



The California Middle School XC Championships has been created for elementary & middle school athletes (grades 3-8) throughout the state of California to come together and compete for a chance to be called the best in the state. The championships will be held on Thursday November 15th on the very popular Riverside Cross Country Course, home of many high-level XC invites and the CIF Southern Section Championships. This course is flat, fast, and spectator friendly.

We will be offering grade level and team sweepstakes races. Elementary (grades 3-5) will compete along a 1 mile looped course, while middle schoolers (grades 6-8) will compete along a 2 mile looped course. Sweepstakes teams will consist of up to 7 members from your team's roster (grades 6-8 only).

Team Awards

Sweepstakes Team Race - top 3

Grade Level Races - winner only

Individual Awards

Top 60 finishers of each race

T-shirts will be for sale for only \$15. Quantity is limited and we sell out extremely fast!

Athletes wishing to compete must be currently enrolled in grade 3-8 in an accredited California school. Athletes will compete as official members of their schools cross country program and must be accompanied by an official member of their school's coaching staff (open, club, and unattached athletes will not be allowed to compete).

VERY IMPORTANT

All athletes must be cleared by their school prior to competition. Please download and complete the waiver of liability for this event. The Riverside Unified School District requires each participating school to complete the waiver of liability before you can receive your team packets.

Registrations to be completed via Finished Results website: www.finishedresults.com

Should you need any assistance, please email support@finishedresults.com

We look forward to seeing everyone on race day.

Please do not hesitate to contact Alex Lohman (Race Director) for any questions or concerns.

Alex Lohman

Championships Race Director

alex@finishedresults.com



General Information

EVENT DATE

Thursday November 15th, 2018

EVENT LOCATION

Riverside Cross Country Course
1011 Orange St, Riverside, CA 92501

Registration: WWW.FINISHEDRESULTS.COM

Grades: 3rd – 8th

TIMING

We will be utilizing chip timing from [Finished Results](#). All runners must wear the bib and timing chip assigned to them or they will be disqualified. Any changes must be done prior to the athlete competing once they have finished their race no name changes will be allowed.

SCORING

The first five runners of a team will score. The 6th and 7th runners on each team will displace. Teams who finish with fewer than 5 runners will not be calculated in team scoring. Results will be available approximately 25 minutes after the last runner finishes.

AWARDS

All races will have medals for the top individual finishers, overall winning team in grade level races, top 3 teams in the Sweepstakes race.

DRESSING QUARTERS

All competitors are to arrive at the course dressed in their team uniforms. Lockers and towels will not be available.

FOOTWEAR

For safety purposes, spiked shoes (even with spikes removed) are NOT ALLOWED at the California Middle School XC Championship course. Non spiked cross country shoes are allowed.

MEDICAL POLICY

IMPORTANT! PLEASE REVIEW THE [MEDICAL POLICY AND INFORMATION](#)

ALL ATHLETES MUST BE CLEARED BY THEIR SCHOOL PRIOR TO COMPETITION (THIS INCLUDES A PHYSICAL AND PROOF OF INSURANCE)

The top priority of our medical staff is to respond to life threatening medical emergencies.

Non-life threatening/minor injuries (example: scraped knees, minor cuts, etc.) may be treated if resources are available and time allows. Serious injuries take precedence and will be treated first.

PARKING

There will be a \$10 parking fee for all vehicles. Once buses have dropped off the athletes and coaches they will be instructed to drive over to where to park at that time.

Registration Rules and Policies

- All entries must be made through a representative of the school that is entering the competition
- All athletes must run for the school they attend. No unattached or club affiliated runner
- All athletes must run in their respective age divisions with the exception of varsity races
- All athletes must run under their own name
- ALL ENTRIES AND CHANGES WILL BE DONE THRU: REGISTRATIONS.FINISHEDRESULTS.COM



ENTRY DEADLINE

Entry Deadline is November 9th at 11:59 pm. Any entry received after this date, until November 12th, will be assessed a \$50 late fee. The REGISTRATION WEBSITE WILL CLOSE ON NOVEMBER 9TH AT 11:59 PM.

CANCELLATION POLICY

Rain or shine, the California Middle School XC Championships will be run. There will be no refunds due to inclement weather, acts of god, police or fire department closure, etc. The California Middle School XC Championships reserves the right to cancel, postpone or reschedule the event in the best interests of our participants with no refunds.

NAME CHANGE POLICY

Coaches will be able to make changes on the registration website until November 9th at 11:59 pm

MEET DAY NAME CHANGES

Coaches wishing to make MEET DAY NAME CHANGES must go to the Problem Registration Area (located at the end of the finish chute) and fill out a correction card, along \$5 (per change) and turn it into the meet staff. Corrections will be made to the results. Corrections on meet day cannot be guaranteed, but will be posted by Monday, November 19th.

RACE DIVISIONS

Race Division	Max Entries
3 rd Grade	Unlimited
4 th Grade	Unlimited
5 th Grade	Unlimited
6 th Grade	Unlimited
7 th Grade	Unlimited
8 th Grade	Unlimited
Team Sweepstakes (grades 6-8)	7

ENTRY FEES

Entry Deadline is November 9th at 11:59 pm. Any entry received after this date, until November 12th, will be assessed a \$50 late fee. The REGISTRATION WEBSITE WILL CLOSE ON November 12th at 11:59 PM. November 9th AT 11:59 PM.

Cost per athlete - \$20 - MAX/School \$400	LATE FEE if entering after entry deadline- \$50
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\$400 MAXIMUM ENTRY FEE per school (boys and girls combined) plus any late fees. (\$250 MAXIMUM ENTRY FEE for schools entering only one gender). Late fees are in addition to entry fees.

Please make checks payable to: FINISHED RESULTS

Mail the check with a copy of the registration confirmation to:

Finished Results
26783 Rancho Serena
Menifee, CA 92584

Payment must be received prior to your competition date. Coaches will be asked to pay with personal check on meet day if school check has not arrived



REFUND POLICY

There will be no refunds. Our major costs come from preparing your packets, bibs, etc. prior to the meet, not competing in the invitational. Once you have entered your school or individual, you are responsible for all entry fees regardless if your team competes or not.

TIME SCHEDULE

Time schedule is tentative and subject to change.

Race #	Gender	Race Division (Grade)	Race Time	Awards
1	B	8 th	12:40 pm	Top 60, Top Team
2	G	8 th	12:55 pm	Top 60, Top Team
3	B	7 th	1:10 pm	Top 60, Top Team
4	G	7 th	1:25 pm	Top 60, Top Team
5	B	Team Sweepstakes (Grades 6-8)	1:45 pm	Top 60, Top 3 Teams
6	G	Team Sweepstakes (Grades 6-8)	2:05 pm	Top 60, Top 3 Teams
7	B	6 th	2:25 pm	Top 60, Top Team
8	G	6 th	2:40 pm	Top 60, Top Team
9	B	3 rd	3:00 pm	Top 45, Top Team
10	G	3 rd	3:10 pm	Top 45, Top Team
11	B	4 th	3:20 pm	Top 45, Top Team
12	G	4 th	3:30 pm	Top 45, Top Team
13	B	5 th	3:40 pm	Top 45, Top Team
14	G	5 th	3:50 pm	Top 45, Top Team

