

# UNIVERSITY OF Redlands

## Redlands Invitational – Friday, March 15, 2024

### Entries:

-**Track entries** are unlimited per team per race.

-**Field Event entries** will be capped at **top 24** entries per event per gender for the Throws and Horizontal Jumps. These events will be contested with 3 preliminary attempts for each flight, then the top 9 competitors earn 3 additional attempts in Finals.

-Vertical Jumps will have opening heights. **TBD based on entries**

There will be no adds to any event on the day of competition.

-Entries **are due by 11:59 am (PDT) on Tuesday, March 12**, at **Direct Athletics**.

### Entry Fee:

- \$600 maximum per team (20+ entries) per gender (\$1200 for both men and women).
- Individual entries are \$30 per gender per event. Relays are \$120.
- Individual entries must be paid online through Direct Athletics. Only teams may bring checks payable to “University of Redlands Track & Field” on meet day.

**Facilities:** 9-lane Beynon® surfaced track with surfaced HJ, LJ, TJ, and Jav areas. Shot put ring located on north side of stadium, discus held on inside field, hammer ring located directly outside stadium in dirt lot. ¼” pyramid spikes preferred. No “Christmas Tree” spikes allowed.

**Timing/Results:** Timing services will be provided by Finished Results. Live Results will be available at <https://finishedresults.com/results> as soon as possible at the conclusion of each event. Full results will be provided online as soon as possible after the conclusion of the meet at <https://goredlands.com/sports/track-and-field/schedule>.

**Live Stream:** Barring any technical difficulties, Live Stream for the meet will be available at <https://www.sciacnetwork.com/uofredlands/>

**Check-In:** Athletes must check in at least 20 minutes prior to the scheduled start of their event, *regardless of heat or flight*. Running event athletes will check in at the tent located outside the track near the finish line. Field event athletes will check in at the event.

**Weigh-ins:** Implements will be weighed in and certified underneath the stadium on the home side between 11:00 AM - 1:00 PM. Weigh-ins will close at 1:00 PM.

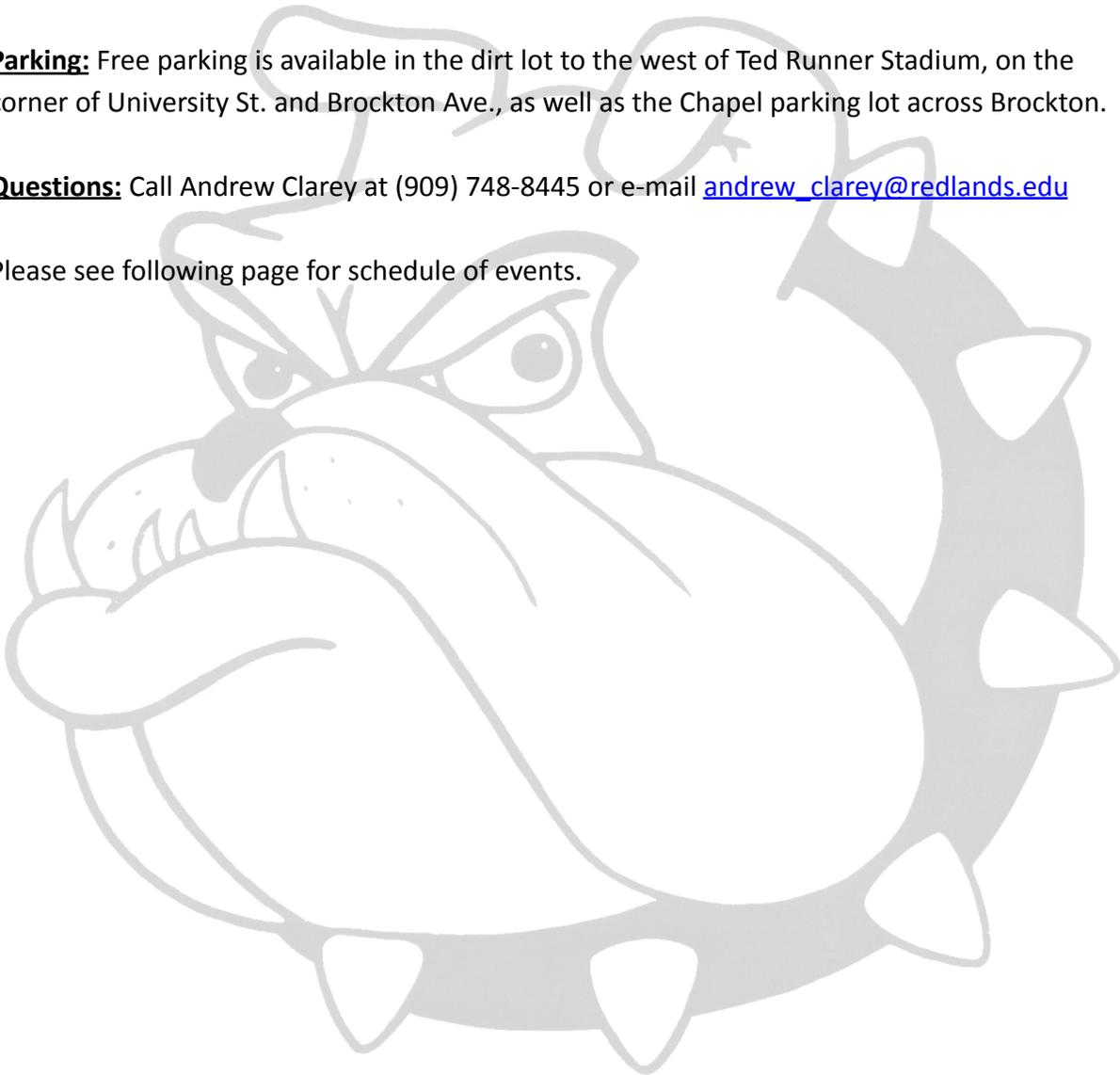
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**Athletic Training:** An athletic trainer will be available on the east side of the track near the end of the stadium. Restrooms are available underneath the bleachers. There will be no access to locker rooms.

**Parking:** Free parking is available in the dirt lot to the west of Ted Runner Stadium, on the corner of University St. and Brockton Ave., as well as the Chapel parking lot across Brockton.

**Questions:** Call Andrew Clarey at (909) 748-8445 or e-mail [andrew\\_clarey@redlands.edu](mailto:andrew_clarey@redlands.edu)

Please see following page for schedule of events.



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\*\*All times are tentative\*\*

## **Field Events**

- 1:00 Hammer (HT) M/W  
Shotput (SP) W/M (W SP follows W HT)
- 1:00 Discus (DT) W/M  
Javelin (JT) M/W (M JT follows M DT)
- 1:00 Long Jump (LJ) W/M  
Triple Jump (TJ) W/M (W TJ follows M LJ)
- 1:00 Pole Vault (PV) M/W
- 3:30 High Jump M/W

## **Track Events**

*\*\*Times are estimated, we will have a rolling schedule\*\**

- 3:00 3,000 Meters (flat) W
- 3:15 3,000 Meters (flat) M
- 3:30 4x100 Meter Relay W
- 3:40 4x100 Meter Relay M
- 3:50 1500 Meters W
- 4:15 1500 Meters M
- 4:45 100 Meter Hurdles W
- 5:00 110 Meter Hurdles M
- 5:15 400 Meters W
- 5:25 400 Meters M
- 5:35 100 Meters W
- 5:50 100 Meters M
- 6:10 800 Meters W
- 6:30 800 Meters M
- 6:50 400 Meter Hurdles W
- 7:10 400 Meter Hurdles M
- 7:25 200 Meters W
- 7:40 200 Meters M
- 8:00 5,000 Meters W
- 8:25 5,000 Meters M
- 8:50 4x400 Meter Relay W
- 8:55 4x400 Meter Relay M

\*\*All times are tentative\*\*