

# UCSB Invite Schedule:

## This is a World Athletics IAAF Certified Meet

**Friday April 25<sup>th</sup>, 2025**

Weigh In's 12:30pm-2:00pm

### Field Event Schedule

2:00PM	Discus	Men	Trials & Finals
3:00PM	Discus (2 flights)	Women	Trials & Finals
4:30PM	Shot Put	Men	Trials & Finals
5:15PM	Shot Put	Women	Trials & Finals

### Track Event Schedule

4:00PM	Kids 100m (unofficial timing, no registration needed)
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**Saturday April 26<sup>th</sup>, 2025**

Weigh In's 7:30am-11am

### Field Event Schedule

9:00 AM	Hammer	Men	Trials & Finals
10:45 AM	Hammer (2 flights)	Women	Trials & Finals
1:30 PM	Javelin	Women	Trials & Finals
3:00 PM	Javelin	Men	Trials & Finals
12:00 PM	Long Jump (2 flights)	Women	Trials & Finals
2:00 PM	Triple Jump	Women	Trials & Finals
12:00 PM	Long Jump (2 flights)	Men	Trials & Finals
2:00 PM	Triple Jump	Men	Trials & Finals
10:30 AM	Pole Vault	Women	Final
1:00 PM	Pole Vault	Men	Final
10:00 AM	High Jump	Women	Final
11:30 AM	High Jump	Men	Final

### Track Event Schedule

11:45am	Alumni Mile (unofficial timing, no registration needed)
11:58am	Student Organizations 4x1 Relay
12:00pm	National Anthem
12:05pm	1500m Women
12:20pm	1500m Men
12:30pm	4x100m Relay Women
12:35pm	4x100m Relay Men
12:45pm	100mH Women
12:55pm	110mH Men
1:15pm	400m Women
1:20pm	400m Men
1:30pm	100m Women
1:40pm	100m Men
2:00pm	800m Women
2:10pm	800m Men
2:20pm	100m FINAL Women
2:25pm	100m FINAL Men
2:30pm	2005 UCSB Women's Track & Field Championship Team Recognition
2:45pm	400mH Women
2:55pm	400mH Men
3:10pm	200m Women
3:20pm	200m Men
3:45pm	Senior Recognition
4:10pm	4x400m Relay Women
4:20pm	4x400m Relay Men
4:30pm	Women's 3000m Steeplechase
4:45pm	Men's 3000m Steeplechase
4:55pm	Women's 5,000m
5:15pm	Men's 5,000m

# Meet Information Packet

## backyard bowls

Please consider using our Meet Sponsor, Backyard Bowls, for to cater for your team! Order form & Menu at the end of this meet packet

**Meet Director: Vijay Saxena** [vijay.saxena@athletics.ucsb.edu](mailto:vijay.saxena@athletics.ucsb.edu) (650) 787 8963

Due to new NCAA Rules to align with World Athletic Standards their will be random shoe checks for 5-10% of the competition. Check to make sure you have the proper shoes here: <https://certcheck.worldathletics.org> Here is also the NCAA rule book: <https://www.ncaapublications.com/p-4711-2025-and-2026-track-fieldcross-country-rules-book.aspx>. Note all of the changes to the seeding section.

Collegiate entry by invitation only, contact meet director or assistant coaches if you would like to attend.

Unattached entries will be admitted at the discretion of the meet director.

There will be a limit of 32 entries accepted into each field event. No limit on track events. Please notify us of any scratches after entries close. We will accept estimated marks if there is a link to their international, high school, or previous institution.

Minimum Marks for guaranteed entry (No refunds if you enter into this event below the mark and do not get in):

WPV- 3.25m (10'8), MPV- 4.35m (14'3)  
WHJ- 1.51m (4'11.5), MHJ- 1.83m (6'0)  
WLJ- 5.18m (17'0), MLJ- 6.40m (21'0)  
WTJ- 11.00m (36'1), MTJ- 13.10m (43'0)  
WSP- 11.00m (36'1), MSP- 13.00m (39'4)  
WDT- 37.00m (121'4), MDT- 37.00m (121'4)  
WHT- 40.00m (131'2), MHT- 45.00m (147'7.7)  
WJT- 30.50m (100'0.7), MJT- 45.00m (147'7.7)

All entries will be completed on **Athletic.net** by Tuesday, April 22<sup>nd</sup> at 11:59pm.

Team entry: \$550 per gender;

Individual/Unattached entry: \$40 per event;

Payment due in **Athletic.net** at time of entry – no refunds

Warmup for track events during Hammer throw must be on Finish line side (LJ/TJ). Heat sheets will be available Thursday, April 24<sup>th</sup>

Spectators will be allowed at no cost.

Seating will be available in bleachers along home straight or overlooking the shotput pit.

Recommended to park in Lot 27 or Lot 30.

Team camps and warm-ups located on field adjacent to the north corner of the track. (The Pit). If there is Rain we will shift to the wood chips next to the bleachers on the home stretch. We suggest bringing tarps and tents

Please remind athletes that all communication with officials should be done by their coaching staff if needed.

1/4<sup>th</sup> inch spikes only, with the exception of javelin and high jump where 3/8<sup>th</sup> inch spikes will be allowed Pyramids only, no Christmas tree or needle spikes.

Weigh-ins will be from 7:30-11 am for the meet in the shed at the north end of the track.

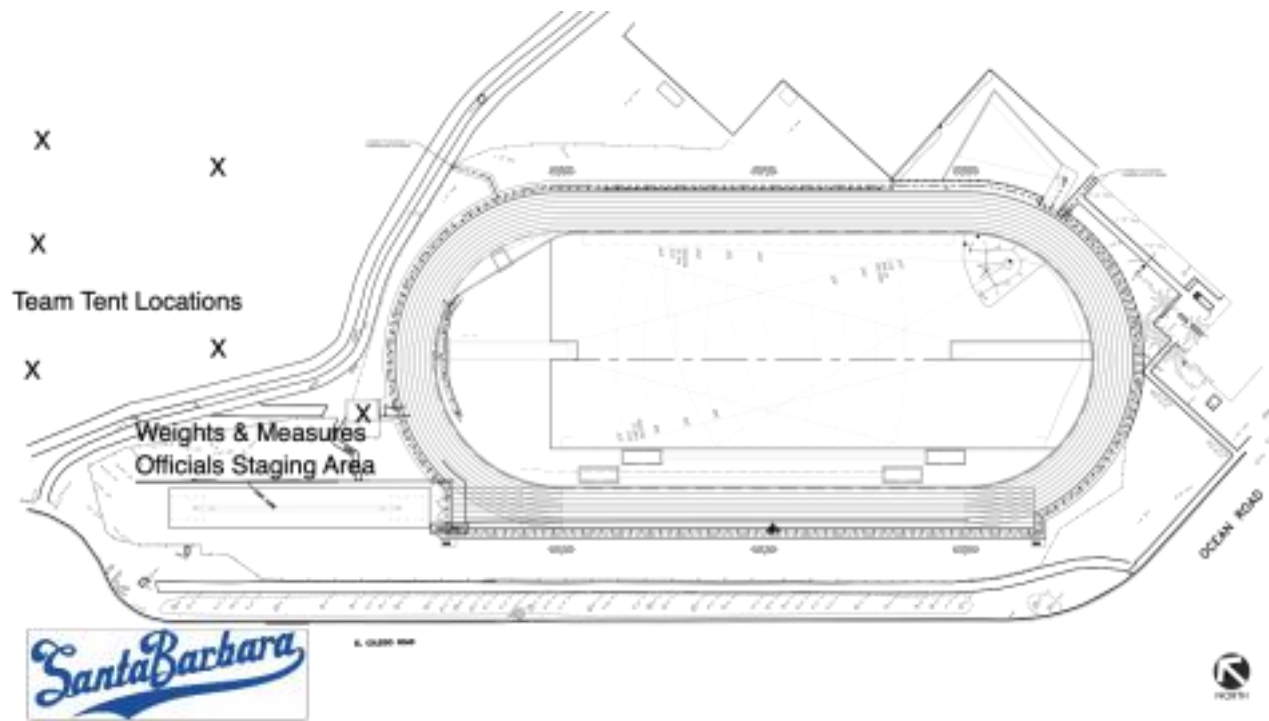
Chalk will not be allowed on runways/aprons (unless there is rain); use of tape for marks will be permitted.

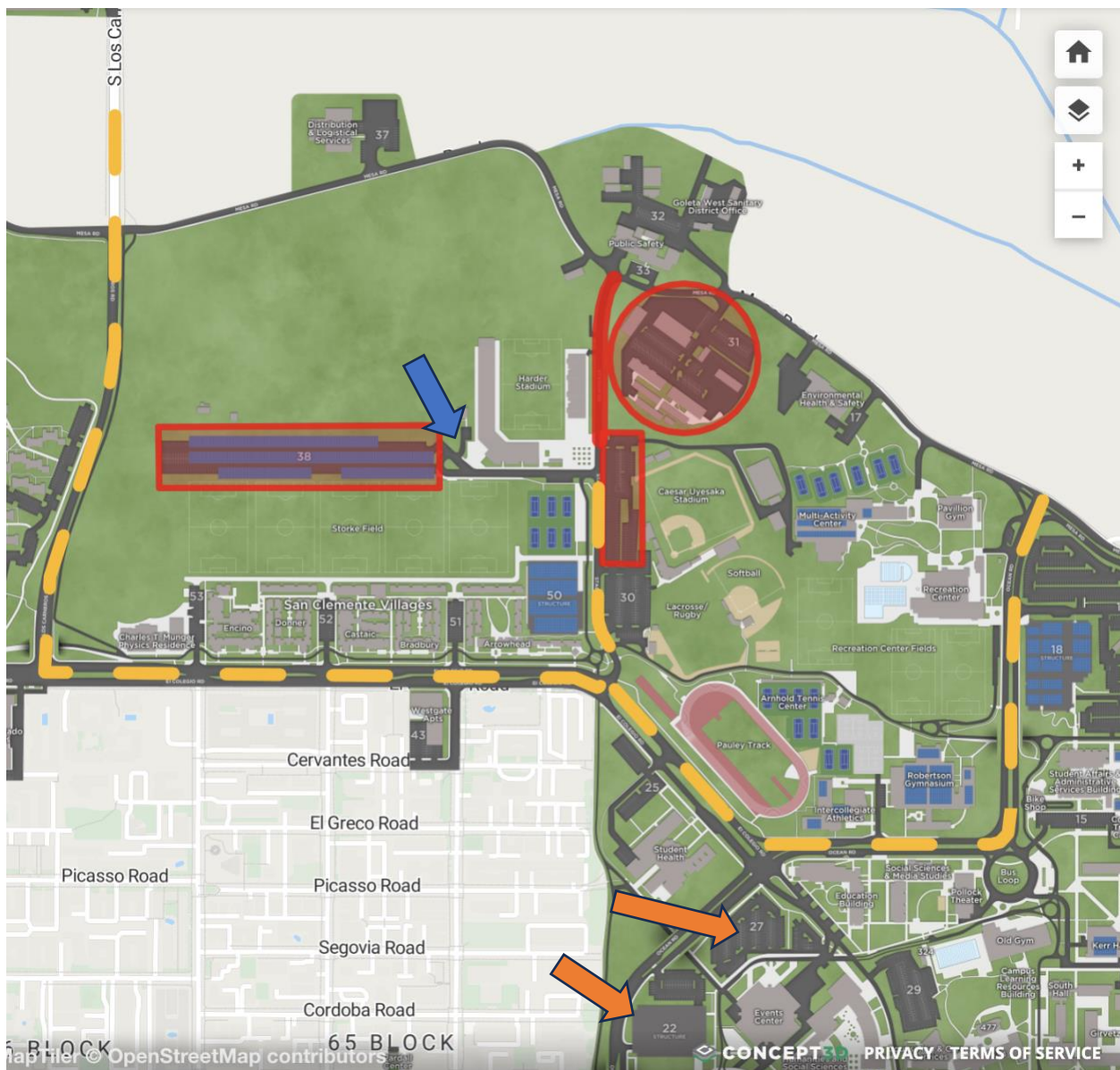
Food/drink: Food is not permitted inside the track facility, on the surface; water/sports drinks are allowed.

Athletic trainers will be on site for the competition - please bring your own tape, recovery modalities, etc.

**Athletic Trainer Contact: Claire Stovall, ATC ([claire.stovall@athletics.ucsb.edu](mailto:claire.stovall@athletics.ucsb.edu))**

## Pauley Track and Facility Layout Map





### Parking:

School Vans will be given a Parking Code the day before and will need to park in lot 22 & 27 indicated in the orange arrows above due to construction near the track complex.

Bus parking will have two options (see arrows on above map):

1. Frontage road leading to Lot 38 (blue arrow indicated on map above), in front of Harder Stadium (Off Stadium Road)
2. Loading Dock area at the Events Center, across the bike path at the Thunderdom



## Backyard Bowls Catering Request Form

Thank you for choosing Backyard Bowls for your catering needs! Please fill out this form so we can help make your event delicious and stress-free. **Contact Information**

Name: \_\_\_\_\_

Phone Number: \_\_\_\_\_

Email Address: \_\_\_\_\_

### Event Details

Event Date: \_\_\_\_\_ Event Time: \_\_\_\_\_

\_\_\_\_\_ Event Location: \_\_\_\_\_

Number of Guests: \_\_\_\_\_

Type of Event (e.g., corporate, birthday, wedding, etc.): \_\_\_\_\_

### Catering Options

Please select the items you're interested in:

- ☐ Acai Bowl Assortment- an assortment of our 3 most popular bowls (island, berry, power) ☐ Small 16 oz, Regular 24 oz, Large 32 oz
- ☐ Smoothie Assortment- an assortment of our most popular smoothies (acai, hercules, supergreen) ☐ Other: \_\_\_\_\_

### Additional Information

Please let us know about any dietary restrictions or preferences:

Do you need utensils, napkins, or serving supplies? ☐ Yes ☐ No

### Delivery or Pick-Up

- If delivery: address and instructions for delivery: \_\_\_\_\_

### Payment Information

We'll send you an invoice once we confirm your order. Please note that orders must be placed at least 48 hours in advance. A deposit may be required for large orders.

### **Submit Your Request**

Email this completed form to **rub@backyardbowls.com** or drop it off at your nearest Backyard Bowls location. We'll get back to you shortly to finalize your order.

### **Questions?**

Feel free to contact us at **(805) 971-9308** or visit our website at **www.backyardbowls.com**. Thank you for letting Backyard Bowls be part of your special occasion!

### Classic Package:

\$13/person for 24 oz regular

\$15.5 /person for 32 oz large

An assortment of our most popular acai bowls:

Berry Bowl- Açaí, banana, strawberry & apple juice base topped with granola, banana, strawberry, goji berry, blueberry, and honey. Island Bowl- Açaí, banana, mango, pineapple juice & coconut mylk (plant-based milk) base topped with granola, banana, strawberry, blueberry, coconut shavings, and honey.

Power Bowl- Açaí, peanut butter, banana, blueberry, pea protein & hemp mylk (plant-based milk) base topped with granola, almonds, banana, blueberry, hemp seeds, and honey.

### Premium Package:

\$14/person for 24 oz regular

\$16 /person for 32 oz large

An assortment of premium acai bowls (choice of 3):

Berry Bowl- Açaí, banana, strawberry & apple juice base topped with granola, banana, strawberry, goji berry, blueberry, and honey. Warrior Bowl- Açaí, banana, blueberry, spinach, kale, spirulina & hemp mylk (plant-based milk) base topped with almonds, strawberries, blueberries, bee pollen, hemp seeds, almond butter, and honey.

Power Bowl- Açaí, peanut butter, banana, blueberry, pea protein & hemp mylk (plant-based milk) base topped with granola, almonds, banana, blueberry, hemp seeds, and honey.

Dragon Bowl- Pitaya, Banana, Mango, Coconut Mylk, on Coconut Yogurt; Topping: Granola, Banana, Kiwi, Coconut Shavings, Honey

### Smoothie Package:

\$11 /person

An assortment of smoothies (choose up to 3):

Supergreen- Spinach, kale, banana, strawberry, mango, spirulina, coconut oil, coconut water, coconut mylk (plant-based milk), honey, and bee pollen.

Acai Smoothie- Açaí, banana, strawberry, blueberry, apple juice, and bee pollen.

Hercules- Açaí, banana, blueberry, pea protein, peanut butter, hemp mylk (plant-based milk), hemp seed, and honey. Golden Lion Banana, mango, pineapple juice, coconut mylk (plant-based milk), lion's mane, ashwagandha (Indian ginseng), turmeric, cardamon, ginger, bee pollen, and honey.

There is a minimum of 10 people per order.

All orders are subject to delivery and service charges.

Please email [catering@backyardbowls.com](mailto:catering@backyardbowls.com) for all orders and questions.