



Evt#	Start	Event	# of Heats	Evt#	Start	Event	# of Heats
1	3:00 PM	Girls 1600 Meter Run Open	2	33	7:19 PM	Girls 3200 Meter Run Open/Varsity	1
2	3:16 PM	Boys 1600 Meter Run Open	2				
3	3:35 PM	Girls 4x100 Meter Relay Open	1	35	7:34 PM	Boys 3200 Meter Run Open	1
4	3:38 PM	Boys 4x100 Meter Relay Open	1	36	7:47 PM	Boys 3200 Meter Varsity	1
5	3:41 PM	Girls 4x100 Meter Relay Varsity	1	37	8:03 PM	Girls 4x400 Meter Relay Open	1
6	3:44 PM	Boys 4x100 Meter Relay Varsity	1	38	8:08 PM	Boys 4x400 Meter Relay Open	1
7	3:49 PM	Girls 1600 Meter Run Varsity	1	39	8:13 PM	Girls 4x400 Meter Relay Varsity	1
8	3:57 PM	Boys 1600 Meter Run Varsity	1	40	8:18 PM	Boys 4x400 Meter Relay Varsity	1
9	4:10 PM	Girls 100 Meter Hurdles Open	3	41	See below	Girls Pole Vault Open	See below
10	4:14 PM	Girls 100 Meter Hurdles Varsity	3	42		Boys Pole Vault Open	
11	4:22 PM	Boys 110 Meter Hurdles Open	3	43		Girls Pole Vault Varsity	
12	4:26 PM	Boys 110 Meter Hurdles Varsity	3	44		Boys Pole Vault Varsity	
13	4:34 PM	Girls 400 Meter Dash Open	3	45		Girls High Jump Open	
14	4:43 PM	Boys 400 Meter Dash Open	4	46		Boys High Jump Open	
15	4:55 PM	Girls 400 Meter Dash Varsity	3	47		Girls High Jump Varsity	
16	5:04 PM	Boys 400 Meter Dash Varsity	3	48		Boys High Jump Varsity	
17	5:18 PM	Girls 100 Meter Dash Open	3	49		Girls Long Jump Open	
18	5:22 PM	Boys 100 Meter Dash Open	4	50		Boys Long Jump Open	
19	5:28 PM	Girls 100 Meter Dash Varsity	3	51		Girls Long Jump Varsity	
20	5:33 PM	Boys 100 Meter Dash Varsity	4	52		Boys Long Jump Varsity	
21	5:42 PM	Girls 4x800 Meter Relay (Varsity and Open Combined)		53		Girls Triple Jump Open	
				54		Boys Triple Jump Open	
23	5:54 PM	Boys 4x800 Meter Relay (Varsity and Open Combined)		55		Girls Triple Jump Varsity	
				56		Boys Triple Jump Varsity	
25	6:09 PM	Girls 300 Meter Hurdles Open	3	57		Girls Discus Throw Open	
26	6:18 PM	Girls 300 Meter Hurdles Varsity	3	58		Boys Discus Throw Open	
27	6:27 PM	Boys 300 Meter Hurdles Open	3	59		Girls Discus Throw Varsity	
28	6:36 PM	Boys 300 Meter Hurdles Varsity	3	60		Boys Discus Throw Varsity	
29	6:48 PM	Girls 200 Meter Dash Open	3	61	Girls Shot Put Open		
30	6:54 PM	Boys 200 Meter Dash Open	4	62	Boys Shot Put Open		
31	7:02 PM	Girls 200 Meter Dash Varsity	3	63	Girls Shot Put Varsity		
32	7:08 PM	Boys 200 Meter Dash Varsity	4	64	Boys Shot Put Varsity		

**Pole Vault - Starts at 3:00 PM**

Girls Varsity, followed by Boys Varsity, followed by Girls Open, followed by Boys Open

**High Jump - Starts at 3:00 PM**

Boys Varsity, followed by Girls Varsity, followed by Boys Open, followed by Girls Open

**Long Jump and Triple Jump - Starts at 2:00 PM (2 pits)**

**Run throughs start at 1:00 PM**

Open pit until 5:00 PM (3 hours)  
4 jumps per competitor for Varsity athletes  
3 jumps per competitor for Open athletes

**Shot Put/Discus - Starts at 2:00 PM**

Boys Shot Put first (Varsity and Open), Girls Discus first (Varsity and Open)  
Girls Shot Put second (Varsity and Open), Boys Discus second (Varsity and Open)  
4 throws per competitor for Varsity athletes