



1ST ANNUAL CHAFFEY COLLEGE XC INVITE HOSTED BY CHAFFEY COLLEGE

Date: Saturday, October 8th.

Location: Chaffey College, 5885 Haven Avenue, Rancho Cucamonga, Ca 91737 – Grigsby Field

Entry Fees: \$125 per team. Men's and women's teams are separate (\$250 for both teams). \$25 per individual if fewer than five athletes. Make checks payable to "Chaffey College Athletics – Cross Country." All entry fees are due on or before race day. No entry fee = no race. No exceptions.

Race Times: Women 8 am / Men 9 am

Race Distances: Women 5K / Men 4 Miles

Race Results: Finished Results will coordinate meet entry, professional timing and results. See additional info provided.

Participants: All coaches must register their athletes in advance at www.directathletics.com by September 30th.

Course: The course is well-marked. Maps are included in the packet. It is the athletes' responsibility to know the course.

Team Packets: Bibs and chips will be available near the start line. Please make sure each athlete is wearing the proper timing chip.

Shoe Tag Return: Each college is responsible for the collection and return of the RFID shoe tags. RFID tags must be **returned in numerical order** and secured using provided zip ties. Colleges will be billed the replacement cost (\$10) for each RFID tag not returned by the end of the meet. There will be an additional \$5 late fee for each RFID tag not returned by the conclusion of the meet.

Awards: Top 10 individuals will medal. A championship plaque to winning men's and women's team.

Locker Rooms: Locker rooms will NOT be available to change. Please make sure your athletes come prepared to run.

Parking: Participant/team parking will be available in R13 next to Sicosky Gym and Grigsby

Field/Track. Please do not park in the lots marked "STAFF." If you are driving a school marked vehicle, you will not need a parking pass.

Athletic Trainers: Chaffey College Athletic Trainers will be starting set up at 7am to have waters out by 7:15am/7:30am. They will be set up in between the start and the finish chute for self-treatment (foam rollers, stretching, etc.), but no formal treatment will be given unless athletic trainers from the visiting schools reach out ahead of time for specific taping needs. They will also be available as needed for emergency management and for post-race ice.

Sandra Harris
909-652-6301
sandra.harris@chaffey.edu

Stephanie Chuml
909-652-6304
stephanie.chuml@chaffey.edu

Contacts:

Rob Lander – Head Coach, Men's and Women's Cross Country. Cell: (626) 372-4871
Rob.lander@chaffey.edu

Dr. Timi Brown – Athletic Director (909) 652-6322,
Cell: (970) 201-0086 (race day only)
Timi.Brown@chaffey.edu

