

45TH ANNUAL AZTEC TRACK & FIELD INVITATIONAL

PRELIMINARY SCHEDULE

Thursday, March 21, 2024

Combined Events at SDSU

9:30	Weigh-In Opens	SDSU Aztec Team Room
10:30	100 Meters	Decathlon
11:15	Long Jump	Decathlon
12:00	Weigh-In Closes	
12:30	100 Hurdles	Heptathlon
1:15	High Jump	Heptathlon
1:15	Shot Put	Decathlon
2:15	Shot Put	Heptathlon
3:15	High Jump	Decathlon
4:15	200 Meters	Heptathlon
5:15	400 Meters	Decathlon

Approximate times, since next event will be 30 minutes following previous event

Friday, March 22, 2024

Combined Events at SDSU

8:30	Claim Implements	SDSU Aztec Team Room
9:00	110m Hurdles	Decathlon
9:30	Long Jump	Heptathlon
9:40	Discus	Decathlon
10:35	Pole Vault	Decathlon
11:30	Javelin	Heptathlon
1:30	800 Meters	Heptathlon
1:15	Javelin	Decathlon
2:30	1500 Meters	Decathlon

Approximate times, since next event will be 30 minutes following previous event

Hammer Throw at UC San Diego

12:45	Weigh-In Opens	UCSD Spanos Facility
2:00	Hammer	Women
3:30	Weigh-In Closes	
4:30	Hammer	Men

Distance Events at SDSU

5:00	3000 Steeple	Women
5:20	3000 Steeple	Men
5:35	5000 Meters	Women
6:20	5000 Meters	Men
7:00	1500 Meters	Women
7:15	1500 Meters	Men
7:30	3000 Meters	Women
7:50	3000 Meters	Men
8:05	10000 Meters	Women
8:45	10000 Meters	Men

Saturday, March 23, 2024

Field Events

7:30	Weigh-In Opens	SDSU Aztec Team Room
9:00	Javelin	Women
9:00	Seated Shot Put	Men followed by Women
10:30	Long Jump	Men and Women (2 pits)
11:00	Javelin	Men
11:00	High Jump	Women
11:00	Pole Vault Sec 1	Men and Women (2 pits)
12:00	Weigh-In Closes	
1:00	Shot Put	Men
1:00	Discus	Women
1:00	Pole Vault Sec 2	Men and Women (2 pits)
1:30	Triple Jump	Men and Women (2 pits)
1:30	High Jump	Men
3:30	Shot Put	Women
3:30	Discus	Men

Track Events

12:30	4 x 100 Relay	Women
12:35	4 x 100 Relay	Men
12:45	100 Hurdles	Women
1:05	110 Hurdles	Men
1:25	400 Meters	Women
1:45	400 Meters	Men
2:00	100 Meters	Women
2:20	100 Meters	Men
2:40	Break	
3:00	800 Meters	Women
3:15	800 Meters	Men
3:35	400 Hurdles	Women
3:45	400 Hurdles	Men
4:00	200 Meters	Women
4:15	200 Meters	Men
4:30	Break	
5:00	4 x 400 Relay	Women
5:15	4 x 400 Relay	Men

**Athletes must check in 30 minutes prior to their event
1/4 in (6 mm) pyramid spikes only**