



El Camino College “Dave Shannon” Invitational; Murdock Stadium Saturday March 29, 2025

ENTRY PROCESS:

- Submit entries to Direct Athletics by Tuesday March 25th at 6:00pm. All entries received by the deadline will be accepted and seeded into their desired event.
- If not on Invited list and wish to be, please email Khughley@elcamino.edu to be added.

ENTRY FEE:

- The entry fee is \$500.00 per combined college program or \$250.00 per team gender.
- Unattached, Open, and Club entries are \$35.00 unlimited events if entries are done in advance through Direct Athletics. \$45.00 on day of meet. Make Checks payable to: **El Camino College Athletics**

LATE ENTRIES:

- We will only accept late entries if lanes are available and field sizes allow.

STADIUM:

- NO Spikes longer than ¼ inch allowed on track or runways. Pyramid and Needle are ok. **NO Christmas Tree spikes** allowed! Track is a **9-Lane Beynon** surface with 42” lane width.
- **. No food, gum, or sport drinks.**
- **Restrooms** for both genders are inside stadium.

TENTS:

- Please set-up tents in **UPPER DECKS** and **SECURE to bleachers** in the event of wind.

Warm Up:

- **No warm-up in the stadium.** Athlete warm-up is on the outer soccer field and practice track.

ATHLETIC TRAINING:

- **Certified Athletic Trainers will be on site.**

PARKING:

- Spectator and personal vehicle parking are in the Lots' F and H parking structures, located off Redondo Beach Blvd at the South side of stadium. All vehicles will need to purchase a parking permit to avoid ticketing. (*Exempt team vans excluded*). **BUSES Drop off, and Park in LOT D** located on Manhattan Beach Blvd at the North side of stadium. **OFFICIAL COLLEGE** vehicles can park in either staff or student parking. **PERSONAL VEHICLES** will need to park in student parking.

(Tentative) TIME SCHEDULE AND ORDER OF EVENTS:

Note: Final time schedules will be emailed after entries are finalized.

THROWS (3 attempts with 6 advancing to final):

- 9:00a** Hammer - Women followed by Men
 Javelin – Women followed by Men **following HAMMER** (*approximately 12:00 noon*)
 Shot Women and Discus Men **following JAVELIN** (*approximately 3:00pm*)
 Shot Men and Discus Women **following W SHOT and M DISCUS** (*approximately 5:00pm*)

JUMPS/POLE VAULT (LJ and TJ will receive 3 attempts with 6 advancing to finals):

- 12:00 Pole Vault Women followed by Men
 12:00 Long Jump Women (Southwest pit) and Men (Southeast pit)
 2:30 High Jump Women followed by Men (south apron)
 5:00 Triple Jump Women (Southwest pit) and Men (Southeast pit)

RUNNING EVENTS (# of heats and final time schedule to be determined and announced)

- 2:00** Welcome and National Anthem
Dave Shannon Scholarship Fund 1 Lap tribute walk (Alum)
 3000m Steeple Chase Women
 3000m Steeple Chase Men
 400m Relay Women
 400m Relay Men
 1500m Women
 1500m Men
 100 Hurdles Women
 110 High Hurdles Men
 400m Women
 400m Men
 100m Women

200m Declaration period begins after Women's 100m

- 100m Men
 800m Women
 800m Men

200m Declarations end before start of 400H

- 400 Hurdles Women

400 IH Men
200m Women
200m Men
5,000m Women
5,000m Men
1600m Relay Women
1600m Relay men



EL CAMINO
WARRIORS

CAMPUS MAP

LOCATIONS

Administration	D-2
Art Gallery	C-2
Art Center (ARTC)	C-2
Aquatics Center (POOL)	C-2
Biological Field (BIFL)	A-1
Behavioral & Social Sciences Building (BSSB)	C-2
Bookstore	C-1
Book Works Center	B-1
East Dining Room	B-1
Computer Theater (TK)	D-2
Center for Applied Technology (CAT)	B-1
Central River	B-2
Chemistry (CHEM)	D-1
Communication	C-1
Community & Continuing Education	C-3
Construction Technology (CNCT)	A-2
Distance Education Center	C-1
Facilities & Housing	A-1
Operation (OPM)	B-2
Hoag Recreational Hall	D-2
Inventory (IN)	D-1
Industry Technology Transfer Center (ITTC)	D-1
Learning Resources Center	C-2
Library (Schuerman) (LIB)	D-1
Life Science (LS)	D-2
Marine Auditorium (MAU)	C-3
Math Business Allied Health (MBAH)	D-2
Marine & Southern (MS&S)	B-2
Music (MUS)	D-1
Natural Science (NACS)	D-1
North Field	B-2
North Gym	C-2
Physical Education (PE)	C-2
PE & Athletics Field (PEAF)	B-2
PE South (PE-S)	C-2
Physics (PHYS)	D-1
Plunderer (PLUN)	C-1
Police	D-3
Sand Courts (SANDC)	C-3
Social Science (SOCS)	C-3
Sportball Field (SBRF)	B-3
South Gym	C-3
Student Activities Center (SAC) 1999	C-1
Student Health Center	C-1
Student Services	C-1
Special Services Center (SSC)	C-1
Nurse Wellness Center	C-1
Tennis Courts (TENN)	C-3



LEGEND

- = Under Construction
- = Accessible Parking

PARKING

Parking lot A	D-1
Parking lot B	D-1
Parking lot C	B-1
Parking lot D	B-1
Parking lot E	A-1
Parking lot F	B-2
Parking lot H	B-3
Parking lot I	D-1
Parking lot J	D-1
Parking lot K	D-4



INTERACTIVE MAP
www.elcamino.edu/map