

# 2025 MEET INFORMATION [Updated: 1/13/25]

## REGISTRATION

Meet Information for both the Bryan Clay Multi and the Bryan Clay Invitational can be found at our new website: **bryanclayinvitational.com** 

## **Registration Window:**

OPEN: Monday, March 17th @ 12:00 AM Pacific Time CLOSE: Thursday, April 3rd @ 6:00 PM Pacific Time

Late Entries: Email jhoyt@apu.edu When permitted, \$300 in person cash at the hip number

tent.

Accepted Entries Posted: Friday, April 4th @ 9:00 PM Pacific Time

Sections Posted: Monday, April 7th @ 9:00 PM Pacific Time

Accepted Entries, Heat Sheets, & Live Results will be posted via https://finishedresults.com/

#### **Decathlon and Heptathlon Registration:**

- Register via Direct Athletics at: 2025 Bryan Clay Multi Event
- Entry Fee: \$200 per athlete. Email jhoyt@apu.edu with questions concerning entry status when a decathlete or heptathlete does not have the qualification score. Entry's without payment will not be considered. To pay in person contact <a href="mailto:ihovt@apu.edu">ihovt@apu.edu</a> for approval.

#### Entry Standards: Decathlon 6,400. Heptathlon 4,400.

Consideration will be given to indoor marks where outdoor TFRRS marks can be added to show speculative score. Meet management will do their best to accept all entries to fill the fields. We have room for 90 women and 60 men. In 2024 88 women entered and 64 men entered at or near the entry standard of 6,400 for men and 4,400 for women. If using a "speculative" mark, **YOU MUST** link performances in the notes to be considered.

Sections are created using total score as the first predictor and High Jump/Pole Vault ability as the second. The meet schedule is listed below with corresponding section start times. Based on last years entries, the following is the best estimate for section performance breakdown:

Heptathlon Group E and F: 4,200 - 4,800 Heptathlon Groups C and D: 4,800-5,200 Heptathlon Groups A and B: 5,200-6,000

Decathlon Group D: 6,300-6,700 Decathlon Group C: 6,700-,6,900 Decathlon Group B: 6,900-7,300 Decathlon Group A: 7,300-8,000

# Time Schedule April 10-11, 2025 with estimated rolling schedule

## **Heptathlon Day 1 Schedule**

| 9:00 AM  | Heptathlon E and F 100 Hurdles, HJ 9:45-11:15, SP 11:45-12:30, 200m 1:00 PM |
|----------|---|
| 11:00 AM | Heptathlon C and D 100 Hurdles, HJ 11:45 - 1:15, SP 2:15-3:00, 200m 3:30 PM |
| 3:30 PM  | Heptathlon A and B 100m Hurdles, HJ 4:15 - 5:45, SP 6:15-7:00, 200m 7:30 PM |

#### **Heptathlon Day 2 Schedule**

| 9:00 AM  | Heptathlon LJ [ Section F] 10:00 JT, 11:15 800m |
|----------|---|
| 10:00 AM | Heptathlon LJ [ Section E] 11:00 JT, 12:15 800m |
| 11:00 AM | Heptathlon LJ [ Section D] 12:00 JT, 1:00 800m  |
| 12:00 PM | Heptathlon LJ [ Section C] 1:00 JT, 2:00 800m   |
| 1:00 PM  | Heptathlon LJ [ Section B] 2:00 JT, 3:00 800m   |
| 2:00 PM  | Heptathlon LJ [ Section A] 3:00 JT, 4:00 800m   |

## **Decathlon Day 1 Schedule**

| 11:20 AM | Decatnion D and C 100 Meters, LJ 12:00-12:40, SP 1:10-1:45, HJ 2:15-3:45, 400m       |
|----------|--|
| 4:30PM   |  |
| 3:00 PM  | Decathlon A and B 100 Meters, LJ 3:40-4:20, SP 4:50-5:30, HJ 6:15-7:45, 400m 8:15 PM |

## **Decathion Day 2 Schedule**

| 11:00 AM | Decathlon 110 H [Section D] 11:50-12:30 DT, 1:30-3:30 PV, 4:00-4:30 JT. 5:00 PM       |
|----------|---|
| 1500m    |   |
| 12:00 PM | Decathlon 110 H [Section C], 1:00-1:40 DT, 2:30-4:30 PV,5:00-5:30 JT, 6:00 PM 1500m   |
| 1:30 PM  | Decathlon 110 H [Section B], 2:10-2:50 DT, 3:30-5:30 PV, 6:00-6::30 JT, 7:00 PM 1500m |
| 2:30 PM  | Decathlon 110 H [Section A], 3:20-4:00 DT, 4:30-6:30 PV, 7:00-7:30 JT, 8:00 PM 1500m  |

## PARKING / TEAM CAMPS

- Main Parking: In the main lot next to Cougar Stadium off of N Citrus Drive.
- Overflow Parking: On Thursday, if the main parking lot is full, drop off your athletes and park on APU's
  West Campus lots: East Foothill Blvd and Stein Way. You may ride the APU Trolley Bus or choose to take
  the 10min walk back to the track
- **Buses:** Must drop off at "bus drop off zone" near the track and then proceed to overflow parking. No Bus parking in East Campus parking lot
- Additional Paid Parking: Citrus College has paid parking available in Lot S4 and L2 for Track parking, and S6 for hammer throw participants. You must park within a designated parking stall and must park facing into the stall (head-in-parking only). Permits can be purchased from any Automated Pay Station (APS) machine.
- Campus Map with Parking Lots and Warm Up Fields on the last page.

TEAM CAMPS will be allowed in the stadium, around the outside of the track and in designated areas on the infield.

# **SPORTS MEDICINE**

#### **Meet Coverage**

• A certified athletic trainer will be on site at all times during meet to provide first aid, ice, and emergency care

- All teams and individuals competing are <u>HIGHLY</u> encouraged to bring their athletic trainers to the meet. If NOT traveling with an athletic trainer and/or you have any specific treatment requests, please notify Krystal Montes [kmontes@apu.edu] at least 48 hours in advance of the competition.
- Traveling athletic trainers should be stationed/set up in their designated team area.

# **CHECK IN PROCEDURES and Implement Certification**

- Upon arrival at APU, check in at the APU finish line tent. Drop off your implements at this time.
- Hip numbers will be given at the start line just prior to your race time.
- This meet runs on a very tight schedule. Plan on going from one event to the next. A 30 minute warmup window will start at the completion of each event so HUSTLE to the next event. Always listen closely to announcements.
- Thursday: Shot puts will be weighed in next to the finish line tent 9:00 AM 2:00 PM. Leave your implement and pick it up prior to your flight.
- Friday, Javelin and Discus will be weighed next to the finish line tent 9:00 AM 2:00 PM. Leave your implement and pick it up prior to your flight.
- Implements that do not pass certification will be impounded until the event has been completed.

## **WORLD ATHLETIC & USATF CHAMPIONSHIPS QUALIFYING**

 The NCAA has adopted World Athletic Rules and Bryan Clay officials will disqualify athletes with illegal shoes or stepping more than once on a lane line during a race. Shoes will be checked for compliance at the hip number tent and at check-in for field events. Any athletes seen racing with illegal shoes will be disqualified.

## ADDITIONAL INFORMATION

- Admission: \$10 for spectators / day. APU Students are free WITH student ID.
- Team Shake-out NOTE: Wednesday, April 9th from 4:00 PM 7:00 PM ONLY the track will be available for shake-out. Due to safety concerns, throwing will not be allowed.
- Additional Parking available at Citrus [must pay at Kiosk] Thursday and Friday.
- Parking in the APU main lot is available each day. FREE.