



## **15<sup>th</sup> Annual Rosemead Track & Field Invitational** **Official Sponsor: Run With Us**

Dear Track & Field Coach,

Rosemead High School Track & Field teams are thrilled to announce their 15<sup>th</sup> Annual Rosemead Track & Field Invitational at Rosemead High School on **March 11, 2023** after its continued success in previous years. Last year 2022 we had an overwhelming large number of interests in schools attending our invite, so this year we will limit the number to 23 schools.

The Track Invitational will also allow your teams to run Boys Varsity, Girls Varsity, Boys Frosh/Soph and Girls Frosh/Soph teams. This year we have teamed up with Finished Results to coordinate our Fully Automatic Timing System as they will allow us to handle a large field of athletes with quick and accurate results. Live results will be posted electrically on a Jumbo Tron on the south-end of the track and a smaller version at the finish line.

Our Main goal is to produce a track meet that is efficient, well run, organized and hospitable all at the same time. We hope that can serve and help give you this fun experience during the beginning of the season this year, as we welcome everyone from beginner to elite to join us at this amazing event!

Entry fee is \$500 per school, competing schools must have payment in before day of event to have a spot reserved. Checks are to be made payable and mailed to Rosemead High School Track & Field 9063 E. Mission Drive, Rosemead, CA 91770.

Entry into the Rosemead Track & Field Invitational will require each team to request and submit a CIF Southern Section contract for athletic contest to the meet manager:  
[robertk.hernandez@emuhsd.org](mailto:robertk.hernandez@emuhsd.org) / Cell Phone (323) 365-8897 to assure entry into the Rosemead Track & Field Invitational prior to team registration.

Teams will also be required to submit their entries online at [Finishedresults.com](https://www.finishedresults.com/) / [ca.milesplit.com](https://www.ca.milesplit.com/) by March 6, 2023, at 11:59PM. It is vital to the success of the meet that all teams submit as accurate marks as possible for seeding heats and flights.

**DATE – Saturday, March 11th, 2023**

Gates open at 7:00AM / Field events start at 8:00AM and Track events at 8:30am.

FACILITIES – Brand New Nine-lane 400m polyurethane track, runways, and field event areas. Athletes must wear 3/16" pyramid spikes.

Team plaques will be given to the top three scoring Boys and Girls teams on each divisional level. Custom medals will also be awarded to the top 5 individual Invitational events, top 3 in relays immediately following the completion of those heats / flights.



**Rosemead  
Track & Field  
Invitational**

**2022**

**Varsity Boys Team  
1st Place**



## Schedule of Events Invitational Saturday March 11, 2023

### **Track Start Time 8:30AM**

1. Girls Frosh/Soph 4X100m Relay
2. Girls Varsity 4X100m Relay
3. Boys Frosh/Soph 4X100m Relay
4. Boys Varsity 4X100m Relay
5. Girls Frosh/Soph 1600m
6. Girls Varsity 1600m
7. Boys Frosh/Soph 1600m
8. Boys Varsity 1600m
9. Girls Frosh/Soph 100m H
10. Girls Varsity 100m H
11. Boys Frosh/Spoh 110m HH
12. Boys Varsity 110m HH
13. Girls Frosh/Spoh 400m
14. Girls Varsity 400m
15. Boys Frosh/Spoh 400m
16. Boys Varsity 400m
17. Girls Frosh/Spoh 100m
18. Girls Varsity 100m
19. Boys Frosh/Spoh 100m
20. Boys Varsity 100m
21. Girls Frosh/Spoh 800m
22. Girls Varsity 800m
23. Boys Frosh/Spoh 800m
24. Boys Varsity 800m
25. Girls Frosh/Spoh 300m H
26. Girls Varsity 300m H
27. Boys Frosh/Spoh 300m H
28. Boys Varsity 300m H
29. Girls Frosh/Spoh 200m
30. Girls Varsity 200m
31. Boys Frosh/Spoh 200m
32. Boys Varsity 200m
33. Girls Frosh/Spoh 3200m
34. Girls Varsity 3200m
35. Boys Frosh/Spoh 3200m
36. Boys Varsity 3200m
37. Girls Frosh/Spoh 4X400m Relay
38. Girls Varsity 4X400m Relay
39. Boys Varsity 4X400m Relay
40. Boys Varsity 4X400m Relay

### **Field Events Start Time 8:00AM**

#### **POLE VAULT**

- Girls F/S Pit #1
- Boys F/S Pit #1
- Girls V Pit #2
- Boys V Pit #2

#### **HIGH JUMP**

- Girls F/S Pit #1
- Boys F/S Pit #1
- Girls V Pit #2
- Boys V Pit #2

#### **LONG JUMP**

- Girls F/S
- Boys F/S
- Girls V
- Boys V

#### **TRIPLE JUMP**

- Boys V
- Girls V
- Boys F/S
- Girls F/S

#### **SHOT PUT**

- Girls F/S
- Boys F/S
- Girls V
- Boys V

#### **DISCUS**

- Boys F/S
- Girls F/S
- Boys V
- Girls V

## Rosemead Track & Field Invitational Records – Varsity

Boys	Event	Girls
Daniel Stokes – Diamond Ranch <b>10.96 (2016)</b>	<b>100</b>	Jordyn Tucker – Monrovia <b>12.28 (2016)</b>
Daniel Stokes – Diamond Ranch <b>22.18 (2016)</b>	<b>200</b>	Jordyn Tucker – Monrovia <b>25.81 (2015)</b>
Sterling Winston – Valley View <b>50.12 (2012)</b>	<b>400</b>	Amari Prude – Bonita <b>59.01 (2017)</b>
Dillion Beckum – Bonita <b>1:53.95 (2015)</b>	<b>800</b>	Sydney Gutierrez – Lowell <b>2:20.40 (2015)</b>
Fernando Gonzalez – Bishop Amat <b>4:23.63 (2015)</b>	<b>1600</b>	Melissa Fairchild – Serrano <b>4:54.45 (2012)</b>
Robbie Santoyo – Bishop Amat <b>9:37.75 (2015)</b>	<b>3200</b>	Kristen Leung – Lowell <b>11:17.51 (2015)</b>
Kahlin Williams – Rowland <b>14.47 (2015)</b>	<b>110HH / 100IH</b>	Tammy Vien – Rosemead <b>14.90 (2016)</b>
Andrew Cruz – Los Altos <b>39.92 (2012)</b>	<b>300H</b>	India Hines – La Salle <b>45.15 (2014)</b>
Eric Guerrero – Los Osos <b>54' 10" (2017)</b>	<b>SP</b>	Ashley Anumba – Los Osos <b>42' 05" (2017)</b>
Josh Johnson – Valley View <b>170' 10" (2017)</b>	<b>DT</b>	Ashley Anumba – Los Osos <b>170' 10" (2017)</b>
Philippe Ueng – Temple City <b>15' 3" (2012)</b>	<b>PV</b>	Taylor Bernheart – West Covina <b>10' 6" (2011)</b>
Ekene Chukwumezie – Downey <b>22' 06" (2015)</b>	<b>LJ</b>	Micah Fulton – Muir <b>17' 11" (2017)</b>
Terrell Coleman <b>46' 06" (2015)</b>	<b>TJ</b>	India Hines – La Salle <b>36' 09" (2014)</b>
Nathaniel Olowo – Alta Loma <b>6' 04" (2014)</b>	<b>HJ</b>	Diana Acholonu – Downey <b>5' 2" (2015)</b>
Monrovia <b>42.82 (2015)</b>	<b>4x100</b>	Monrovia <b>49.16 (2016)</b>
Monrovia <b>3:26.19 (2015)</b>	<b>4x400</b>	La Salle <b>4:08.47 (2014)</b>

**Rosemead Track & Field Invitational Records – Frosh/Soph**

<b>Boys</b>	<b>Event</b>	<b>Girls</b>
Michael Washington – Monrovia <b>11.37 (2015)</b>	<b>100</b>	Alessandra Gonzales – La Salle <b>12.92 (2011)</b>
Michael Washington – Monrovia <b>23.40 (2015)</b>	<b>200</b>	Alessandra Gonzales – La Salle <b>22.64 (2011)</b>
William Mai – Lowell <b>52.82 (2015)</b>	<b>400</b>	Jenesis Sanford – Muir <b>26.64 (2011)</b>
Hunter Cornell – Serrano <b>2:03.86 (2012)</b>	<b>800</b>	Lisa Kao – Rosemead <b>2:27:33 (2015)</b>
Reese Chong – Rowland <b>4:38.10 (2014)</b>	<b>1600</b>	Olivia Paez – Bishop Amat <b>5:13:77 (2016)</b>
Nick Cerecedes – Arroyo <b>10:09.70 (2011)</b>	<b>3200</b>	Bettina Lee – La Salle <b>11:54.60 (2014)</b>
Jose Franco – Rosemead <b>16.17 (2016)</b>	<b>110HH / 100IH</b>	Tammy Vien – Rosemead <b>16.55 (2014)</b>
Anthony Bravo – Downey <b>42.91 (2012)</b>	<b>300H</b>	Tammy Vien – Rosemead <b>48.37 (2014)</b>
Terrell Stanley – Crespi <b>44' 06" (2015)</b>	<b>SP</b>	Mariah Donato – Bell Gardens <b>32' 0" (2012)</b>
Oscar Payez – Downey <b>126' 07" (2014)</b>	<b>DT</b>	Angelina Escobar – Bell Gardens <b>110' 09" (2017)</b>
Dillion Groenner – Chino Hills <b>12' 06" (2011)</b>	<b>PV</b>	Vivian Yu – Temple City <b>9' 00" (2012)</b>
Jorge Ortiz – Serrano <b>20' 04" (2012)</b>	<b>LJ</b>	Devin Spolsdoff – Alta Loma <b>16' 07" (2012)</b>
Choma Azingue – San Marino <b>40' 08" (2015)</b>	<b>TJ</b>	Kendahl Gains – Alta Loma <b>33' 02" (2011)</b>
Derek Tang – Rosemead <b>5' 09" (2012)</b>	<b>HJ</b>	Jessica Lupercio – Arroyo <b>5'00" (2011)</b>
Monrovia <b>46.02 (2015)</b>	<b>4x100</b>	Monrovia <b>51.03 (2016)</b>
Serrano	<b>4x400</b>	Monrovia

3:41:41 (2012)

4:23.97 (2016)



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