# 2025 CCAA TRACK & FIELD CHAMPIONSHIPS EVENTS SCHEDULE

May 1-3, 2025 | Al Brenda Track at Warrior Stadium | Stanislaus State, Turlock, Calif.

### Thursday, May 1

Com	bined	Events

10:00 a.m.	Decathlon	100 Meters
10:40 a.m.	Decathlon	Long Jump
11:00 a.m.	Heptathlon	100 M Hurdles
11:40 a.m.	Heptathlon	High Jump
11:55 a.m.	Decathlon	Shot Put
1:15 p.m.	Decathlon	High Jump
1:25 p.m.	Heptathlon	Shot Put
2:15 p.m.	Heptathlon	200 Meters
3:15 p.m.	Decathlon	400 Meters

#### Field Events (All Events are Finals)

11:00 a.m.	Women's	Hammer
2:00 p.m.	Men's	Hammer
3:00 p.m.	Women's	Pole Vault
3:00 p.m.	Women's	Long Jump
5:30 p.m.	Men's	Long Jump
5:50 p.m.	National Anthem	

#### Running Events (All are Prelims except noted)

6:00 p.m.	Women's	1500 Meters
6:15 p.m.	Men's	1500 Meters
6:30 p.m.	Women's	400 Meters
6:40 p.m.	Men's	400 Meters
6:55 p.m.	Women's	100 Meters
7:05 p.m.	Men's	100 Meters
7:20 p.m.	Women's	400m Hurdles
7:35 p.m.	Men's	400m Hurdles
7:50 p.m.	Women's	10,000 Meters (Final)
8:30 p.m.	Men's	10,000 Meters (Final)

## Friday, May 2

#### **Combined Events**

11:0	)0 a.m.	Decathlon	110 M Hurdles
11:0	)0 a.m.	Heptathlon	Long Jump
11:4	10 a.m.	Decathlon	Discus
12:3	30 p.m.	Heptathlon	Javelin
12:3	35 p.m.	Decathlon	Pole Vault
2:0	00 p.m.	Heptathlon	800 Meters
4:(	00 p.m.	Decathlon	Javelin
5:2	20 p.m.	Decathlon	1500 Meters
Field Events (All Events are Finals)			
2:0	00 p.m.	Women's	Triple Jump
2:0	00 p.m.	Women's	Shot Put
4:3	30 p.m.	Men's	Triple Jump
4:3	30 p.m.	Men's	Shot Put
4:(	05 p.m.	National Anth	em
<u>Rur</u>	nning Ev	ents (All are F	Prelims except noted)
	15 p.m.	Women's	200 Meters
4:2	25 p.m.	Men's	200 Meters
	40 p.m.		800 Meters
4:	55 p.m.	Men's	800 Meters
5:1	15 p.m.	Women's	100m Hurdles
5:3	30 p.m.	Men's	110m Hurdles
5:4	45 p.m.	Women's	Steeplechase (Final)
6:0	05 p.m.	Men's	Steeplechase (Final)



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Field Events (All Events are Finals)		
11:00 a.m.	Women's	Discus
Noon	Women's	High Jump
Noon	Women's	Javelin
Noon	Men's	Pole Vault
1:30 p.m.	Men's	Discus
2:30 p.m.	Men's	High Jump
3:00 p.m.	Men's	Javelin
1:05 p.m.	National Ant	hem
Running Events (All Events are Finals)		
1:15 p.m.	Women's	4x100 Relay
1:25 p.m.	Men's	4x100 Relay
1:35 p.m.	Women's	1500 Meters
1:45 p.m.	Men's	1500 Meters
2:00 p.m.	Women's	100m Hurdles
2:10 p.m.	Men's	110m Hurdles
2:20 p.m.	Women's	400 Meters
2:30 p.m.	Men's	400 Meters
2:40 p.m.	Women's	100 Meters
2:50 p.m.	Men's	100 Meters
3:00 p.m.	Women's	800 Meters
3:10 p.m.	Men's	800 Meters
3:20 p.m.	Women's	400m Hurdles
3:30 p.m.	Men's	400m Hurdles
3:45 p.m.	Women's	200 Meters
3:55 p.m.	Men's	200 Meters
4:05 p.m.	Women's	5000 Meters
4:30 p.m.	Men's	5000 Meters
4:55 p.m.	Women's	4x400 Relay
5:05 p.m.	Men's	4x400 Relay
5:30 p.m.	Awards Presentation	

\*If more than 18 competing, there will be two heats