



# Southland Invitational 2026

**Hosts:** Selena Huerta, [shuerta@hemetusd.org](mailto:shuerta@hemetusd.org) and Nick Lopez, [nlopez4@hemetusd.org](mailto:nlopez4@hemetusd.org)

**Who:** Varsity Athletes Only (3 per event)

**Where:** 41701 E Stetson Ave., Hemet, Ca 92544

**When:** April 23<sup>rd</sup>, Thursday

**Register by:** April 21st

Coach meeting: 3 PM, Field Events and Track Events start at 3:15 PM

## CIF Order of Events

**\*\*Varsity Girls start, then Varsity Boys for each Track Event\*\***

4x100 Relay

1600 m

100 Hurdles

110 Hurdles

400 m

100 m

800 m

300 Hurdles

200 m

3200 m

4x400 Relay

### Field Events

Shot

Varsity Girls, then Varsity Boys

Discus

Varsity Boys, Then Varsity Girls

Long Jump

Varsity Girls, then Varsity Boys

Triple Jump

Varsity Boys, Then Varsity Girls

High Jump

Varsity Boys, Then Varsity Girls

**Medals:**

There will be an Award Ceremony on the field after, roughly by 7:25 PM. Top 3 from each event will receive a medal and Top 3 schools will receive a plaque. The medals canopy will be posted in the middle of the field. Please wait for the winners to be announced to pick-up medals and sign your name when they are picked up.

**Vendors:**

There will be Morning Glory, Carl's concessions, and concessions available.

**Spectator Info/Fee:**

Cash and card are accepted or tickets can be purchased on GoFan: \$5 per adult and \$3 per child

Spectators are welcome to watch in the stands on the Home and Visitor side. Please refrain from blocking track entrances. Many volunteers are students, monitored by a coach or adult, any disputes must be handled by the coach of your team.

When watching shot and discus, stay in designated watch area to prevent injuries.

**Check-ins:**

For field events, go to designated areas to check-in. Check-in for track events will be near the weight room. Athletes must check-in 10 mins before their event and notify clerks if they need to leave for another event. There will be 20 gold hurdles available on the field for the athletes to use.

**Coaches:**

Wristbands will be given at the check-in for coaches. This will allow coaches entry to the track and access to the snack area (Coach's Corner). Please notify us of how many coaches will be attending by April 20th. If there are any issues with results, speak with Finished Results if already posted or the adult working that event if not entered yet. If there is a tie, the athlete with the best attempts/less scratches will win. However, if identical, both athletes will do a tie breaker.

As always, we strive to ensure a smooth meet and a great experience for everyone. We are excited to see how the athletes perform and we look forward to seeing you all here on April 23rd! If you have any questions, please reach out, thank you!