10	Fullerton Union (SS)	22:20.8	4
5 (14)	Sofia Chausovsky	10	Marymount (SS)	22:48.3	5
6 (16)	Hennesy Limas	10	Santa Fe (SS)	22:53.6	
7 (17)	Sareya Semaan	10	Bellflower (SS)	22:54.8	
8 (21)	Lilyanna Hoffman	10	Fullerton Union (SS)	23:08.7	6
9 (29)	Avery Stewart	10	West Torrance (SS)	23:42.8	7
10 (30)	Bella Flores	10	Santa Fe (SS)	23:43.9	
11 (31)	Sophia Gallardo	10	Fullerton Union (SS)	23:53.8	8
12 (32)	Adela Morales	10	Bellflower (SS)	23:56.7	
13 (34)	Katarina Roa	10	Torrance (SS)	24:03.6	9
14 (36)	Riley Dinco	10	Torrance (SS)	24:26.6	10
15 (37)	Natalie Redd	10	Marymount (SS)	24:31.2	11
16 (39)	Leila Jacobs	10	Marymount (SS)	24:37.1	12
17 (40)	Sophie Gulde	10	Marymount (SS)	24:38.3	13
18 (42)	Zoe Olmos	10	Sacred Heart of Jesus (SS)	24:41.3	
19 (43)	Natalene Ocampo	10	Norte Vista (SS)	24:42.7	
20 (44)	Eileen Davila	10	Norte Vista (SS)	24:49.9	
21 (48)	Ashley Calderon Rodriguez	10	Santa Fe (SS)	25:28.1	
22 (51)	Ruby Gonzalez	10	Bellflower (SS)	25:41.8	

Place	Name	Grade	Team	Time	Points
23 (52)	Allison Knapp	10	Marymount (SS)	25:44.4	14
24 (54)	Julissa Gallegos	10	Rosary Academy (SS)	26:29.1	
25 (56)	Tessie Marasigan	10	Holy Innocents Academy HS	26:34.3	
26 (57)	Katarina Paplauskaya	10	West Torrance (SS)	26:37.7	15
27 (59)	Kate Fuerte	10	Notre Dame Academy (SS)	26:54.8	16
28 (61)	Angelina De La Cruz	10	Santa Fe (SS)	26:57.2	
29 (62)	Lexie Shimmura	10	West Torrance (SS)	27:00.6	17
30 (63)	Ella Nelson	10	Whitney (Gretchen) (SS)	27:06.7	18
31 (66)	Samantha Scopis	10	Fullerton Union (SS)	27:15.7	19
32 (68)	Kurumi Takahashi	10	Whitney (Gretchen) (SS)	27:26.0	20
33 (70)	Sunny Farnham	10	Marymount (SS)	27:35.3	21
34 (73)	Shivani Patel	10	Whitney (Gretchen) (SS)	27:39.6	22
35 (74)	Gaby Soto	10	Sacred Heart of Jesus (SS)	27:41.4	
36 (75)	Charlotte Kim	10	Whitney (Gretchen) (SS)	27:56.1	23
37 (76)	Blaise Ferraro	11	Notre Dame Academy (SS)	28:09.3	24
38 (77)	Nicolette Vasquez	10	Notre Dame Academy (SS)	28:47.4	25
39 (78)	Hayden Giamberdino	10	Torrance (SS)	28:54.3	26
40 (79)	Princess Flores	10	Sacred Heart of Jesus (SS)	28:59.1	
41 (80)	Alexis Perez	10	Notre Dame Academy (SS)	29:08.0	27
42 (81)	Isabella De Araujo	10	West Torrance (SS)	29:13.4	28
43 (82)	Chau Vanderlaske	10	Holy Innocents Academy HS	29:13.8	
44 (83)	Riley Lampshire	10	Torrance (SS)	29:16.3	29

Race 7 - Girls Sophomores - 3 Mile

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Individual Results - Small

Place	Name	Grade	Team	Time	Points
45 (86)	Keira Siefert	10	Marymount (SS)	30:10.2	30
46 (87)	Sofia Salgado	10	Notre Dame Academy (SS)	30:13.7	31
47 (88)	Chandni Chhabra	10	Whitney (Gretchen) (SS)	30:25.7	32
48 (89)	Catherine Cruz	10	Holy Innocents Academy HS	30:30.6	
49 (90)	Paiton Felix	10	Norte Vista (SS)	30:38.3	
50 (96)	Sophia Segura	10	Rosary Academy (SS)	31:34.4	
51 (98)	Maya Norman	10	Norte Vista (SS)	31:46.4	
52 (99)	Riley Ridge-Clark	10	Fullerton Union (SS)	31:51.2	33
53 (100)	Brooklyn Shields	10	Marymount (SS)	31:55.2	
54 (101)	Mira Kobayashi	10	Torrance (SS)	32:12.4	34
55 (103)	Ariel Reyes	10	West Torrance (SS)	34:14.3	35