

2025 ARIZONA SPRING BREAK FIESTA MEET INFORMATION

Tentative

ROY P. DRACHMAN STADIUM ~ UNIVERSITY OF ARIZONA

SATURDAY, MARCH 8, 2025

ARIZONA SPRING BREAK FIESTA
TRACK & FIELD EVENTS



FRANCESCA GREEN/EGLE ULJAS
MEET DIRECTOR

EMAIL: FEGREEN@ARIZONA.EDU AND EULJAS@ARIZONA.EDU



2025 ARIZONA SPRING BREAK FIESTA

MARCH 8, 2025

University of Arizona - Meet Management Staff

Fred Harvey Director of Arizona Track & Field flh@arizona.edu (520) 621-2124 Francesca Green Associate Head Coach - Sprints fegreen@arizona.edu (520) 626-8300 Bernard Lagat Head Coach - Distance blagat@arizona.edu Dino Dodig Assistant Coach - Horiz Jumps + Multis dinododig@arizona.edu Dominic Johnson Assistant Coach- Pole Vault dominicljohnson@arizona.edu Lucais Mackay Assistant Coach – Throws Imackay@arizona.edu (520) 621-8420

Bob MyersAssistant Coach- High Jumprobertmyers@arizona.eduPriscilla SchultzAssistant Coach – Distancepschultz@arizona.eduEgle UljasAssistant Director of Operationseuljas@arizona.edu

Nippy Feldhake Head Track & Field Officials <u>nippy-mr-smarty-pants@juno.com</u>

MEET DIRECTOR: All meet-related communication should be directed to Francesca Green or Egle Uljas.

Meet Format and Team Entry Information

Athletes will be seeded into sections based on times listed in a descending order list. We will not have more than *6 heats in the running events* and will limit based on entries for **field event flights** at the discretion of meet management (2 or 3 depending on event). We will publish an Accepted Entries list so teams can plan accordingly.

Entries must be submitted on Athletic.net by Sunday, March 2, 2025 by 11:59pm PST. Once entries close there will be no additional entries accepted. All submitted entries to Athletic.net by the March 2 deadline would be considered FINAL.

In addition, Team Rosters must be submitted on DirectAthletics.com by Sunday, March 2, 2025 by 11:59pm PST. Please see the instructions attached below to submit the roster in order to gain a TFRRS ID for the meet.

Payment must be made through Athletic.net by Sunday, March 2, 2025 by 11:59pm. We will have an accepted entries posted on Monday March 3, 2025 by 5pm. Scratch deadline will be Wednesday, March 5 at 12:00 PST. Thursday, March 6, 2025 Final Meet Schedule will be posted as well as heat sheets and sent via email by 5pm PST. Friday, March 7, 2025 Team Packet Pickup at Drachman Stadium from 4-6pm. Saturday, March 8, 2025 Team Packet pick-up at Drachman Stadium from 7-9am.

The Arizona Spring Break Fiesta will not adhere to the NCAA requirement for non-speculative marks. Please use your discretion when doing entry performances. The University of Arizona Track & Field Program reserves the right to make additional changes in the seeding process.

If you have a specific athlete with accolades such as a Conference Champion, All American, National Champion, or Olympic Qualifier please add that in the notes section in their entry in Athletic.net. Any annunciation spellings of names to assist as well would be great in the notes too.

Relay Event Entry Procedure

Teams will be allowed to enter more than one relay team per school. Please enter actual relay marks that have been achieved in the **2024/25 season only**. After entering your seed mark for each relay event on-line, you will have spaces to enter up to 8 athlete's names per relay. Please include all four runners (in order, spaces 1-4) and any alternates (up to 4 per event, spaces 5-8) in the 8 spaces provided under each relay. You must enter each member of the relay team and any alternate(s) for the relay so we may assign a bib number for each member. Any relay runners who may compete on a relay team must be entered into the meet and have a bib number to compete.



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ENTRY FEE INFORMATION

THE ONLY METHOD to enter the Arizona Spring Break Fiesta is via https://www.Athletic.net/. The entry fee is \$800 per team per gender.

Men and Women teams are considered separate, and all entry fees are non-refundable and nontransferable. Teams entering with less than 11 athletes will pay a fee of \$75 per athlete. <u>Teams must pay the entry fee online at Athletic.net</u>. All payments must be received by Sunday March 2, 2025 at 11:50pm. Teams must pay a LATE FEE of \$100 and \$25 for Individuals for late entries or payment. Team packets will not be released if payment is not received.

TIMING AND RESULTS

Finished Results Professional Timing Company will do all seeding and timing for the Arizona Spring Break Fiesta. Accepted entries, Heat sheets, and final results will be posted on www.finishedresults.com as well as on our website www.arizonawildcats.com. Finished results will also provide a live results link where results will be posted during the competition, as well as a live results App for heat sheets and results to be followed during the competition. This information will be sent via email prior to the start of the competition.

Post-meet results posted at www.arizonawildcats.com and on https://www.athletic.net/. Contact Finished Results for meet entry questions: brian@finishedresults.com



IMPORTANT DATES

Sunday, March 2, 2025 ENTRY DEADLINE at 11:59pm (PST) !!! Payment for all Accepted Entries ONLINE ONLY at https://www.athletic.net/ Sunday, March 2, 2025 Accepted Entries Posted (5:00pm PST) Monday, March 3, 2025 Wednesday, March 5, 2025 Scratch Deadline 12:00pm (PST) Thursday, March 6, 2025 Final Meet Schedule will be posted Thursday, March 6, 2025 Heat Sheets posted and sent via email (5:00pm PST) Friday, March 7, 2025 Team Packet Pickup at Drachman Stadium (4:00-6:00pm) Saturday, March 8, 2025 Team Packet pick-up at Drachman Stadium (7:00-9:00am) Please make arrangements for someone to pick up your packets at this time.

Please contact Francesca Green for all other questions: fegreen@arizona.edu or (520) 626-830.



2025 ARIZONA SPRING BREAK FIESTA

MARCH 8, 2024
MEET INFORMATION

COMPETITION DAY INFORMATION

Admission

Arizona Track and Field is **going DIGITAL** at Roy P. Drachman Stadium. All Spectators must purchase a ticket. You can **purchase** a ticket early online and your ticket will be scanned at the entrance. Avoid long lines by getting your ticket online in advance.



New this year purchase a Season Fast Pass for \$35 and cruise through the gate! That is a 50% off day of tickets!

Purchased in Advance

\$35.00 – Season Fast Pass \$8.00 – Adults \$5.00 – Seniors & Youth <u>Willie Williams Classic 2 Day Pass</u> \$15.00 – Adult 2day Pass \$8.00 – Senior & Youth 2day Pass

Game-day Prices \$10.00 – Adults

\$7.00 – Seniors & Youths

Group Programs

Contact Ticket Office (520) 621-2287

Spectators can purchase tickets ahead of time online at the website at arizonawildcats.com/sports/track-and-field.

Track and Warmup Areas

We will be utilizing credentials for entrance for coaches and staff and athletes will use their bibs. Team areas will be marked off in NW corner of the stadium. Spectators are <u>NOT</u> allowed on the track at any time. No active eating or food consumption will be permitted in the meet area or warm-up area.

Athlete & Coaches Entrance

Coaches and student-athletes will enter Roy P. Drachman Stadium off of 15th St. in between the track complex and the soccer complex ONLY.

Wristbands

Each team will be provided with wristbands in their packets. Wristbands will only be distributed to the competitors and staff.

Bib Numbers

All Athletes are to wear their bib numbers on the front of their uniforms, except for the field event athletes, who can wear it on the back of your uniform. It is <u>VERY</u> important that competing athletes always have their bibs on, this will serve as your credential. If there are any lost or forgotten bib numbers, please go to the clerk's tent for a replacement.

Hip Numbers

All sprint or lane races, hip numbers are to be worn on both hips. For all distance races and 4x800m relays, the runners will wear a hip number on both hips plus one on the upper left chest of the athlete. For the 4X100 Meter and 4X400 Meter relay only the last or anchor runner will wear hip numbers.



Check-In Procedure

Running events:

The clerk's tent (final staging) will be located on the Northwest side of the stadium, by the start of the final straight away (See Map).

Athletes may check in up to a half hour prior to their running event. But must report no later than **15 MINUTES prior** to their event to get hip numbers and to be staged. When athletes are escorted out to the start line...they must be race ready. No sweats or warm-ups/ should be in uniform and spikes. Please keep hipping tent clear of any athletes that are not being staged for a race.

First Call: 30 minutes before start of event
Final Call: 20 minutes before start of event
Report to Clerks Tent: 15 minutes before start of event
Final Staging & Hipping: 10 minutes before start of event

Field Events:

Field participants must check-in with the head judge of their event **NO LATER THAN 30 MINUTES** prior to the start of their event. If they are not checked-in they will be scratched from the event. Field event competitors in the 2_{nd} flight of a horizontal jump or throwing event must check in before the 1_{st} flight of the event starts, per NCAA rules.

Throws and Horizontal Jumps: If there are multiple flights there will be flight specific warm-ups. There will be 15 min. flight specific warm-up for throws and up to 30 min. flight specific warm-ups for horizontal jumps.

Vertical Jumps: Athletes can be in their event area up to 90 minutes prior to start.

Student-athletes competing in both running events and field events at the same time must check in at the clerk's tent for your running event and then proceed to check-in with the head judge of their field event. They must get their hip number for their race at the final staging tent as they are responsible for reporting to the starting line for their running event, if they are in a field event. We will be making all scratches at the clerk's tent and scratches will be made if an athlete has not checked in 15 mins prior to the start of their race. This will be strongly enforced, and heats will be reseeded as needed.

Coaches Boxes

Coaches will **NOT** be allowed on the track and/or infield for all events. Please instruct student-athletes, athletic trainers, managers, etc. to stay behind the fence that circles the track when not in competition or attending to an injured student-athlete. There will be coaches' boxes set up for the pole vault only to be utilized during the warm-ups, but they will be asked to leave the infield at the start of the event.

Electronic Devices

Please be advised: "The use of personal stereo devices (e.g. Video cameras, cell phones, headphones, etc.) are prohibited in the competition areas (designated by the host institution) during the course of the competition. The meet referee will issue a warning to anyone using such a device. A second violation of the rule at the same meet would result in disqualification from that meet." That will include anywhere within the stadium fences, except the training tent, bleachers, warm-up area and spectator.

Field Access

Coaches will <u>NOT</u> be allowed on the track and infield. Please instruct athletes, trainers, managers, etc. to stay behind the fence that circles the track when not in competition or attending to an injured athlete. Coaches will only be allowed on the field for warm-ups of the following events, pole vault, high jump, and final hurdle prep. After warm-ups they must leave the field of play.

Implement Inspection

Implement weigh-ins are in the building located just outside of the track in the soccer building adjacent to soccer field. (See Map) and must take place during the listed times below. All implements will be impounded at the time of weigh-in. Certified implements will then be transported to the event site. Only certified implements may be used during official warm-ups



<u>and competition.</u> Meet management will provide a small selection of implements for use by any competitor. If your implement is not certified...it cannot be used for warm-ups or competition. WEIGH-INS WILL BE OPEN ONLY DURING THE FOLLOWING TIMES:

Saturday 7am-9am

Shot Putters

DO NOT put the shots on the grass or on the track. Putting the shot in any other area other than the shot impact area will result in disqualification!!!

Meet Flow

For all running events, athletes must report to the initial clerk's tent minimum **15 MINUTES** prior to the start of their event for hipping and escorted out to the start line. At the conclusion of their race they will exit the stadium at the Southwest end of the stadium (See Map).

Packet Pick-up

Packet pickup will be at the designated times listed below. Please make arrangements to have someone pick up packet before your team arrives so bibs can be given out. The packet pickup table will be located inside stadium near entrance off of 15th St., in front of soccer building

- Friday, March 7, 2025
 Team Packet pick-up at Drachman Stadium from 4pm-6pm
- Saturday, March 8, 2025 Team Packet pick-up at Drachman Stadium from 7am-9am

Parking

Parking around the fenced area of Roy P. Drachman Stadium is free of charge. There is also parking in the north parking area for free. Parking inside of the stadium and by the soccer field will be closed and is for meet staff only. Parking is available on a first come, first serve basis.

Preferred Lanes

When preferred lanes are needed for seeding purposes, the following will be used: 5-6-4-7-3-8-2-9-1.

Spikes

Spikes with one-quarter (1/4") will be required and three-eighths (3/8") will be allowed on high jump.

Warm-up/Cool-Down Area

Murphey Soccer Complex will be used for warm-up and cool-down, located on the northeast side of the stadium. The backstretch will also be utilized for final preparation. (Men in 110HH will have final warm-ups at start line. Women 100mH will have final warm-ups on backstretch.)

Relay Cards

Relay Cards will be included in your packet and will only need to be filled out if you have a change in order. All cards will need to be handed in at the CLERKS TENT no later than 30 MINUTES before the start of the race.

Team Tents/Area

Teams will be allowed to set up their tents in the northwest corner of the track stadium. There will be designated spaces that are sectioned off with flagging for team areas. To order a tent for your team, please contact **Arizona Party Rentals at 520-327 6678.** Official team areas are in the NW corner of the track stadium.

Media

Visiting team SID's will be asked to either remain in the team area or utilize space at the top of the main grandstands. Field access will be restricted to photographers only. All Photographers or other Media Personnel must have a Media Credential. Please reach out to Jeff Bowe at jeffb1@arizona.edu prior to meet day.



Medical Staff and Athletic Trainers

Medical Staff & Athletic Trainers

The University of Arizona athletic trainers will set up in the North end of the track stadium (See Map). Your trainer can set up in your team area. Emergency Medical Services & First Aid technicians will be onsite to provide first aid care if it becomes necessary. Please contact Lukas Passalacqua with any questions: lpassalacqua@arizona.edu or (520) 621-4674.

We would like to welcome you and your athletes to Tucson, Arizona for the Arizona Spring Break Fiesta. Our EAP is attached.

The following Athletic Training Services will be available for this meet and will be in the NE corner of the Drachman Stadium near the 200m dash start area outside of the track.

- First aid and taping supplies
- Hot Packs and Ice Bags
- Splints/Crutches
- Water

Team Physicians and EMS will be available and on call for the meet.

If there is anything you need before or during your stay, please contact us for assistance. If your team is traveling without an athletic trainer, please contact us ahead of time to plan.

Lukas Passalacqua, MSAT, LAT, ATC

Athletic Trainer- Track and Field/XC

Cell: (360) 631-4819

E-mail: lpassalacqua@arizona.edu

Morgan Peryer, MSAT, LAT; ATC

Athletic Trainer- Track and Field/XC

Cell: (520) 520-621-4674 Email: mperyer@arizona.edu

Taylor Webb MSAT, LAT, ATC

Athletic Trainer- Track and Field/ XC

Cell: (704) 681-1425

E-mail: tlwebb1@arizona.edu



ARIZONA SPRING BREAK FIESTA SCHEDULE – Tentative SATURDAY, MARCH 8, 2025

9:00am	Hammer	Women
9:00am	Javelin	Women
11:00am	Hammer	Men
11:00am	Javelin	Men
11:00am	Pole Vault	Women
12:00pm	Long Jump	Women
12:00pm	Long Jump	Men
12:30pm	High Jump	Women
1:00pm	Seated Discus	Women
2:00pm	Discus	Women
12:00pm	Seated Shot Put	Men
1:00pm	Shot Put	Men
2:00pm	Triple Jump	Women
2:00pm	Triple Jump	Men
2:30pm	Pole Vault	Men
2:30pm	High Jump	Men
2:30pm	Seated Shot Put	Women
3:30pm	Shot Put	Women
3:00pm	Seated Discus	Men
4:00pm	Discus	Men

RUNNING EVENTS

12:57pm	National Anthem	
1:00pm	110 Meter High Hurdles	Men
1:15pm	100 Meter High Hurdles	Women
1:25pm	3000 Meter Steeple	Women
1:40pm	3000 Meter Steeple	Men
1:55pm	4 x 100 Meter Relay	Men
2:05pm	4 x 100 Meter Relay	Women
2:15pm	1500 Meter Run	Men
2:25pm	1500 Meter Run	Women
2:35pm	Adaptive 400 Meter Dash	Men
2:40pm	400 Meter Dash	Men
2:50pm	Adaptive 400 Meter Dash	Women
2:55pm	400 Meter Dash	Women
3:05pm	Adaptive 100 Meter Dash	Men
3:10pm	100 Meter Dash	Men
3:20pm	Adaptive 100 Meter Dash	Women
3:25pm	100 Meter Dash	Women
3:35pm	Adaptive 800 Meter Run	Men
3:40pm	800 Meter Run	Men
3:50pm	Adaptive 800 Meter Run	Women
3:55pm	800 Meter Run	Women
4:05pm	400 Meter Hurdles	Men
4:15pm	400 Meter Hurdles	Women
4:25pm	200 Meter Dash	Men
4:40pm	200 Meter Dash	Women
4:55pm	3000 Meter Run	Men
5:10pm	3000 Meter Run	Women
5:25pm	4 x 400 Meter Relay	Men
5:30pm	4 x 400 Meter Relay	Women



Thetic NET Arizona Spring Break Fiesta

Website https://arizonawildcats.com/sports/2022/2/4/home-meet-information.aspx

Athlete Registration will be locked on 3/2/2025 at 11:59 PM (local time)

Athletic.net is a resource for Track & Field and Cross Country coaches, offering free statistic tracking, easy meet registrations, free meet managers, and free tools to simplify common coaching tasks.

Follow the 4 steps below to get started:

- 1. Sign up for a free coach account (if you do not have one) Go to: www.athletic.net
 - Click on 'Log In' in the upper right-hand corner, and then click 'Sign Up' on the bottom of that screen.
 - Complete the signup wizard
 - After receiving the confirmation email, go on to #2

2. Add meets to your season calendar

- Log In to Athletic.net
- Navigate to your team home by clicking your name in the upper right hand corner to open the side menu, and then the home icon next to the appropriate team.
- Click "Add a Meet" in your calendar box to navigate to the Events page
- In the search bar, enter Arizona Spring Break Fiesta
- Click on the meet to expand it, and locate the button to add it to your teams calendar
- Repeat this process for the rest of your season calendar.
- If a meet is currently not listed, click Create New Event, and add the meet.
- Verify that your calendar is correct. Click on a Meet, then the pencil icon to make corrections to a meet, or use the trash can icon to delete a meet.

3. Enter team roster

- Navigate to your team page by opening the side menu, then click on your team.
 Click on Manage Team
- Click on Edit Roster under Athletes
- Add athletes to the roster manually, or upload your roster using the "Upload Athlete Roster" option.

4. Register athletes for the Arizona Spring Break Fiesta

- Locate Arizona Spring Break Fiesta on your team's main Track & Field page and click on the meet name.
- Click "Register Athletes"
- Click on an event name, or athlete name to begin registering
- Choose the correct division to enter athlete in
- Entries will be saved automatically. For meets that collect entry fees online, be sure to enter payment information if you want your entries to be accepted.
- Use the "Add an Athlete" buttons to add athletes to your roster if needed.

You can freely use this meet registration feature of Athletic.net for all your meets. The host team can download them from the website for free.

Tips

 Large teams often have each of their coaches sign in to register the athletes they are responsible for.



DirectAthletics.com Roster Registration Directions

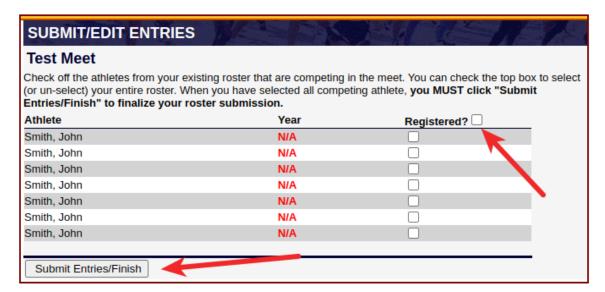
Coaches: Follow these instructions when college entries are on AthleticNET, for a meet you are attending.

NOTE: A previous version of this help doc described how the meet director could download single-meet IDs for all teams without coach involvement. As of December 7, 2023, meet directors/timers can no longer download these IDs on their own. Each meet is now required to use single-meet DirectAthletics ID numbers when reporting results to TFRRS; this involves you submitting a minimum of your full roster on DirectAthletics for each meet.

Please complete these 3 quick steps -- thank you!

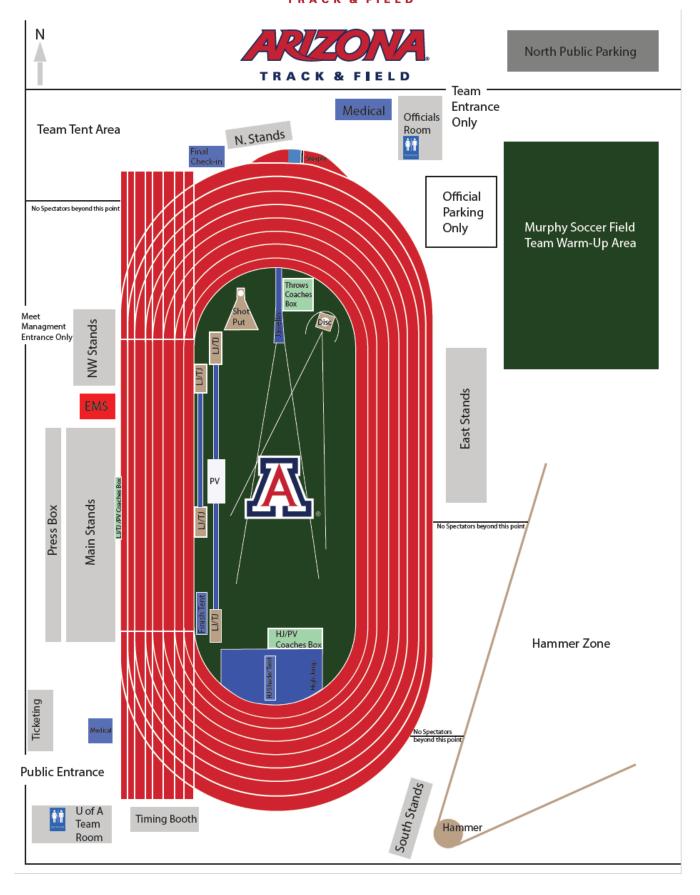
Add Meet to Schedule and Submit Rosters

- 1 Login to DirectAthletics and accept the meet invite. If the meet is 'Open' to any team, then search for the meet by date/name and add it to your Schedule.
- 2 For both your Men's and Women's teams, click the "Register" button.
- 3 Select the checkbox next to "Registered?", then scroll down to click "Submit Entries/Finish"



IMPORTANT: Always submit your entire roster, with the above step on DirectAthletics. This does not indicate that you will be registering all athletes to compete in events at the meet. It merely provides meet management with single-meet IDs for each athlete on your roster, in case they get registered.







Heat Sheets are Live at ArizonaWildcats.com Scan the QR Code or go directly to:

https://arizonawildcats.com/sports/2022/2/4/home-meet-information.aspx





EMERGENCY PLAN

TRACK & FIELD: DRACHMAN STADIUM (501 S. Plumer Ave.)

EMERGENCY COMMUNICATION: use cellular phone.

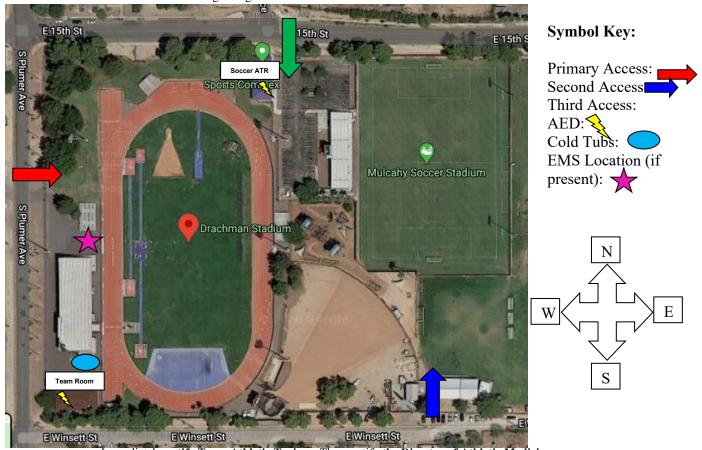
Roles of First Responders:

- 1. Immediate care of the injured or ill student-athlete.
- 2. Emergency equipment retrieval. AED is located in Team Room SW corner of track and Soccer Athletic Training Room (ATR) NE corner of track.
- 3. Activation of emergency medical system (EMS)
 - a. Dial 911
 - b. Provide name and address (501 S. Plumer Ave.)
 - c. Provide number and condition of individuals injured or ill.
 - d. Provide specific directions: Drachman Stadium is located at the corner of Plumer and 15th St.

Main access: field is accessed through the gate (open during activity or 8848 key) west of the grandstand off of Plumer Ave.

Second access: field is accessed through the Mulcahy Soccer gate north of the track on E 15th St

Third access: field is accessed through the gate SE of the track/E of the hammer section on E Winsett St



- e. Immediately notify Team Athletic Trainer. Then, notify the Director of Athletic Medicine.
- f. Obtain necessary keys or codes to open appropriate gates.
- g. Designate individual to "flag down" EMS and direct to scene
- h. Scene control: limit scene to first aid providers and move bystanders away from area.

EMERGENCY PERSONNEL: Sports medicine staff, athletic training technicians or CPR certified coach on site for practice and competition; additional sports medicine staff available from Kasser Sports Medicine Center, McKale Center room #N108 phone (520) 621-0820).

EMERGENCY EQUIPMENT: <u>AED located in the track team room SW corner of track and Soccer ATR NE corner of track.</u> Other supplies (splint bag, crutches, first aid supplies, e-collars) are maintained inside of team room along southwest corner of track and Soccer ATR northeast corner of track.