

# 2025 California Winter Champs *Qualifier*

## ***Admission into a Qualifier meet:***

1. Register online via RunSignUp to avoid long lines – linked on
2. Athletes will be given a unique meet bib to identify them at that Qualifier meet only.
  - Athletes not wearing their unique bib will not be allowed to compete at that Qualifier.
3. All athletes will compete *unattached* at all Qualifier meets.
  - Team names aren't needed until athletes qualify/register for the Winter Championships.

## ***How to qualify:***

1. Compete at one of the official 'Qualifier Meets' listed below
2. Achieve a qualifying performance mark (listed below) at one of the official Qualifier Meets.
3. Sign up and pay a separate \$25 entry fee for the Finals **AT YOUR QUALIFIER MEET**
  - Upon completing this step, you will be given a "Golden Bib."
4. Retain your **Golden Bib** – this is your entry ticket into the California Winter Championships on February 8th at Arcadia HS!

## ***List of the 2025 Qualifier Meets timed by Finished Results:***

<b><i>Site</i></b>	<b><i>Date</i></b>	<b><i>Time</i></b>	<b><i>Meet Director Email</i></b>
Chaparral	December 14	9:00 a.m.	<a href="mailto:rgarcia3@tvusd.us">rgarcia3@tvusd.us</a>
Los Alamitos	December 14	9:00 a.m.	<a href="mailto:nhoward@losal.org">nhoward@losal.org</a>
CS Fullerton (+ pentathlon)	January 4	9:00 a.m.	<a href="mailto:mpertusati@fullerton.edu">mpertusati@fullerton.edu</a>
Roosevelt	January 4	9:00 a.m.	<a href="mailto:sbernardjoseph@cnusd.k12.ca.us">sbernardjoseph@cnusd.k12.ca.us</a>
Great Oak	January 11	9:00 a.m.	<a href="mailto:tdraughon@tvusd.us">tdraughon@tvusd.us</a>
Rancho Cucamonga	January 11	9:00 a.m.	<a href="mailto:terryrchs@hotmail.com">terryrchs@hotmail.com</a>
Carpinteria (+ pentathlon)	January 18	9:00 a.m.	<a href="mailto:lathamchs@yahoo.com">lathamchs@yahoo.com</a>
Roosevelt	January 18	9:00 a.m.	<a href="mailto:sbernardjoseph@cnusd.k12.ca.us">sbernardjoseph@cnusd.k12.ca.us</a>
Yorba Linda	January 18	9:00 a.m.	<a href="mailto:stjones@pylusk.org">stjones@pylusk.org</a>
Chaparral	January 25	9:00 a.m.	<a href="mailto:rgarcia3@tvusd.us">rgarcia3@tvusd.us</a>
Rancho Cucamonga	January 25	9:00 a.m.	<a href="mailto:terryrchs@hotmail.com">terryrchs@hotmail.com</a>
Los Alamitos	January 25	9:00 a.m.	<a href="mailto:nhoward@losal.org">nhoward@losal.org</a>
Redondo	February 1	9:00 a.m.	<a href="mailto:bobster1962@mac.com">bobster1962@mac.com</a>
Vista Murrieta	February 1	9:00 a.m.	<a href="mailto:ccandaele@murrieta.k12.ca.us">ccandaele@murrieta.k12.ca.us</a>

**Weather scheduling:** All events that can be safely contested will be held, rain or shine.

## ORDER OF EVENTS:

### Running Events:

1500m Run  
60m Hurdles  
60m Dash  
Distance Medley Relay  
150m Dash  
600m Dash  
4x200 Relay  
Mixed 4x400 Relay  
4x800 Relay  
300m Dash  
3000m Run  
Sprint Medley Relay (100-100-200-400)

### Field Events (4 attempts in LJ, TJ & SP):

Long Jump  
Shot Put  
High Jump  
Pole Vault  
Triple Jump (follows Long Jump)  
\*Weight Throw (At the Finals only)  
\*\*Pentathlon (At CS Fullerton & W.C. Finals)  
-Boys pentathlon event order is 60mH, LJ, SP, HJ, 1000m)  
-Girls pentathlon event order is 60mH, HJ, SP, LJ, 800m)

- A rolling time schedule will be used for all events; athletes must follow the progress of the meet.
- In all track events, athletes are limited to one (1) attempt per event at each Qualifier they attend.

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## Qualifying Standards for the 2025 CA Winter Championships:

Athletes must achieve the minimum qualifying standard (see below) at one of the Qualifier Meets. Winning your event does not automatically qualify you for the CA Winter Champs. You must also hit the minimum standard. Relay members must attend the same school. **NO ALL-STAR TEAMS!**

<u>EVENT</u>	<u>BOYS</u>	<u>GIRLS</u>
60m Dash	7.44	8.54
150m Dash	17.40	19.75
60m Hurdles	9.50	11.00
300m	37.70	44.50
600m	1:31.00	1:49.00
1500m	4:19.00	5:16.00
3000m	9:29.00	11:23.00
4x200m Relay	1:38.00	1:55.80
Co-ed 4x400 (2 boys/2 girls)	3:54.00	3:54.00
SMR (1-1-2-4)	1:42.00	2:03.00
4x800m Relay	8:50.00	10:48.00
DMR (12-4-8-16)	11:44.00	14:19.00
Long Jump	20-05.00	16-00.00
Triple Jump	40-10.00	33-06.00
High Jump	5-10.00	4-11.00
Pole Vault	13-00.00	10-06.00
Shot Put	44-08.00	32-00.00
25 lb./20 lb. Weight Throw	*By email only	*By email only
Pentathlon	**By email only	**By email only

\*For the Weight Throw entry consideration, please email [rich@vsathletics.com](mailto:rich@vsathletics.com) by 1/20/2025.

\*\*For Pentathlon entry into the Winter Champs on 2/3, please email [richgonzaleztrack@gmail.com](mailto:richgonzaleztrack@gmail.com) by 1/20/2025. (For the pentathlon held only at Cal State Fullerton on 1/4, it's walk-up registration.)