



**2025 Redlands Final Qualifier**  
**Wednesday, May 14 – Thursday, May 15, 2025**

**Entries/Deadline:**

- Entries are due **by 11:59 PM (PDT) on Monday, May 12**, at **Direct Athletics**.
- Late entries will not be accepted.
- Entries/Changes will not be allowed on meet day.

**Entry Fee:**

- \$700 maximum per team (20+ entries) per gender (\$1400 for both men and women).
- Individual entries are \$35 per gender per event. Relays are \$100. Hep/Dec are \$100.
- Individual entries *must* be paid online through Direct Athletics. Online payment is encouraged, but teams may bring cash or checks payable to “*University of Redlands Track & Field*” on meet day.

**Advancement Procedures:**

**Track Events**

All running events will be contested as finals with heats being run against time with the number of participants in each heat as per NCAA rules - (time section finals).

**Field Events**

Horizontal jumps and throws will be conducted in flights per NCAA rules with 3 prelim attempts and the top 9 advancing to the finals for 3 more attempts. If less than 9 competitors enter into an event, each individual will receive 3 prelim attempts and then each competitor will receive 3 final attempts, provided they had a valid mark in the prelim round.

Vertical jumps (pole vault and high jump) will be contested per NCAA rules, with the following starting heights and progressions:

**WHJ:** 1.37 – 1.42 – 1.47 – 1.52 – 1.57 – 1.62 – 1.67 – 1.70 – 1.73 - +.03

**MHJ:** 1.72 – 1.77 – 1.82 – 1.87 – 1.90 – 1.93 - +.03

**WPV:** 3.28 – 3.43 – 3.58 – 3.73 – 3.83 – 3.93 - +.10

**MPV:** 4.05 – 4.20 – 4.35 – 4.50 – 4.65 – 4.80 – 4.95 – 5.05 - +.10

**Facilities:**

6,750-capacity stadium surrounding a nine-lane Beynon® surfaced track with surfaced HJ, LJ, TJ, Jav areas. Shot-put ring located on north side of stadium, discus and javelin held on inside field, hammer ring located directly outside stadium in dirt lot. ¼” spikes preferred. No “Christmas Tree” spikes allowed.

**Check-In:**

Athletes must check in at least 15 minutes prior to the scheduled start of their event, regardless of heat or flight.

- Running event athletes will check in at the tent located in the southeast corner of the stadium, near the bottom of the ramp.
- Field event athletes will check in at the event site.

**Weigh-ins:**

Implements will be weighed in and certified underneath the stadium on the home side.

- Wednesday Hours      Hep/Dec: 1:00-2:00 PM      Standard: 3:30-4:30 PM
- Thursday Hours      Hep/Dec: 11:00 AM-12:00 PM      Standard: 1:00-2:30 PM

**Athletic Trainer & Inclement Weather:**

- An athletic trainer will be available on the east side of the track near the end of the stadium.
- Restrooms are available underneath the bleachers. There will be no shower facilities available.
- Athletic Training will follow standard protocols for any inclement weather. If there is a weather delay, warm-up time and event start times will be determined by the Redlands Staff (Athletic Training, Administration, and Redlands Coaches). In the case of inclement weather and/or lightning that forces the evacuation, all athletes, officials, and spectators should return to their vehicles.

**Spectators:**

Seating for spectators is available in the grandstands. Please keep areas near the Track or Field event locations clear for competitors and coaches. No dogs or other pets are allowed in Ted Runner Stadium.

**Timing/Results:**

Timing services will be provided by Finished Results. Live results will be available at <https://finishedresults.com/results> as soon as possible after the conclusion of each event. Full results will be posted after the conclusion of the meet and will be available at <https://goredlands.com/sports/track-and-field/schedule>.

**Live Stream:** Barring any technical difficulties, Live Stream for the meet will be available at <https://www.flotrack.org/events/13489342-2025-redlands-final-qualifier>

**Drop Off & Parking:**

Parking is available in the dirt parking lot on the corner of Brockton Ave. and University St. This lot is immediately west of the Ted Runner Stadium and the Serrao Gateway entrance to the stadium.

**Questions:**

Call Andrew Clarey at (909)748-8445 or e-mail [andrew\\_clarey@redlands.edu](mailto:andrew_clarey@redlands.edu)



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Time Schedule

<b>PM Wednesday</b>			<b>Decathlon/Heptathlon</b>	
5:00	Discus	M/W	<b>Wednesday</b>	
	Javelin	M/W (follows W	<b>Decathlon 2:00 p.m.</b>	
7:00	1500 Meters	M	Order of Events:	100 Meters
7:15	1500 Meters	W	(Each event will begin	Long Jump
7:25	5000 Meters	M	minutes after	Shot Put
7:45	10,000 Meters	W	of the previous event.)	High Jump
				400 Meters
<b>PM Thursday</b>			<b>Heptathlon 3:00 p.m.</b>	
3:00	Hammer	M/W	Order of Events:	100M
	Shot Put	M/W (follows W HT)	(Each event will begin	High Jump
3:00	Long Jump	M/W	minutes after	Shot Put
3:00	High Jump	W/M	of the previous event.)	200 Meters
3:30	Pole Vault	W/M		
5:00	Triple Jump	M/W		
	<b>Track Events</b>		<b>Thursday</b>	
4:05	4x100 Meters	M	<b>Decathlon 12:00 p.m.</b>	
4:20	110 Meter Hurdles	M	Order of Events:	110M
4:30	100 Meter Hurdles	W	(Each event will begin	Discus
4:45	400 Meters	M	minutes after	Pole Vault
4:55	400 Meters	W	of the previous event.)	Javelin
5:05	100 Meters	M		1500 Meters
5:25	100 Meters	W		
5:35	800 Meters	M	<b>Heptathlon 12:30</b>	
5:50	800 Meters	W	Order of Events:	Long Jump
6:05	400 Meter Hurdles	M	(Each event will begin	Javelin
6:20	400 Meter Hurdles	W	minutes after	800 Meters
6:35	200 Meters	M	of the previous event.)	
6:55	200 Meters	W		
7:10	Steeplechase	M		
7:30	Steeplechase	W		
8:00	4x400 Meters	M		
8:15	4x400 Meters	W		