

3rd Ian Cumming/Tim Latham Cross Country Invitational Friday,
September 9th, 2021 — 2:00 p.m. at Rohr Park

Dear Coach,

I hope you are looking forward to a great summer. We are looking forward to your participation in the **3rd Ian Cumming/Tim Latham Cross Country Invitational** held on Friday, September 9th, 2022 — 2:00 p.m. at Rohr Park. This meet will be a combination of what was once Mustang Invitational and South Bay Invitational.

We are very excited to honor two legends of the South Bay who impacted literally tens of thousands of student-athletes and saw great success in the process. Both Coach Cumming and Latham have been supportive of continued South Bay success in both cross country and track and field in retirement. This meet is a testament to their work and most importantly to the legacy they have built.

This is purely an information sheet with costs, times, distances and locations. Nothing needs to be mailed back to either school at this point.

Timing: We will be using Finished Results, and chip timing.

COURSE DESCRIPTION: The course is predominantly grass and dirt with a very limited amount of concrete and asphalt. It is also predominantly flat with only one short hill. It is definitely cross country but it is nice for early season since there are not any grueling hill stretches. Start and finish are in the same places for all races.

ENTRY FEES: Fees are \$175 per gender entered (\$350 for both) — Anything under 8 athletes in a gender is \$10 a runner. Checks should be made to **Otay Ranch Cross Country**. Your athletes will not be able to compete without a check submitted! We can take a personal check to hold until yours arrives in the mail.

AWARDS: Medals will be awarded to the top 35 (5 G, 10 S, 20 B) individuals in all races. Team Plaques will be given as well, to the top 3 teams.

Race Schedule

2:00 PM	Girls Junior Varsity Mustang Division	Distance 2 Mile
2:30 PM	Girls Junior Varsity Red Devil Division	Distance 2 Mile
3:00 PM	Boys Junior Varsity Mustang Division	Distance 2.5 Mile
3:25 PM	Boys Junior Varsity Red Devil Division	Distance 2.5 Mile
3:50 PM	Boys Varsity Mustang Division	Distance 3.1 Mile
4:15 PM	Boys Varsity Red Devil Division	Distance 3.1 Mile
4:40 PM	Boys Frosh / Soph Mustang Division	Distance 2.5 Mile
5:10 PM	Boys Frosh / Soph Red Devil Division	Distance 2.5 Mile
5:40 PM	Girls Varsity Mustang Division	Distance 2.5 Mile
6:05 PM	Girls Varsity Red Devil Division	Distance 2.5 Mile

We look forward to having your team join us for an exciting and enjoyable afternoon of cross country races.

Best,

Julian Valdez (ORH) & Jaime Romero (SUHI)