

# 2023 JOHN ELDERS TITAN INVITE CROSS COUNTRY MEET

## Host

Cal State Fullerton

## Date

Friday, October 20<sup>th</sup>, 2023

## Schedule

5:00pm Women's 5K Race  
5:40pm Men's 8K Race

## Location/Course

Cal State Fullerton Campus Course, 800 N. State College Blvd, Fullerton, CA 92834

*Course starts & finishes at the track; multiple loops around the grass recreation fields and the asphalt & concrete pathways around the CSF Sports Complex; spiked racing shoes **are not recommended**.*

## Time Standards

Due to the multiple loops on our campus course and potential for 2-way traffic, we are setting time standards for this meet. These standards are for both meet management & safety reasons. **Time Standards: M. 8K = 32:00; W. 5K = 26:00.**

**We are asking coaches and individuals to not enter athletes that cannot meet these standards. The race clock will be turned off at these times, and subsequent finishers will receive no time (NT). We ask coaches and individuals to consider these time standards before scheduling and entering this meet.**

## Entry Info

All entries must be submitted on Direct Athletics by **Tuesday, October 17<sup>th</sup> @ 11:59pm**. Collegiate teams must have their TFRRS roster(s) updated prior to the entry deadline. Entries will be posted by no later than Noon on Thursday, October 20<sup>th</sup> on both [www.finishedresults.com](http://www.finishedresults.com) & [www.fullertontitans.com/sports/c-xc/index](http://www.fullertontitans.com/sports/c-xc/index).

## Entry Fee

**Teams:** Entry Fee = \$400 for teams of 10 or more; \$40 per athlete for teams of 9 or less. Online payment is optional for teams. **Individuals:** Entry Fee = \$40 and must be paid online prior to the entry deadline; **Note:** Entry fee is based on number of athletes entered not the number or participants on meet day; entry fee is non-refundable regardless of participation.

## Scoring/Timing/Results

Disposable Bib Chip timing will be used. Results will be posted on [www.finishedresults.com](http://www.finishedresults.com) & [www.fullertontitans.com/sports/c-xc/index](http://www.fullertontitans.com/sports/c-xc/index).

## Awards

Top Team & Top 5 Individuals for each race.

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## **Parking**

Up to 4 parking passes will be provided for each participating institution. Please email Meet Director John Elders ([jelders@fullerton.edu](mailto:jelders@fullerton.edu)) by no later than Monday, October 17<sup>th</sup> with your parking pass request. Please note that buses do not require a parking pass.

## **Contact**

Meet Director John Elders (714)262-9752 [jelders@fullerton.edu](mailto:jelders@fullerton.edu) or Coach Alex Tebbe @ (714) 600-9290 or [atebbe@fullerton.edu](mailto:atebbe@fullerton.edu).

## **2024 Date**

Friday, October 18<sup>th</sup>, 2024