

Citrus Belt League XC Dual Meet #3

Saturday, March 27th, 2021

Yucaipa Community Park
34900 Oak Glen Rd, Yucaipa



- 7:30 am Race #1** Yucaipa vs. Citrus Valley (Girls)
8:00 am Race #2 REV vs. Citrus Valley (Boys)
8:30 am Race #3 REV vs. Beaumont (Girls)
9:00 am Race #4 Yucaipa vs. Beaumont (Boys)
9:30 am Race #5 Redlands vs. Cajon (Girls)
10:00 am Race #6 Redlands vs. Cajon (Boys)

- Please contact Yucaipa Head Coach Javier Madrid if you have any questions:
javier_madrid@ycjUSD.us
- All entries must be submitted to Miles Split CA <https://ca.milesplit.com/register> no later than Thursday, March 25th at 11:59 pm. Please see the attached PDF for further information.
- Finished Results will provide timing services
- LIVE results on the Finished Results App.
- **Social Distancing Guidelines are required at all times and will be enforced by Coaching Staffs, Security Officers and School Administrators.**

Per discussions amongst CBL AD's, the following guidelines for cross-country competition have been established, in observation of the CDPH Youth Sports Guidelines (dated December 14, 2020) and the CIF-SS Update on All Sports Guidelines for Competition (dated December 16, 2020).

- As competitions involving more than two (2) schools are currently prohibited under CDPH guidelines, the CBL proposes to set a modified dual race schedule, hosted at the respective schools.
- Each school will follow its required district screening procedures to ensure safety protocols are met.
- Designated field areas will be used for separate warmup and cool down areas to be used independently by each school for a set duration of time. No on course warmups will be allowed on the day of the meet.
- Finished Results will provide timing services, including posting of all times through their app to allow parents to follow live results.

ATHLETE DROP OFF/EVENT PARKING/ATHLETE PICK UP

- Each school will follow their respective District required health and safety screening procedures specific to their school to ensure safety protocols are met.
 - Your (1) yearbook representative and/or (1) sports medicine student must be screened with your team.
- Athlete Drop Off: Athletes can be dropped off in either of the two parking lots.

- Please arrange a place to meet your athletes to hand out bibs and escort your team as one group to the warm up location/Athlete equipment holding area/start line/cool down location/and athlete pick up area adhering to the Meet Time Schedule.
- Event Parking/Athlete pick up is in either of the two parking lots.
- **All athletes are expected to leave Community Park and exit the parking lots after completing their team cool down. Coaches will supervise their athletes during this process**
- **FOLLOW SAFETY PROTOCOL-NO LOITERING IN THE PARKING LOT**

Spectators will be allowed at the event. Spectators must wear masks, and maintain social distancing throughout the time they are at the event.

Athlete Expectations

Each athlete must have a face covering (mask/gaiter) in possession at all times.

- Athletes must wear face covering at all times including transitioning between warm up, race start, and cool down. Face coverings may only be removed during warm up/race/cool down. Athletes must have face covering on when reporting to the starting line and will be instructed by the race official when to remove it prior to the race start.
- Athletes must come dressed in school uniform. **No changing facilities available.**
- Every athlete must have their own filled water container. Water will not be provided.
- Each athlete should have a small athletic bag that contains their water bottle, sweats, etc. This bag will be placed at the Athlete Equipment Holding Area prior to the start of their race.
- At the conclusion of their race, once the athlete catches their breath they must mask up, collect their belongings from the Athlete Equipment Holding Area and head to the Cool Down Area.

Warm Up/Cool Down Areas

Separate, designated warm up area and cool down area have been established and will be used by the competing school for a set duration of time.

****No warming up on the course will be allowed.****

Restrooms:

Restrooms are located next to the amphitheater.

Athletic Trainers:

The CBL will have two ATC Athletic Trainers working the meet

- (1) Located at the finish line in the stadium
- (2) Located out near the baseball field portion of the course.
- Ice will be available

Media/VIP:

Media representatives wishing to cover the event must have appropriate lanyard credentials. Media/VIP must follow the same mask requirements and maintain social distance.

Race Schedule	School/Team	Park Arrival	Warmup Area	Cool Down Area Departure
7:30 am	YHS vs. CV (Girls)	6:55am	7:00am	8:45am
8:00 am	CV vs. REV (Boys)	7:25am	7:30am	9:15am
8:30 am	REV vs. BHS (Girls)	7:55am	8:00am	9:45am
9:00 am	BHS vs. YHS (Boys)	8:25am	8:30am	10:00am
9:30am	CHS vs. RHS (Girls)	8:55am	9:00am	10:30am
10:00am	CHS vs. RHS (Boys)	9:25am	9:30am	11:00am