



46th Annual Aztec Track and Field Invitational
San Diego State University
March 21st & 22nd, 2025

Track Address

SDSU Sports Deck: 5490 Montezuma Rd San Diego, CA 92182

Track GPS Location

When using GPS, enter "SDSU Sports Deck" for directions.

March 21, 2025

- Hammer Throw Competition at UC San Diego
- Distance Carnival at San Diego State University

March 22, 2025

- Track and Field Competition at San Diego State University

MAXIMUM OF 15 TEAMS

- Invited teams will be guaranteed acceptance for all their team members.
- Teams that would like to be invited should contact Doug Todd. Please text your request to 909 963-6579 or email your request to dtodd4882@gmail.com as soon as possible.

DISTANCE CARNIVAL

- The Distance Carnival will accept all entries from teams and unattached athletes that have met the minimum entry standards.
- Entries that have not met the minimum standard in any event may be accepted if there is room in the event.

UNATTACHED ATHLETES

- Unattached athletes' wishing to participate and have met the qualifying standard during the 2024 or 2025 season should enter on Direct Athletics.

MINIMUM ENTRY MARKS are listed at the end of this meet information packet.

CONVERTED DISTANCE EVENT TIMES FOR CONSIDERATION: If you are submitting a converted distance mark for consideration, please list the following:

- Event distance you wish to compete in. (Example: 1500)
- The race distance and season of the converted time. (Example: 1600 from 2024 HS Outdoor season.)
- The time your athlete ran in the race you are converting. (Example: 4:10 for 1600)
- Converted time you are submitting. (Example: 3:54 for 1500)

This event will be listed on the **World Athletics Global Calendar**.
This event will qualify as a **counter meet** for Division 1 sports sponsorship.

ENTRY INFORMATION

- Invited University/Collegiate Teams should enter via Direct Athletics.
 - Teams wishing to participate who were not invited should email Doug Todd to open an entry spot for your team. (dtodd4882@gmail.com)
- Distance Carnival participants should enter via Direct Athletics.
 - Open to any team or individual wishing to enter that has met the minimum entry standard.
- Hammer Throw participants should enter via Direct Athletics.
 - Open to any team or individual wishing to enter that has met the minimum entry standard.
- ENTRY DEADLINES:
 - Track and Field Competition – 11:59 pm, March 15th, 2025
 - Hammer Competition – 11:59 pm, March 15th, 2025
 - Distance Carnival – 11:59 pm, March 15th, 2025
- ACCEPTANCE
 - All 'Invited team' entries will be accepted as submitted.
 - Accepted entries for all aspects of the meet will post by 5:00 pm PST, March 17th. at finishedresults.com
 - Heat sheets will be posted Thursday, March 20th at finishedresults.com

REGISTRATION FEES:

- \$60 per Relay Team
- Collegiate Fee's
 - Fees must be paid online via Direct Athletics before the entries close.
 - Individual fee: \$40 per athlete per event before cap.
 - Team fee: \$800 per team per gender. (\$1600 for both men's and women's team.)
 - Fee's are non-refundable.
- Unattached or Individual Entry Fee
 - \$50 per athlete per event.
 - Must be paid by credit card during registration on Direct Athletics.
 - Entry marks will be verified and adjusted if false.
 - Unverified performances may be placed in slower sections or not accepted.
 - Unattached or Individual entrants must pay their registration fee at the time of registration. If you Register but have not achieved a verifiable minimum mark listed in our entry information and, your entry is not accepted, your Registration Fee will be forfeited.
 - Fee's are non-refundable.
- Entry Marks/Seeding
 - Top performances will be verified with TFRRS for accuracy.
 - Seed times must be from 2025, 2024, or 2023 TFRRS results.
 - Unverified performances may be placed in slower sections or not accepted.

RESULTS

- Live Results and Final Results will be available at finishedresults.com
- Results will also be available at goztec.com

CHECK IN PROCEDURES

- **RUNNING EVENTS**
 - Please check in at the Clerking tent, located at the track entrance to receive your hip number and final lane assignment at least 30 minutes before the event's start time.
 - If possible, check in as early as you can.
- **FIELD EVENTS**
 - All field event athletes will report directly to their field event location and check in with the field event official.
 - You can report up to 45 minutes prior to the start of your event.
 - A field event is considered closed once the first attempt of the first competitor has been completed. IF your athlete reports **after** the first attempt of the first competitor has been completed, they will be scratched.
 - An athlete may leave a field event competition for another event and return but will forfeit any attempts they miss while gone. They must check out with the official.

GENERAL INFORMATION

- **WEIGH-INS**
 - Implement weigh-ins will take place in the Aztec Team Room located at the North end of the stadium.
 - The Hammer weigh-ins will take place at UC San Diego in the "Spanos Facility". This facility is across the street from the Hammer throwing area
- **WARM-UP TIMES**
 - Pole Vault: Warm-up begins 90 minutes before the start time.
 - High Jump: Warm-up begins 45 minutes before the start time.
 - Long Jump/Triple Jump (LJ/TJ): Warm-up begins 60 minutes before the start time.
 - Weight Throw/Shot Put: Warm-up begins 45 minutes before the start time.
- **STARTING HEIGHTS AND MINIMUM MARKS**
 - These will be based on the final field size. Meet management will determine the appropriate starting heights and minimum marks for jumping and throwing events.
- **SPIKES / SURFACE**
 - World Athletics Guidelines: All meets will follow these guidelines, and a spike/shoe check will be conducted at the clerk of course.
 - Spike Type: 1/4" pyramid spikes must be used in all events except the High Jump, where 3/8" pyramid spikes are allowed.
 - Prohibited Spikes: No needle or Christmas tree spikes are permitted.
 - Non-Compliant Shoes: Spiked shoes with permanent non-compliant spikes are not allowed.
 - The track is a Mondo surface with nine lanes.
- **NCAA/World Athletics Spike/Shoe Policy New Rule:**
 - According to Rule 14 of the NCAA Handbook, Article 15, all shoes must be reasonably available and listed on the World Athletics approved list. Random shoe checks will occur throughout the meet.
 - Check Your Spikes/Shoes: Verify the compliance of your spikes/shoes at <https://certcheck.worldathletics.org/FullList>
- **TEAM CAMP**
 - Location: All tents and team camps will be set up on the lower turf field closest to the baseball field.
 - Tent Rentals: For information on tent rentals, please contact Doug Todd at dtodd4882@gmail.com.
- **COACHES HOSPITALITY TENT**
 - The Coaches Hospitality Tent will provide pizza and refreshments between **2pm and 3pm** on the infield of the track.
 - Hospitality is sponsored by **Wall 2 Wall/Mondo**.

- **VAULTING POLES**
 - You may ship your poles ahead of time to:
San Diego State University
Department of Athletics, Women's Track and Field
Attention: Richard Fox
5500 Campanile Dr.
San Diego, CA. 92182
Contact Info: richardfox5050@gmail.com, 619 807 8800
- **SAN DIEGO STATE TRACK PRACTICE SCHEDULE**
 - Tuesday, March 18th: 3:30 to 6:00 pm
 - Wednesday, March 19th: 1:00 pm to 6:00 pm
 - Thursday, March 20th: 1:00pm to 6:00 pm
 - Friday, March 21st: 8:00 am to 4:00 pm
- **UC SAN DIEGO HAMMER FACILITY PRACTICE SCHEDULE**
 - Contact Nick Scarvelis for availability: nscarvelis@ucsd.edu 805 401 3564 or Kim Graham-Miller: kgrahammiller@ucsd.edu 916 710 5064
- **SPECTATOR ENTRY**
 - Hammer Competition at UCSD, Friday, March 21st – No charge.
 - Distance Carnival at SDSU, Friday, March 21st - \$10 admission charge
 - Track and Field Competition at SDSU, Saturday March 22nd - \$10 admission charge.
- **STADIUM CONCESSIONS** and food vendors will be available on-site.
- **CONTACT INFORMATION**
 - Meet Director: Doug Todd, Athletic Event Management, dtodd4882@gmail.com 909 963-6579
 - Head Coach: Shelia Burrell, sburrell@mail.sdsu.edu, 619 594 5514
- **IMPORTANT NOTES**
 - Any heat sheets and/or lane assignments posted prior to the start of the meet are not final. Athlete attrition and/or race day issues may cause us to reseed in the best interests of the athlete and the meet. Our goal is to send off 'full' sections of each race. Make sure your athletes are aware of this.
 - Athletes who do not check in with the clerk of the course at the appointed time may be scratched and left out of any potential 'reseed' of race entrants. Make sure your athletes are aware of this.
- **PARKING**
 - Park in the parking structure located beneath the Track and Field facility
- **WARM-UP AREA**
 - All athletes will warm-up outside of the stadium. There is a turf field on the west side of the track that you can use.
- **LOCATIONS**
 - The Aztec Sports Deck at SDSU located at 5490 Montezuma Rd San Diego, CA 92182
 - If using GPS, enter "[SDSU Sports Deck](#)" for directions.
 - The Hammer facility at the UCSD facility is located on the Northwest corner of Northpoint Dr. and Northpoint Lane

Unattached Entry Standards

Event	Men	Women
100 meters	10.70	11.90
200 meters	21.80	24.90
400 meters	48.50	56.00
800 meters	1:53.50	2:15.00
1500 meters	4:00.00	4:45.00
5000 meters	15:45.00	18:00.00
10,000 meters	No Standard	No Standard
110 / 100 Meter hurdles	14.50	14.25
400 Meter hurdles	53.50	1:01.50
3000 Steeple	9:40.00	11:15.00
Long Jump	7.15	5.85
High Jump	2.10	1.70
Triple Jump	15.00	12.35
Pole Vault	5.00	3.80
Shot Put	16.75	13.70
Discus Throw	51.80	48.80
Javelin Throw	57.90	44.20
Hammer Throw	45.00	48.00

Marks must be achieved in an officially sanctioned competition during the 2024 outdoor or 2025 indoor or outdoor seasons. Results must be posted and available to the public.