

# Great Cow Run

John Glenn

## Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

## Team Results - Overall

| Place | Team                                                                                                        | Score | Team Time | Runner Avg | Avg Mile | 5 Man Gap | Finish Order          | Scoring Order        |
|-------|-------------------------------------------------------------------------------------------------------------|-------|-----------|------------|----------|-----------|-----------------------|----------------------|
| 1     |  Palisades Charter (LA)    | 62    | 1:46:23   | 21:17      | 7:06     | 3:41      | 2-8-12-22-40          | 2-5-8-17-30          |
| 2     |  Burroughs Burbank (SS)    | 67    | 1:48:24   | 21:41      | 7:14     | 2:00      | 10-13-14-21-34-35-50  | 6-9-10-16-26-27-35   |
| 3     |  Los Alamitos (SS)         | 82    | 1:48:39   | 21:44      | 7:15     | 2:42      | 5-19-25-28-31-32-37   | 3-14-20-22-23-24-29  |
| 4     |  Downey (SS)               | 90    | 1:49:07   | 21:50      | 7:17     | 5:40      | 1-7-20-41-59          | 1-4-15-31-39         |
| 5     |  Glendora (SS)             | 117   | 1:53:28   | 22:42      | 7:34     | 3:12      | 16-23-24-36-60        | 12-18-19-28-40       |
| 6     |  West Torrance (SS)       | 168   | 2:00:15   | 24:03      | 8:01     | 3:46      | 17-49-57-65-69-73-85  | 13-34-37-41-43-44-50 |
| 7     |  Marymount (SS)          | 171   | 2:01:07   | 24:14      | 8:05     | 5:19      | 15-47-52-67-83        | 11-33-36-42-49       |
| 8     |  Whitney (Gretchen) (SS) | 197   | 2:07:23   | 25:29      | 8:30     | 6:45      | 11-58-82-88-90        | 7-38-48-51-53        |
| 9     |  Fullerton Union (SS)    | 203   | 2:11:23   | 26:17      | 8:46     | 9:33      | 27-33-79-89-110       | 21-25-47-52-58       |
| 10    |  Torrance (SS)           | 232   | 2:12:43   | 26:33      | 8:51     | 4:49      | 43-75-76-91-92-96-102 | 32-45-46-54-55-56-57 |
| DNP   |  Santa Fe (SS)           |       | 1:48:39   | 27:10      | 9:04     |           | 9-38-112-113          | 4 Runners            |
| DNP   |  Bell Gardens (SS)       |       | 1:49:59   | 27:30      | 9:10     |           | 29-77-98-111          | 4 Runners            |
| DNP   |  South Hills (SS)        |       | 1:52:44   | 28:11      | 9:24     |           | 61-68-101-114         | 4 Runners            |
| DNP   |  Bellflower (SS)         |       | 1:54:55   | 28:44      | 9:35     |           | 46-99-106-107         | 4 Runners            |
| DNP   |  St. Paul (SS)           |       | 1:58:29   | 29:38      | 9:53     |           | 94-95-97-109          | 4 Runners            |
| DNP   |  Norte Vista (SS)        |       | 2:00:36   | 30:09      | 10:03    |           | 54-105-108-116        | 4 Runners            |
| DNP   |  Culver City (SS)        |       | 1:10:34   | 23:32      | 7:51     |           | 18-26-81              | 3 Runners            |
| DNP   |  Paramount (SS)          |       | 1:15:01   | 25:01      | 8:21     |           | 62-64-72              | 3 Runners            |
| DNP   |  Rosary Academy (SS)     |       | 1:20:14   | 26:45      | 8:55     |           | 55-66-104             | 3 Runners            |
| DNP   |  Norwalk (SS)            |       | 1:25:06   | 28:22      | 9:28     |           | 84-93-100             | 3 Runners            |

# Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

## Team Results - Overall

| Place | Team                                                                                                         | Score | Team Time | Runner Avg | Avg Mile | 5 Man Gap | Finish Order | Scoring Order |
|-------|--------------------------------------------------------------------------------------------------------------|-------|-----------|------------|----------|-----------|--------------|---------------|
| DNP   |  Cerritos (SS)              |       | 46:11     | 23:06      | 7:42     |           | 3-80         | 2 Runners     |
| DNP   |  Sacred Heart of Jesus (SS) |       | 47:06     | 23:33      | 7:51     |           | 4-86         | 2 Runners     |
| DNP   | Unattached                                                                                                   |       | 1:11:18   | 35:39      | 11:53    |           | 78-117       | Non-Scoring   |
| DNP   |  Palm Desert (SS)           |       | 19:56     | 19:56      | 6:39     |           | 6            | 1 Runner      |
| DNP   |  Tustin (SS)                |       | 22:30     | 22:30      | 7:30     |           | 30           | 1 Runner      |
| DNP   |  Kennedy (John F.) (SS)     |       | 26:10     | 26:10      | 8:44     |           | 74           | 1 Runner      |

# Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

## Individual Results - Overall

| Place | Name              | Grade | Team                       | Time    | Points |
|-------|-------------------|-------|----------------------------|---------|--------|
| 1     | Ysabella Ponio    | 9     | Downey (SS)                | 18:59.8 | 1      |
| 2     | Eleanor Mammen    | 9     | Palisades Charter (LA)     | 19:32.4 | 2      |
| 3     | Kanako Field      | 9     | Cerritos (SS)              | 19:37.5 |        |
| 4     | Olivia Avila      | 9     | Sacred Heart of Jesus (SS) | 19:42.9 |        |
| 5     | Mio Emi           | 9     | Los Alamitos (SS)          | 19:49.5 | 3      |
| 6     | Mariana Avila     | 9     | Palm Desert (SS)           | 19:55.3 |        |
| 7     | Lyrax Jimenez     | 9     | Downey (SS)                | 20:15.7 | 4      |
| 8     | Amelia Halpin     | 9     | Palisades Charter (LA)     | 20:28.7 | 5      |
| 9     | Mya Vega          | 9     | Santa Fe (SS)              | 20:29.8 |        |
| 10    | Elisha Hill       | 9     | Burroughs Burbank (SS)     | 20:56.8 | 6      |
| 11    | Madison Lee       | 9     | Whitney (Gretchen) (SS)    | 20:57.5 | 7      |
| 12    | Hanna Sadzik      | 9     | Palisades Charter (LA)     | 21:09.1 | 8      |
| 13    | Paula Mejia       | 9     | Burroughs Burbank (SS)     | 21:20.3 | 9      |
| 14    | Teresa Solano     | 9     | Burroughs Burbank (SS)     | 21:21.5 | 10     |
| 15    | Harper Huxen      | 9     | Marymount (SS)             | 21:26.6 | 11     |
| 16    | Fatima Gonzalez   | 9     | Glendora (SS)              | 21:32.0 | 12     |
| 17    | Kaylie Avery      | 10    | West Torrance (SS)         | 21:33.4 | 13     |
| 18    | Lela Vaux         | 9     | Culver City (SS)           | 21:37.2 |        |
| 19    | Michelle Wellsand | 9     | Los Alamitos (SS)          | 21:43.9 | 14     |
| 20    | Madeline Bashara  | 9     | Downey (SS)                | 21:45.3 | 15     |
| 21    | Embrie Stephenson | 9     | Burroughs Burbank (SS)     | 21:48.3 | 16     |
| 22    | Lucy Ames         | 9     | Palisades Charter (LA)     | 21:59.4 | 17     |
| 23    | Rebecca Gonzalez  | 9     | Glendora (SS)              | 22:00.8 | 18     |
| 24    | Lila Coppi        | 9     | Glendora (SS)              | 22:03.2 | 19     |
| 25    | Shawati Jay       | 10    | Los Alamitos (SS)          | 22:11.9 | 20     |
| 26    | Hannah Hooten     | 9     | Culver City (SS)           | 22:19.4 |        |
| 27    | Story Theunissen  | 9     | Fullerton Union (SS)       | 22:20.0 | 21     |
| 28    | Abby Caddell      | 9     | Los Alamitos (SS)          | 22:22.9 | 22     |
| 29    | Aileen Vargas     | 9     | Bell Gardens (SS)          | 22:28.7 |        |
| 30    | Makenzie Peterson | 9     | Tustin (SS)                | 22:29.5 |        |
| 31    | Avalynn Alexander | 9     | Los Alamitos (SS)          | 22:30.6 | 23     |
| 32    | Luna Hidalgo      | 9     | Los Alamitos (SS)          | 22:32.4 | 24     |

| Place | Name               | Grade | Team                    | Time    | Points |
|-------|--------------------|-------|-------------------------|---------|--------|
| 33    | Violet Thien       | 9     | Fullerton Union (SS)    | 22:55.9 | 25     |
| 34    | Yannis Monzon      | 9     | Burroughs Burbank (SS)  | 22:56.2 | 26     |
| 35    | Eva White          | 9     | Burroughs Burbank (SS)  | 23:00.4 | 27     |
| 36    | Katelyn Kievit     | 9     | Glendora (SS)           | 23:07.8 | 28     |
| 37    | Finley Wisehart    | 9     | Los Alamitos (SS)       | 23:08.8 | 29     |
| 38    | Gianna Rossman     | 9     | Santa Fe (SS)           | 23:08.9 |        |
| 39    | Maggie Zhang       | 9     | Los Alamitos (SS)       | 23:10.0 |        |
| 40    | Ruba Gneid         | 9     | Palisades Charter (LA)  | 23:12.7 | 30     |
| 41    | Delilah Valencia   | 9     | Downey (SS)             | 23:26.3 | 31     |
| 42    | Amy Tang           | 9     | Los Alamitos (SS)       | 23:31.0 |        |
| 43    | Alia Michael-Ho    | 9     | Torrance (SS)           | 23:33.0 | 32     |
| 44    | Clair Laskan       | 9     | Los Alamitos (SS)       | 23:33.3 |        |
| 45    | Megan Farmer       | 9     | Los Alamitos (SS)       | 23:34.8 |        |
| 46    | Azul Ramirez       | 9     | Bellflower (SS)         | 23:35.8 |        |
| 47    | Zoe Young          | 9     | Marymount (SS)          | 23:42.0 | 33     |
| 48    | Lucy Ray           | 9     | Los Alamitos (SS)       | 23:43.0 |        |
| 49    | Kotori Ui          | 9     | West Torrance (SS)      | 23:45.5 | 34     |
| 50    | Leila Peak         | 9     | Burroughs Burbank (SS)  | 23:46.5 | 35     |
| 51    | Mya Bystrom        | 9     | Los Alamitos (SS)       | 23:50.3 |        |
| 52    | Cassie Ruisanchez  | 9     | Marymount (SS)          | 23:56.3 | 36     |
| 53    | Bailey Conley      | 9     | Los Alamitos (SS)       | 24:24.7 |        |
| 54    | Montserrat Mendoza | 9     | Norte Vista (SS)        | 24:25.0 |        |
| 55    | Melissa Lopez      | 9     | Rosary Academy (SS)     | 24:31.2 |        |
| 56    | Zoey Pantig        | 9     | Los Alamitos (SS)       | 24:32.6 |        |
| 57    | Sofia Moutes       | 9     | West Torrance (SS)      | 24:36.9 | 37     |
| 58    | Helene Bautista    | 9     | Whitney (Gretchen) (SS) | 24:38.8 | 38     |
| 59    | Delilah Salinas    | 9     | Downey (SS)             | 24:39.0 | 39     |
| 60    | Sophie Carlos      | 9     | Glendora (SS)           | 24:43.7 | 40     |
| 61    | Sabrina Ortiz      | 9     | South Hills (SS)        | 24:45.8 |        |
| 62    | Sarai Galvez       | 9     | Paramount (SS)          | 24:48.3 |        |
| 63    | Ruby Yan           | 9     | Los Alamitos (SS)       | 24:48.9 |        |
| 64    | Lizbeth Candelario | 9     | Paramount (SS)          | 24:50.2 |        |
| 65    | Esha Chethikattil  | 9     | West Torrance (SS)      | 24:59.4 | 41     |
| 66    | Luna Romero        | 9     | Rosary Academy (SS)     | 25:06.7 |        |

# Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

## Individual Results - Overall

| Place | Name                   | Grade | Team                       | Time    | Points |
|-------|------------------------|-------|----------------------------|---------|--------|
| 67    | Brooke Connolly        | 9     | Marymount (SS)             | 25:16.7 | 42     |
| 68    | Zoe Alvarez            | 9     | South Hills (SS)           | 25:17.4 |        |
| 69    | Larissa Fernandez      | 9     | West Torrance (SS)         | 25:18.8 | 43     |
| 70    | Kenzi Nawa             | 9     | Los Alamitos (SS)          | 25:19.7 |        |
| 71    | Ayla Gossett           | 9     | Los Alamitos (SS)          | 25:20.3 |        |
| 72    | Isabella Casarez       | 9     | Paramount (SS)             | 25:22.4 |        |
| 73    | Nadia Javaid           | 9     | West Torrance (SS)         | 25:52.4 | 44     |
| 74    | Ellyse Rivera          | 9     | Kennedy (John F.) (SS)     | 26:09.5 |        |
| 75    | Jaslyn Lopez           | 9     | Torrance (SS)              | 26:10.9 | 45     |
| 76    | Meigan Partida         | 9     | Torrance (SS)              | 26:16.0 | 46     |
| 77    | Julissa Martinez       | 9     | Bell Gardens (SS)          | 26:16.6 |        |
| 78    | Alyssa Enriquez        |       | Unattached                 | 26:31.0 |        |
| 79    | Chloe Chavez           | 9     | Fullerton Union (SS)       | 26:32.5 | 47     |
| 80    | Madelyn Gutierrez      | 9     | Cerritos (SS)              | 26:32.9 |        |
| 81    | Arie Smith             | 9     | Culver City (SS)           | 26:37.4 |        |
| 82    | Helen Rodriguez Salehi | 9     | Whitney (Gretchen) (SS)    | 26:38.3 | 48     |
| 83    | Isabelle Essig         | 9     | Marymount (SS)             | 26:45.2 | 49     |
| 84    | Raea Luna              | 9     | Norwalk (SS)               | 26:50.5 |        |
| 85    | Mikaylah Arreola       | 9     | West Torrance (SS)         | 26:52.5 | 50     |
| 86    | Ruby Santa Cruz        | 9     | Sacred Heart of Jesus (SS) | 27:22.6 |        |
| 87    | Sofia Gonzalez         | 9     | Los Alamitos (SS)          | 27:23.1 |        |
| 88    | Miya Bennett           | 9     | Whitney (Gretchen) (SS)    | 27:25.8 | 51     |
| 89    | Hailey Proctor         | 9     | Fullerton Union (SS)       | 27:42.2 | 52     |
| 90    | Alina Luk              | 9     | Whitney (Gretchen) (SS)    | 27:42.3 | 53     |
| 91    | Hanaa Kim              | 9     | Torrance (SS)              | 28:21.0 | 54     |
| 92    | Khyrene Teodoro        | 9     | Torrance (SS)              | 28:21.5 | 55     |
| 93    | Nayleen Lizarraga      | 9     | Norwalk (SS)               | 28:36.8 |        |
| 94    | Claire Marin           | 10    | St. Paul (SS)              | 28:44.0 |        |
| 95    | Zavannah Lara          | 9     | St. Paul (SS)              | 28:51.6 |        |
| 96    | Marley Stuart          | 9     | Torrance (SS)              | 28:58.4 | 56     |
| 97    | Maya Silva             | 9     | St. Paul (SS)              | 29:14.1 |        |
| 98    | Yaretzi Angeles        | 9     | Bell Gardens (SS)          | 29:20.9 |        |
| 99    | Sarahi Cristal         | 9     | Bellflower (SS)            | 29:30.8 |        |
| 100   | Deniss Raya Perez      | 9     | Norwalk (SS)               | 29:37.9 |        |
| 101   | Isabella Resendiz      | 9     | South Hills (SS)           | 29:55.7 |        |

| Place | Name                      | Grade | Team                 | Time    | Points |
|-------|---------------------------|-------|----------------------|---------|--------|
| 102   | Emily Ulrich              | 9     | Torrance (SS)        | 30:04.4 | 57     |
| 103   | Amia Flores Perera        | 9     | Torrance (SS)        | 30:35.0 |        |
| 104   | Camila Flores de la Torre | 9     | Rosary Academy (SS)  | 30:36.1 |        |
| 105   | Alison Castro             | 9     | Norte Vista (SS)     | 30:37.1 |        |
| 106   | Evangeline Varela         | 9     | Bellflower (SS)      | 30:53.9 |        |
| 107   | Alejandra Mondaca         | 9     | Bellflower (SS)      | 30:54.3 |        |
| 108   | Mia Norman                | 9     | Norte Vista (SS)     | 31:14.8 |        |
| 109   | Fatima Aguilar            | 11    | St. Paul (SS)        | 31:39.1 |        |
| 110   | Iris Lee                  | 9     | Fullerton Union (SS) | 31:52.3 | 58     |
| 111   | Fatima Ramon              | 9     | Bell Gardens (SS)    | 31:52.5 |        |
| 112   | Jazmine Ambriz            | 9     | Santa Fe (SS)        | 32:16.1 |        |
| 113   | Leah Lopez                | 9     | Santa Fe (SS)        | 32:43.4 |        |
| 114   | Araiya Rangel             | 9     | South Hills (SS)     | 32:44.2 |        |
| 115   | Alexa Ontiveros           | 9     | Torrance (SS)        | 33:20.2 |        |
| 116   | Julianna Quintero         | 9     | Norte Vista (SS)     | 34:19.1 |        |
| 117   | Victoria Hernandez        |       | Unattached           | 44:46.3 |        |

# Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

## Team Results - Large

| Place | Team                                                                                                       | Score | Team Time | Runner Avg | Avg Mile | 5 Man Gap | Finish Order        | Scoring Order       |
|-------|------------------------------------------------------------------------------------------------------------|-------|-----------|------------|----------|-----------|---------------------|---------------------|
| 1     |  Palisades Charter (LA)   | 53    | 1:46:23   | 21:17      | 7:06     | 3:41      | 2-7-9-17-31         | 2-5-7-14-25         |
| 2     |  Burroughs Burbank (SS)   | 57    | 1:48:24   | 21:41      | 7:14     | 2:00      | 8-10-11-16-26-27-37 | 6-8-9-13-21-22-27   |
| 3     |  Los Alamitos (SS)        | 68    | 1:48:39   | 21:44      | 7:15     | 2:42      | 4-14-20-22-24-25-29 | 3-11-17-18-19-20-24 |
| 4     |  Downey (SS)              | 71    | 1:49:07   | 21:50      | 7:17     | 5:40      | 1-6-15-32-41        | 1-4-12-26-28        |
| 5     |  Glendora (SS)            | 93    | 1:53:28   | 22:42      | 7:34     | 3:12      | 12-18-19-28-42      | 10-15-16-23-29      |
| DNP   |  Bell Gardens (SS)        |       | 1:49:59   | 27:30      | 9:10     |           | 23-50-56-58         | 4 Runners           |
| DNP   |  Culver City (SS)         |       | 1:10:34   | 23:32      | 7:51     |           | 13-21-52            | 3 Runners           |
| DNP   |  Paramount (SS)           |       | 1:15:01   | 25:01      | 8:21     |           | 43-45-48            | 3 Runners           |
| DNP   |  Norwalk (SS)             |       | 1:25:06   | 28:22      | 9:28     |           | 53-55-57            | 3 Runners           |
| DNP   |  Cerritos (SS)           |       | 46:11     | 23:06      | 7:42     |           | 3-51                | 2 Runners           |
| DNP   |  Palm Desert (SS)       |       | 19:56     | 19:56      | 6:39     |           | 5                   | 1 Runner            |
| DNP   |  Kennedy (John F.) (SS) |       | 26:10     | 26:10      | 8:44     |           | 49                  | 1 Runner            |

# Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

## Individual Results - Large

| Place      | Name              | Grade | Team                   | Time    | Points |
|------------|-------------------|-------|------------------------|---------|--------|
| 1<br>(1)   | Ysabella Ponio    | 9     | Downey (SS)            | 18:59.8 | 1      |
| 2<br>(2)   | Eleanor Mammen    | 9     | Palisades Charter (LA) | 19:32.4 | 2      |
| 3<br>(3)   | Kanako Field      | 9     | Cerritos (SS)          | 19:37.5 |        |
| 4<br>(5)   | Mio Emi           | 9     | Los Alamitos (SS)      | 19:49.5 | 3      |
| 5<br>(6)   | Mariana Avila     | 9     | Palm Desert (SS)       | 19:55.3 |        |
| 6<br>(7)   | Lyrax Jimenez     | 9     | Downey (SS)            | 20:15.7 | 4      |
| 7<br>(8)   | Amelia Halpin     | 9     | Palisades Charter (LA) | 20:28.7 | 5      |
| 8<br>(10)  | Elisha Hill       | 9     | Burroughs Burbank (SS) | 20:56.8 | 6      |
| 9<br>(12)  | Hanna Sadzik      | 9     | Palisades Charter (LA) | 21:09.1 | 7      |
| 10<br>(13) | Paula Mejia       | 9     | Burroughs Burbank (SS) | 21:20.3 | 8      |
| 11<br>(14) | Teresa Solano     | 9     | Burroughs Burbank (SS) | 21:21.5 | 9      |
| 12<br>(16) | Fatima Gonzalez   | 9     | Glendora (SS)          | 21:32.0 | 10     |
| 13<br>(18) | Lela Vaux         | 9     | Culver City (SS)       | 21:37.2 |        |
| 14<br>(19) | Michelle Wellsand | 9     | Los Alamitos (SS)      | 21:43.9 | 11     |
| 15<br>(20) | Madeline Bashara  | 9     | Downey (SS)            | 21:45.3 | 12     |
| 16<br>(21) | Embrie Stephenson | 9     | Burroughs Burbank (SS) | 21:48.3 | 13     |
| 17<br>(22) | Lucy Ames         | 9     | Palisades Charter (LA) | 21:59.4 | 14     |
| 18<br>(23) | Rebecca Gonzalez  | 9     | Glendora (SS)          | 22:00.8 | 15     |
| 19<br>(24) | Lila Coppi        | 9     | Glendora (SS)          | 22:03.2 | 16     |
| 20<br>(25) | Shawati Jay       | 10    | Los Alamitos (SS)      | 22:11.9 | 17     |
| 21<br>(26) | Hannah Hooten     | 9     | Culver City (SS)       | 22:19.4 |        |
| 22<br>(28) | Abby Caddell      | 9     | Los Alamitos (SS)      | 22:22.9 | 18     |

| Place      | Name              | Grade | Team                   | Time    | Points |
|------------|-------------------|-------|------------------------|---------|--------|
| 23<br>(29) | Aileen Vargas     | 9     | Bell Gardens (SS)      | 22:28.7 |        |
| 24<br>(31) | Avalynn Alexander | 9     | Los Alamitos (SS)      | 22:30.6 | 19     |
| 25<br>(32) | Luna Hidalgo      | 9     | Los Alamitos (SS)      | 22:32.4 | 20     |
| 26<br>(34) | Yannis Monzon     | 9     | Burroughs Burbank (SS) | 22:56.2 | 21     |
| 27<br>(35) | Eva White         | 9     | Burroughs Burbank (SS) | 23:00.4 | 22     |
| 28<br>(36) | Katelyn Kievit    | 9     | Glendora (SS)          | 23:07.8 | 23     |
| 29<br>(37) | Finley Wisehart   | 9     | Los Alamitos (SS)      | 23:08.8 | 24     |
| 30<br>(39) | Maggie Zhang      | 9     | Los Alamitos (SS)      | 23:10.0 |        |
| 31<br>(40) | Ruba Gneid        | 9     | Palisades Charter (LA) | 23:12.7 | 25     |
| 32<br>(41) | Delilah Valencia  | 9     | Downey (SS)            | 23:26.3 | 26     |
| 33<br>(42) | Amy Tang          | 9     | Los Alamitos (SS)      | 23:31.0 |        |
| 34<br>(44) | Clair Laskan      | 9     | Los Alamitos (SS)      | 23:33.3 |        |
| 35<br>(45) | Megan Farmer      | 9     | Los Alamitos (SS)      | 23:34.8 |        |
| 36<br>(48) | Lucy Ray          | 9     | Los Alamitos (SS)      | 23:43.0 |        |
| 37<br>(50) | Leila Peak        | 9     | Burroughs Burbank (SS) | 23:46.5 | 27     |
| 38<br>(51) | Mya Bystrom       | 9     | Los Alamitos (SS)      | 23:50.3 |        |
| 39<br>(53) | Bailey Conley     | 9     | Los Alamitos (SS)      | 24:24.7 |        |
| 40<br>(56) | Zoey Pantig       | 9     | Los Alamitos (SS)      | 24:32.6 |        |
| 41<br>(59) | Delilah Salinas   | 9     | Downey (SS)            | 24:39.0 | 28     |
| 42<br>(60) | Sophie Carlos     | 9     | Glendora (SS)          | 24:43.7 | 29     |
| 43<br>(62) | Sarai Galvez      | 9     | Paramount (SS)         | 24:48.3 |        |
| 44<br>(63) | Ruby Yan          | 9     | Los Alamitos (SS)      | 24:48.9 |        |

## Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

### Individual Results - Large

| Place       | Name               | Grade | Team                      | Time    | Points |
|-------------|--------------------|-------|---------------------------|---------|--------|
| 45<br>(64)  | Lizbeth Candelario | 9     | Paramount (SS)            | 24:50.2 |        |
| 46<br>(70)  | Kenzi Nawa         | 9     | Los Alamitos (SS)         | 25:19.7 |        |
| 47<br>(71)  | Ayla Gossett       | 9     | Los Alamitos (SS)         | 25:20.3 |        |
| 48<br>(72)  | Isabella Casarez   | 9     | Paramount (SS)            | 25:22.4 |        |
| 49<br>(74)  | Ellyse Rivera      | 9     | Kennedy (John F.)<br>(SS) | 26:09.5 |        |
| 50<br>(77)  | Julissa Martinez   | 9     | Bell Gardens (SS)         | 26:16.6 |        |
| 51<br>(80)  | Madelyn Gutierrez  | 9     | Cerritos (SS)             | 26:32.9 |        |
| 52<br>(81)  | Arie Smith         | 9     | Culver City (SS)          | 26:37.4 |        |
| 53<br>(84)  | Raea Luna          | 9     | Norwalk (SS)              | 26:50.5 |        |
| 54<br>(87)  | Sofia Gonzalez     | 9     | Los Alamitos (SS)         | 27:23.1 |        |
| 55<br>(93)  | Nayleen Lizarraga  | 9     | Norwalk (SS)              | 28:36.8 |        |
| 56<br>(98)  | Yaretzi Angeles    | 9     | Bell Gardens (SS)         | 29:20.9 |        |
| 57<br>(100) | Deniss Raya Perez  | 9     | Norwalk (SS)              | 29:37.9 |        |
| 58<br>(111) | Fatima Ramon       | 9     | Bell Gardens (SS)         | 31:52.5 |        |

# Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

## Team Results - Small

| Place | Team                                                                                                           | Score | Team Time | Runner Avg | Avg Mile | 5 Man Gap | Finish Order         | Scoring Order       |
|-------|----------------------------------------------------------------------------------------------------------------|-------|-----------|------------|----------|-----------|----------------------|---------------------|
| 1     |  West Torrance (SS)           | 47    | 2:00:15   | 24:03      | 8:01     | 3:46      | 5-13-17-20-24-25-31  | 3-8-10-12-14-15-21  |
| 2     |  Marymount (SS)               | 51    | 2:01:07   | 24:14      | 8:05     | 5:19      | 4-12-14-22-30        | 2-7-9-13-20         |
| 3     |  Whitney (Gretchen) (SS)      | 77    | 2:07:23   | 25:29      | 8:30     | 6:45      | 3-18-29-33-35        | 1-11-19-22-24       |
| 4     |  Fullerton Union (SS)         | 79    | 2:11:23   | 26:17      | 8:46     | 9:33      | 6-8-28-34-52         | 4-5-18-23-29        |
| 5     |  Torrance (SS)                | 90    | 2:12:43   | 26:33      | 8:51     | 4:49      | 10-26-27-36-37-40-44 | 6-16-17-25-26-27-28 |
| DNP   |  Santa Fe (SS)                |       | 1:48:39   | 27:10      | 9:04     |           | 2-9-53-54            | 4 Runners           |
| DNP   |  South Hills (SS)             |       | 1:52:44   | 28:11      | 9:24     |           | 19-23-43-55          | 4 Runners           |
| DNP   |  Bellflower (SS)              |       | 1:54:55   | 28:44      | 9:35     |           | 11-42-48-49          | 4 Runners           |
| DNP   |  St. Paul (SS)                |       | 1:58:29   | 29:38      | 9:53     |           | 38-39-41-51          | 4 Runners           |
| DNP   |  Norte Vista (SS)             |       | 2:00:36   | 30:09      | 10:03    |           | 15-47-50-57          | 4 Runners           |
| DNP   |  Rosary Academy (SS)         |       | 1:20:14   | 26:45      | 8:55     |           | 16-21-46             | 3 Runners           |
| DNP   |  Sacred Heart of Jesus (SS) |       | 47:06     | 23:33      | 7:51     |           | 1-32                 | 2 Runners           |
| DNP   |  Tustin (SS)                |       | 22:30     | 22:30      | 7:30     |           | 7                    | 1 Runner            |

# Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

## Individual Results - Small

| Place      | Name              | Grade | Team                       | Time    | Points |
|------------|-------------------|-------|----------------------------|---------|--------|
| 1<br>(4)   | Olivia Avila      | 9     | Sacred Heart of Jesus (SS) | 19:42.9 |        |
| 2<br>(9)   | Mya Vega          | 9     | Santa Fe (SS)              | 20:29.8 |        |
| 3<br>(11)  | Madison Lee       | 9     | Whitney (Gretchen) (SS)    | 20:57.5 | 1      |
| 4<br>(15)  | Harper Huxen      | 9     | Marymount (SS)             | 21:26.6 | 2      |
| 5<br>(17)  | Kaylie Avery      | 10    | West Torrance (SS)         | 21:33.4 | 3      |
| 6<br>(27)  | Story Theunissen  | 9     | Fullerton Union (SS)       | 22:20.0 | 4      |
| 7<br>(30)  | Makenzie Peterson | 9     | Tustin (SS)                | 22:29.5 |        |
| 8<br>(33)  | Violet Thien      | 9     | Fullerton Union (SS)       | 22:55.9 | 5      |
| 9<br>(38)  | Gianna Rossman    | 9     | Santa Fe (SS)              | 23:08.9 |        |
| 10<br>(43) | Alia Michael-Ho   | 9     | Torrance (SS)              | 23:33.0 | 6      |
| 11<br>(46) | Azul Ramirez      | 9     | Bellflower (SS)            | 23:35.8 |        |
| 12<br>(47) | Zoe Young         | 9     | Marymount (SS)             | 23:42.0 | 7      |
| 13<br>(49) | Kotori Ui         | 9     | West Torrance (SS)         | 23:45.5 | 8      |
| 14<br>(52) | Cassie Ruisanchez | 9     | Marymount (SS)             | 23:56.3 | 9      |
| 15<br>(54) | Monserrat Mendoza | 9     | Norte Vista (SS)           | 24:25.0 |        |
| 16<br>(55) | Melissa Lopez     | 9     | Rosary Academy (SS)        | 24:31.2 |        |
| 17<br>(57) | Sofia Moutes      | 9     | West Torrance (SS)         | 24:36.9 | 10     |
| 18<br>(58) | Helene Bautista   | 9     | Whitney (Gretchen) (SS)    | 24:38.8 | 11     |
| 19<br>(61) | Sabrina Ortiz     | 9     | South Hills (SS)           | 24:45.8 |        |
| 20<br>(65) | Esha Chethikattil | 9     | West Torrance (SS)         | 24:59.4 | 12     |
| 21<br>(66) | Luna Romero       | 9     | Rosary Academy (SS)        | 25:06.7 |        |
| 22<br>(67) | Brooke Connolly   | 9     | Marymount (SS)             | 25:16.7 | 13     |

| Place       | Name                   | Grade | Team                       | Time    | Points |
|-------------|------------------------|-------|----------------------------|---------|--------|
| 23<br>(68)  | Zoe Alvarez            | 9     | South Hills (SS)           | 25:17.4 |        |
| 24<br>(69)  | Larissa Fernandez      | 9     | West Torrance (SS)         | 25:18.8 | 14     |
| 25<br>(73)  | Nadia Javaid           | 9     | West Torrance (SS)         | 25:52.4 | 15     |
| 26<br>(75)  | Jaslyn Lopez           | 9     | Torrance (SS)              | 26:10.9 | 16     |
| 27<br>(76)  | Meigan Partida         | 9     | Torrance (SS)              | 26:16.0 | 17     |
| 28<br>(79)  | Chloe Chavez           | 9     | Fullerton Union (SS)       | 26:32.5 | 18     |
| 29<br>(82)  | Helen Rodriguez Salehi | 9     | Whitney (Gretchen) (SS)    | 26:38.3 | 19     |
| 30<br>(83)  | Isabelle Essig         | 9     | Marymount (SS)             | 26:45.2 | 20     |
| 31<br>(85)  | Mikaylah Arreola       | 9     | West Torrance (SS)         | 26:52.5 | 21     |
| 32<br>(86)  | Ruby Santa Cruz        | 9     | Sacred Heart of Jesus (SS) | 27:22.6 |        |
| 33<br>(88)  | Miya Bennett           | 9     | Whitney (Gretchen) (SS)    | 27:25.8 | 22     |
| 34<br>(89)  | Hailey Proctor         | 9     | Fullerton Union (SS)       | 27:42.2 | 23     |
| 35<br>(90)  | Alina Luk              | 9     | Whitney (Gretchen) (SS)    | 27:42.3 | 24     |
| 36<br>(91)  | Hanaa Kim              | 9     | Torrance (SS)              | 28:21.0 | 25     |
| 37<br>(92)  | Khyrene Teodoro        | 9     | Torrance (SS)              | 28:21.5 | 26     |
| 38<br>(94)  | Claire Marin           | 10    | St. Paul (SS)              | 28:44.0 |        |
| 39<br>(95)  | Zavannah Lara          | 9     | St. Paul (SS)              | 28:51.6 |        |
| 40<br>(96)  | Marley Stuart          | 9     | Torrance (SS)              | 28:58.4 | 27     |
| 41<br>(97)  | Maya Silva             | 9     | St. Paul (SS)              | 29:14.1 |        |
| 42<br>(99)  | Sarahi Cristal         | 9     | Bellflower (SS)            | 29:30.8 |        |
| 43<br>(101) | Isabella Resendiz      | 9     | South Hills (SS)           | 29:55.7 |        |
| 44<br>(102) | Emily Ulrich           | 9     | Torrance (SS)              | 30:04.4 | 28     |

## Race 3 - Girls Freshmen - 3 Mile

8/31/2024 - 8:30am

### Individual Results - Small

| Place       | Name                      | Grade | Team                 | Time    | Points |
|-------------|---------------------------|-------|----------------------|---------|--------|
| 45<br>(103) | Amia Flores Perera        | 9     | Torrance (SS)        | 30:35.0 |        |
| 46<br>(104) | Camila Flores de la Torre | 9     | Rosary Academy (SS)  | 30:36.1 |        |
| 47<br>(105) | Alison Castro             | 9     | Norte Vista (SS)     | 30:37.1 |        |
| 48<br>(106) | Evangeline Varela         | 9     | Bellflower (SS)      | 30:53.9 |        |
| 49<br>(107) | Alejandra Mondaca         | 9     | Bellflower (SS)      | 30:54.3 |        |
| 50<br>(108) | Mia Norman                | 9     | Norte Vista (SS)     | 31:14.8 |        |
| 51<br>(109) | Fatima Aguilar            | 11    | St. Paul (SS)        | 31:39.1 |        |
| 52<br>(110) | Iris Lee                  | 9     | Fullerton Union (SS) | 31:52.3 | 29     |
| 53<br>(112) | Jazmine Ambriz            | 9     | Santa Fe (SS)        | 32:16.1 |        |
| 54<br>(113) | Leah Lopez                | 9     | Santa Fe (SS)        | 32:43.4 |        |
| 55<br>(114) | Araiya Rangel             | 9     | South Hills (SS)     | 32:44.2 |        |
| 56<br>(115) | Alexa Ontiveros           | 9     | Torrance (SS)        | 33:20.2 |        |
| 57<br>(116) | Julianna Quintero         | 9     | Norte Vista (SS)     | 34:19.1 |        |