

# 2025 TENTATIVE MEET SCHEDULE April 16th, 17th & 18th

# WEDNESDAY [ April 16th ] Running Events

# **Breakfast with Beynon Track Time Schedule:**

7:00 AM	M Open B 10k [slow to fast]	2 Heats
8:10 AM	W Open B 10k [fast to slow]	2 Heats
9:25 AM	M Open C 10k	1 Heat
10:00 AM	W Open C 10K	1 Heat

# **Evening Track Time Schedule:**

5:00 PM	M Steeple Open Sections [slow to fast]	8 Heats
6:40 PM	W Steeple Open Sections [slow to fast]	8 Heats
8:10 PM	W Steeple Invite [slow to fast]	2 Heats
8:40 PM	M Steeple Invite [fast to slow]	2 Heats
9:10 PM	W Invite 10k Invite 1	1 Heat
9:45 PM	M Invite 10k Invite 1	1 Heat
10:17 PM	W Invite 10k Invite 2	1 Heat
10:55 PM	M Invite 10k Invite 2	1 Heat

# Thursday [ April 17th ] - Field Events and Running Events

4 Heats

# Hammer Throw and Women's Discus: At Citrus College Stadium Hammer Cage

9:00 AM Men's Hammer 12:30 PM Women's Hammer 4:00 PM Women's Discus

7:00 AM

# **Breakfast with Beynon Track Time Schedule:**

8:00 AM	W Open B 5k	[fast to slow]	4 Heats
9:00 AM	M Open C 5K	[fast to slow]	4 Heats
10:00 AM	W Open C 5K	[fast to slow]	4 Heats
1:00 PM	W Open 800 B	[fast to slow]	
1:30 PM	M Open 800 B	[fast to slow]	
2:25 PM	W Open A 800	[fast to slow]	15 Heats
3:15 PM	M Open A 800	[fast to slow]	15 Heats
3:50 PM	W Invite 800	[slow to fast]	18 Heats
5:00 PM	W Elite 800	[slow to fast]	2 Heats
5:15 PM	M Elite 800	[slow to fast]	2 Heats
5:30 PM	M Invite 800	[fast to slow]	18 Heats

M Open B 5k [fast to slow]

Men's & Women's Open A 5k [ Alternating Gender, SLOW to FAST ]

6:20 PM W Open A 5k Ht 1

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6:50 PM M Open A 5k Ht 1
7:06 PM W Open A 5k Ht 2
7:24 PM M Open A 5k Ht 2
7:40 PM W Open A 5k Ht 3
7:58 PM M Open A 5k Ht 3
8:20 PM W Open A 5k Ht 4
8:38 PM M Open A 5k Ht 4
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# Men's & Women's Invite 5k [ Alternating Gender, FAST to SLOW ]

9:00 PM	W Invite 5k Ht 1
9:20 PM	M Invite 5k Ht 1
9:37 PM	W Invite 5k Ht 2
9:57 PM	M Invite 5k Ht 2
10:14 PM	W Invite 5k Ht 3
10:31 PM	M Invite 5k Ht 3
10:46 PM	W Invite 5k Ht 4
11:03 PM	M Invite 5k Ht 4

Finish by 11:20 PM

# Friday [ April 18th ]

# **Breakfast with Beynon Track Time Schedule:**

8:00 AM	M Open C 1500m	[slow to fast]
8:30 AM	W Open B 1500m	[slow to fast]
9:00 AM	M Open B 1500m	[fast to slow]
9:30 AM	W Open C 1500m	[fast to slow]

### **RUNNING EVENTS**

#### Sprint Events will be live seeded

9:50 AM	<b>Welcome Prayer &amp; National Anthem</b>
10:00 AM	M 4x100
10:15 AM	W 4x100
10:30 AM	M 400
10:55 AM	W 400
11:30 AM	M 100
12:00 PM	W 100
12:50 PM	M 110 Hurdles
1:20 PM	W 100 Hurdles
2:00 PM	M 400 Hurdles
2:35 PM	W 400 Hurdles
3:05 PM	M 200
3:35 PM	W 200
4:05 PM	M 4x400
4:30 PM	W 4x400

# 1500 Heats Begin: Run in Chronological Order

5:00 PM	W Open B 1500	12 Heats	[slow to fast]
6:00 PM	M Open B 1500	12 Heats	[slow to fast]
7:00 PM	W Invite 1500	10 Heats	[slow to fast]
7:50 PM	W Elite 1500	2 Heats	[slow to fast]
8:00 PM	M Elite 1500	2 Heats	[fast to slow]
8:00 PM	M Invite 1500	10 Heats	[fast to slow]
9:00 PM	W Open A 1500	12 Heats	[fast to slow]
10:00 PM	M Open A 1500	12 Heats	[fast to slow]

Finished by 11:00 PM

# FIELD EVENTS (contested Thursday: Hammer and Women's Discus)

Javelin and Men's Discus: At Citrus College Stadium Hammer Cage

9:00 AM Men's Javelin 12:30 PM Women's Javelin 4:00 PM Men's Discus

### **Field Events at Azusa Pacific**

10:00 AM	Women's High Jump B & D
10:00 AM	Women's Long Jump
10:00 AM	Men's Long Jump
10:00 AM	Women's Pole Vault C (East P

10:00 AM Women's Pole Vault C (East Pit)
10:00 AM Men's Pole Vault C (West Pit)
11:00 AM Women's Shot Put

12:00 PM Men's High Jump B 12:00 PM Men's Long Jump 12:00 PM Women's Long Jump

1:00 PM Men's Pole Vault A (West Pit) 1:00 PM Women's Pole Vault A (East Pit) 2:00 PM Women's High Jump A & C

3:00 PM Men's Shot Put 3:00 PM Women's Triple Jump 3:00 PM Men's Triple Jump

4:00 PM Men's High Jump A (South Pit)
4:00 PM Men's Pole Vault B (West Pit)
4:00 PM Women's Pole Vault B (East Pit)