

NXR Southwest Regional

Shalimar Golf Club, Tempe, AZ

Race 3 - Girls Medium School II - 5K

11/20/2021 - 8:45am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	Pine View XC Club	54	1:37:10	19:26	6:16	2:07	3-4-5-9-54-84	3-4-5-6-36-53
2	REAL Training	79	1:40:44	20:09	6:30	0:29	17-18-27-30-31-40-41	10-11-17-20-21-27-28
3	Tri-Lakes Runners	107	1:40:51	20:11	6:30	2:47	2-19-35-37-66-69-96	2-12-24-26-43-45-60
4	Stansbury XC	119	1:42:18	20:28	6:36	0:50	22-28-36-44-48-52-57	14-18-25-30-32-34-39
5	Viewmont Running Club	119	1:42:26	20:30	6:36	2:23	10-26-32-33-82-101-103	7-16-22-23-51-64-66
6	Timpanogos	123	1:42:19	20:28	6:36	1:30	12-16-51-53-56-79-95	8-9-33-35-38-50-59
7	SpringvilleXC	184	1:45:56	21:12	6:50	2:30	20-29-55-90-97-98-100	13-19-37-54-61-62-63
8	Trials of Miles Track Club	213	1:46:09	21:14	6:50	4:18	1-65-91-93-94-102-118	1-42-55-57-58-65-71
9	SFXC	235	1:48:44	21:45	7:00	3:17	23-43-78-117-120-121-140	15-29-49-70-72-73-83
10	Redline XC	267	1:50:02	22:01	7:05	1:48	67-73-83-92-116-129-135	44-46-52-56-69-76-79
11	SNOW CANYON TC	269	1:51:17	22:16	7:10	3:11	45-63-77-124-125	31-41-48-74-75
12	Cactus Shadows XC	312	1:55:45	23:09	7:28	4:01	59-76-112-133-136	40-47-68-77-80
13	Rich River Athletics Club	392	2:05:19	25:04	8:04	4:11	105-134-137-138-145	67-78-81-82-84
DNF	UNA CO		1:38:46	19:46	6:22	1:20	7-8-11-14-42-46-58	Non-Scoring
DNF	Wings of America		1:41:11	20:15	6:31	1:01	15-21-24-39-47-50-68	Non-Scoring
DNP	Valor XC & Distance		1:02:08	20:43	6:40		13-38-81	3 Runners
DNP	Galena XC		1:02:15	20:45	6:41		6-64-86	3 Runners
DNP	Summit Distance Project		41:59	21:00	6:46		34-74	2 Runners
DNP	UNA CA		42:45	21:23	6:53		49-85	Non-Scoring
DNP	UNA NM		43:22	21:41	6:59		62-89	Non-Scoring
DNP	UNA UT		20:03	20:03	6:28		25	Non-Scoring



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DNP	Total XC		21:13	21:13	6:50		60	1 Runner
DNP	Security XC		23:58	23:58	7:43		126	1 Runner



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Individual Results

Place	Name	Grade	Team	Time	Points
1	Emma Stutzman	11	Trials of Miles Track Club	18:01.05	1
2	Jade Allen	10	Tri-Lakes Runners	18:32.75	2
3	Brooklyn Hill	11	Pine View XC Club	18:51.85	3
4	Adri Baker	11	Pine View XC Club	18:55.22	4
5	Kate Jones	10	Pine View XC Club	18:59.33	5
6	Alyssa Bronander	11	Galena XC	19:00.59	
7	Elizabeth Jenulis	11	UNA CO	19:22.74	
8	Evelyn Boyd	12	UNA CO	19:23.05	
9	Katie Finch	10	Pine View XC Club	19:24.86	6
10	Quincy Wadley	11	Viewmont Running Club	19:30.15	7
11	Maya Davis	9	UNA CO	19:33.05	
12	Grace Gilbert	10	Timpanogos	19:33.68	8
13	Alex Lancaster	9	Valor XC & Distance	19:42.76	
14	Tessa Olsen	10	UNA CO	19:44.76	
15	Lorianna Piestewa	10	Wings of America	19:48.01	
16	Sienna Meilstrup	10	Timpanogos	19:51.63	9
17	Eleanor Ottem	9	REAL Training	19:53.62	10
18	Hayden Flynn	9	REAL Training	19:56.36	11
19	Lily Poteet	10	Tri-Lakes Runners	19:57.10	12
20	Laurissa Blakey	12	SpringvilleXC	19:57.88	13
21	Whitney James	12	Wings of America	19:58.00	
22	Hannah Lovell	11	Stansbury XC	19:58.90	14
23	Emma Fox	11	SFXC	19:59.72	15
24	Destiny Chino	9	Wings of America	20:01.08	
25	Emery Smith	12	UNA UT	20:02.67	
26	Naomi Egnew	10	Viewmont Running Club	20:09.50	16
27	Alena Kasanicky	9	REAL Training	20:10.75	17
28	Alexis Dansie	12	Stansbury XC	20:15.18	18
29	Lydia Rowe	12	SpringvilleXC	20:17.45	19
30	Viola Alessandrini	10	REAL Training	20:20.90	20
31	Miliani Barraza	11	REAL Training	20:21.96	21
32	Ashlyn Turner	10	Viewmont Running Club	20:26.60	22
33	Sarah Scott	9	Viewmont Running Club	20:26.69	23
34	Adaline Avery	10	Summit Distance Project	20:27.90	
35	Emma Thomas	12	Tri-Lakes Runners	20:29.86	24

Place	Name	Grade	Team	Time	Points
36	Ellie Dangerfield	9	Stansbury XC	20:31.18	25
37	Samantha Weese	12	Tri-Lakes Runners	20:31.52	26
38	Addi Torres	10	Valor XC & Distance	20:34.35	
39	Alexandria Bewanika	12	Wings of America	20:35.57	
40	Lauren Hendershot	11	REAL Training	20:40.40	27
41	Mya Blair	10	REAL Training	20:41.32	28
42	Molly Spruce	11	UNA CO	20:41.79	
43	Sophie Riding	11	SFXC	20:42.37	29
44	Erin Allen	11	Stansbury XC	20:43.29	30
45	Aspen Kenworthy	10	SNOW CANYON TC	20:43.57	31
46	Jillian Lange	11	UNA CO	20:45.66	
47	Emily Garcia	10	Wings of America	20:48.06	
48	Nicole Payne	11	Stansbury XC	20:48.75	32
49	Moriah Montoya	10	UNA CA	20:48.86	
50	AnnMarie Yazzie	10	Wings of America	20:50.78	
51	Eva Stavast	10	Timpanogos	20:53.98	33
52	Marian Ogden	12	Stansbury XC	20:55.35	34
53	Cameron Prescott	12	Timpanogos	20:56.76	35
54	Kennis Borrowman	12	Pine View XC Club	20:58.19	36
55	Annie Low	9	SpringvilleXC	21:02.15	37
56	Afton Stubbs	10	Timpanogos	21:02.74	38
57	Madisyn Maez	10	Stansbury XC	21:05.03	39
58	Johanna Pataluna	10	UNA CO	21:07.24	
59	Mailie Bradbury	9	Cactus Shadows XC	21:11.82	40
60	Makenzie Yazzie	11	Total XC	21:12.52	
61	Brooke Powelson	11	Stansbury XC	21:12.86	
62	Kiyah Padilla	11	UNA NM	21:13.00	
63	Abigail Laidlaw	11	SNOW CANYON TC	21:14.08	41
64	Lynell Cuddy	11	Galena XC	21:16.05	
65	Aliya Carey	11	Trials of Miles Track Club	21:18.98	42
66	Makayla Coates	9	Tri-Lakes Runners	21:19.65	43
67	Katelyn Philpot	10	Redline XC	21:19.75	44
68	TaSheena Thompson	12	Wings of America	21:21.40	
69	Emily Allen	10	Tri-Lakes Runners	21:23.57	45
70	Ayonna Herman	11	UNA CO	21:24.20	
71	Grace Farrell	10	UNA CO	21:24.30	
72	Kristyn Eriacho	12	Wings of America	21:28.64	
73	Nicole Day	12	Redline XC	21:29.87	46



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Place	Name	Grade	Team	Time	Points
74	Cecelia Miner	9	Summit Distance Project	21:30.17	
75	Savannah Mommens	11	UNA CO	21:32.11	
76	Jordan Fender	12	Cactus Shadows XC	21:32.34	47
77	Noelle Hansen	10	SNOW CANYON TC	21:32.82	48
78	Camryn Marshall	12	SFXC	21:37.59	49
79	Kali Benson	12	Timpanogos	21:38.65	50
80	Cayley Hansen	10	UNA CO	21:47.01	
81	Reagan Kim	9	Valor XC & Distance	21:50.02	
82	Audrey Lemon	9	Viewmont Running Club	21:52.35	51
83	Olivia Sargent	11	Redline XC	21:52.87	52
84	Brecken Heath	10	Pine View XC Club	21:55.18	53
85	Sophie Graham	11	UNA CA	21:55.43	
86	Maddy Hadwick	10	Galena XC	21:58.12	
87	Shreya Bellur	10	REAL Training	21:59.05	
88	Alayna Geddes	12	Stansbury XC	22:02.25	
89	Lili Gadret	12	UNA NM	22:08.11	
90	Paityn Bird	11	SpringvilleXC	22:10.41	54
91	Rose Valdez	11	Trials of Miles Track Club	22:12.21	55
92	Megan Murray	12	Redline XC	22:12.35	56
93	Jordain Stutzman	9	Trials of Miles Track Club	22:17.59	57
94	Gracie Bliss	10	Trials of Miles Track Club	22:18.70	58
95	Bella Morris	12	Timpanogos	22:19.78	59
96	Autumn Bird	12	Tri-Lakes Runners	22:21.78	60
97	Amanda Felix	11	SpringvilleXC	22:27.27	61
98	Kaylana Price	12	SpringvilleXC	22:29.55	62
99	Kate Wudel	11	Timpanogos	22:34.02	
100	Jocee Blakey	10	SpringvilleXC	22:39.63	63
101	Isabelle Lowe	11	Viewmont Running Club	22:41.44	64
102	Ariel Walker	10	Trials of Miles Track Club	22:41.65	65
103	Cyan Secrest	10	Viewmont Running Club	22:41.98	66
104	Keira Stacey	10	Viewmont Running Club	22:42.36	
105	Angela Holman	12	Rich River Athletics Club	22:44.35	67

Place	Name	Grade	Team	Time	Points
106	Naomi Hakala	9	Timpanogos	22:45.41	
107	Veronika Paschen	9	Viewmont Running Club	22:46.23	
108	TianYu Melzer	12	Tri-Lakes Runners	22:47.44	
109	Abigail Lee	10	Viewmont Running Club	22:48.25	
110	Eliza Gehring	10	Viewmont Running Club	22:50.89	
111	Elena Phillips	12	Tri-Lakes Runners	22:56.70	
112	Sophia Merickel	11	Cactus Shadows XC	22:58.78	68
113	Alexes Hernandez	12	Tri-Lakes Runners	23:00.44	
114	Ingrid Jaime	10	Timpanogos	23:02.67	
115	Isabelle French	11	Timpanogos	23:04.24	
116	Emily Homan	9	Redline XC	23:06.93	69
117	Lily Mason	10	SFXC	23:07.93	70
118	Alyssa Abeyta	11	Trials of Miles Track Club	23:08.62	71
119	Annie Roberds	9	UNA CO	23:14.28	
120	Kaitlyn Larsen	11	SFXC	23:16.12	72
121	Madisyn Lott	11	SFXC	23:24.17	73
122	Maleah Dameron	12	Timpanogos	23:33.48	
123	Molly Chamberlain	11	Viewmont Running Club	23:51.02	
124	Sara Lyman	10	SNOW CANYON TC	23:51.88	74
125	Ava Atkin	10	SNOW CANYON TC	23:54.52	75
126	Cassandra Nelson	11	Security XC	23:57.19	
127	Elizabeth Lowe	10	SpringvilleXC	24:04.68	
128	Olivia Cooper	10	SpringvilleXC	24:06.56	
129	Jayden Kailey	11	Redline XC	24:26.77	76
130	Bridgette Lowe	9	Viewmont Running Club	24:26.97	
131	Tempe Anderson	9	Viewmont Running Club	24:31.34	
132	Kaja Hadlock	12	SpringvilleXC	24:36.08	
133	Ava Harris	10	Cactus Shadows XC	24:49.09	77
134	Evelyn Lopez	12	Rich River Athletics Club	25:05.61	78
135	Hannah Smith	9	Redline XC	25:09.82	79
136	Erin Heiliger	12	Cactus Shadows XC	25:12.58	80
137	Ximena Perez	10	Rich River Athletics Club	25:16.49	81



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Individual Results

Place	Name	Grade	Team	Time	Points
138	Johana Holman	10	Rich River Athletics Club	25:16.53	82
139	Haley Rodabough	10	Viewmont Running Club	25:43.90	
140	Katelynn Giles	10	SFXC	26:07.20	83
141	Ashley Johns	10	SpringvilleXC	26:08.67	
142	Emily Dickson	11	Viewmont Running Club	26:12.93	
143	Adalee Strauss	10	SFXC	26:31.41	
144	BreeAnna Thurgood	10	Viewmont Running Club	26:40.27	
145	Kaylee Rivas	10	Rich River Athletics Club	26:55.21	84
146	Erin Castro	9	Timpanogos	27:47.95	
147	Brooke Constantine	11	SpringvilleXC	28:28.46	
148	Ashley Edwards	12	SpringvilleXC	30:00.21	
149	Kara Lamoreaux	12	SpringvilleXC	37:26.00	

