

Great Cow Run

John Glenn

Race 4 - Boys Varsity - 3 Mile

8/31/2024 - 9:00am

Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 West Torrance (SS)	66	1:18:52	15:47	5:16	0:21	7-10-12-18-19-20-31	7-10-12-18-19-20-31
2	 Palisades Charter (LA)	72	1:18:28	15:42	5:14	1:01	1-4-6-28-33-42-44	1-4-6-28-33-40-42
3	 Downey (SS)	102	1:19:31	15:55	5:19	0:48	3-17-21-26-35-52-68	3-17-21-26-35-50-63
4	 Fountain Valley (SS)	149	1:20:31	16:07	5:23	1:14	2-13-38-47-55-56-84	2-13-36-45-53-54-78
5	 Burroughs Burbank (SS)	177	1:21:23	16:17	5:26	1:31	11-24-29-39-82-95-116	11-24-29-37-76-88-105
6	 Fullerton Union (SS)	199	1:21:43	16:21	5:27	1:03	8-45-48-49-57-59-66	8-43-46-47-55-56-62
7	 Santa Fe (SS)	211	1:21:53	16:23	5:28	1:32	5-9-61-71-79-89-205	5-9-58-66-73-83-174
8	 Torrance (SS)	215	1:22:02	16:25	5:29	1:09	16-27-40-69-75-83-87	16-27-38-64-70-77-81
9	 Norwalk (SS)	247	1:22:44	16:33	5:31	1:17	15-34-63-70-80-91-129	15-34-59-65-74-85-118
10	 Paramount (SS)	273	1:23:11	16:39	5:33	1:30	22-25-32-106-109	22-25-32-96-98
11	 Los Alamitos (SS)	356	1:24:56	17:00	5:40	1:51	14-54-100-104-113-115-122	14-52-93-95-102-104-111
12	 Mayfair (SS)	385	1:25:49	17:10	5:44	1:53	43-72-78-86-138-170	41-67-72-80-125-151
13	 South Hills (SS)	428	1:27:01	17:25	5:49	2:49	30-50-99-131-157-168	30-48-92-119-139-149
14	 Norte Vista (SS)	446	1:27:37	17:32	5:51	2:53	23-46-114-152-158-163	23-44-103-136-140-145
15	 Whitney (Gretchen) (SS)	448	1:26:58	17:24	5:48	1:28	60-73-108-117-133-136-159	57-68-97-106-120-123-141
16	 Valley Christian Cerritos (SS)	495	1:28:36	17:44	5:55	2:27	65-85-110-120-166-167-178	61-79-99-109-147-148-158
17	 Glendora (SS)	512	1:28:33	17:43	5:55	0:54	88-92-112-134-135	82-86-101-121-122
18	 Bellflower (SS)	526	1:28:54	17:47	5:56	1:24	77-94-121-141-147-148-177	71-87-110-126-132-133-157
19	 Tustin (SS)	530	1:28:50	17:46	5:56	1:04	90-97-123-128-142-146-191	84-90-112-117-127-131-167

Race 4 - Boys Varsity - 3 Mile

8/31/2024 - 9:00am

Team Results - Overall

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
20	 Palm Desert (SS)	530	1:29:29	17:54	5:58	2:12	64-74-143-145-161-174-176	60-69-128-130-143-155-156
21	 North Torrance (SS)	553	1:30:37	18:08	6:03	3:50	53-124-125-127-179	51-113-114-116-159
22	 Kennedy (John F.) (SS)	567	1:30:19	18:04	6:02	1:56	81-102-126-154-164	75-94-115-137-146
23	 Aquinas (SS)	580	1:34:01	18:49	6:17	5:04	41-98-137-181-189-193	39-91-124-161-165-168
24	 Cerritos (SS)	584	1:29:59	18:00	6:00	1:00	111-118-119-150-151-160-171	100-107-108-134-135-142-152
25	 Culver City (SS)	614	1:34:46	18:58	6:20	4:15	51-96-172-180-183-197-200	49-89-153-160-163-171-172
26	 St. Paul (SS)	727	1:36:34	19:19	6:27	2:22	144-156-162-173-182-187-190	129-138-144-154-162-164-166
27	 NOVA Early College High School (	837	1:50:51	22:11	7:24	4:32	169-195-196-204-206-208-209	150-169-170-173-175-176-177
DNP	 Glenn (John H.) (SS)		41:06	20:33	6:51		132-201	2 Runners

Race 4 - Boys Varsity - 3 Mile

8/31/2024 - 9:00am

Individual Results - Overall

Place	Name	Grade	Team	Time	Points
1	Blake Sigworth	11	Palisades Charter (LA)	15:09.4	1
2	Ethan Kwong	12	Fountain Valley (SS)	15:23.6	2
3	Adrien Guerrero	11	Downey (SS)	15:24.3	3
4	Zachary Cohen	11	Palisades Charter (LA)	15:30.3	4
5	Saul Reyna	12	Santa Fe (SS)	15:31.8	5
6	Owen Lewicky	12	Palisades Charter (LA)	15:32.7	6
7	Andrew Quast	12	West Torrance (SS)	15:35.1	7
8	Jack Golla	12	Fullerton Union (SS)	15:37.4	8
9	Benjamin Zamora	11	Santa Fe (SS)	15:41.5	9
10	Evan Tamura	11	West Torrance (SS)	15:43.8	10
11	Liam Ellingsworth	11	Burroughs Burbank (SS)	15:44.1	11
12	Dylan Mehnert	11	West Torrance (SS)	15:44.2	12
13	Ulysses Rios	11	Fountain Valley (SS)	15:47.5	13
14	Matthew Mayhue	11	Los Alamitos (SS)	15:48.3	14
15	Leonardo Diaz	11	Norwalk (SS)	15:48.5	15
16	James Rivera	12	Torrance (SS)	15:49.0	16
17	Nathan Cazares	10	Downey (SS)	15:49.6	17
18	Kanta Kozaki	10	West Torrance (SS)	15:52.7	18
19	Dheeshith Senthil Kumar	12	West Torrance (SS)	15:55.7	19
20	Minyeong Chae	12	West Torrance (SS)	15:59.0	20
21	Alexander Reyes	11	Downey (SS)	15:59.9	21
22	Jordi Avalos	11	Paramount (SS)	16:00.6	22
23	Andrew Hernandez	12	Norte Vista (SS)	16:02.0	23
24	Nathan Marca	11	Burroughs Burbank (SS)	16:02.8	24
25	Kevin Hernandez-Ramos	12	Paramount (SS)	16:03.6	25
26	Jonathan Morales	11	Downey (SS)	16:04.4	26
27	Eric Schulz	12	Torrance (SS)	16:04.5	27
28	Sebastian Funk	9	Palisades Charter (LA)	16:05.1	28
29	Danny Camacho	12	Burroughs Burbank (SS)	16:05.2	29
30	Jamal McKissick	10	South Hills (SS)	16:05.3	30
31	Wesley Ng	11	West Torrance (SS)	16:05.7	31
32	Alec Avalos	10	Paramount (SS)	16:07.1	32

Place	Name	Grade	Team	Time	Points
33	Mako Holt	10	Palisades Charter (LA)	16:09.7	33
34	Erick Gallardo Barrios	12	Norwalk (SS)	16:11.5	34
35	Sammy Leyva	11	Downey (SS)	16:12.2	35
36	Ryan Herbers	12	West Torrance (SS)	16:12.5	
37	Brandon Miranda	10	West Torrance (SS)	16:13.2	
38	Tai Roque	10	Fountain Valley (SS)	16:13.7	36
39	Nico Radlein	11	Burroughs Burbank (SS)	16:16.5	37
40	Raphael Noa	12	Torrance (SS)	16:17.0	38
41	Isaac Maldonado	11	Aquinas (SS)	16:19.8	39
42	Theo Mayeda	9	Palisades Charter (LA)	16:20.7	40
43	Omar Tadeo	11	Mayfair (SS)	16:21.4	41
44	Andrew Razo	11	Palisades Charter (LA)	16:26.6	42
45	Yousef Awad	10	Fullerton Union (SS)	16:26.6	43
46	Oscar Abad	11	Norte Vista (SS)	16:27.3	44
47	Empire VO-Courtney	11	Fountain Valley (SS)	16:28.4	45
48	Brody McMackin	11	Fullerton Union (SS)	16:28.7	46
49	Dexter Meza	10	Fullerton Union (SS)	16:29.4	47
50	Jacob Garcia	12	South Hills (SS)	16:29.5	48
51	Alejandro Perez	11	Culver City (SS)	16:29.9	49
52	Joshua Zaragoza	11	Downey (SS)	16:30.0	50
53	Logan Cole	11	North Torrance (SS)	16:30.4	51
54	Charley Nelson	11	Los Alamitos (SS)	16:32.4	52
55	Adan Enriquez	9	Fountain Valley (SS)	16:37.1	53
56	Logan Kwong	10	Fountain Valley (SS)	16:39.8	54
57	Jude Banda	11	Fullerton Union (SS)	16:40.1	55
58	Jackson Taylor	11	Palisades Charter (LA)	16:40.2	
59	Bo Sanderson	10	Fullerton Union (SS)	16:40.3	56
60	Cristian Ishiki	11	Whitney (Gretchen) (SS)	16:41.4	57
61	David Villalvazo	12	Santa Fe (SS)	16:41.7	58
62	Leonardo Isella	12	West Torrance (SS)	16:43.2	
63	Juan Mares	9	Norwalk (SS)	16:45.5	59
64	Henry Snyder	11	Palm Desert (SS)	16:47.3	60
65	Carter Wegman	11	Valley Christian Cerritos (SS)	16:48.5	61
66	Anthony Benedetto	11	Fullerton Union (SS)	16:49.9	62

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Individual Results - Overall

Place	Name	Grade	Team	Time	Points
67	Dylan Cobbs	11	Fullerton Union (SS)	16:50.7	
68	Sebastian Burgos	10	Downey (SS)	16:51.0	63
69	Ren Nakanishi	12	Torrance (SS)	16:53.1	64
70	Alejandro Romo Limon	12	Norwalk (SS)	16:53.2	65
71	Nathann Gutierrez	12	Santa Fe (SS)	16:54.8	66
72	Lamech Samuel	11	Mayfair (SS)	16:55.1	67
73	Ethan Choi	12	Whitney (Gretchen) (SS)	16:57.1	68
74	Simon Cooke	11	Palm Desert (SS)	16:57.7	69
75	Angel Rodriguez	12	Torrance (SS)	16:57.8	70
76	Justin Funk	9	Palisades Charter (LA)	16:59.1	
77	Samuel Mendoza	10	Bellflower (SS)	17:01.5	71
78	Alfredo Martinez	12	Mayfair (SS)	17:02.5	72
79	Kenshin Karnsithong	12	Santa Fe (SS)	17:03.0	73
80	Angeldavid Anaya	11	Norwalk (SS)	17:05.1	74
81	Kian Patel	11	Kennedy (John F.) (SS)	17:10.8	75
82	Dima Kharlamov	11	Burroughs Burbank (SS)	17:14.4	76
83	Joshua Spradlin	12	Torrance (SS)	17:14.8	77
84	Isaac Diaz	11	Fountain Valley (SS)	17:15.1	78
85	Jack Gisler	12	Valley Christian Cerritos (SS)	17:15.7	79
86	Javonn Chhu Bol	12	Mayfair (SS)	17:15.7	80
87	Milo Guba	11	Torrance (SS)	17:15.9	81
88	Daniel Landers	11	Glendora (SS)	17:16.1	82
89	Noah Jaimes	12	Santa Fe (SS)	17:16.6	83
90	Alan Medina	11	Tustin (SS)	17:17.4	84
91	Ethan Meza	12	Norwalk (SS)	17:19.0	85
92	Eshaan Ade	12	Glendora (SS)	17:20.2	86
93	Vince De Guzman	12	Torrance (SS)	17:20.6	
94	Abdul Babakarkhil	12	Bellflower (SS)	17:22.4	87
95	Rogelio Raya	12	Burroughs Burbank (SS)	17:23.1	88
96	Hayden Fogel	11	Culver City (SS)	17:23.7	89
97	Fernando Prado	12	Tustin (SS)	17:23.9	90
98	Jose Luis Guzman	10	Aquinas (SS)	17:24.8	91
99	Eric Hernandez	11	South Hills (SS)	17:25.2	92
100	Garrett Bantle	12	Los Alamitos (SS)	17:26.3	93

Place	Name	Grade	Team	Time	Points
101	Brandon Hsu	11	Torrance (SS)	17:27.2	
102	Christopher Plata	12	Kennedy (John F.) (SS)	17:27.7	94
103	Lajus Collins	11	Palisades Charter (LA)	17:28.5	
104	Aidan Hamilton	12	Los Alamitos (SS)	17:29.0	95
105	Drake Bromley	11	Fullerton Union (SS)	17:29.2	
106	Marlon Izaguirre	10	Paramount (SS)	17:29.5	96
107	Basel Thierry	12	Palisades Charter (LA)	17:29.8	
108	Avery Chen	11	Whitney (Gretchen) (SS)	17:29.9	97
109	Christian Bahena	12	Paramount (SS)	17:30.2	98
110	Micah Wojciechowski	11	Valley Christian Cerritos (SS)	17:33.1	99
111	Nicholas Melendrez	11	Cerritos (SS)	17:34.0	100
112	Edward Kim	11	Glendora (SS)	17:38.5	101
113	Luke Malley	12	Los Alamitos (SS)	17:39.2	102
114	Isidro Leanos	11	Norte Vista (SS)	17:39.6	103
115	Travis Regnier	11	Los Alamitos (SS)	17:39.8	104
116	Victor Santana	11	Burroughs Burbank (SS)	17:40.6	105
117	Damian Moreno	12	Whitney (Gretchen) (SS)	17:41.0	106
118	Howard Lee	12	Cerritos (SS)	17:42.2	107
119	Allan Woolley	10	Cerritos (SS)	17:42.4	108
120	Isaiah Lvovsky	11	Valley Christian Cerritos (SS)	17:43.1	109
121	Alexander Gonzalez	12	Bellflower (SS)	17:43.3	110
122	Dane Stilovich	11	Los Alamitos (SS)	17:47.3	111
123	Noah Martinez	11	Tustin (SS)	17:49.7	112
124	Anthony Staub	12	North Torrance (SS)	17:54.6	113
125	Nathan Aviles	9	North Torrance (SS)	17:55.1	114
126	Jaxon Lara	12	Kennedy (John F.) (SS)	17:56.2	115
127	Aston Nagahashi	11	North Torrance (SS)	17:56.4	116
128	Ethan Barcenias	11	Tustin (SS)	17:57.0	117
129	Adan Guzman	10	Norwalk (SS)	18:02.9	118
130	Jayden Pineda	11	Torrance (SS)	18:06.1	
131	Gael Ramirez-Sanchez	11	South Hills (SS)	18:07.1	119
132	Jacob Enriquez	11	Glenn (John H.) (SS)	18:08.4	

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Individual Results - Overall

Place	Name	Grade	Team	Time	Points
133	Jai Sukhadia	11	Whitney (Gretchen) (SS)	18:08.6	120
134	Jeremy Cong	11	Glendora (SS)	18:08.6	121
135	Carmine Sanchez	12	Glendora (SS)	18:09.4	122
136	Brendan Perry	11	Whitney (Gretchen) (SS)	18:11.1	123
137	Andres Alfaro	9	Aquinas (SS)	18:12.1	124
138	Jake Godinez	12	Mayfair (SS)	18:13.4	125
139	Christopher Galadzhyan	11	Burroughs Burbank (SS)	18:15.6	
140	Paul Wackerman	12	Norwalk (SS)	18:18.5	
141	Diego Mayoral Lopez	11	Bellflower (SS)	18:21.0	126
142	Jeremy Evans	12	Tustin (SS)	18:21.4	127
143	Andrew Carranza	12	Palm Desert (SS)	18:21.9	128
144	Jacob Naval	9	St. Paul (SS)	18:22.0	129
145	Collin Amick	12	Palm Desert (SS)	18:22.3	130
146	Troy Selway	11	Tustin (SS)	18:22.4	131
147	David Loza	11	Bellflower (SS)	18:24.9	132
148	Jesse Sanchez	11	Bellflower (SS)	18:25.1	133
149	Minh Doan	11	Fountain Valley (SS)	18:25.2	
150	Alton Chan	12	Cerritos (SS)	18:26.5	134
151	Sahil Dhir	12	Cerritos (SS)	18:33.3	135
152	Luis Cervantes	11	Norte Vista (SS)	18:33.6	136
153	Finn Woodard	11	Burroughs Burbank (SS)	18:33.8	
154	Leonardo Aventura	10	Kennedy (John F.) (SS)	18:37.5	137
155	Kaleb Lorente	11	Burroughs Burbank (SS)	18:41.7	
156	Joseph Mota	11	St. Paul (SS)	18:44.2	138
157	Lucas Florez	12	South Hills (SS)	18:53.4	139
158	Emiliano Castillo	11	Norte Vista (SS)	18:54.5	140
159	Matthew Low	12	Whitney (Gretchen) (SS)	18:56.3	141
160	Matthew Lum	11	Cerritos (SS)	18:56.5	142
161	Ethan Lee	11	Palm Desert (SS)	18:59.1	143
162	Fidel Sandavol	12	St. Paul (SS)	19:00.6	144
163	David Escoto	12	Norte Vista (SS)	19:02.9	145
164	Zebedee Baumbach	12	Kennedy (John F.) (SS)	19:06.5	146
165	Arturo Zavala	11	Fountain Valley (SS)	19:12.7	

Place	Name	Grade	Team	Time	Points
166	Logan Olivares	12	Valley Christian Cerritos (SS)	19:15.2	147
167	Jacob Evans	11	Valley Christian Cerritos (SS)	19:16.7	148
168	Curtis Mendivil	12	South Hills (SS)	19:17.4	149
169	Thristan Cabada	12	NOVA Early College High School (	19:18.9	150
170	Zaid Burr	11	Mayfair (SS)	19:23.6	151
171	Isaac Domingo	11	Cerritos (SS)	19:28.5	152
172	Daniel Campos	12	Culver City (SS)	19:39.7	153
173	Henry Tello-Belmonte	11	St. Paul (SS)	19:43.8	154
174	Ryan Kain	12	Palm Desert (SS)	19:51.8	155
175	John Gillispie	12	Cerritos (SS)	20:03.2	
176	Jesse James	11	Palm Desert (SS)	20:04.5	156
177	Adrian Munoz	12	Bellflower (SS)	20:13.8	157
178	Eric Nagahashi	10	Valley Christian Cerritos (SS)	20:19.7	158
179	Calvin Ikeda	11	North Torrance (SS)	20:20.0	159
180	Luca Galiano	12	Culver City (SS)	20:28.3	160
181	Paul Malcore	11	Aquinas (SS)	20:40.3	161
182	Tomas Mota	10	St. Paul (SS)	20:43.1	162
183	Calum Aranda	11	Culver City (SS)	20:44.3	163
184	Brody Orgill	10	Fountain Valley (SS)	20:45.8	
185	Jazen Apostol	12	Cerritos (SS)	21:01.7	
186	Adrian Galindo	12	Norwalk (SS)	21:03.1	
187	Daniel Macias	11	St. Paul (SS)	21:16.0	164
188	Erick Delgadillo	12	Norwalk (SS)	21:22.0	
189	Ayden Ponce	12	Aquinas (SS)	21:23.7	165
190	Elias Mota	12	St. Paul (SS)	21:27.6	166
191	Gabriel Bates	12	Tustin (SS)	21:27.9	167
192	Aaron Burkett	10	Valley Christian Cerritos (SS)	21:36.3	
193	Kristopher Martin	10	Aquinas (SS)	21:40.4	168
194	Brandon Robertson	11	Burroughs Burbank (SS)	21:46.3	
195	Emmanuel Serafin-Galicia	11	NOVA Early College High School (	21:53.7	169
196	Andrew Siqueiros	12	NOVA Early College High School (	21:58.6	170
197	Gregory (Cal) Miller	12	Culver City (SS)	21:58.7	171

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Individual Results - Overall

Place	Name	Grade	Team	Time	Points
198	Eli Anema	10	Valley Christian Cerritos (SS)	22:28.7	
199	Wayne Buff	10	Palm Desert (SS)	22:45.7	
200	Kimani Moore	12	Culver City (SS)	22:50.5	172
201	Nabhan Khan	11	Glenn (John H.) (SS)	22:57.5	
202	Kekoa Usi	12	Cerritos (SS)	23:17.7	
203	Kalel Dominguez	9	Cerritos (SS)	23:34.6	
204	Christoper Cooper	11	NOVA Early College High School (	23:49.1	173
205	Joshua Lopez	12	Santa Fe (SS)	23:49.4	174
206	Jaime Gomez	9	NOVA Early College High School (	23:50.0	175
207	Isiah Lvosky	11	Valley Christian Cerritos (SS)	27:57.2	
208	Mario Guzman-Ceniceros	10	NOVA Early College High School (	27:57.3	176
209	Jose Lazaro	12	NOVA Early College High School (	29:53.8	177

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8/31/2024 - 9:00am

Team Results - Large

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 Palisades Charter (LA)	45	1:18:28	15:42	5:14	1:01	1-4-5-16-19-24-25	1-4-5-16-19-24-25
2	 Downey (SS)	60	1:19:31	15:55	5:19	0:48	3-10-11-15-21-28-35	3-10-11-15-21-28-34
3	 Fountain Valley (SS)	87	1:20:31	16:07	5:23	1:14	2-7-22-26-30-31-42	2-7-22-26-30-31-40
4	 Burroughs Burbank (SS)	98	1:21:23	16:17	5:26	1:31	6-13-17-23-41-46-59	6-13-17-23-39-44-55
5	 Norwalk (SS)	133	1:22:44	16:33	5:31	1:17	9-20-33-36-39-44-64	9-20-32-35-37-42-60
6	 Paramount (SS)	143	1:23:11	16:39	5:33	1:30	12-14-18-52-54	12-14-18-49-50
7	 Los Alamitos (SS)	184	1:24:56	17:00	5:40	1:51	8-29-48-51-57-58-62	8-29-46-48-53-54-58
8	 Glendora (SS)	259	1:28:33	17:43	5:55	0:54	43-45-56-65-66	41-43-52-61-62
9	 Palm Desert (SS)	265	1:29:29	17:54	5:58	2:12	34-37-69-70-78-83-85	33-36-63-64-69-73-74
10	 Kennedy (John F.) (SS)	281	1:30:19	18:04	6:02	1:56	40-49-63-75-79	38-47-59-67-70
11	 Cerritos (SS)	295	1:29:59	18:00	6:00	1:00	55-60-61-72-73-77-81	51-56-57-65-66-68-71
12	 Culver City (SS)	295	1:34:46	18:58	6:20	4:15	27-47-82-86-87-93-95	27-45-72-75-76-77-78

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8/31/2024 - 9:00am

Individual Results - Large

Place	Name	Grade	Team	Time	Points
1 (1)	Blake Sigworth	11	Palisades Charter (LA)	15:09.4	1
2 (2)	Ethan Kwong	12	Fountain Valley (SS)	15:23.6	2
3 (3)	Adrien Guerrero	11	Downey (SS)	15:24.3	3
4 (4)	Zachary Cohen	11	Palisades Charter (LA)	15:30.3	4
5 (6)	Owen Lewicky	12	Palisades Charter (LA)	15:32.7	5
6 (11)	Liam Ellingsworth	11	Burroughs Burbank (SS)	15:44.1	6
7 (13)	Ulysses Rios	11	Fountain Valley (SS)	15:47.5	7
8 (14)	Matthew Mayhue	11	Los Alamitos (SS)	15:48.3	8
9 (15)	Leonardo Diaz	11	Norwalk (SS)	15:48.5	9
10 (17)	Nathan Cazares	10	Downey (SS)	15:49.6	10
11 (21)	Alexander Reyes	11	Downey (SS)	15:59.9	11
12 (22)	Jordi Avalos	11	Paramount (SS)	16:00.6	12
13 (24)	Nathan Marca	11	Burroughs Burbank (SS)	16:02.8	13
14 (25)	Kevin Hernandez-Ramos	12	Paramount (SS)	16:03.6	14
15 (26)	Jonathan Morales	11	Downey (SS)	16:04.4	15
16 (28)	Sebastian Funk	9	Palisades Charter (LA)	16:05.1	16
17 (29)	Danny Camacho	12	Burroughs Burbank (SS)	16:05.2	17
18 (32)	Alec Avalos	10	Paramount (SS)	16:07.1	18
19 (33)	Mako Holt	10	Palisades Charter (LA)	16:09.7	19
20 (34)	Erick Gallardo Barrios	12	Norwalk (SS)	16:11.5	20
21 (35)	Sammy Leyva	11	Downey (SS)	16:12.2	21
22 (38)	Tai Roque	10	Fountain Valley (SS)	16:13.7	22

Place	Name	Grade	Team	Time	Points
23 (39)	Nico Radlein	11	Burroughs Burbank (SS)	16:16.5	23
24 (42)	Theo Mayeda	9	Palisades Charter (LA)	16:20.7	24
25 (44)	Andrew Razo	11	Palisades Charter (LA)	16:26.6	25
26 (47)	Empire VO-Courtney	11	Fountain Valley (SS)	16:28.4	26
27 (51)	Alejandro Perez	11	Culver City (SS)	16:29.9	27
28 (52)	Joshua Zaragoza	11	Downey (SS)	16:30.0	28
29 (54)	Charley Nelson	11	Los Alamitos (SS)	16:32.4	29
30 (55)	Adan Enriquez	9	Fountain Valley (SS)	16:37.1	30
31 (56)	Logan Kwong	10	Fountain Valley (SS)	16:39.8	31
32 (58)	Jackson Taylor	11	Palisades Charter (LA)	16:40.2	
33 (63)	Juan Mares	9	Norwalk (SS)	16:45.5	32
34 (64)	Henry Snyder	11	Palm Desert (SS)	16:47.3	33
35 (68)	Sebastian Burgos	10	Downey (SS)	16:51.0	34
36 (70)	Alejandro Romo Limon	12	Norwalk (SS)	16:53.2	35
37 (74)	Simon Cooke	11	Palm Desert (SS)	16:57.7	36
38 (76)	Justin Funk	9	Palisades Charter (LA)	16:59.1	
39 (80)	Angeldavid Anaya	11	Norwalk (SS)	17:05.1	37
40 (81)	Kian Patel	11	Kennedy (John F.) (SS)	17:10.8	38
41 (82)	Dima Kharlamov	11	Burroughs Burbank (SS)	17:14.4	39
42 (84)	Isaac Diaz	11	Fountain Valley (SS)	17:15.1	40
43 (88)	Daniel Landers	11	Glendora (SS)	17:16.1	41
44 (91)	Ethan Meza	12	Norwalk (SS)	17:19.0	42

Race 4 - Boys Varsity - 3 Mile

8/31/2024 - 9:00am

Individual Results - Large

Place	Name	Grade	Team	Time	Points
45 (92)	Eshaan Ade	12	Glendora (SS)	17:20.2	43
46 (95)	Rogelio Raya	12	Burroughs Burbank (SS)	17:23.1	44
47 (96)	Hayden Fogel	11	Culver City (SS)	17:23.7	45
48 (100)	Garrett Bantle	12	Los Alamitos (SS)	17:26.3	46
49 (102)	Christopher Plata	12	Kennedy (John F.) (SS)	17:27.7	47
50 (103)	Lajus Collins	11	Palisades Charter (LA)	17:28.5	
51 (104)	Aidan Hamilton	12	Los Alamitos (SS)	17:29.0	48
52 (106)	Marlon Izaguirre	10	Paramount (SS)	17:29.5	49
53 (107)	Basel Thierry	12	Palisades Charter (LA)	17:29.8	
54 (109)	Christian Bahena	12	Paramount (SS)	17:30.2	50
55 (111)	Nicholas Melendrez	11	Cerritos (SS)	17:34.0	51
56 (112)	Edward Kim	11	Glendora (SS)	17:38.5	52
57 (113)	Luke Malley	12	Los Alamitos (SS)	17:39.2	53
58 (115)	Travis Regnier	11	Los Alamitos (SS)	17:39.8	54
59 (116)	Victor Santana	11	Burroughs Burbank (SS)	17:40.6	55
60 (118)	Howard Lee	12	Cerritos (SS)	17:42.2	56
61 (119)	Allan Woolley	10	Cerritos (SS)	17:42.4	57
62 (122)	Dane Stillovich	11	Los Alamitos (SS)	17:47.3	58
63 (126)	Jaxon Lara	12	Kennedy (John F.) (SS)	17:56.2	59
64 (129)	Adan Guzman	10	Norwalk (SS)	18:02.9	60
65 (134)	Jeremy Cong	11	Glendora (SS)	18:08.6	61
66 (135)	Carmine Sanchez	12	Glendora (SS)	18:09.4	62

Place	Name	Grade	Team	Time	Points
67 (139)	Christopher Galadzhyan	11	Burroughs Burbank (SS)	18:15.6	
68 (140)	Paul Wackerman	12	Norwalk (SS)	18:18.5	
69 (143)	Andrew Carranza	12	Palm Desert (SS)	18:21.9	63
70 (145)	Collin Amick	12	Palm Desert (SS)	18:22.3	64
71 (149)	Minh Doan	11	Fountain Valley (SS)	18:25.2	
72 (150)	Alton Chan	12	Cerritos (SS)	18:26.5	65
73 (151)	Sahil Dhir	12	Cerritos (SS)	18:33.3	66
74 (153)	Finn Woodard	11	Burroughs Burbank (SS)	18:33.8	
75 (154)	Leonardo Aventura	10	Kennedy (John F.) (SS)	18:37.5	67
76 (155)	Kaleb Lorente	11	Burroughs Burbank (SS)	18:41.7	
77 (160)	Matthew Lum	11	Cerritos (SS)	18:56.5	68
78 (161)	Ethan Lee	11	Palm Desert (SS)	18:59.1	69
79 (164)	Zebedee Baumbach	12	Kennedy (John F.) (SS)	19:06.5	70
80 (165)	Arturo Zavala	11	Fountain Valley (SS)	19:12.7	
81 (171)	Isaac Domingo	11	Cerritos (SS)	19:28.5	71
82 (172)	Daniel Campos	12	Culver City (SS)	19:39.7	72
83 (174)	Ryan Kain	12	Palm Desert (SS)	19:51.8	73
84 (175)	John Gillispie	12	Cerritos (SS)	20:03.2	
85 (176)	Jesse James	11	Palm Desert (SS)	20:04.5	74
86 (180)	Luca Galiano	12	Culver City (SS)	20:28.3	75
87 (183)	Calum Aranda	11	Culver City (SS)	20:44.3	76
88 (184)	Brody Orgill	10	Fountain Valley (SS)	20:45.8	

Race 4 - Boys Varsity - 3 Mile
8/31/2024 - 9:00am
Individual Results - Large

Place	Name	Grade	Team	Time	Points
89 (185)	Jazen Apostol	12	Cerritos (SS)	21:01.7	
90 (186)	Adrian Galindo	12	Norwalk (SS)	21:03.1	
91 (188)	Erick Delgadillo	12	Norwalk (SS)	21:22.0	
92 (194)	Brandon Robertson	11	Burroughs Burbank (SS)	21:46.3	
93 (197)	Gregory (Cal) Miller	12	Culver City (SS)	21:58.7	77
94 (199)	Wayne Buff	10	Palm Desert (SS)	22:45.7	
95 (200)	Kimani Moore	12	Culver City (SS)	22:50.5	78
96 (202)	Kekoa Usi	12	Cerritos (SS)	23:17.7	
97 (203)	Kalel Dominguez	9	Cerritos (SS)	23:34.6	

Race 4 - Boys Varsity - 3 Mile

8/31/2024 - 9:00am

Team Results - Small

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	 West Torrance (SS)	30	1:18:52	15:47	5:16	0:21	2-5-6-8-9-10-14	2-5-6-8-9-10-14
2	 Fullerton Union (SS)	86	1:21:43	16:21	5:27	1:03	3-20-22-23-26-27-32	3-18-20-21-24-25-29
3	 Torrance (SS)	98	1:22:02	16:25	5:29	1:09	7-12-17-34-38-42-45	7-12-15-30-34-38-41
4	 Santa Fe (SS)	100	1:21:53	16:23	5:28	1:32	1-4-29-35-41-46-108	1-4-27-31-37-42-96
5	 Mayfair (SS)	188	1:25:49	17:10	5:44	1:53	19-36-40-44-72-90	17-32-36-40-63-81
6	 South Hills (SS)	213	1:27:01	17:25	5:49	2:49	13-24-52-67-81-88	13-22-47-59-72-79
7	 Whitney (Gretchen) (SS)	218	1:26:58	17:24	5:48	1:28	28-37-55-58-69-70-83	26-33-48-51-60-61-74
8	 Norte Vista (SS)	223	1:27:37	17:32	5:51	2:53	11-21-57-79-82-85	11-19-50-70-73-76
9	 Valley Christian Cerritos (SS)	245	1:28:36	17:44	5:55	2:27	31-43-56-59-86-87-93	28-39-49-52-77-78-84
10	 Bellflower (SS)	264	1:28:54	17:47	5:56	1:24	39-49-60-73-77-78-92	35-44-53-64-68-69-83
11	 Tustin (SS)	265	1:28:50	17:46	5:56	1:04	47-50-61-65-74-76-100	43-45-54-58-65-67-91
12	 North Torrance (SS)	276	1:30:37	18:08	6:03	3:50	25-62-63-64-94	23-55-56-57-85
13	 Aquinas (SS)	299	1:34:01	18:49	6:17	5:04	18-51-71-95-98-102	16-46-62-86-89-92
14	 St. Paul (SS)	381	1:36:34	19:19	6:27	2:22	75-80-84-91-96-97-99	66-71-75-82-87-88-90
15	 NOVA Early College High School (	459	1:50:51	22:11	7:24	4:32	89-103-104-107-109-111-112	80-93-94-95-97-98-99
DNP	 Glenn (John H.) (SS)		41:06	20:33	6:51		68-106	2 Runners

Race 4 - Boys Varsity - 3 Mile

8/31/2024 - 9:00am

Individual Results - Small

Place	Name	Grade	Team	Time	Points
1 (5)	Saul Reyna	12	Santa Fe (SS)	15:31.8	1
2 (7)	Andrew Quast	12	West Torrance (SS)	15:35.1	2
3 (8)	Jack Golla	12	Fullerton Union (SS)	15:37.4	3
4 (9)	Benjamin Zamora	11	Santa Fe (SS)	15:41.5	4
5 (10)	Evan Tamura	11	West Torrance (SS)	15:43.8	5
6 (12)	Dylan Mehnert	11	West Torrance (SS)	15:44.2	6
7 (16)	James Rivera	12	Torrance (SS)	15:49.0	7
8 (18)	Kanta Kozaki	10	West Torrance (SS)	15:52.7	8
9 (19)	Dheeshith Senthil Kumar	12	West Torrance (SS)	15:55.7	9
10 (20)	Minyeong Chae	12	West Torrance (SS)	15:59.0	10
11 (23)	Andrew Hernandez	12	Norte Vista (SS)	16:02.0	11
12 (27)	Eric Schulz	12	Torrance (SS)	16:04.5	12
13 (30)	Jamal McKissick	10	South Hills (SS)	16:05.3	13
14 (31)	Wesley Ng	11	West Torrance (SS)	16:05.7	14
15 (36)	Ryan Herbers	12	West Torrance (SS)	16:12.5	
16 (37)	Brandon Miranda	10	West Torrance (SS)	16:13.2	
17 (40)	Raphael Noa	12	Torrance (SS)	16:17.0	15
18 (41)	Isaac Maldonado	11	Aquinas (SS)	16:19.8	16
19 (43)	Omar Tadeo	11	Mayfair (SS)	16:21.4	17
20 (45)	Yousef Awad	10	Fullerton Union (SS)	16:26.6	18
21 (46)	Oscar Abad	11	Norte Vista (SS)	16:27.3	19
22 (48)	Brody McMackin	11	Fullerton Union (SS)	16:28.7	20

Place	Name	Grade	Team	Time	Points
23 (49)	Dexter Meza	10	Fullerton Union (SS)	16:29.4	21
24 (50)	Jacob Garcia	12	South Hills (SS)	16:29.5	22
25 (53)	Logan Cole	11	North Torrance (SS)	16:30.4	23
26 (57)	Jude Banda	11	Fullerton Union (SS)	16:40.1	24
27 (59)	Bo Sanderson	10	Fullerton Union (SS)	16:40.3	25
28 (60)	Cristian Ishiki	11	Whitney (Gretchen) (SS)	16:41.4	26
29 (61)	David Villalvazo	12	Santa Fe (SS)	16:41.7	27
30 (62)	Leonardo Isella	12	West Torrance (SS)	16:43.2	
31 (65)	Carter Wegman	11	Valley Christian Cerritos (SS)	16:48.5	28
32 (66)	Anthony Benedetto	11	Fullerton Union (SS)	16:49.9	29
33 (67)	Dylan Cobbs	11	Fullerton Union (SS)	16:50.7	
34 (69)	Ren Nakanishi	12	Torrance (SS)	16:53.1	30
35 (71)	Nathann Gutierrez	12	Santa Fe (SS)	16:54.8	31
36 (72)	Lamech Samuel	11	Mayfair (SS)	16:55.1	32
37 (73)	Ethan Choi	12	Whitney (Gretchen) (SS)	16:57.1	33
38 (75)	Angel Rodriguez	12	Torrance (SS)	16:57.8	34
39 (77)	Samuel Mendoza	10	Bellflower (SS)	17:01.5	35
40 (78)	Alfredo Martinez	12	Mayfair (SS)	17:02.5	36
41 (79)	Kenshin Karnsrithong	12	Santa Fe (SS)	17:03.0	37
42 (83)	Joshua Spradlin	12	Torrance (SS)	17:14.8	38
43 (85)	Jack Gisler	12	Valley Christian Cerritos (SS)	17:15.7	39
44 (86)	Javonn Chhu Bol	12	Mayfair (SS)	17:15.7	40

Race 4 - Boys Varsity - 3 Mile

8/31/2024 - 9:00am

Individual Results - Small

Place	Name	Grade	Team	Time	Points
45 (87)	Milo Guba	11	Torrance (SS)	17:15.9	41
46 (89)	Noah Jaimes	12	Santa Fe (SS)	17:16.6	42
47 (90)	Alan Medina	11	Tustin (SS)	17:17.4	43
48 (93)	Vince De Guzman	12	Torrance (SS)	17:20.6	
49 (94)	Abdul Babakarkhil	12	Bellflower (SS)	17:22.4	44
50 (97)	Fernando Prado	12	Tustin (SS)	17:23.9	45
51 (98)	Jose Luis Guzman	10	Aquinas (SS)	17:24.8	46
52 (99)	Eric Hernandez	11	South Hills (SS)	17:25.2	47
53 (101)	Brandon Hsu	11	Torrance (SS)	17:27.2	
54 (105)	Drake Bromley	11	Fullerton Union (SS)	17:29.2	
55 (108)	Avery Chen	11	Whitney (Gretchen) (SS)	17:29.9	48
56 (110)	Micah Wojciechowski	11	Valley Christian Cerritos (SS)	17:33.1	49
57 (114)	Isidro Leanos	11	Norte Vista (SS)	17:39.6	50
58 (117)	Damian Moreno	12	Whitney (Gretchen) (SS)	17:41.0	51
59 (120)	Isaiah Lvovsky	11	Valley Christian Cerritos (SS)	17:43.1	52
60 (121)	Alexander Gonzalez	12	Bellflower (SS)	17:43.3	53
61 (123)	Noah Martinez	11	Tustin (SS)	17:49.7	54
62 (124)	Anthony Staub	12	North Torrance (SS)	17:54.6	55
63 (125)	Nathan Aviles	9	North Torrance (SS)	17:55.1	56
64 (127)	Aston Nagahashi	11	North Torrance (SS)	17:56.4	57
65 (128)	Ethan Barcenaz	11	Tustin (SS)	17:57.0	58
66 (130)	Jayden Pineda	11	Torrance (SS)	18:06.1	

Place	Name	Grade	Team	Time	Points
67 (131)	Gael Ramirez-Sanchez	11	South Hills (SS)	18:07.1	59
68 (132)	Jacob Enriquez	11	Glenn (John H.) (SS)	18:08.4	
69 (133)	Jai Sukhadia	11	Whitney (Gretchen) (SS)	18:08.6	60
70 (136)	Brendan Perry	11	Whitney (Gretchen) (SS)	18:11.1	61
71 (137)	Andres Alfaro	9	Aquinas (SS)	18:12.1	62
72 (138)	Jake Godinez	12	Mayfair (SS)	18:13.4	63
73 (141)	Diego Mayoral Lopez	11	Bellflower (SS)	18:21.0	64
74 (142)	Jeremy Evans	12	Tustin (SS)	18:21.4	65
75 (144)	Jacob Naval	9	St. Paul (SS)	18:22.0	66
76 (146)	Troy Selway	11	Tustin (SS)	18:22.4	67
77 (147)	David Loza	11	Bellflower (SS)	18:24.9	68
78 (148)	Jesse Sanchez	11	Bellflower (SS)	18:25.1	69
79 (152)	Luis Cervantes	11	Norte Vista (SS)	18:33.6	70
80 (156)	Joseph Mota	11	St. Paul (SS)	18:44.2	71
81 (157)	Lucas Florez	12	South Hills (SS)	18:53.4	72
82 (158)	Emiliano Castillo	11	Norte Vista (SS)	18:54.5	73
83 (159)	Matthew Low	12	Whitney (Gretchen) (SS)	18:56.3	74
84 (162)	Fidel Sandavol	12	St. Paul (SS)	19:00.6	75
85 (163)	David Escoto	12	Norte Vista (SS)	19:02.9	76
86 (166)	Logan Olivares	12	Valley Christian Cerritos (SS)	19:15.2	77
87 (167)	Jacob Evans	11	Valley Christian Cerritos (SS)	19:16.7	78
88 (168)	Curtis Mendivil	12	South Hills (SS)	19:17.4	79

Race 4 - Boys Varsity - 3 Mile

8/31/2024 - 9:00am

Individual Results - Small

Place	Name	Grade	Team	Time	Points
89 (169)	Thristan Cabada	12	NOVA Early College High School (	19:18.9	80
90 (170)	Zaid Burr	11	Mayfair (SS)	19:23.6	81
91 (173)	Henry Tello-Belmonte	11	St. Paul (SS)	19:43.8	82
92 (177)	Adrian Munoz	12	Bellflower (SS)	20:13.8	83
93 (178)	Eric Nagahashi	10	Valley Christian Cerritos (SS)	20:19.7	84
94 (179)	Calvin Ikeda	11	North Torrance (SS)	20:20.0	85
95 (181)	Paul Malcore	11	Aquinas (SS)	20:40.3	86
96 (182)	Tomas Mota	10	St. Paul (SS)	20:43.1	87
97 (187)	Daniel Macias	11	St. Paul (SS)	21:16.0	88
98 (189)	Ayden Ponce	12	Aquinas (SS)	21:23.7	89
99 (190)	Elias Mota	12	St. Paul (SS)	21:27.6	90
100 (191)	Gabriel Bates	12	Tustin (SS)	21:27.9	91
101 (192)	Aaron Burkett	10	Valley Christian Cerritos (SS)	21:36.3	
102 (193)	Kristopher Martin	10	Aquinas (SS)	21:40.4	92
103 (195)	Emmanuel Serafin-Galicia	11	NOVA Early College High School (	21:53.7	93
104 (196)	Andrew Siqueiros	12	NOVA Early College High School (	21:58.6	94
105 (198)	Eli Anema	10	Valley Christian Cerritos (SS)	22:28.7	
106 (201)	Nabhan Khan	11	Glenn (John H.) (SS)	22:57.5	
107 (204)	Christoper Cooper	11	NOVA Early College High School (	23:49.1	95
108 (205)	Joshua Lopez	12	Santa Fe (SS)	23:49.4	96
109 (206)	Jaime Gomez	9	NOVA Early College High School (	23:50.0	97
110 (207)	Isiah Lvosky	11	Valley Christian Cerritos (SS)	27:57.2	

Place	Name	Grade	Team	Time	Points
111 (208)	Mario Guzman-Ceniceros	10	NOVA Early College High School (	27:57.3	98
112 (209)	Jose Lazaro	12	NOVA Early College High School (	29:53.8	99