## Final Time Schedule (Revised 2/20)

## 29th Annual Rossi Relays Saturday, February 22, 2025

Coaches: Due to the high number of relay entries the time schedule has been adjusted. PLEASE REVIEW THE SCHEDULE. There will be 2 heats for each gender of 4 x 800 and Distance Medley relays. Priority will be given to all schools A team in seeding all relays. Women's Discus may be thrown on the Main field following the conclusion of the shot-put competition if sunlight becomes an issue.

TIME: Field Events – 9:30am Running Events - 11:30pm

ENTRIES: This meet is for four year colleges/universities and individual open entries. Entries will be done through

<u>Direct Athletics</u>. Entries are due by Tuesday, February 18<sup>TH</sup> at 7:00 pm. Performance List will be posted on the CMS website by Wednesday at 8 pm. Heat Sheets will be posted by noon on Thursday.

LIMITS: Starting heights: HJ - men: (1.64) 5-4 1/2, women: 1.34

(4-4) PV - men: 2.70m, women: 2.40m

There will be four attempts for the throws and horizontal jumps.

FACILITIES: 9 Lane Martin Polyurethane Track

HJ - PV - LJ - TJ and JT runways are Polyurethane; SP - DT - HT - Brushed Concrete

3/8" spikes for the High Jump & Javelin; 1/4" spikes for the rest

Great aiding breezes

TIMING: Done by Finished Results with Finishlynx System.

TRAINER: Training Room and Trainer will be available. Bring your own supplies.

RESULTS: Results will be posted at: <a href="http://www.cmsathletics.org/meetresults/track/rossi/Rossi20.htm">http://www.cmsathletics.org/meetresults/track/rossi/Rossi20.htm</a>

and https://finishedresults.trackscoreboard.com/meets/12801/events

PARKING: Please park in the parking lot located on the southwest corner of 6<sup>th</sup> and Claremont behind

the children's school campus (southeast of the track) or in school lot north of the stadium.

DIRECTIONS: Off I-10 (San Bernardino Freeway) between 57 and 15 freeways.

Take Indian Hill Blvd. north one mile, turn right on 6<sup>th</sup> Street, <sup>3</sup>/<sub>4</sub> of a mile to Mills Ave.

Burns Track is located on the northeast corner of 6<sup>th</sup> and Mills directly behind Roberts Pavilion.

QUESTIONS: Contact Glenn Stewart at 909.607.7020 or Glenn.Stewart@cms.claremont.edu

FEES: Teams \$700.00 per Gender if 20 entries or more (\$1400 for both teams)

Individual and relay event entries are \$35 each.

There is a minimum entry fee of \$100.00 to enter only one relay. \$60.00 each for multiple relays

All entry Fees must be paid online unless you have a previous to the deadline arrangement with the

host.

## Final Time Schedule (Revised 2/20)

## 29th Annual Rossi Relays Saturday, February 22, 2025

<b>Running Events</b>		<b>Field Events</b>	
4 x 100 Relay	M	9:30 Hammer (South Field)	M
4 x 100 Relay	W	10:00 Javelin	W
4 x 800 Relay	M	11:00 High Jump	M
4 x 800 Relay	W	11:00 Long Jump	W
100 Meters	M	10:00 Pole Vault	W
100 Meters	W	Long Jump (follows W)	M
110 Hurdles	M	Javelin (follows W)	M
100 Hurdles	W	Hammer (follows M)	W
Sprint Medley Relay	M	Pole Vault (follows W)	M
(100-100-200-400)			
Sprint Medley Relay	W	High Jump (follows M)	W
400 Hurdles	M		
400 Hurdles	W	Shot Put (follows M Jav)	W
Distance Medley	M	Triple Jump (follows LJ)	W
(1200-400-800-1600)		Discus (South Field)	M
Distance Medley	W		
4 x 400 Relay	M	Shot Put (follows W SP)	M
4 x 400 Relay	W		
3000 Meters	M	Discus (TBD)	W
3000 Meters	W	Triple Jump (follows W)	M
	4 x 100 Relay 4 x 100 Relay 4 x 800 Relay 4 x 800 Relay 100 Meters 100 Meters 110 Hurdles 100 Hurdles Sprint Medley Relay (100-100-200-400) Sprint Medley Relay 400 Hurdles Distance Medley (1200-400-800-1600) Distance Medley 4 x 400 Relay 4 x 400 Relay 3000 Meters	4 x 100 Relay W 4 x 100 Relay W 4 x 800 Relay M 4 x 800 Relay W 100 Meters M 100 Meters W 110 Hurdles M 100 Hurdles W Sprint Medley Relay M (100-100-200-400) Sprint Medley Relay W 400 Hurdles M 400 Hurdles M (1200-400-800-1600) Distance Medley W 4 x 400 Relay M 4 x 400 Relay M 3000 Meters M	4 x 100 Relay M 9:30 Hammer (South Field) 4 x 100 Relay W 10:00 Javelin 4 x 800 Relay M 11:00 High Jump 4 x 800 Relay W 10:00 Pole Vault 100 Meters M 10:00 Pole Vault 100 Meters W Long Jump (follows W) 110 Hurdles M Javelin (follows W) 100 Hurdles W Hammer (follows M) Sprint Medley Relay M Pole Vault (follows W) (100-100-200-400) Sprint Medley Relay W High Jump (follows M) 400 Hurdles M 400 Hurdles W Shot Put (follows M Jav) Distance Medley M Triple Jump (follows LJ) Discus (South Field) Distance Medley W A x 400 Relay M Shot Put (follows W SP) 4 x 400 Relay W Discus (TBD)