

2023 COUGAR CHALLENGE



SATURDAY, SEPTEMBER 23RD

WOMEN'S 6K- 8:30 AM | MEN'S 8K- 9:15 AM

REGISTRATION:

REGISTER IN ADVANCE AT [DIRECTATHLETICS.COM](https://directathletics.com)

DEADLINE TO REGISTER: SUNDAY, SEPTEMBER 17TH AT 11:59 PM

*TEAMS PLEASE CONTACT COACH ANTHONY HEREDIA ([CAHEREDIA@CSUSM.EDU](mailto:aheredia@csusm.edu))

IF HAVE NOT BEEN INVITED BY CSUSM COACHING STAFF

ENTRY FEES:

TEAM (5 OR MORE ATHLETES): \$ 300 PER GENDER (MAY PAY IN PERSON OR ONLINE) MAKE

CHECKS PAYABLE TO "CSUSM FOUNDATION"

INDIVIDUALS: \$30 (MUST REGISTER AND PAY ON DIRECT ATHLETICS)

COURSE:

SITE: MANGRUM TRACK AND FIELD COMPLEX

333 S. TWIN OAKS VALLEY RD, SAN MARCOS, CA 92078

THE COURSE WILL CONSIST OF 2KM LOOPS: VARIED TERRAIN ON 75%
ON DIRT TRAILS, 25% GRASS AND 40M OF PAVEMENT PER LOOP.

2023 CAL STATE SAN MARCOS COUGAR CHALLENGE

CHECK IN:

ALL TEAMS MUST CHECK IN AND PICK UP RACE PACKETS BY 8:00 AM
PACKETS WILL BE AVAILABLE BEGINNING AT 6:30 AM AT THE REGISTRATION TENT

DIRECTIONS:

FROM INTERSTATE 5

- TAKE 78 EAST, EXIT TWIN OAKS VALLEY RD.
- HEAD WEST ON TWIN OAKS VALLEY RD, MAKE A LEFT AT CHANCELLOR CT.
- PARK IN DESIGNATED LOTS X, Y, Z

FROM INTERSTATE 15

- TAKE 78 WEST, EXIT TWIN OAKS VALLEY RD.
- HEAD WEST ON TWIN OAKS VALLEY RD, MAKE A LEFT AT CHANCELLOR CT.
- PARK IN DESIGNATED LOTS X, Y, Z

FACILITIES:

PLEASE KEEP ANY TEAM CAMPS INSIDE THE DESIGNATED AREA.
PUBLIC RESTROOMS AT THE COURSE SITE ARE LOCATED ADJACENT TO THE COURSE AND X, Y, Z PARKING LOT.

PARKING:

VISITORS MAY PARK IN DESIGNATED LOTS X, Y, Z FOR FREE. FOLLOW SIGNS ON RACE DAY.

QUESTIONS:

PLEASE EMAIL ANTHONY HEREDIA AT [AHEREDIA@CSUSM.EDU](mailto:aheredia@csusm.edu)





6k Course Key



Start-A-B-C-D-E-1mi-F-G-A-B-C-2mi-D-E-F-G-A-B-3mi-C-H-E-F-I-End





8k Course Key

Start-A-B-C-D-E-1mi-F-G-A-B-C-2mi-D-E-F-G-A-B-3mi-C-D-E-F-G-A-4mi-B-C-D-E-F-I-End

