



50th Annual Colton Swarm Invitational

Saturday, Sept. 2, 2017 at Colton High School
777 West Valley Blvd, Colton, CA 92324

We had amazing feedback from coaches over the improvements we made to last year's invite and this year is going to be even better! Please join us for the 50th Annual Colton Swarm Invite, this is one you and your team don't want to miss.

The course is flat, quick, accurately measured and marked and is very coach friendly for getting mile splits. Water station before the 2 mile. (See attached course map)

This is a great course to start your season and see where your runners are at. We start early to beat the heat and finish early so you can still make it home in time to BBQ.

The entire registration process, timing and results will be handled by [Finished Results, www.finishedresults.com](http://www.finishedresults.com). **ALL ATHLETES MUST BE PRE-REGISTERED IN ORDER TO COMPETE.** Registration deadline is Aug 31, 2017 by 10pm.

TIME/SCHEDULE

7:00 Fr Girls 8:50 Jr Girls

7:30 Fr Boys 9:15 Jr Boys

8:00 Sr Girls 9:40 Soph Girls

8:25 Sr Boys 10:05 Soph Boys

COURSE: Measured to 3 miles even. No "this course was long" excuses from your runners. See course map for detailed course specifics.

COST:

\$110 per gender, \$200 combined (unlimited entries), or \$15 per athlete.

AWARDS:

Medals to the top 30 finishers in each race.

Trophies to the top three fastest boys and girls teams overall.

Plaques to the fastest boy and girl of the day.

DIRECTIONS:

Off the 10 Freeway, north on Rancho Ave. Parking on left side by football stadium.

CONTACTS:

Mike Esparza - XC Coach - (909) 831-1885 mikeesp_fit@yahoo.com

Scott Sunderland – A.D. - (909) 430-2339 scott_sunderland@cjusd.net