



ASICS Laguna Beach Trophy Invitational Meet Information

MEET DATES: March 14-15

Field Events will be contested on Friday, March 14th. (Shot Put, Discus, High Jump, Long Jump, Triple Jump) (Pole Vault will NOT be contested)

Track Events will be contested on Saturday, March 15th

ENTRIES OPEN ON MILESPLIT: January 1, 2025 @ 12:00 p.m. ([REGISTER HERE](#))

ENTRY DEADLINE: Sunday, March 9th @ 11:59 PM.

PERFORMANCE LIST: Released Monday, March 10th @ NOON.

SCRATCHES: Email scratches to Jim Roldan (jroldan@episports.com) by Tuesday, March 11 @ 7:00 PM.

MEET PROGRAM/MEET FEES: Released Wednesday, March 12th @ NOON

ENTRIES: Teams will be allowed up to 3 entries per event/per level/per gender. Up to 5 entries per school/per gender will be allowed in the Eric Hulst 3200. Not all entries are guaranteed. We will get as many athletes into the meet as possible. Only the Track Athletes who do not get into the meet will be listed as alternates and will be eligible to replace any scratches. Alternates will know if they are in the meet on Wednesday after all scratches are submitted Tuesday night. Alternates will not replace a meet-day scratch.

FEES: \$10.00 PER ATHLETE PER EVENT, \$40 PER RELAY TEAM (\$500 Maximum for boys team – \$500 Maximum for girls team)

ONLINE MEET ENTRY FEES: ([PAY HERE](#))

CHECKS PAYABLE TO: LBHS Athletic Boosters (*Write Trophy Invite in the memo*) ([LBUSD W9](#))



SEATING: Canopies will be allowed on the outfield of the baseball field and on the top row of the stands.

FOOD/SNACKS: A snack bar and a variety of food vendors will be selling food/drinks. Meet t-shirts will be for sale for \$15

PROGRAMS: Programs will be available for spectators at the entrance of the stadium. It will include the order of events, the names of athletes that are competing in each heat and event, and the Trophy Invitational records for each event.

ADMISSIONS: Adults-\$10.00; Students- \$5.00; under 10-free CIF Cards will be honored.

PARKING: Parking is available on the city streets around Laguna Beach High School.

Bus Parking

Bus Drop-off

AWARDS: Trophy Invite awards will be given to the top 5 performers in all events on both varsity and frosh/soph levels. Top 3 relay teams will receive medals. The 1st place finisher in all individual varsity events will receive a custom backpack (Limit 1 backpack per athlete) and the top 15 finishers in the Eric Hulst 3200 will receive an Asics backpack. In case of a tie, both athletes will receive an award. Athletes and/or coaches can pick up their awards at the Awards tent located on the infield after the results have been posted.

IN-FIELD ACCESS: Only coaches will be allowed on the infield.

WARM-UP: The baseball field will be available as a warm-up area, as well as a team camp for canopies. Athletes will not be allowed to warm up on the infield. On Friday, athletes may use the track infield to warm up.

TIMING: Finished Results timing will be timing the meet. If there is a malfunction of the timing system, the games committee reserves the right to rerun any race where an accurate time picture is required for placing. Races may be recalled if the system does not activate.



CLERK OF THE COURSE: All runners must check in with the Clerk 15 minutes prior to their event. Please have athletes pay attention the meet has run ahead of schedule in the past. The CLERK OF THE COURSE will be located on the infield. Relay teams may check in with only one athlete; however, it is the responsibility of the coach and relay athletes to be on the track for the correct race and compete in the assigned lane. If an athlete or relay team runs in the wrong race or lane they will be disqualified.

****ATHLETES WHO ARE NOT COMPETING ARE TO STAY OFF THE INFIELD AND COMPETITION AREA DURING THE MEET****

TRAINER: We will have 2 trainers available for injured athletes only. Each school is asked to supply its own tape.

FIELD EVENTS: All field events athletes are to check in at their event. Each athlete will be given a total of 3 efforts for the F/S Long Jump & Triple Jump and 4 efforts for the Varsity Long Jump & Triple. Shot Put & Discus participants will get 3 efforts in prelims and the Top 8 Varsity will get 3 additional efforts. Marks less than the standards posted will not be measured.

JUMPING EVENTS: Athletes are to report to the jumping official when their event is called. Coaches and athletes must be aware that all event times are approximate and events may finish or start prior to their approximate times. If an athlete needs to leave a jumping event to compete in another event, they must first checkout with their field official, and then, upon the athlete's return to the jumping event, the athlete will be inserted into the current jumping flight. Athletes may also select to jump prior to their assigned flight. If an athlete returns to the jumping event after it has been completed the event will NOT be reopened.

STARTING HEIGHTS AND MEASURABLE MARKS

Boys High Jump: Varsity 5'4" Frosh/Soph 5'0" **Girls High Jump:** Varsity 4'2" Frosh/Soph 4'

Long Jump & Triple Jump: Varsity 4 Attempts; F/S 3 Attempts

Shot Put & Discus: Varsity 4 Attempts - No Finals; F/S 3 Attempts - No Finals)

All Discus implements will be weighed for accuracy before the event begins.



2025 Schedule of Events:

Friday, March 14th

Field Events start at 2:00 PM

High Jump: (1 Pit)

2:00 PM – Boys Varsity; Boys F/S to Follow Boys Varsity (Top 24 Marks Per Level/Per Gender Accepted)

To Follow Boys Varsity/Boys FS – Girls Varsity; Girls F/S to Follow Girls Varsity (Top 24 Marks Per Level/Per Gender Accepted)

Long Jump: (2 pits – 1 boys pit & 1 girls pit)

2:00 PM – Boys Varsity; Boys F/S to Follow (3 Flights/Top 36 entries per level/per gender)

2:00 PM – Girls Varsity; Girls F/S to Follow (3 Flights/Top 36 entries per level/per gender)

Triple Jump: (2 pits – 1 boys pit & 1 girls pit) (Triple Jump will start when the long jump is complete)

TBD – Boys Varsity; Boys F/S to Follow (2-3 Flights/Top 36 entries per level/per gender)

TBD – Girls Varsity; Girls F/S to Follow (2-3 Flights/Top 36 entries per level/per gender)

Shot Put: (3 Flights/Top 36 entries per level/per gender)

2:00 PM – Girls Varsity; Girls FS to Follow Girls Varsity; Boys Varsity to Follow Girls FS; Boys F/S to Follow Boys Varsity

Discus: (3 Flights/Top 36 entries per level/per gender)

2:00 PM – Boys Varsity; Boys FS to Follow Boys Varsity; Girls Varsity to Follow Boys FS; Girls F/S to Follow Girls Varsity

Starting Heights:

Girls F/S High Jump (4'0")

Boys F/S High Jump (5'0")

Boys Varsity High Jump (5'4")

Girls Varsity High Jump (4'2")

Boys Varsity Long Jump – 4 Attempts (No Finals)

Girls Varsity Long Jump – 4 Attempts (No Finals)

Girls F/S Long Jump – 3 Attempts (No Finals)

Boys F/S Long Jump – 3 Attempts (No Finals)

Girls Varsity Triple Jump – 4 Attempts (No Finals)



Boys Varsity Triple Jump – 4 Attempts (No Finals)

Boys F/S Triple Jump – 3 Attempts (No Finals)

Girls F/S Triple Jump – 3 Attempts (No Finals)

Girls Varsity Shot Put – 3 Attempts (Finals)

Girls F/S Shot Put – 3 Attempts (No Finals)

Boys Varsity Shot Put – 3 Attempts (Finals)

Boys F/S Shot Put – 3 Attempts (No Finals)

Boys Varsity Discus – 3 Attempts (Finals)

Boys F/S Discus – 3 Attempts (No Finals)

Girls Varsity Discus – 3 Attempts (Finals)

Girls FS Discus – 3 Attempts (No Finals)

Saturday, March 15th

Running events start at 7:30 am

Girls F/S 3200 Meter Run (Top 40 entries accepted)

Boys F/S 3200 Meter Run (Top 40 entries accepted)

Girls F/S 4 x 100 Meter Relay (Top 24 Teams accepted)

Boys F/S 4 x 100 Meter Relay (Top 24 Teams accepted)

Girls Varsity 4 x 100 Meter Relay (Top 24 Teams accepted)

Boys Varsity 4 x 100 Meter Relay (Top 24 Teams accepted)

Boys Varsity Eric Hulst 3200 Meter Run (Top 30 entries accepted)

Girls Varsity Eric Hulst 3200 Meter Run (Top 30 entries accepted)

Girls FS 100M Hurdles (Top 32 entries accepted)

Girls Varsity 100 M Hurdles (Top 48 entries accepted)

Boys F/S 110 M Hurdles (Top 32 entries accepted)

Boys Varsity 110 M Hurdles (Top 48 entries accepted)

Girls Varsity Open 3200 (Top 40 entries accepted)

Boys Varsity Open 3200 (Top 40 entries accepted)

Girls F/S 400 Meter Dash (Top 40 entries accepted)

Boys F/S 400 Meter Dash (Top 40 entries accepted)

Girls Varsity 400 Meter Dash (Top 48 entries accepted)

Boys Varsity 400 Meter Dash (Top 48 entries accepted)

Girls F/S 800 Meter Run (Top 75 entries accepted) (3 heats)



Boys F/S 800 Meter Run (Top 75 entries accepted) (3 heats)
Girls F/S 100 Meter Dash (Top 64 entries accepted)
Boys F/S 100 Meter Dash (Top 64 entries accepted)
Girls Varsity 100 Meter Dash (Top 64 entries accepted)
Boys Varsity 100 Meter Dash (Top 64 entries accepted)
Girls Varsity 800 Meter Run (Top 75 entries accepted) (3 heats)
Boys Varsity 800 Meter Run (Top 75 entries accepted) (3 heats)
Girls F/S 300 Meter Hurdles (Top 40 Entries accepted)
Girls Varsity 300 Meter Hurdles (Top 48 entries accepted)
Boys F/S 300 Meter Hurdles (Top 40 Entries accepted)
Boys Varsity 300 Meter Hurdles (Top 48 Entries accepted)
Girls F/S 1600 Meter Run (Top 60 entries accepted) (2 heats)
Boys F/S 1600 Meter Run (Top 60 entries accepted) (2 heats)
Girls F/S 200 Meter Dash (Top 64 entries accepted)
Boys F/S 200 Meter Dash (Top 64 entries accepted)
Girls Varsity 200 Meter Dash (Top 64 entries accepted)
Boys Varsity 200 Meter Dash (Top 64 entries accepted)
Girls Varsity 1600 (Top 60 entries accepted) (3 heats)
Boys Varsity 1600 (Top 60 entries accepted) (3 heats)
Girls F/S 4 x 400 Meter Relay (Top 24 team accepted)
Boys F/S 4 x 400 Meter Relay (Top 24 teams accepted)
Girls Varsity 4 x 400 Meter Relay (Top 24 teams accepted)
Boys Varsity 4 x 400 Meter Relay (Top 24 teams accepted)