



Triton Invitational

Friday-Saturday, April 4-5, 2025



DEADLINE: Entries will close at 5:00pm Monday, March 31

All Entries must be done on-line at:

<https://www.athletic.net/TrackAndField/meet/580394/register>

Entries/Fees:

College Teams:

- **\$40 per entry capped at \$750 per gender.**
- Collegiate teams must pay fees online through **Athletic.Net**. No exceptions.
- Payment of entry fee is not a guarantee that the entry will be accepted.

Club/Open/Unattached Athletes: (All must enter as individuals and pay online)

- \$40 per individual entry including relays must be paid at time of registration through **Athletic.Net**.
- There will be **NO** day of meet registration. **NO** refunds for scratches after entries close. Entry fees cannot be reimbursed.
- Payment of entry fee is not a guarantee that the entry will be accepted.

Entry Information:

Only verifiable marks from the 2024 or 2025 season will be accepted for entry. This will allow us to be able to provide full, competitive field. Club/Open/Unattached Athletes must provide meet/date of performance. Any suspicious or unverifiable entry marks will be seeded at the discretion of meet management without notice.

Field Limitations:

In order to maintain a manageable meet size and schedule we will be capping entry for each event. We have set these limitations at or above our entries from last year. We will seed each event based on verifiable entry marks and accept entries up to the maximum field size.

Late Entries/Scratches:

No late entries will be accepted after the 5:00 p.m. deadline on Monday, March 31. No refunds for scratches after entries close.

Day-of-Meet Entries:

No day-of-meet entries will be accepted.

Accepted Entries:

Accepted entries will be posted on our website at www.UCSDTritons.com and www.finishedresults.com by 12:00pm Tuesday April 1.

Start Lists/Heat Sheets:

Start lists will be posted on our website at www.UCSDTritons.com and www.finishedresults.com by 5:00pm Wednesday April 2.

Meet Information

Live Results and Timing:	Results will be submitted to TFRS/Athletic.net/World Athletics after the meet. Real-time results will be available on the Finished Results Live App and at http://www.finishedresults.com/results . Results can also be found on our website at www.UCSDTritons.com immediately after the meet.
Practice Facility Usage:	<p>The facility will be open for practice during the following hours.</p> <p>Thursday: 10:00am – 1:00pm & 4:30pm – 6:30pm</p> <ul style="list-style-type: none">• All Hammer and Discus practice will be done on West Competition Field• During both practice windows Hammer can be thrown in first half and Discus in second half of the practice window <p>Friday: 9:00am – 2:00pm</p> <ul style="list-style-type: none">• No Hammer or Discus practice• Long Jump available on runway no in use• Pole Vault available 9:00am – 11:30am
NCAA/World Athletics Rules:	This meet is listed on the World Athletics Global Calendar and marks will be accepted for NCAA, NAIA, CCCAA, NJCCCA, USATF, and World Athletics rankings. This meet will be run under NCAA rules including the NCAA false start and absence from competition rules. Additionally, we will monitor the necessary World Athletics lane violation rule and shoe policies. All field events will be measured in metric.
Implements and Hurdles Heights:	College/International implements in the throwing events and hurdles heights on the track only. No accommodation will be made for juniors or masters competitors.
Implement Certification:	Will be done for all throwing events in the South Hallway of the track and field building 8:30am until 4:00pm both Friday and Saturday. Implements will not be impounded.
Field Events:	Field event athletes must report to their event 30 minutes prior to the start of their flight. All Competitors will receive 3 attempts each in prelims, with the top 9 advancing to finals for 3 additional attempts. NCAA absence from competition rules will be enforced. Athletes must compete in their assigned flight.
High Jump:	All approach marks must be measured and placed at least 20min prior to the start of competition to allow everyone adequate time to complete run throughs.
Track Events:	Heats will be run fastest first. Athletes in track events must report to the clerk located under the videoboard at least 30 minutes prior to their event or they will be scratched.
Scratches:	Please report any pre-meet scratches to the clerk's table under the videoboard. If scratches are necessary during the meet, please report them to the clerk.
Warm-up Area:	Please use the field on the South side of the tunnel for warm-up. There will be no warm up in the stadium once competition starts.
Athletic Trainers:	Athletic Trainers will be available near the tunnel. Please contact UCSD Athletic Trainer, Liam Higginson lhigginson@UCSD.EDU 858-534-8459 for any athletic training needs you may have. Team athletic trainers may set up in this area also.
Facilities:	<p>9 competition lane track with fully synthetic javelin and high jump approach areas. Beynon BS 3000 surface installed August of 2016. Pyramid spikes only – 1/4 inch maximum for both field and track events. 3/8 inch spikes are permitted for the high jump and javelin. Hammer/Discus facility is on the West side of the track building.</p> <p>Portable restrooms available both at field level and at top of stadium. Flush toilets are available on the warm-up field. Shower facilities are available at the stadium with advance request, no towels will be provided.</p>

Infield/Track Access:	Only coaches and athletes currently competing should be on the infield including the coaches box between the javelin and high jump area. Team camps may be set-up in the top row of the stands or along the fence on east side of the stadium. Please do not set up team camps on the terraces above the pole vault area.
Directions:	Triton Track Stadium is located in the Northwest corner of the UC San Diego Campus. In mapping apps search "Triton Track"
Bus/Van Drop-off:	Van/Bus drop-off will be at the Northpoint Info Booth at second stop sign after entering campus. Drop off is not available at the Southeast gate due to road realignment.
	Interactive Campus Map
Parking:	<p>Parking restrictions are enforced both Friday and Saturday. The nearest public parking is in the Hopkins Parking structure about 500 meters to the south of the track. School vehicles with "E" plates are exempt from parking regulations. Private vehicles may park in "Visitor – V" spaces and should purchase a pass with a pay-by-plate system at the kiosks in each parking lot or using the Park Mobile App. In mapping apps search "Hopkins Parking Structure"</p> <p>Please do not park in any "Reserved" spaces.</p> <p>Additional parking is available In the Pangea Parking Structure and the Torrey Pines Center North surface lots.</p>
Bus Parking:	Buses can park in Lot P704 located at 3960 Voigt Dr, La Jolla, CA 92093 Please do not have buses stage along Hopkins Dr.
Admission:	<p>All athletes, coaches, and team staff will be provided wrist bands for access to the stadium.</p> <p>All spectators will be charged \$10.00 for admission. Spectator entry will be available at both Southwest and Southeast gates. Please purchase tickets in advance at: https://ucsdtritons.eventbrite.net/</p> <p>No spectator charge for Friday competitions.</p>
Food/Drink:	We will have food for sale at the top of the stadium. Additionally, most campus facilities will be open both Friday and Saturday. Most campus facilities are now cashless.
Questions?	Contact Nate Garcia at ngarcia@ucsd.edu

Go Tritons!



UC San Diego

Final

2025 Triton Invitational

Friday April 4, 2025

Throwing Events			Flights/Location
9:00am	Hammer - 3 prelims throws, top 9 to finals for 3 final throws	Women	3 Flights - Throwing Field
9:00am	Javelin - 3 prelims throws, top 9 to finals for 3 final throws	Women	3 Flights - Stadium Infield
1:30pm	Discus (Elite) - 3 prelims throws, top 9 to finals for 3 final throws	Women	2 Flights - Throwing Field
2:00pm	Javelin - 3 prelims throws, top 9 to finals for 3 final throws	Men	3 flights - Stadium Infield
4:00pm	Discus (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Men	3 Flights - Throwing Field

Horizontal Jumping Events			Flights/Location
11:00am	Triple Jump - 3 prelims jumps, top 9 to finals for 3 final jumps	Women	3 Flights - Center Pit
3:00pm	Triple Jump - 3 prelims jumps, top 9 to finals for 3 final jumps	Men	3 Flights - Center Pit

Vertical Jumping Events			Location
1:00pm	Leon T. Roach III Memorial Pole Vault - starting height 3.20/10-6	Women	Stadium

Track Events			Number of Heats
2:50pm	200m	Women	12
3:25pm	200m	Men	12
4:00pm	3000m Steeplechase	Women	1
4:10pm	3000m Steeplechase	Men	2
4:50pm	5000m	Women	2
5:40pm	5000m	Men	2
6:20pm	10000m	Women	1
7:05pm	10000m	Men	1

Saturday April 5, 2025

Throwing Events			Flights/Location
9:00am	Hammer - 3 prelims throws, top 9 to finals for 3 final throws	Men	3 Flights - Throwing Field
9:00am	Shot (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Women	2 Flights - Stadium Outside Ring
12:00pm	Shot (Elite) - 3 prelims throws, top 9 to finals for 3 final throws	Women	2 Flights - Stadium Outside Ring
1:30pm	Discus (Elite) - 3 prelims throws, top 9 to finals for 3 final throws	Men	2 flights - Throwing Field
2:30pm	Shot (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Men	2 Flights - Stadium Outside Ring
4:00pm	Discus (Open) - 3 prelims throws, top 9 to finals for 3 final throws	Women	3 Flights - Throwing Field
5:30pm	Shot (Elite) - 3 prelims throws, top 9 to finals for 3 final throws	Men	2 Flights - Stadium Outside Ring

Horizontal Jumping Events			Flights/Location
11:30am	Long Jump - 3 prelims jumps, top 9 to finals for 3 final jumps	Men	3 Flights - Center Pit
3:30pm	Long Jump - 3 prelims jumps, top 9 to finals for 3 final jumps	Women	3 Flights - Center Pit

Vertical Jumping Events			Location
11:00am	High Jump (Starting height 1.52/5-0)	Women	Stadium
1:00pm	Leon T. Roach III Memorial Pole Vault (Starting height 4.10/13-6)	Men	Stadium
3:00pm	High Jump (Starting height 1.86/6-1.25)	Men	Stadium

Track Events			Number of Heats
11:00am	400m Relay	Women	2
11:05am	400m Relay	Men	2
11:10am	400m Relay - UCSD Triton Athletes Council Team Challenge	Men/Women	1
11:15am	800m	Women	9
11:50am	800m	Men	9
12:30pm	100m Hurdles	Women	5
12:50pm	110m Hurdles	Men	5
1:10pm	400m	Women	6
1:40pm	400m	Men	6
2:10pm	100m	Women	9
2:40pm	100m	Men	8
3:10pm	400m Hurdles	Women	3
3:30pm	400m Hurdles	Men	3
3:50pm	1500m	Women	6
4:30pm	1500m	Men	6
5:10pm	1600m Relay	Women	2
5:25pm	1600m Relay	Men	2