



Rosemead All Comers Track & Field Meet **@ Rosemead High School**

9063 MISSION DR. ROSEMED, CA 91771

Date: Saturday February 11th, 2023

THIS YEAR WE HAVE TEAMED UP WITH FINISHED RESULTS TO CORRDINATE OUR FULLY AUTOMATIC TIMING SYSTEM AS THEY WILL ALLOW US TO HANDLE A LARGE FIELD OF ATHLETES WITH QUICK AND ACCURATE RESULTS. LIVE RESULTS WILL BE POSTED ELECTRICALLY ON A SCOREBOARD AT THE FINISH LINE.

REGISTRATION: MEET REGISTRATION WILL TAKE PLACE THE DAY OF AT 7:30AM AND WILL BE LOCATED ON THE SOUTHWEST END OF THE TRACK.

Times: 8:30AM START OF FIRST EVENT. ALL OTHER EVENTS WILL FOLLOW THE REGUALR TRACK MEET SCHEDULE FOR THE DAY. REGISTRATION BEGINS AT 7:30AM.

PARKING: TWO WAYS TO PARK- PARKING LOT AT ROSEMEAD BLVD OR ALONG LOWER AZUSA.

COST: \$10 ENTRY FOR ATHLETES TO COMEPETE IN A MAX OF FOUR EVENTS. (ALL RESULTS WILL BE POSTED ONLINE ON FINSHEDRESULTS.COM). COACHES AND SPECTOARS ARE ONLY \$7

CONTRACT INFORMATION: robertk.hernandez@emuhsd.org

SPIKES: 3/16" PYRAMID SPIKES ONLY!!! PACKAGE OF 12 SOLD AT THE REGISTRATION TABLE FOR \$5

WARRM-UP AREA: WARM UPS WILL TAKE PLACE ON THE TRACK IN FIELD.

EVENTS CONTESTED: *GIRLS FIRST FOLLOWED BY BOYS.

4X100M RELAY, 1600M, 100M/110M HURDLES, 400M, 100M, 800M, 300M HURDLES, 200M, 3200M & 4X400M RELAY

FIELD EVENTS: MIXED

Long Jump / Triple Jump, High Jump, Pole Vault, Shot Put and Discus

Rosemead All-Comers Wavier Form

I know that running is a potentially hazardous activity, which could cause injury or death. I will not enter and participate unless I am medically able and properly trained, and by my signature, I certify that I am medically able to perform this event, and am in good health, and I am properly trained. I agree to abide by any decision of a race official relative to any aspect of my participation in this event, including the right of any official to deny or suspend my participation for any reason whatsoever. I attest that I have read the rules of the race and agree to abide by them. I assume all risks associated with running in this event, including but not limited to: falls, physical contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators including the potential the contraction of a communicable disease resulting from contact with other participants, volunteers, race personnel, contract service providers, employees, and spectators. I assume all risks including: the effects of the weather; high heat and/or humidity; freezing cold temperatures; traffic and the conditions of the road including surrounding terrain. I further agree to abide by the Center for Disease Control's (CDC) recommendations for the prevention of the spread of the 2019 Novel Coronavirus Disease (COVID-19) and other communicable diseases, and I attest to having read the CDC's guidance at: <https://www.cdc.gov/coronavirus/2019-ncov/prepare/prevention.html>. I assume all such risks being known, appreciated, and accepted by me.

I understand that bicycles, skateboards, baby joggers/strollers, roller skates or inline skates, animals, and personal music players are not allowed on the track, and I will abide by all race rules. Having read this waiver and knowing these facts and inconsideration of your accepting my entry, I, for myself and anyone entitled to act on my behalf, waive and release the Rosemead High School and Rosemead All Comers, their representatives and successors from all claims or liabilities of any kind arising out of my participation in this event, even though that liability may arise out of negligence or carelessness on the part of the persons named in this waiver. In addition, I acknowledge the contagious nature of COVID-19 and other communicable diseases and voluntarily assume the risk that I may be exposed to or infected by COVID-19 and/or other communicable diseases by participating in this event. I acknowledge that such exposure or infection may result in personal injury, illness, permanent disability, and/or death. I understand that the risk of becoming exposed to or infected by COVID-19 in connection with my participation in this event and personally assume this risk.

Athlete Name:

Athlete Signature:

Date:

Parents Name if under 18 years:

Parent's Signature if under 18 years:

Date:

