LA SIERRA AND MARTIN LUTHER KING HIGH SCHOOLS WELCOME YOU TO THE SIXTH ANNUAL RUNNING OF THE:

RIVERSIDE SHOWCASE

CROSS COUNTRY INVITATIONAL
SATURDAY, SEPT. 4, 2021

LA SIERRA AND MARTIN LUTHER KING HIGH SCHOOL INVITE YOU TO TAKE PART IN THE SIXTH ANNUAL RIVERSIDE SHOWCASE!! THIS MEET IS HELD AT THE RIVERSIDE CITY CHAMPIONSHIP CROSS COUNTRY COURSE. WE HOPE THIS MEET SERVES AS A GOOD EARLY SEASON INDICATOR OF WHERE YOUR TEAM IS AND AS AN OPPORTUNITY TO PROMOTE THE SPORT OF CROSS COUNTRY WITHIN THE INLAND EMPIRE AND BEYOND!! IF YOU ARE INTERESTED OR HAVE ANY QUESTIONS, PLEASE CONTACT EITHER JOHN CORONA OF KING HIGH SCHOOL OR WILL JACOBSMEYER OF LA SIERRA HIGH AT THE BELOW NUMBERS. HOPE TO SEE YOU ON SATURDAY SEPT. 4, 2021

Go to riversidecitycourse.com for more complete information

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DATE AND TIME--SATURDAY, SEPT.4, 2021

FIRST RACE TENTATIVELY SET TO GO OFF AT 7:30 AM

LOCATION--EVENT WILL BE RUN ON THE RIVERSIDE CITY CHAMPIONSHIP CROSS COUNTRY COURSE (OLD RIVERSIDE GOLF COURSE) AT 1055 ORANGE STREET IN RIVERSIDE. IT IS ON THE CORNER OF ORANGE AND COLUMBIA. THE COURSE FOR THIS MEET IS 2.25 MILES OVER 13 ELEVATION CHANGES (OLD TEE BOXES AND GREENS). CIF(SS) PRELIMS AND FINALS HAVE BEEN HELD ON THIS COURSE FOR THE PAST 5 SEASONS.

DIVISIONS—DEPENDING ON THE AMOUNT OF PARTICPATING SCHOOLS, THERE WILL BE A LARGE SCHOOLS (LS) AND SMALL SCHOOLS (SS) DIVISIONS THAT FEATURE BOYS AND GIRLS VARSITY/JV AND SOPH-FROSH LEVELS—A TOTAL OF 12 RACES. IF THE NUMBER OF SCHOOLS DOES NOT CALL FOR TWO DIVISONS, WE WILL BE RUNNING EVERYBODY IN ONE SINGLE RACE-A TOTL OF 6 RACES. IF THE ENTRANTS DICTATE WE WILL RUN A BOYS FRESHMAN RACE ONLY BEGINNING AT 7:30 AM AND BUMP ALL THE FOLLOWING RACES UP 20 MINUTES.

SCHEDULE OF RACES-TENTATIVE

Race/Div	Gender	Level	Approx. Time
1.LS	Boys	JV	7:30 am
2 LS	Girls	JV	7:55 am
3 LS	Boys	FS	8:20 am
4 LS	Girls	FS	8:45 am
5 LS	Boys	V	9:10 am
6 LS	Girls	V	9:35 am
7. SS	Boys	V	10:05 am
8. SS	Girls	V	10:30 am
9. SS	Boys	FS	10:55 am
10. SS	Girls	FS	11:15 am
11. SS	Boys	JV	11:35 am
12. SS	Girls	JV	11:55 am

BE AWARE THAT THIS SCHEDULE WILL CHANGE IF WE DON'T HAVE ENOUGH SCHOOLS FOR TWO DIVISIONS

AWARDS-----MEDALS WILL BE AWARDED ACCORDING TO THE NUMBER OF ENTRANTS IN EACH RACE. THIS TOTAL COULD BE ADJUSTED UPWARD OR DOWNWARD DEPENDING ON THOSE ENTRIES. THERE WILL BE NO TEAM AWARDS FOR THIS EVENT.

ENTRY FEES—PLEASE BE AWARE OF A CHANGE IN ENTRY FEES-COST OF ENTRY IS $15 DOLLARS PER ATHLETE-MAXIMUM PAYMENT FOR YOUR TEAM IS $300. THAT $300 TOTAL INCLUDES YOUR BOYS AND GIRLS TEAMS COMBINED. THERE IS A $15 PER INDIVIDUAL ENTRY. WE WILL CAPPING THE NUMBER OF TEAM ENTRIES AT 30. MAKE YOUR CHECKS OUT TO THE KING HIGH SCHOOL CROSS COUNTRY. WE WOULD APPRECIATE YOU MAILING YOUR ENTRY FEES IN AS SOON AS POSSIBLE AND WE WILL TAKE CHECKS THE DAY OF THE COMPETITION, BUT PLEASE BE AWARE- IF WE HAVE NOT RECEIVED YOUR CHECK, TELLING US "IT'S IN THE MAIL" WILL NOT SUFFICE. WE WILL BE ASKING FOR A PERSONAL CHECK TO COVER ENTRY FEES. WE WILL HOLD THAT CHECK FOR TWO WEEKS UNTIL SUCH TIME THAT WE RECEIVE YOUR PAYMENT THROUGH YOUR BOOSTERS/ASB AND THEN WE WILL RIP UP THE CHECK. ALSO PLEASE BE AWARE-ANY TEAM THAT WISHES TO ENTER AFTER------ WILL HAVE TO PAY A $50 LATE FEE.

AND ALSO BE AWARE-IF YOUR TEAM IS REGISTERED AND DOES NOT ATTEND, WE WILL BE CONTACTING YOUR ATHLETIC DIRECTOR FOR A 50 PROCESSING FEE. THE REASON FOR THIS IS IF YOU HAVE REGISTERED, WE BELIEVE YOU ARE COMING AND HAVE TAKEN THE PROCESSING MEASURES TO PREPARE FOR THAT. TO BE BRUTALLY HONEST, WE PREPARE FOR KIDS TO COME AND COMPETE AND WHEN THEY DO NOT, WE LOSE TIME AND MONEY.

PLEASE SEND YOUR CHECKS TO:
PEDRO SANDOVAL
HEAD CROSS COUNTRY COACH
MARTIN LUTHER KING HIGH SCHOOL
9301 WOOD RD.
RIVERSIDE, CALIF. 92508

TIMING—CHIP TIMING SYSTEM WILL BE PROVIDED BY FINISHED RESULTS.

DECLARATIONS/REGISTRATION- THINGS HAVE CHANGED. You now must have a Milesplit account in order to enter events timed by Finished Results.
PLEASE GO TO ca.milesplit.com IN ORDER TO PUT TOGETHER AN ACCOUNT. THIS WILL TAKE A LITTLE TIME ESPECIALLY IF IT'S THE FIRST TIME YOU'VE HAD TO DO THIS. ONCE THIS IS DONE, YOU WIL BE ABLE TO DECLARE OR ENTER YOUR TEAMS EITHER THROUGH FINISHED RESULTS OR MILESPLIT. WE ARE ASKING THAT ALL TEAMS DECLARE THEIR INTENTION TO COMPETE BY AUG. 15. ONCE YOU HAVE DECLARED, YOU CAN REGISTER YOUR TEAM

THE TEAM ENTRY MUST BE COMPLETED BY AUG. 25. TO DO SO-CLICK ON THE SCHEDULE – FIND "RIVERSIDE SHOWCASE." CLICK ON THAT AND ENTER YOUR TEAM. BECAUSE IT IS THE FIRST MEET OF THE YEAR FOR MOST, IT MAY TAKE SOME TIME IN ENTERING YOUR ROSTER, ETC. DON'T WORRY ABOUT BEING SPECIFIC ABOUT WHAT LEVEL YOUR ATHLETES COMPETE

AT. BECAUSE WE ARE TIMING WITH CHIPS, YOU JUST SEND YOUR ATHLETES TO THE RACE YOU WANT THEM TO COMPETE IN. WHEN YOU REGISTER ONLINE, IT WILL APPEAR THAT ALL YOUR ATHLETES ARE VARSITY ATHLETES BUT OF COURSE, THEY ARE NOT. PLEASE SEE THE DIRECTIONS BELOW ON HOW TO REGISTER ON ca.milesplit.com

DIRECTIONS ON HOW TO REGISTER ON ca.milesplit.com

This year we will be utilizing MileSplit for our meet's registration. If you are new to MileSplit, read below for helpful information on getting you and your team set up.

The first step is claiming your team.

Claiming Team

1. If you do not already have an account, create a free one at https://ca.milesplit.com/
2. Once your account is created go to https://ca.milesplit.com/teams
3. Find your team on the list, click on it, and click the “claim team” button.

Helpful Article/Video: https://support.milesplit.com/en/a/how-do-i-claim-my-team

Updating Your Roster

You may need to update your roster to reflect this year's team. You can do so from your team page after being approved as a coach.

Article/Video: https://support.milesplit.com/en/a/how-do-i-edit-my-teams-roster

Entering a Meet

Article/Video: https://support.milesplit.com/en/a/how-do-i-enter-my-team-in-a-meet

****If you need any further assistance, please contact registration@milesplit.com. Our registration manager will get back to you as soon as possible.*

DIRECTIONS-ADDRESS OF THE FACILITY IS 1055 ORANGE ST. THERE ARE TWO WAYS IN WHICH TO GET TO THE DROP OFF AREA FOR TEAM BUSES.

Approaching from the North or South on the 91
Exit on Center Street and head west to Orange St. Turn south on Orange St. which wil take you to the drop off lot by the Clubhouse. Drop off lot is on your right.

Approaching from the East and West on the 60
Exit on Main St. Head north to Placentia(Center); make a right and go east to Orange St. go south on Orange which will take you to the drop off lot by the Clubhouse. Drop off lot is on your right.

Your bus drivers will be given directions as to where to park once they are in the parking lot. PLEASE DO NOT-AT ANY TIME -TRY TO GET TO THE PARKING LOT GOING NORTH ON ORANGE. ALSO, WHEN YOU LEAVE THE FACILITY TO GO HOME DO NOT TRAVEL SOUTH ON ORANGE. ALL THAT WILL DO IS GUM UP THE FLOW OF TRAFFIC AND CREATE ISSUES FOR YOU AND YORU SPECTATORS.

ADMISSION/PARKING—NO ADMISSION WILL BE CHARGED. PARKING FOR TEAMS IN VANS WILL BE OFF OF ORANGE JUST SOUTH OF THE FIRE STATION. WE WOULD REQUEST THAT ALL TEAMS COMING IN VANS HAVE SOME SORT OF IDENTIFICATION ON THEM. SPECTATORS WILL PARK IN THE LOT OFF ORANGE ST. AND WILL BE CHARGED $10.00 PER CAR. THE ATHLETES ENTRANCE FROM THE BUSES IS THROUGH A SOUTHEAST GATE BY THE CLUBHOUSE.

FACILITIES-THE COURSE IS A WIDE OPEN DIRT COURSE WITH NOT A LOT OF SHADE. IT IS VERY SPECTATOR FRIENDLY. CANOPIES AND TARPS ARE A NECCESSITY!!! THERE IS A TEAM CAMP AREA WITH A WARMUP AREA NEARBY. OVER THE YEARS, SOME TEAMS HAVE CAMPED OUT IN NEARBY REID PARK. YOU ARE WELCOME TO DO THAT BUT PARK FUNCTIONS HAVE PRIORITY AND YOU MAY BE ASKED TO REMOVE YOURSELF FROM THE PARK AND TO THE TEAM CAMP AREA ON THE COURSE. ALSO THE SOUND SYSTEM DOESN'T REACH THAT FAR, SO PLEASE BE AWARE OF THE TIMES OF YOUR RACES. PORTA POTTIES WILL BE ON SITE. PLEASE REFER TO OUR WEBSITE (RIVERSIDECITYCOURSE.COM) FOR MAPS OF THE COURSE AND A VIRTUAL TRIP THROUGH THE COURSE SUPPLIED BY WALT LANGE OF JESUIT HIGH SCHOOL.

COACHES CHECK-IN- COACHES CHECK-IN WILL BE AT THE TEAM ENTERANCE AREA BY THE SOUTHEAST CORNER OF THE CLUBHOUSE. COACHES WILL PICK UP THEIR PACKETS OF INFORMATION AND THIER TIMING CHIPS AT THAT TIME. IT WILL BE UP TO THE INDIVIDUAL COACH TO HAND OUT AND COLLECT INDIVUAL CHIPS, AND TURN THEM INTO MEET MANAGEMENT AT THE END OF THE MEET.

TRAINER- THE ATHLETIC TRAINERS WILL BE CLOSE TO THE FINISH LINE. PLEASE BRING YOUR OWN TAPE AND PRE-WRAP.