



Pasadena City College Invite 2023

MARCH 24, 2023

Pasadena City College -1570 E. Colorado Blvd. Pasadena, CA 91106

College/Open Entries

• **www.Directathletics.com** due **Tuesday MARCH 22nd, 2023, at 7:00pm**

• \$300.00 per Team/per Gender Unlimited Entries

• \$20 Per Athlete Per Event and \$40 Per Relay (Unattached/Individual)

ALL Late Entries will be based on Availability, with \$40 Per Entry after Tuesday

March 22, 2023, at 7:00 pm Deadline.

Check Payable to Pasadena City College Track and Field

Mail to:

Innocent I. Egbunike

1570 E. Colorado Blvd. Pasadena, CA 91106

For Questions:

Innocent I. Egbunike 626-585-7778 or 909-213-7961

Email: iegbunike@pasadena.edu

Logistics:

- NCAA Rules with USATF Officials.
- Concessions will be available.
- Warm up on the in-field.

❖ **The final Schedule will be available on Thursday, February 20th.**

Field Events	Running Events	Running Events Start at 1 pm (Women/Men)
Throws		Running Events
Shot Put Men 9 am and Women 11 am		100/110 Hurdles
Hammer Men 10 am and Women 12 pm		4x100m Relay
Disc Women 9 am and Men 11 am		1500m
Jumps		400m
Long Jump Men 11:00 pm and Women will follow		800m
Triple Jump Men 1:00 pm and Women will follow		100m
High Jump Women 1 pm / Men will follow		400m Hurdles
Pole Vault Women 12 pm / Men will follow		200m
Javelin Men 10 am and Women 12 pm		3k
Hammer Men 10 am and Women 12 pm		4x400m Relay

Throws will be at CALTECH Except for Disc, which will be @ PCC.