



UCSB Sam Adams Combined Events Wednesday-Thursday March 5-6th, 2025

Sam Adams Combined Events

Day 1 Schedule: Wednesday March 5th

11:55am National Anthem

Decathlon:

12:00pm	100m
~12:45pm	Long Jump
~2:00pm	Shot Put
~3:00pm	High Jump
~5:00pm	400m

Heptathlon:

12:30pm	100mH
~1:15pm	High Jump
~3:00pm	Shot Put
~4:00pm	200m

Day 2 Schedule: Thursday March 6th

10:55am National Anthem

Decathlon

11:00am	110mH
~11:45am	Discus
~1:00pm	Pole Vault
~3:30pm	Javelin
~4:45pm	1500m

Heptathlon

12:00pm	Long Jump
~1:15pm	Javelin
~2:15pm	800m

Meet Information Packet

Meet Director: Vijay Saxena vijay.saxena@athletics.ucsb.edu (650) 787 8963

This is a World Athletics IAAF Certified Meet

Due to new NCAA Rules to align with World Athletic Standards there will be random shoe checks for 5-10% of the competition. Check to make sure you have the proper shoes here: <https://certcheck.worldathletics.org>
Here is also the NCAA rule book: <https://www.ncaapublications.com/p-4711-2025-and-2026-track-fieldcross-country-rules-book.aspx>. Note all of the changes to the seeding section.

Collegiate entry by invitation only, contact meet director or assistant coaches if you would like to attend.

Unattached entries will be admitted at the discretion of the meet director.

Marks will be allowed from March 1, 2023 to March 1, 2025 (2 year window). Speculative marks are allowed. Suggested entry of 4200 for Heptathlon and 6200 for Decathlon.

All entries will be completed on **Athletic.net** by Monday, March 1st at 11:59pm.

\$75 per entry for heptathlon/decathlon

Payment due in **Athletic.net** at time of entry – no refunds

Heat sheets will be available Tuesday, March 4th for the multi-event

Spectators will be allowed at no cost.

Seating will be available in bleachers along home straight or overlooking the shotput pit.

Recommended to park in Lot 27 or Lot 30.

Team camps and warm-ups located on field adjacent to the north corner of the track. (The Pit). **If there is Rain we will shift to the wood chips next to the bleachers on the home stretch. We suggest bringing tarps and tent**

Please remind athletes that all communication with officials should be done by their coaching staff if needed.

1/4th inch spikes only, with the exception of javelin and high jump where 3/8th inch spikes will be allowed Pyramids only, no Christmas tree or needle spikes.

Weigh-ins will be from 10-11am for the Multi (March 5-6th) in the shed at the north end of the track.

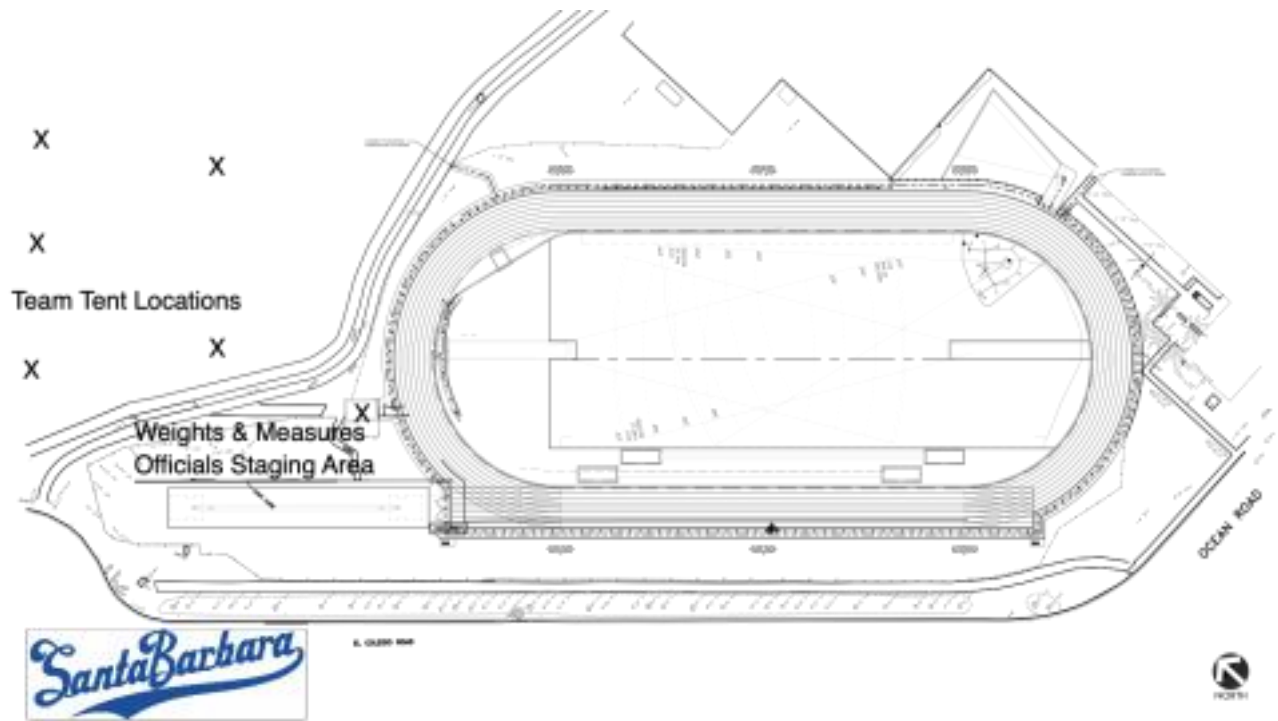
Chalk will not be allowed on runways/aprons (unless there is rain); use of tape for marks will be permitted.

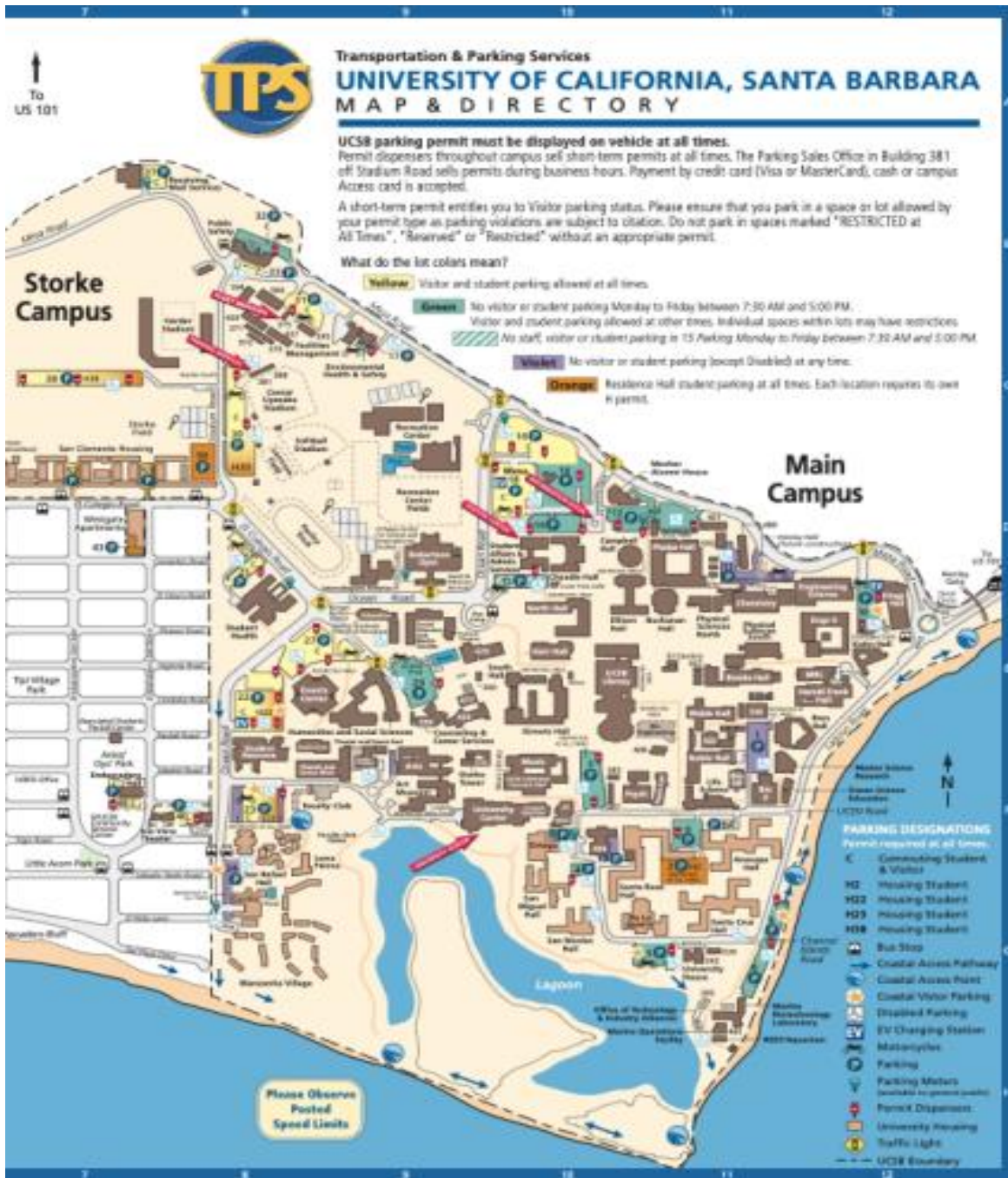
Food/drink: Food is not permitted inside the track facility, on the surface; water/sports drinks are allowed.

Athletic trainers will be on site during competition - please bring your own tape, recovery modalities, etc.

Athletic Trainer Contact: Claire Stovall, ATC (claire.stovall@athletics.ucsb.edu)

Pauley Track and Facility Layout Map





Parking:

Bus parking will have two options (see arrows on above map):

1. Frontage road leading to Lot 38, in front of Harder Stadium (Off Stadium Road)
2. Loading Dock area at the Events Center, across the bike path at the Thunderdome