

ARIZONACROSS COUNTRY™

2021 Dave Murray INVITATIONAL

Rolling Hills Golf Club

Tucson, Arizona

UA/ASU/SDSU/NEW MEXICO ST.

FRIDAY, OCT. 1ST, 2021

7:00 AM

Women

6k

7:45 AM

Men

8k



MEET INFORMATION

IMPORTANT INFORMATION AND DEADLINES:

TUESDAY SEPT. 26TH 2021 | ENTRY DEADLINE | 5:00PM

Entries must be submitted on Direct Athletics between Thursday, Sept. 16, 2021 and Tuesday, Sept. 26th 2021 by 5:00pm PST. You may edit and update your entries online any time before the entry deadline.

Teams: University of Arizona, Arizona State, SDSU, and New Mexico St.

Entry fees: There will be an entry fee of \$300 per team \$600 for Men and Women.

Entry Restrictions: You can only enter a maximum of 10 athletes/gender.

Payment: You can pay your entry fee online when you register.

Unattached/Open/Club Athlete Entries:

There will be a \$20 per individual athlete entry fee paid online through DirectAthletics.com. All unattached athletes are required to complete an assumption of risk and COVID-19 screening form and release from liability form prior to competing. This form will be available at the check-in table the day of competition.

MEET DIRECTOR: ALL MEET-RELATED COMMUNICATION SHOULD BE DIRECTED TO THE DIRECTOR OF OPERATIONS HEATHER FRUSHOUR HFRUSHOUR@ARIZONA.EDU

PARK ADDRESS: 8900 E. 29th Street Tucson, Arizona 85710

Course Inspection:

The course will be available for inspection at 4:45PM on Thursday, Sept. 30th. PLEASE DO NOT RUN ON THE COURSE BEFORE THIS SCHEDULED TIME!!!! The team entrance gate will open at 4:00pm for packet pickup and team setup. Entrance to the course is located at the main clubhouse and Driving range area. There is a small park adjacent to the course and neighborhood that can be utilized also for warm-up. PLEASE DO NOT CONGREGATE IN LARGE GROUPS AT PARK!!

Bib Numbers:

Bib Numbers are to be worn on the front of the uniforms. Each bib will have a disposable chip adhered to the back. Please double check to make sure this is intact before race time. Packets will include a sheet that needs to list all athletes that do not complete the race, this should be turned into the timing company or meet director immediately following each competition.

Timing:

Finished Results Professional Timing Company will do all timing for the Arizona Invitational. Accepted entries and final results will be posted on

www.finishedresults.com as well as on our website

www.arizonawildcats.com. Finished results will also provide a live results link where



results will be posted during the competition, as well as a live results App (free download on App Store) and final results to be followed during the competition.

Post-meet results will be posted on our website www.arizonawildcats.com and on www.directathletics.com. Please contact Finished Results for meet entry questions or concerns:

Parking: Open parking lot immediately upon arriving at course/First come first serve.

Restrooms: Each team will be assigned 1 portable toilet with the team's name posted on it. (close proximity to start)

Medical Staff & Athletic Trainers: The University of Arizona athletic trainers will set up over by the Start/Finish line. Your athletic trainers can set-up near your team tent. Emergency Medical Services Please contact Ben Crawford with any questions: bcrawford2@email.arizona.edu or (320)333-0237.

COVID-19 ADDITIONAL MEET GUIDELINES & SAFETY PROTOCOLS:

Prior to Meet Day:

Teams need to scratch and leave behind any student-athlete, coach or team personnel who in the previous 72 hours have exhibited any of these symptoms:

- Temperature of 100.4 degrees or higher
- Repeated shaking or chills
- Persistent cough, that is new or different than normal
- Shortness of breath not associated with pre-existing conditions such as asthma
- New loss of smell or taste
- Diarrhea, upset stomach or nausea
- Muscle or body aches not associated with physical workouts
- Sore throat
- Headache that is different than normal
- Congestion or runny nose, not associated with pre-existing conditions such as allergies

COVID-19 Testing Requirement

Visiting teams, coaches and travel party will need to follow PAC 12 testing requirements. Test prior to departure: PCR test within 48 hours prior to departure or Point of Care Test (POCT) on day of departure with results prior to travel.

Attestation: Each school will receive a separate letter to explain attestation.

Upon Arrival:

- COVID-19 daily wellness symptom screening must be done by your staff before coming on UA campus/Course
- Face Coverings must be worn at all times prior to the race.
- Teams should stay together and not intermingle with other teams, even during warmup
- Athletes and Coaches must provide their own water and water bottles. Water/Cups will be available at the finish

Team Tent Area:

Teams may bring their own tents, but an area will be designated for each team. A space of at least 15 feet between teams will be required at all times. Appropriate **physical**

distancing is required **at all times**. The tent area is only for COVID-19 screened athletes, coaches or team personnel. Teams will get ready (put on spikes, remove sweats etc) in their designated tents prior to reporting to the start line. Team tent area will be marked.

Starting Area and Race Start:

The starting area will be marked with wide boxes for teams, and at least six (6) feet of space between team boxes for physical distancing. There will be two rows of athletes in each box, distanced as much as possible.

Runners can choose to wear their face covering to race but will not be required to do so. The starter will give 3 separate calls- first call 10 min prior, second call 5 minutes prior, third and final call 2 minutes prior. Teams will report to the start line after the third call. Pre-race strides should be done prior to final call. There will be no stride-outs after final call.

Finish Line:

The finish line will be wider than normal to allow runners to spread out as they finish. There will be no finish corrals. Runners that fall will not be assisted up by meet officials, but can be assisted by their own teammates and/or coaches. Only if deemed an emergency will the host AT step in. Only competing athletes, coaches and approved health care professionals will be allowed in the finish area. After finishing, runners are asked to put on a mask or get somewhere out of the area that is socially distanced. If an athlete does not wear a mask, after finishing runners must go immediately to their team's designated finish area, where they will be handed a disposable face mask to use until they can return to their tent area and retrieve their personal face covering.

Other team members will not be allowed to crowd together at the finish line, they must practice physical distancing.

Meet Officials:

Requirements for race officials:

Drive separately to the meet

Must be COVID-19 wellness screened before arriving the day of, visitor link will be sent.

Must wear a face covering at all times and practice physical distancing at all times

(however the starter, when providing instructions for the start of the race may remove their face covering as long as adequate physical distancing is maintained.

Spectators:

This is a non-ticketed event and spectators are allowed to come to the event, but will be asked to follow social distancing and COVID-19 protocols.

Sanitation:

Hand washing stations and hand sanitizer will be available for use (1 near the participant restrooms and also near water station.)



ADDITIONAL INFORMATION:

MEET INFORMATION CONT.

- Medical/Athletic Trainers: Arizona Athletic Trainers will have a training area that will be open one hour before The first race is scheduled to begin.
- Showers: There will be no dressing or shower facilities at the golf course. Meet management encourages all teams to make use of the facilities available at their hotel.
- Parking: There is parking located at the main clubhouse located on 29th Street. Parking is free of charge and on first come first serve basis.

Location: Rolling Hills Golf Course
8900 E. 29th Street Tucson, Arizona 85710

Course Notes: Course consists of a 2200m large loop and a 2000m slightly smaller loop running on 99% grass.
Women: Run 3 loops (6k)- 1st loop 2200m large loop and 2nd and 3rd loop slightly smaller 2000m loop
Men: Run 4 loops (8k) 1st loop 2200m large loop and 2nd, 3rd and 4th loop 2000m smaller loop

Questions

Please Contact: Heather Frushour-Meet Director
Director of Operation Track and Field/Cross Country
The University of Arizona
Office: (520) 621-4082
hfrushour@arizona.edu





COURSE MAP

The map displays a route from the University of Arizona to Rolling Hills Golf Course. The route is highlighted in blue and includes a red dot at the starting point. The map shows major roads, landmarks like the University of Arizona, and various businesses. A legend in the bottom right corner indicates the route and the starting point.