

Azusa Jr

6:00 AM	Set Up
7:00 AM	Staff Meeting
7:30 AM	Coaches Meeting
8:00 AM	Athletes Check In
8:15 AM	Opening Ceremonies
8:25 AM	First Call of Events
8:45 AM	First Event (1600 M)
12:15 PM	Lunch
12:45 PM	First Call
1:00 PM	First Event (Boys 50 M)

Olympics Itinerary

Saturday, March 22, 2025

Gladstone Middle School

ALL TIMES ARE APPROXIMATE. PLEASE LISTEN FOR YOUR EVENT

GIRLS AND BOYS DISTANCE RUNS WILL TAKE PLACE FIRST, FOLLOWED BY RELAYS

FOLLOWING DISTANCE AND RELAYS; GIRLS TRACK EVENTS AND BOYS FIELD EVENTS WILL OCCUR SIMULTANEOUSLY IN THE FIRST HALF OF THE MEET AND VICE VERSA IN THE SECOND HALF.

10:00 AM	ALL DIVISIONS	BOYS SOFTBALL TOSS
	ALL DIVISIONS	BOYS LONG JUMP
1:00 PM	ALL DIVISIONS	GIRLS SOFTBALL TOSS
	ALL DIVISIONS	GIRLS LONG JUMP

08:45 AM	DIVISION 10/11	BOYS AND GIRLS 1600 M
	DIVISION 12	BOYS AND GIRLS 1600 M
	DIVISION 13	GIRLS 800 M
	DIVISION 13	BOYS 800 M
	DIVISION 14	GIRLS 800 M
	DIVISION 14	BOYS 800 M
	DIVISION 15	GIRLS 800 M
	DIVISION 15	BOYS 800 M

	DIVISION 17	GIRLS 4X100 METER RELAY
	DIVISION 17	BOYS 4X100 METER RELAY
	DIVISION 16	GIRLS 4X100 METER RELAY
	DIVISION 16	BOYS 4X100 METER RELAY
	DIVISION 15	GIRLS 4X100 METER RELAY
	DIVISION 15	BOYS 4X100 METER RELAY
	DIVISION 14	GIRLS 4X100 METER RELAY
	DIVISION 14	BOYS 4X100 METER RELAY
	DIVISION 13	GIRLS 4X100 METER RELAY
	DIVISION 13	BOYS 4X100 METER RELAY
	DIVISION 12	GIRLS 4X100 METER RELAY
	DIVISION 12	BOYS 4X100 METER RELAY
	DIVISION 10/11	GIRLS 4X100 METER RELAY
	DIVISION 10/11	BOYS 4X100 METER RELAY
10 AM	DIVISION 17	GIRLS 50 M DASH
	DIVISION 16	GIRLS 50 M DASH

	DIVISION 17	GIRLS 400 M
	DIVISION 16	GIRLS 400 M
	DIVISION 15	GIRLS 400 M
	DIVISION 14	GIRLS 400 M
	DIVISION 13	GIRLS 400 M
	DIVISION 12	GIRLS 400 M
	DIVISION 10/11	GIRLS 400 M

	DIVISION 17	GIRLS 100 M
	DIVISION 16	GIRLS 100 M
	DIVISION 15	GIRLS 100 M
	DIVISION 14	GIRLS 100 M
	DIVISION 13	GIRLS 100 M
	DIVISION 12	GIRLS 100 M
	DIVISION 10/11	GIRLS 100 M

	DIVISION 17	GIRLS 200 M
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	DIVISION 16	GIRLS 200 M
	DIVISION 15	GIRLS 200 M
	DIVISION 14	GIRLS 200 M
	DIVISION 13	GIRLS 200 M
	DIVISION 12	GIRLS 200 M
	DIVISION 10/11	GIRLS 200 M

INTERMISSI

12:15 PM STAFF/VOLUNTEER LUNCH

12:45 FIRST CALL OF AFTERNOON

1:00 PM FIRST AFTERNOON EVENT

1:00 PM	DIVISION 17	BOYS 50 M DASH
	DIVISION 16	BOYS 50 M DASH

	DIVISION 17	BOYS 400 M
	DIVISION 16	BOYS 400 M
	DIVISION 15	BOYS 400 M

	DIVISION 14	BOYS 400 M
	DIVISION 13	BOYS 400 M
	DIVISION 12	BOYS 400 M
	DIVISION 10/11	BOYS 400 M

	DIVISION 17	BOYS 100 M
	DIVISION 16	BOYS 100 M
	DIVISION 15	BOYS 100 M
	DIVISION 14	BOYS 100 M
	DIVISION 13	BOYS 100 M
	DIVISION 12	BOYS 100 M
	DIVISION 10/11	BOYS 100 M

	DIVISION 17	BOYS 200 M
	DIVISION 16	BOYS 200 M
	DIVISION 15	BOYS 200 M
	DIVISION 14	BOYS 200 M

	DIVISION 13	BOYS 200 M
	DIVISION 12	BOYS 200 M
	DIVISION 10/11	BOYS 200 M

General Rules

1. No Starting Blocks
2. A runner committing two false starts will be disqualified
3. Field Events- Softball Throw 3 throws, Long Jump 3 jumps
4. Participants division is determined by his/her year born
5. All participants must be in the stands and with coaches at all times.
6. Shoes must be worn. No spikes, cleats, or shoes with removable cleats/spikes. Waffle type shoes will be permitted.