

**2025 West Coast Classic Track and Field
High School Invitational**

**Saturday, 12th, 2025
At Veterans Stadium- Long Beach City College – Long Beach, CA**



MEET OVERVIEW

The West Coast Classic Track and Field High School Invitational is conducted under the National High School Federation rules & regulations and sanctions. CIF and NHSF sanctions by Santa Ana High School/Pacific Coast Shockwaves

All competitors must represent their HS and compete in school uniform (the only exception will be for the Middle School competitions). Neither "club" nor "unattached" competition is allowed for the high school Competitions.

MEET DETAILS

Time Schedule:

Saturday: 9:00 a.m. start

COACHES REGISTRATION INSTRUCTIONS

EVENTS OFFERED: 100m | 200m | 400m | 800m | 1600m | 3200m | 110 Hurdles | 300m Hurdles | 4x100m | 4x200m | 4x400m | 4x800m/ 800m Sprint Medley | 1600m Sprint Medley | 4000m Distance Medley | Long Jump | Triple Jump | High Jump | Pole Vault | Shot Put | Discus Throw | Para-Athlete 100 & 400

Track Surface: Beynon 9-lane Track, 3-Long Jump Pits, 1-Pole Vault, 1-High Jump Pit. All runways are restricted to 1/4 inch spikes (pyramid spikes only). School representatives may inspect spike sizes during check-in.

Registration: To register go online to www.athletic.net. Log In to Athletic.net. Navigate to your team home by clicking your name in the upper right hand corner to open the side menu, and then the home icon next to the appropriate team. Click "Add a Meet" in your calendar box.

Middle School Elite Races register on the West Coast Classic Middle School page in Athletic.net

Entry Fees:

Online Entry Fees: \$10.00 per individual event and \$40.00 per relay. Gender Max: \$450.00. Total Team Max: \$800.00. Entry fees are non-refundable and must be paid through Athletic.net (online), Venmo/Zelle or by school check. **Checks should be made out to PCS.** Payments will need to be made prior to the Late Registration Opening. **On-line Entry Deadline: April 9, 2025, at 11:59 PM (PST).**

All events will be seeded based on seed times and marks submitted through Athletic.net only. Our Staff will re-seed heats if individuals do not check in on-time to fill lanes, which will improve the flow of the

meet. Heats will be re-seeded 5 minutes after the 3rd (and Final) call. Calls will be made in the stadium and on the warmup field. Please follow the meet flow using the FinishedResults app and by monitoring the LED scoreboards on the field if you cannot hear the calls being made.

Bibs: Athletes who lose their bib number will be charged \$5 for a replacement. Replacement Bibs can be purchased at the Registration Table throughout the event

Packet Pickup: 7 AM on Saturday

CONCESSION: Breakfast and lunch items will be available for purchase. **Cooking in the parking lot or anywhere throughout the facility is strictly prohibited. Campus police will monitor drinking and cooking in the parking lot and in the stadium.**

APPAREL: Official West Coast Classic Track and Field Invitational merchandise will be available. Additional items will be sold at the OnPoint AEP booth; backpack and engraved items.

MEET RESULTS: Live results (official) will be posted using the Finished Results Live Results application. Go to Google play or the Apple App Store for a free download of this app. Official results will be uploaded on Athletic.net within 24 hrs.

CHECK-IN: All participants must check in at the Clerk of the Course when their events are called or 30 minutes before their posted event time. Event check-in will close 10 minutes after the 3rd and Final call, when on a rolling schedule – no exceptions. Field event participants should report directly to the official on the field in charge of the event when called. Field event warm-ups will begin when the First call is announced and will remain open for 15 minutes after the Final call.

AWARDS: Custom Medals for those finishing 1st – 3rd overall. Custom Backpacks for all Winners in Varsity races only. Custom batons for all relay Winners (Varsity and Frosh/Soph). Additional Medals may be given out based on high participated fields.

COACH'S BOXES: For all field events, only one coach will be allowed to coach their athlete(s) from the designated Coach's Box for each field event. The Coach's Box will be clearly identified for each field event.

STADIUM INSTRUCTIONS

Seating: Bleacher seating will be available. Tents and large umbrellas will be restricted to beyond the first 10 rows of the bleachers. Tents will also be allowed in designated areas around the facility. Please keep all walkways, fencing and entry gate areas clear. There will be NO SMOKING, VAPING, PETS, CHEWING GUM, SHELLLED NUTS OR SEEDS permitted on school grounds. **Setting up prior to 2 hours before the meet will not be permitted. The stadium gates will open at 7:00 AM on Saturday. The stadium seats over 11,000, so there will be room for everyone.**

No Team Tent Setup on the grass field as this area is reserved for the Discus and Warmup

Spectator Fee: \$10.

Parking Cost: Scan Parking QR code posted around the stadium and parking lots or from parking attendants, and follow instructions (rate will be determined by the College). There will be plenty of parking next to the stadium. There is limited parking on surrounding streets. Please comply with all posted parking restrictions on the College Campus. Meet management will not be liable for any parking related violations or towed vehicles.

Travel:

The West Coast Classic Track and Field Invitational will be hosted at Long Beach City College Veterans Stadium, located in Long Beach and is between Orange County and Los Angeles Airports. Stadium Address: Long Beach City College Veterans Stadium 5000 E Lew Davis St, Long Beach, CA 90808.

AIRPORT OPTIONS

If you plan to fly to the event, there are three airports located between 1 and 25 miles from the meet location. Due to its size, Los Angeles International Airport often offers the best fares, but that is not always the case. We encourage you to check on-line for fares at each airport.

The three airports in the area include:

- Long Beach Airport (LGB)** – Located 1 mile away.
- Los Angeles International (LAX)** – Located 25 miles away.
- John Wayne/Santa Ana Airport (SNA)** – Located 15 miles away.

ORDER OF EVENTS
Saturday April 12, 2025

| Events Start at 9 AM (First Call at 8:40 am) | | |
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| 3200M | Timed Final | F/S Girls, Boys, Varsity Girls, Boys |
| 110M Hurdles (39") | Timed Final | F/S Boys, Varsity Boys |
| 100M Hurdles (33") | Timed Final | F/S Girls, Varsity Girls |
| 4x100M Relay | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 400M (Middle School Elite) | Timed Final | Girls, Boys |
| 400M Dash | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 4x800M Relay | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 100M (run on both sides of the track) | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 4x200M Relay | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 800M | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 800M SMR (100-100-200-400) | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 1600 SMR (200-200-400-800) | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 1600M Middle School Elite | Timed Final | Girls, Boys |
| 1600M Run | Timed Final | F/S Girls, F/S Boys, Varsity Girls , Varsity Boys |
| 300M Hurdles | Timed Final | F/S Girls, Varsity Girls , F/S Boys, Varsity Boys |
| 200M Dash | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 4000 DMR (1200-400-800-1600) | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |
| 4x400M Relay | Timed Final | F/S Girls, F/S Boys Varsity Girls, Varsity Boys |

Note: Use of personal blocks will not be permitted, as there will be enough blocks available for competition.

800M, 1600M and 3200M will use a multi-alleyed waterfall

8:40AM – First Call - Field Events, Start at 9:00 AM

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|-------------------------------------|-------|--|
| High Jump (South End)) | Final | F/S Girls and Varsity Girls, F/S Boys, Varsity Boys (F/S and VAR will be combined separated in the results) |
| Discus (North End) | Final | F/S Girls, Varsity Girls, F/S Boys Varsity Boys – Rolling Schedule |
| Long Jump (Pit 1) – East side | Final | Varsity Girls, Varsity Boys |
| Long Jump (Pit 2) – South-West Side | Final | F/S Boys |
| Long Jump (Pit 3) – South-East Side | Final | F/S Girls |
| Triple Jump (Pit 1) -East Side | Final | Varsity Girls, F/S Girls Varsity Boys, F/S Boys |
| Shot Put (South Pit) | Final | F/S Boys, F/S Girls, Varsity Girls, Varsity Boys |
| Pole Vault | Final | All Girls, All Boys (F/S and VAR will be combined separated in the results) |

Note: A final field event schedule will be sent out once all entries are in.

Use of personal implements will be acceptable, but the implement will be part of the field to use.

Meet will be held rain or shine.