

# Bulldog Run Invitational

September 9, 2023

## Diamond Valley Lake Valley Wide

Only ONLINE ENTRIES will be accepted for the 2023 Bulldog Run Invitational! Register thru FINISHED RESULTS MilesSplit only!

**Registration Deadline September 1, 2023**

**Because of the NEW Course, the meet will be capped at 30 TEAMS**

**Meet Director** Coach Rick Karl at rkarl@hemetusd.org

**Meet Location is** 1801 Angler Ave., Hemet, CA 92543

From the west, take Newport Rd. off of the I-215 and head east. It becomes Domenigoni Pkwy after it crosses Winchester Rd. Continue east to Searl Pkwy and turn right. Following parking attendant directions.

**Meet Registration and Results** on [www.finishedresults.com](http://www.finishedresults.com) . Don't leave registration to the last minute. Leave time to create your account.

**Make Checks Payable** to: HHS ASB Cross Country. We ask that all coaches pay their fees before competing. We will accept payments at check-in and be able to give receipts. It is \$380 for a full team or \$120 per race or \$25 per individual. At the check in, you will get bib numbers and pins for your runners.

**Individual Awards** will be handed out in the finish chute as the runners go through. Each race will award 40 medals.

**Team Plaques** will be awarded to the top 3 teams in each race

### **Time Schedule - updated 6/1/2023**

Mens Races

8:30 AM 5k Fresh/Soph

9:30 AM 5k Jr/Sr

Womens Races

8:00 AM 5k Fresh/Soph

9:00 AM 5k Jr/Sr

Please have your runners at the starting line 10 minutes prior to the race start so the clerk can check them in.

**Parking** will be across from the Aquatics Center, north of the soccer fields. Bus parking will be along Searl Parkway. Attendants will be directing you.

**Teams Setups** can use the soccer field near the finish area and the grass area to the east of the finish. Start line is the west soccer field area.

**Restrooms at the start and** in the softball playing field .

**NEW COURSE!** We've rerouted the course. Still mostly dirt, but many of the hills are gone. I now call this a flat and fast course that is very spectator friendly.

**While Warming Up** please have your athletes be careful of races in progress while warming up on the course. It will be best to warm up near the softball and soccer fields.

**After the** meet you may want to take your team over to the beautiful Aquatic Center for swimming (<http://www.vwrpd.org/hemet-aquatic-center.cfm>), check out the Western Center of Archaeology and Paleontology, or go fishing at Diamond Valley Lake.