

NXR Southwest Regional

Shalimar Golf Club, Tempe, AZ

Race 1 - Girls Small School - 5K

11/20/2021 - 8:05am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
1	Vail Valley Running Club	29	1:36:13	19:15	6:12	1:40	1-2-10-21-24-36-57	1-2-5-10-11-19-33
2	North Sanpete XC	115	1:42:36	20:32	6:37	2:02	17-29-37-49-81-135	9-13-20-29-44-64
3	Trojan Running Club	120	1:42:13	20:27	6:35	2:34	3-38-45-59-67-75	3-21-26-34-36-40
4	Coyote XC	128	1:43:20	20:40	6:40	1:54	16-30-52-68-69-70-76	8-14-31-37-38-39-41
5	Montavius Run Club	155	1:45:39	21:08	6:49	3:28	12-35-44-105-114	6-18-25-51-55
6	Snowflake High School	158	1:45:23	21:05	6:47	2:35	34-46-47-54-113	17-27-28-32-54
7	Faith Distance Urban Legends	181	1:47:32	21:31	6:56	2:53	26-33-90-93-120-121	12-16-46-48-59-60
8	Manti	197	1:49:39	21:56	7:04	6:51	8-51-79-84-160	4-30-43-45-75
9	Highway 14 Grave Robbers	228	1:50:16	22:04	7:06	2:36	43-62-106-115-123-136-137	24-35-52-56-61-65-66
10	Evergreen Distance	237	1:50:51	22:11	7:09	2:46	42-94-95-108-127-134-142	23-49-50-53-62-63-68
11	Colorado Cougars Cross Country Club	259	1:53:59	22:48	7:21	4:52	15-78-144-145-146-147-163	7-42-69-70-71-72-77
12	Garden City Track Club	272	1:59:29	23:54	7:42	9:33	40-91-119-138-168	22-47-58-67-78
13	Demon Striders Run Club	295	1:59:58	24:00	7:44	6:14	32-118-149-158-161	15-57-73-74-76
DNF	UNA NM		1:38:13	19:39	6:20	0:54	7-14-18-19-25-31-63	Non-Scoring
DNF	UNA AZ		1:46:20	21:16	6:51	1:15	41-56-72-80-82-85-92	Non-Scoring
DNF	UNA CO		1:51:23	22:17	7:11	4:24	5-102-112-129-131	Non-Scoring
DNP	UNA NV		1:23:53	20:59	6:45		20-39-60-107	Non-Scoring
DNP	Morgan Mustangs		1:02:05	20:42	6:40		11-28-104	3 Runners
DNP	Panthers		1:03:31	21:11	6:49		27-55-100	3 Runners
DNP	Stallions		1:03:40	21:14	6:50		48-71-73	3 Runners



Race 1 - Girls Small School - 5K

11/20/2021 - 8:05am

Team Results

Place	Team	Score	Team Time	Runner Avg	Avg Mile	5 Man Gap	Finish Order	Scoring Order
DNP	Monticello ARC		1:07:36	22:32	7:16		50-126-130	3 Runners
DNP	Lutheran XC		1:09:58	23:20	7:31		117-124-140	3 Runners
DNP	Peak Racing		1:10:32	23:31	7:34		61-143-157	3 Runners
DNP	Chino Valley		1:10:53	23:38	7:37		96-139-150	3 Runners
DNP	South Pointe XC		1:16:08	25:23	8:11		133-148-164	3 Runners
DNP	NPX Gladiators		1:23:54	27:58	9:01		87-116-169	3 Runners
DNP	Free Birds XC Club		38:33	19:17	6:13		6-13	2 Runners
DNP	Lions		41:46	20:53	6:44		9-101	2 Runners
DNP	Basalteens		42:44	21:22	6:53		23-111	2 Runners
DNP	Northwest Run Club		43:12	21:36	6:58		66-83	2 Runners
DNP	Scorpions		45:16	22:38	7:17		64-141	2 Runners
DNP	Bolt Nation		49:14	24:37	7:56		98-162	2 Runners
DNP	Logandale Thunder		19:05	19:05	6:09		4	1 Runner
DNP	Rangely		19:58	19:58	6:26		22	1 Runner
DNP	Team Shumak'olo:we		20:55	20:55	6:44		53	1 Runner
DNP	Yuma Catholic		22:23	22:23	7:13		99	1 Runner
DNP	Richfield Running Club		23:02	23:02	7:25		122	1 Runner



Race 1 - Girls Small School - 5K

11/20/2021 - 8:05am

Individual Results

Place	Name	Grade	Team	Time	Points
1	Lindsey Kiehl	10	Vail Valley Running Club	18:23.14	1
2	Lindsey Whitton	10	Vail Valley Running Club	18:30.60	2
3	Kate Heywood	12	Trojan Running Club	18:50.45	3
4	Emma Humes	12	Logandale Thunder	19:04.64	
5	Ruby Pendency	11	UNA CO	19:07.27	
6	Amelia Harkey	10	Free Birds XC Club	19:07.33	
7	Sophie Bair	8	UNA NM	19:10.36	
8	Sadie Nielsen	10	Manti	19:14.00	4
9	Quin Gregg	12	Lions	19:17.86	
10	Presley Smith	10	Vail Valley Running Club	19:20.77	5
11	Elena Arteaga	12	Morgan Mustangs	19:22.21	
12	Taryn Janssen	9	Montavious Run Club	19:22.29	6
13	Taylor Friesen	12	Free Birds XC Club	19:25.59	
14	Luciana Martinez-Crook	8	UNA NM	19:25.77	
15	Ella Howe	10	Colorado Cougars Cross Country Club	19:27.65	7
16	Aubrey Lozoya	12	Coyote XC	19:30.44	8
17	Madelyn Christensen	11	North Sanpete XC	19:40.59	9
18	Josette Gurule	12	UNA NM	19:45.47	
19	Helen Desmond	9	UNA NM	19:47.32	
20	Mary Henderson	12	UNA NV	19:50.31	
21	Addison Beuche	10	Vail Valley Running Club	19:55.57	10
22	Mary Scoggins	11	Rangely	19:57.32	
23	Isabella Moon	9	Basalteens	20:00.54	
24	Gabby Leonardo	11	Vail Valley Running Club	20:02.69	11
25	Brennen Stephens	9	UNA NM	20:03.51	
26	Kaylie Bookout	11	Faith Distance Urban Legends	20:04.64	12
27	Keira King	10	Panthers	20:05.43	
28	Gabriella Arteaga	10	Morgan Mustangs	20:07.38	
29	Mari Briggs	10	North Sanpete XC	20:07.40	13
30	Sophia Lopez	11	Coyote XC	20:07.91	14
31	Sidney Harenberg	12	UNA NM	20:09.75	
32	Jenessie German	12	Demon Striders Run Club	20:09.99	15

Place	Name	Grade	Team	Time	Points
33	Anna MacPhee	12	Faith Distance Urban Legends	20:12.75	16
34	Alesya Barlow	11	Snowflake High School	20:13.25	17
35	Chloe Cannon	10	Montavious Run Club	20:14.66	18
36	Molly Roberts	11	Vail Valley Running Club	20:17.01	19
37	Aubry Cook	12	North Sanpete XC	20:18.05	20
38	Alexis Weiers	11	Trojan Running Club	20:19.15	21
39	Ava Luczkow	10	UNA NV	20:19.58	
40	Josie Diffendaffer	12	Garden City Track Club	20:28.97	22
41	Janessa Segay	9	UNA AZ	20:29.43	
42	Emma Flowers	11	Evergreen Distance	20:29.61	23
43	Ainsley Stanton	10	Highway 14 Grave Robbers	20:31.45	24
44	Anushka Kulkarni	10	Montavious Run Club	20:35.86	25
45	Clara Compton	11	Trojan Running Club	20:36.76	26
46	Alyssa Hall	12	Snowflake High School	20:41.94	27
47	Addison Craner	9	Snowflake High School	20:42.09	28
48	Alexia Gonzales	9	Stallions	20:44.10	
49	Rachael Jones	12	North Sanpete XC	20:47.52	29
50	Lilly Burton	9	Monticello ARC	20:51.23	
51	Keltsy Fowles	11	Manti	20:52.16	30
52	Ellie Merhege	10	Coyote XC	20:53.06	31
53	Shania Chavez	11	Team Shumak'olo:we	20:54.72	
54	Ryleigh Smith	11	Snowflake High School	20:56.63	32
55	Violet Hill	10	Panthers	20:58.20	
56	Amber Woody	11	UNA AZ	20:58.62	
57	Elizabeth Matsen	11	Vail Valley Running Club	21:00.74	33
58	Hudson Turner	10	Vail Valley Running Club	21:02.25	
59	Melanie Bybee	11	Trojan Running Club	21:02.55	34
60	Kiely Munson	11	UNA NV	21:02.76	
61	Annaka Rudolph	10	Peak Racing	21:04.09	
62	Juliana Lundy	10	Highway 14 Grave Robbers	21:07.74	35



Race 1 - Girls Small School - 5K

11/20/2021 - 8:05am

Individual Results

Place	Name	Grade	Team	Time	Points
63	Isabella Adams	12	UNA NM	21:07.87	
64	Jackie Palmer	11	Scorpions	21:11.24	
65	Kira Hower	10	Vail Valley Running Club	21:20.22	
66	Emma Stanley	11	Northwest Run Club	21:22.17	
67	Bailey Beckstrom	11	Trojan Running Club	21:23.85	36
68	Celeste Turner	9	Coyote XC	21:23.94	37
69	Hannah Flores	9	Coyote XC	21:24.09	38
70	Chloe Campos	9	Coyote XC	21:25.24	39
71	Olivia Bell	9	Stallions	21:26.19	
72	Camryn Delancey	8	UNA AZ	21:28.15	
73	Emelia Falcon	10	Stallions	21:29.00	
74	Bella Williams	9	Vail Valley Running Club	21:30.58	
75	Ella Stevenson	12	Trojan Running Club	21:32.79	40
76	Alondra Ortiz	10	Coyote XC	21:34.21	41
77	Izzy Fernandez	9	UNA NM	21:35.19	
78	Sadie Pehkonen	10	Colorado Cougars Cross Country Club	21:36.47	42
79	Aireal Mower	12	Manti	21:38.43	43
80	Amarissa Frias	11	UNA AZ	21:39.31	
81	Jocelyn Stewart	10	North Sanpete XC	21:41.83	44
82	Trinity Markowski	9	UNA AZ	21:43.89	
83	Maddy Autry	10	Northwest Run Club	21:49.18	
84	Cami Merrill	10	Manti	21:50.31	45
85	Samantha Tillett	10	UNA AZ	21:55.79	
86	Ariana Kedge	8	UNA NM	21:57.69	
87	Aleksandra Reno	10	NPX Gladiators	21:59.56	
88	Kaylena Chinana	9	UNA NM	22:02.38	
89	Kaiden Esson	8	UNA NM	22:04.63	
90	Anna Bisque	10	Faith Distance Urban Legends	22:05.92	46
91	Bella Miller	11	Garden City Track Club	22:08.86	47
92	Rya Oliver	12	UNA AZ	22:10.14	
93	Megan Rohal	9	Faith Distance Urban Legends	22:11.30	48
94	Anna Gohman	10	Evergreen Distance	22:12.70	49
95	Skylar Jones	9	Evergreen Distance	22:14.31	50
96	Leslie Estrada	12	Chino Valley	22:17.86	
97	Kamyra Goldtooth	8	UNA NM	22:20.78	

Place	Name	Grade	Team	Time	Points
98	Michelle Zobel	10	Bolt Nation	22:22.21	
99	Rylie Stevenson	11	Yuma Catholic	22:22.42	
100	Clara Kirr	10	Panthers	22:27.12	
101	Leah Shelton	9	Lions	22:27.65	
102	Claire Qualls	12	UNA CO	22:29.66	
103	Abby Merhege	11	Coyote XC	22:32.37	
104	OLIVIA NG	12	Morgan Mustangs	22:34.73	
105	Claire Cannon	12	Montavious Run Club	22:35.62	51
106	Sydney Stein	9	Highway 14 Grave Robbers	22:37.53	52
107	Leigh Barry	11	UNA NV	22:39.62	
108	Ashley Pool	11	Evergreen Distance	22:39.69	53
109	Maile Tanner	8	UNA NM	22:40.45	
110	Ava Craig	10	Coyote XC	22:41.00	
111	Ella Lahey	11	Basalteens	22:43.02	
112	Meghan Schluessler	9	UNA CO	22:45.70	
113	Abigail Williams	9	Snowflake High School	22:48.11	54
114	Hadyn Wilson	10	Montavious Run Club	22:49.68	55
115	Helena Lee	10	Highway 14 Grave Robbers	22:51.71	56
116	McKenna Martin	10	NPX Gladiators	22:51.96	
117	Olivia Muckey	9	Lutheran XC	22:53.22	
118	Elayna Padilla	12	Demon Striders Run Club	22:54.90	57
119	Gabriela Hernandez	11	Garden City Track Club	22:55.85	58
120	Elina Cavanaugh	10	Faith Distance Urban Legends	22:56.97	59
121	Landrey Walter	12	Faith Distance Urban Legends	23:00.99	60
122	Brighten Goold	9	Richfield Running Club	23:01.22	
123	Kate Green	11	Highway 14 Grave Robbers	23:07.41	61
124	Rebekah Palmer	12	Lutheran XC	23:08.18	
125	Catalina Torres	10	Coyote XC	23:11.72	
126	Marah Long	9	Monticello ARC	23:13.64	
127	Sophia Andriola	11	Evergreen Distance	23:14.67	62
128	Eliot Patton	10	UNA NM	23:16.80	
129	Catalina Schwab	9	UNA CO	23:28.96	



Race 1 - Girls Small School - 5K

11/20/2021 - 8:05am

Individual Results

Place	Name	Grade	Team	Time	Points
130	Ayla Carling	9	Monticello ARC	23:30.28	
131	Emma Johnson	10	UNA CO	23:31.23	
132	Zora Molina	12	Coyote XC	23:34.67	
133	Angela Chojolan	12	South Pointe XC	23:39.84	
134	Abby Malinowski	11	Evergreen Distance	23:45.44	63
135	Brooklyn Larsen	10	North Sanpete XC	23:50.28	64
136	Sarah Bates	10	Highway 14 Grave Robbers	23:50.55	65
137	Naomi Rairdon	12	Highway 14 Grave Robbers	23:50.95	66
138	Aleeya Riehl	10	Garden City Track Club	23:53.87	67
139	Jaqueline Ocampo	11	Chino Valley	23:54.85	
140	Kallie Lemon	12	Lutheran XC	23:56.38	
141	Louise Taylor	12	Scorpions	24:03.85	
142	Chloe Schuenemann	9	Evergreen Distance	24:12.31	68
143	Riley Cooper	12	Peak Racing	24:13.99	
144	Avery Kellogg	10	Colorado Cougars Cross Country Club	24:17.10	69
145	Anika Brolsma	11	Colorado Cougars Cross Country Club	24:17.93	70
146	Ellyott Siffring	10	Colorado Cougars Cross Country Club	24:19.53	71
147	Kate Wold	10	Colorado Cougars Cross Country Club	24:28.49	72
148	Daniela Figueroa	12	South Pointe XC	24:32.06	
149	Jaden Lange	11	Demon Striders Run Club	24:37.65	73
150	Maddie Metz	9	Chino Valley	24:40.25	
151	Sofia Gozigian	11	Coyote XC	24:43.53	
152	Kiley Crownholm	10	Evergreen Distance	24:44.79	
153	Sheridan Yara	9	Coyote XC	24:47.66	
154	Rebekah McMurtrey	11	UNA NM	24:53.82	
155	Anessa Duran	12	Coyote XC	25:02.34	
156	Louise Stewart	10	Evergreen Distance	25:09.75	
157	Alexandra Kerschner	12	Peak Racing	25:13.04	
158	Nevaeh Mendenhall	9	Demon Striders Run Club	25:52.04	74
159	Barkhurst Gillian	11	Coyote XC	26:00.62	
160	Meghan Fowles	9	Manti	26:04.08	75
161	Victoria Skoriuchow	10	Demon Striders Run Club	26:23.14	76

Place	Name	Grade	Team	Time	Points
162	Jillian Hager	9	Bolt Nation	26:51.22	
163	Faith Welsh	9	Colorado Cougars Cross Country Club	27:44.77	77
164	Yahel Caballero	9	South Pointe XC	27:55.72	
165	Gemma Smith	11	Coyote XC	28:55.97	
166	Isabella Lobaina	10	Coyote XC	28:58.57	
167	Jalyn Krenzen	11	UNA AZ	29:14.68	
168	Aiden Everson	11	Garden City Track Club	30:01.17	78
169	Raegan Kusnell	9	NPX Gladiators	39:02.00	

