



USATF Cross Country Championships

Mission Bay Park - San Diego, CA

Race 3 - Masters Men - Age Graded - 8K

1/8/2022 - 10:30am

Individual Results - Age Graded

Place	Name	Age	Team	Time	AG %
1	Jacob Nur #318	66	Elk Grove CA	31:42	86.05
2	Rick Becker #226	67	Club Northwest	32:10	85.62
3	Daniel King #177	62	Athletics Boulder	30:58	84.84
4	Nat Larson #247	59	Greater Springfield Harriers Inc	30:10	84.75
5	Jacques Sallberg #221	47	Cal Coast Track Club	27:37	83.59
6	Mark Yuen #295	51	West Valley Track Club	28:47	82.89
7	David White #294	56	West Valley Track Club	30:07	82.68
8	Sergio Reyes #248	40	HOKA Aggie Running Club	26:37	82.08
9	Ivan Lieben #289	52	West Valley Track Club	29:24	81.83
10	Gregory Mitchell #199	48	Bowerman Track Club	28:27	81.81
11	David Litoff #178	60	Athletics Boulder	31:59	80.66
12	Roosevelt Cook #208	42	Cal Coast Track Club	27:31	80.64
13	Ahrlin Bauman #189	49	Bowerman Track Club	29:24	79.81
14	Christian Cushing-murray #211	54	Cal Coast Track Club	30:44	79.63
15	Okwaro Raura #182	47	boom-MILESTONE	29:00	79.60
16	John Howell #197	48	Bowerman Track Club	29:20	79.35
17	Daniel Martinez #312	59	Los Angeles CA	32:29	78.71
18	Paul White #258	49	Oregon Track Club	29:52	78.57

Place	Name	Age	Team	Time	AG %
19	Mike Blackmore #297	60	Beaverton OR	32:55	78.37
20	Matthew Farley #193	54	Bowerman Track Club	31:14	78.35
21	Ronald Wells #273	75	San Diego Striders	38:59	77.83
22	Eric Hartmann #196	53	Bowerman Track Club	31:12	77.77
23	Ray Knerr #215	61	Cal Coast Track Club	33:29	77.75
24	Edward Randolph #291	52	West Valley Track Club	31:07	77.32
25	Tomas Rodriguez #220	68	Cal Coast Track Club	35:59	77.28
26	Chris McDonald #188	52	Boulder Road Runners	31:11	77.15
27	Joshua Gordon #194	47	Bowerman Track Club	29:57	77.08
28	Knox Robinson #327	46	Los Angeles CA	29:43	77.07
29	Dale Flanders #242	56	Genesee Valley Harriers	32:26	76.77
30	Wesley Reutimann #325	42	Pasadena CA	28:59	76.55
31	Jim Walsh #254	61	Jamul Toads	34:03	76.46
32	Bob Brisco #207	58	Cal Coast Track Club	33:25	75.83
33	Ben Turman #293	51	West Valley Track Club	31:37	75.46
34	David Dunbar #251	72	Jamul Toads	38:33	75.35
35	Ahmet Gokcek #288	54	West Valley Track Club	32:36	75.07
36	Juan Berrelleza #250	53	Jamul Toads	32:23	74.93



Race 3 - Masters Men - Age Graded - 8K

1/8/2022 - 10:30am

Individual Results - Age Graded

Place	Name	Age	Team	Time	AG %
37	Rick Pfeiffer #322	70	Carlsbad CA	37:52	74.93
38	Francis Burdett #246	56	Greater Springfield Harriers Inc	33:15	74.88
39	Matt Seeley #329	51	Polson MT	31:52	74.87
40	Rick Bruess #176	62	Athletics Boulder	35:07	74.82
41	Donald Porteous #32	75	Tamalpa Runners Inc.	40:34	74.79
42	Gary Patton #320	76	Rock Rapids IA	41:18	74.71
43	Donald Stewart #236	60	Empire Runners Club of Sonoma County	34:32	74.70
44	Nick Martin #198	42	Bowerman Track Club	29:45	74.58
45	Cory Smith #249	43	HOKA Aggie Running Club	30:03	74.42
46	Jeff Tomaszewski #337	46	Jacksonville FL	30:47	74.39
47	Brian Nelson #216	64	Cal Coast Track Club	36:05	74.18
48	Adam Feerst #186	61	Boulder Road Runners	35:07	74.14
49	Darren De Reuck #230	56	Colorado Racing Club	33:37	74.07
50	Stan McCormack #314	64	Shawnee KS	36:09	74.04
51	Thomas Reiss #324	53	San Luis Obispo CA	32:50	73.90
52	Jerry Learned #181	73	Atlanta Track Club	39:52	73.85
53	John Van Kerkhove #245	60	Genesee Valley Harriers	34:56	73.85
54	John Borthwick #185	57	Boulder Road Runners	34:03	73.76
55	Gary Ostwald #319	75	Boulder Road Runners	41:08	73.76
56	David Olds #218	60	Cal Coast Track Club	34:59	73.74
57	Lon Wiley #339	73	Petaluma CA	39:57	73.69
58	Kyle Hubbart #187	65	Boulder Road Runners	36:41	73.65

Place	Name	Age	Team	Time	AG %
59	Gregory Coughlan #190	52	Bowerman Track Club	32:40	73.65
60	John Leo #227	57	Club Northwest	34:11	73.48
61	Orestes Gutierrez #195	45	Bowerman Track Club	30:56	73.44
62	Dave Glass #180	75	Atlanta Track Club	41:20	73.40
63	Kevin Taylor #202	65	Bowerman Track Club	36:50	73.35
64	Albert Frank #306	58	Tacoma WA	34:34	73.30
65	Keith Witthauer #224	66	Cal Coast Track Club	37:29	72.78
66	Michael Lebold #252	64	Jamul Toads	37:13	71.92
67	Lucas Agricola #203	40	Cal Coast Track Club	30:25	71.83
68	Keith Strudler #334	50	Allendale NJ	33:06	71.48
69	Eugene Myers #259	69	Potomac Valley Track Club	39:24	71.28
70	Brian Skiles #183	52	boom-MILESTONE	33:52	71.04
71	Jeffery Barros #184	64	Boulder Road Runners	37:43	70.97
72	Trevor Cox #209	42	Cal Coast Track Club	31:22	70.74
73	Steve Sievert #331	53	Tomball TX	34:27	70.43
74	Shawn Donley #192	52	Bowerman Track Club	34:11	70.38
75	Andrew Corman #261	41	Prado Racing Team	31:21	70.23
76	Phillip Gonzalez #212	44	Cal Coast Track Club	32:06	70.21
77	Les Shibata #277	66	San Diego Track Club	39:04	69.83
78	Steven Dunbar #231	51	Colorado Racing Club	34:20	69.49
79	Kurt Whittington #223	44	Cal Coast Track Club	32:30	69.35
80	Greg Wagner #253	66	Jamul Toads	39:26	69.18



Race 3 - Masters Men - Age Graded - 8K

1/8/2022 - 10:30am

Individual Results - Age Graded

Place	Name	Age	Team	Time	AG %
81	Carl Kadlic #310	51	Oakland CA	34:44	68.69
82	Steven Beeler #256	45	Non-Citizen	33:14	68.36
83	Mario Cordova #275	48	Non-Citizen	34:16	67.92
84	Adrian Herrera #308	41	El Paso TX	32:31	67.71
85	Larry Coxe #191	66	Bowerman Track Club	40:21	67.61
86	John Raguin #323	52	Acton MA	35:36	67.58
87	John Hirschberger #282	70	Tamalpa Runners Inc.	42:13	67.21
88	Elmo Shropshire #286	85	Tamalpa Runners Inc.	57:12	67.04
89	Yari Fontebasso #262	40	Non-Citizen	32:39	66.92
90	James Callaway #268	79	San Diego Striders	48:58	66.79
91	Hans Schmid #285	81	Tamalpa Runners Inc.	51:17	66.78
92	Darius Deak #301	51	Shorewood WI	35:44	66.77
93	Stephen Gibson #307	55	Trabuco Canyon CA	37:00	66.71
94	Eric Harsh #234	51	Colorado Racing Club	35:50	66.58
95	William Sumner #222	74	Cal Coast Track Club	45:00	66.38
96	Andrew Block #260	52	Prado Racing Team	36:17	66.31
97	Brent Cushenbery #263	62	River City Rebels	39:53	65.87
98	Joe Schieffer #284	70	Tamalpa Runners Inc.	43:17	65.55
99	John Foster #305	60	Redlands CA	39:30	65.31
100	Steven Bishop #257	57	Non-Citizen	38:56	64.51
101	John Araujo #205	63	Cal Coast Track Club	41:10	64.41
102	Paul Baumhoefner #274	69	San Diego Track Club	43:54	63.97

Place	Name	Age	Team	Time	AG %
103	Enri'que Flores #304	40	Lynwood CA	34:10	63.95
104	Daniel Diehr #270	72	San Diego Striders	45:32	63.80
105	Steve Fether #232	56	Colorado Racing Club	39:03	63.76
106	William Amor #204	62	Cal Coast Track Club	41:19	63.59
107	James Flanigan #281	72	Tamalpa Runners Inc.	45:41	63.59
108	Robert Thomas #336	65	La Crescenta CA	42:42	63.27
109	Andy Harris #265	62	River City Rebels	41:42	63.00
110	Frank Whittemore #255	66	Jamul Toads	43:33	62.64
111	George Juarez #309	56	Los Angeles CA	39:45	62.64
112	James Metts #239	80	Florida Track Club/West	54:05	61.83
113	Peter Rowat #240	80	Florida Track Club/West	54:17	61.60
114	Esteban (Steve) Morales #317	46	Alhambra CA	37:27	61.15
115	Richard Williams #241	86	Florida Track Club/West	1:04:53	61.11
116	Ronald Souza #266	68	River City Rebels	45:31	61.09
117	Evodio Neri #217	50	Cal Coast Track Club	38:53	60.85
118	Jose Zavala #340	52	South Pasadena CA	40:51	58.89
119	Daniel Trone #278	62	San Diego Track Club	45:01	58.36
120	Gavin McKiernan #315	47	Long Beach CA	39:38	58.25
121	Larry Fluharty #264	56	River City Rebels	42:50	58.13
122	Hal Goforth #238	77	Florida Track Club/West	54:18	57.86
123	Andrew Thacher #335	59	San Diego CA	44:29	57.48
124	Isaac Medrano #316	42	Richmond CA	38:49	57.16



Race 3 - Masters Men - Age Graded - 8K

1/8/2022 - 10:30am

Individual Results - Age Graded

Place	Name	Age	Team	Time	AG %
125	Stephen Conner #269	71	San Diego Striders	50:27	56.88
126	Jerry Colletto #299	81	Tamalpa Runners Inc.	1:01:13	55.95
127	Sam Benedict #179	75	Atlanta Track Club	54:15	55.93
128	Curt Cozadd #210	50	Cal Coast Track Club	42:18	55.93
129	Jan Kafka #272	74	San Diego Striders	53:29	55.85
130	Ron Enos #237	76	Florida Track Club/West	56:13	54.88
131	David Tsushima #338	59	Pasadena CA	49:20	51.83
132	Micks Purnell #219	72	Cal Coast Track Club	1:00:11	48.27